

Rota-Note

ROTARY CLUB OF ALTOONA
P.O. BOX 2538
ALTOONA, PENNSYLVANIA 16603-2538

ROTARY CLUB OF ALTOONA

DISTRICT 7360

CLUB INFORMATION

2022-2023 ROTARY INTERNATIONAL OFFICERS

ROTARY INTERNATIONAL PRESIDENT

Jennifer Jones

*DISTRICT GOVERNOR
DISTRICT 7360, ZONE 29*

Victoria R. Zimmerman

district7360@gmail.com

2022-2023 ROTARY BOARD OF DIRECTORS

President

Alison Seltzer

President-Elect

J. Seth Smith

Vice President

Samantha Watters

Secretary

Richard Johnston

Treasurer

Gregory A. Smith

Sergeant-at-Arms

John Carey



IMAGINE ROTARY

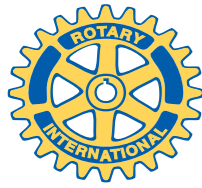


CLUB NEWSLETTER

*Meets Each Tuesday, 12:10 P.M.
The Blair County Convention
Center*

Meeting Times of Other Clubs

Altoona Sunrise, The Casino, Lakemont	Wednesday	7:15 AM
Bedford Sunrise, Homewood at Spring House Estates . . .	Tuesday	7:00 AM
Bedford, Hoss's	Monday	6:15 PM
Claysburg, Peggy's Diner	Tuesday	6:00 PM
Clearfield, Moena Restaurant	Wednesday	12:00 PM
Hagerstown, MD , Fountain Head Country Club	Wednesday	12:00 PM
Harrisburg, Hilton Hotel at Tower	Monday	12:00 PM
Hollidaysburg, Marzoni's	Wednesday	6:00 PM
Huntingdon, Huntingdon Country Club	Tuesday	12:00 PM
Indiana, Rustic Lodge, RT. 286 S.W.	Tuesday	5:30 PM
Johnstown, Sunnehanna Country Club, Westmont	Wednesday	12:10 PM
Lewistown, Birch Hill Supervisors Club	Tuesday	12:00 PM
Morrisons Cove, Jun - Aug Morrisons Cove Memorial Park		
Sept.- May Spring Cove School District Admin. Bldg. .	Tuesday	7:00 AM
Pittsburgh, Omni William Penn Hotel	Wednesday	12:00 PM
State College, Downtown, Ramada State College Hotel &		
Conference Center	Thursday	12:00 PM
State College, Nittany Lion Inn	Tuesday	5:30 PM
State College Sunrise, Hotel State College	Wednesday	7:15 AM
Tyrone, Epworth Residential Living.	Monday	5:45 PM
Summer meeting till August - Reservoir Park, Tyrone		



**RECOGNIZING OUR PAST
CELEBRATING OUR FUTURE OUR 105th Year**

INVOCATION

06/27 Phyllis Baker
07/04 George Foster
07/11 Lisa Hann
07/18 Tim O'Brien



SOUP KITCHEN

01/06 Chris Michelone & Seth Smith
01/09 Richard Johnston
01/13 Don Ruggery & Tom Smith
01/16 Closed
01/20 Tim Balconi & Colton Kensinger
01/23 Neil Rudel

May 2 Meeting
Thanks to all who participated in the Blood Drive.

Deb sent her thanks to all who made Grapes for a Good a success. She is looking for someone to chair the event next year.

Phyllis announced Healthy Kids Day had five hundred kids and families attend last Saturday.

Two members attended the District Training.

Scholarship awards are next week.

Our speech contest winner, Julia Kline, won in State College and will be going on to Muncy.

May 20th is a Saturday and the third annual Foundation Walk, which is in Muncy, State College

June 6th will be our Jared Box fundraiser. The club has agreed to fund \$500.

June 27th Induction of President Seth Smith, and the induction of the new board members.

July 1st is Herb Smith's, Induction as District Governor starting at 5 pm at Green Grove Gardens in Green Castle,

On October 3rd, our regular Rotary meeting will be cancelled, and we will meet Herb Smith, the new District Governor at the Casino at Lakemont at 5:30 pm-6:00 pm cocktails and 6:00 pm dinner.

No. 651, June 2 2023

**Program Chair: Joseph Fagnani
May Registration: Jason Ebersole**

ANNOUNCEMENTS FROM 05/02, 05/09, 05/16, 05/23 & 05/30 Alison Seltzer, President

President Alison share Famous birthdays, this day in history and National days.

She shared the soup kitchen calendar and thanked the volunteers.

We recognized our Rotarians with birthdays.

Don Ruggery after 31 years Spherion was honored.

Speaker Robin Kane
Robin has served 26 years in child welfare. She retired from Centre County CYS. Robin is a Family Recruiter for foster care through Adelphoi village. Adelphoi covers most of Pa. They have seven hundred employees, providing community-based services, group homes, and foster homes. They Work with kinship resources, and community connections. There are approximately 400,000 kids in foster care with 1400 daily looking for permanency. Kids who age out of the system are at greater risk for drug abuse, trafficking, etc. Adelphoi has a need for tutors and mentors. Robin's Office is in Huntingdon. Referrals from County CYS.

May 9 Meeting
No meeting July 4th

Larry Savino; We Care foundation, blues and brews. \$50 Saturday 5/20.

Tim O'brien; This Saturday Younglife car wash At Stuckey's

Deb reported that Grapes for Good raised approximately \$40k

Speaker Jordan Fennell, creative writing degree, How to write a Legacy Biography: Jordan does Ghost writing for regular people, who are celebrities in their own families and communities. This used to happen organically through family stories but that doesn't happen anymore. Rotary is about community, Paul Percy Harris has his biography written down. Jordan shared stories from his own family history and why these need to be preserved. How do you get started? Develop an outline. A timeline. Interviewing family members; have interview questions, otherwise you will get off topic. Jordan recommended a book: Your Children's children, gives you a good list of questions to ask. Are you going to publish your book? Need at least 60k words not over 80k words. 30k minimum if it's just for family. Don't go overboard. Not everything is important. Set the time, turn off the phone, be focused!

May 16 Meeting
Phyllis Baker and Traci Naugle assisted in awarding scholarships to fourteen deserving students from Altoona Area High School and Bishop Guilfoyle High School.

Comments Welcome. Please send any info to MailPro, Inc
by Email to mail@mailproinc.com
Fax 814.695.9837. Deadline for each Rota-Note is Wed. at 11:00 a.m.

The Four-Way Test

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Good Will and Better Friendships?
4. Will it be Beneficial to all concerned?

May 23 Meeting
The meeting began with a presentation of the annual, new Rotary flag and pins from

Sunrise Club President Rene-paul Foriet, to current president Alison. She accepted them on behalf of upcoming President Seth Smith. Foriet is the 2023-24 Assistant Governor and current President of the Altoona Sunrise Rotary Club. The AG delivered the new flag and pins for the upcoming year in anticipation of the June 27th induction of new President Seth Smith. He will then hand out the pins for his 2023-2024 year as Rotary Club of Altoona President, and hang the new flag on the podium.

President Allison also called attention to the two resumes on each table with two candidates who have been past directors in our zone who seek to serve on the nominating committee for RI president. They must be elected by clubs in each zone, including ours in Zone 33, club 7360. She asked that each Rotarian briefly review the two resumes so the club could vote by end of meeting for a committee member and an alternate.

President Allison also read a note from long-time club Rotarian Pat Savage. She recently received a Paul Harris fellow pin which was mailed to her new address in Lititz, Lancaster County. She is a transferred Rotarian to the Lititz club and says she "misses all of us."

The club also received a "thank you" note from Tyler Houpp which expressed gratitude to the club for being chosen as one of the recent Rotary Scholarship recipients. Tyler says he is honored to be chosen and thanks the club for its generosity. Computer programming is his passion, and he will be attending Penn State University in the fall. Tyler says the scholarship will lighten the financial burden so he can focus on his studies.

President Alison also thanked everyone who helped make the scholarships lunch a success.

Sat May 20th was the foundation walk in Muncy, Chambersburg and State College...

President Alison noted that our club donated \$1,000 dollars. She also announced that our Rotary Club "Four-Way-Test Speech Contest" winner Julie Kline from Altoona Area High School, recently won the regional competition in State College, and then also took first place in the District level four-way-test speech competition in Muncy, where it was held during the Muncy Foundation walk. President Alison traveled there for the events, and especially to support Julie who has now won a two thousand dollar prize for first place!

ANNOUNCEMENTS;

Tuesday June 6th our club will hold our Jared Boxes fundraiser in regular meeting room. Tables will be set up in back to construct the Jared Boxes.

Tuesday June 27th will be the induction of new Rotary President Seth Smith,

President-elect Fred Thursfield, club Vice President, and new board members.

Saturday July 1st is Herb Smith's induction as District Governor in Greencastle, Pa

Tuesday July 4th the regular meeting is cancelled for the holiday

July through August you can vote for your Hometown favorite

Stay tuned for an update from new president Smith on a Luau, Rotary Curve Game and World's Greatest Meal.

October 3rd regular noon meeting is cancelled because it will instead be held starting at 5:30 PM cocktail's and then dinner at the Lakemont Casino, along with the Altoona Sunrise Club.

Finally Allison thanked several Rotarians who stepped up to fill in on pots and pans recently at the soup kitchen when others were not available as scheduled.

PROGRAM:

President Alison introduced today's guest speaker who is Tony Gummo from the Williamsport office for the Pennsylvania Medicare program. Gummo is a Marine Corp veteran and has also been a proud investigator for the Pennsylvania State Police. Tony has worked for the past nine years for Insurance Services, as a "Medicare insurance broker" out of the Williamsport office. It serves that region and the Greensburg office. He is also part of veteran's outreach programs and VFW Legions. Tony discussed three parts of Medicare...the enrollment periods, the coverage options and special election periods. He also detailed the rules for Medicare when an individual becomes eligible. He talked about those still working until or after 65, and if you still have employers coverage. He said individuals can start to receive benefits with or without receiving their Social Security, but they will be billed for three months at a time. If an individual works past 65 with an employer, he says you can notify and have Medicare activated--at the time you wish--and still have all the guaranteed rights. He also discussed disability benefits.. For the sake of discussion, he said everyone going on Medicare this year will go on to it July 1st Those are Part A and B start dates.

He says the choice for individuals comes down to "Medicare Supplement Plan" and the "Medicare Advantage Plan," and he explained both. He also reviewed and gave additional details and rules for receiving Medicare and then took questions from attending Rotarians. One focused on the "PACE" program that helps eligible seniors pay for their prescription drugs. He called it one of the most successful programs to date, with huge prescription savings for eligible seniors. He said the money comes from revenue generated by the "Pennsylvania Lottery. "

May 30 Meeting
Our speech contest winner, Julia Kline, won in State College and will be going on to Muncy.

President Alison share Famous birthdays, this day in history and National days.

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No meeting July 4th

June 20th is the next board meeting at Cracker Barrel

PROGRAM:

President Alison introduced Shalen Steinbugl, Director of The Healing Patch.

Shalen is a grief counselor. The program has 2 centers, 1 in Ebensburg and 1 in Altoona. The program is for children who have lost someone to death. Preschool through 18 and adults support grieving children. They receive Jared boxes to share with the children. The host meetings Sept- May, first and third Tuesday and second and fourth Wednesday. Each meeting offers grief related activities talking about feelings, memories, holidays, crafts, and peer support, The Healing Match needs volunteers to help lead groups. Outside of peer support, grief counselors will go to schools if they have 6 or more grieving kids. They educate 6th and 7th graders on "what is grief." They will talk about grief to any group. The Healing Patch has resources available to the community (lending library). They are funded by Home Nursing Agency Foundation, Mercedes moment, Decades club, Patch together and other fundraisers. They offer Memory bears for each child or pillows made from the deceased family members clothing.

Visit our Website at: www.rotaryofaltoona.org