



Rota-Note

ROTARY CLUB OF ALTOONA
P.O. BOX 2538
ALTOONA, PENNSYLVANIA 16603-2538

ROTARY CLUB OF ALTOONA

DISTRICT 7360

CLUB INFORMATION

2022-2023 ROTARY INTERNATIONAL OFFICERS

ROTARY INTERNATIONAL PRESIDENT

Jennifer Jones

*DISTRICT GOVERNOR
DISTRICT 7360, ZONE 29*

Victoria R. Zimmerman

district7360@gmail.com

Meeting Times of Other Clubs

Altoona Sunrise, The Casino, Lakemont	Wednesday	7:15 AM
Bedford Sunrise, Homewood at Spring House Estates . . .	Tuesday	7:00 AM
Bedford, Hoss's.	Monday	6:15 PM
Claysburg, Peggy's Diner	Tuesday	6:00 PM
Clearfield, Moena Restaurant	Wednesday	12:00 PM
Hagerstown, MD, Fountain Head Country Club	Wednesday	12:00 PM
Harrisburg, Hilton Hotel at Tower	Monday	12:00 PM
Hollidaysburg, Marzoni's	Wednesday	6:00 PM
Huntingdon, Huntingdon Country Club	Tuesday	12:00 PM
Indiana, Rustic Lodge, RT. 286 S.W.	Tuesday	5:30 PM
Johnstown, Sunnehanna Country Club, Westmont . . .	Wednesday	12:10 PM
Lewistown, Birch Hill Supervisors Club	Tuesday	12:00 PM
Morrisons Cove, Jun - Aug Morrisons Cove Memorial Park		
Sept.- May Spring Cove School District Admin. Bldg. .	Tuesday	7:00 AM
Pittsburgh, Omni William Penn Hotel	Wednesday	12:00 PM
State College, Downtown, Ramada State College Hotel & Conference Center	Thursday	12:00 PM
State College, Nittany Lion Inn	Tuesday	5:30 PM
State College Sunrise, Hotel State College	Wednesday	7:15 AM
Tyrone, Epworth Residential Living.	Monday	5:45 PM
Summer meeting till August - Reservoir Park, Tyrone		

2022-2023 ROTARY BOARD OF DIRECTORS

President

Alison Seltzer

President-Elect

J. Seth Smith

Vice President

Samantha Watters

Secretary

Richard Johnston

Treasurer

Gregory A. Smith

Sergeant-at-Arms

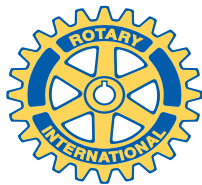
John Carey



IMAGINE ROTARY

CLUB NEWSLETTER

*Meets Each Tuesday, 12:10 P.M.
The Blair County Convention
Center*



RECOGNIZING OUR PAST CELEBRATING OUR FUTURE

OUR 105th Year

No. 644, October 31 2022
Program Chair: Joseph Fagnani
November Registration: Chris Michelone

The Four-Way Test
1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it build Good Will and Better Friendships?
4. Will it be Beneficial to all concerned?

Alison Seltzer, President

ANNOUNCEMENTS FROM 10/11, 10/18 & 10/25

INVOCATION



11/8 Jodi Cessna
11/15 George Foster
11/22 John Forney
11/29 Jason Ebersole

SOUP KITCHEN

10/10 Colton Kensinger
10/14 Don Ruggery and Mandy Michelone
10/17 Lisa Hann
10/21 Chris Michelone and Seth Smith
10/24 Richard Johnston
10/28 Tara Enedy and Kathy Kelly

October 11 Meeting
District Foundation Dinner- November 18th at the Penn Stater. Raffle tickets will be available.

District conference is 11/19 and 11/20.
Raffle tickets \$10 each are available.

Other announcements were posted.

Paul Harris Fellows were awarded to Terry Lingenfelter, Joe Fagnani and Alison Seltzer.

Rotarian membership anniversaries were recognized.

Rotarian Tim Morder invited everyone to Linkup tomorrow, covering Cybersecurity.

Speaker: Trooper Chris Fox, Pennsylvania State Police since 2012. Troop G information officer
The most common crimes we see against legitimate victims- Scams
Scammers are always changing and evolving
Common scams include requirements to pay in gift cards. They try to get an immediate response (this is the IRS, Police, etc.)
They may say this is your Bank and we see fraudulent activity. When a certain dollar amount is exceeded, they

face a felony
Scammers Prey on the elderly but young people have been involved
They may state they are from Hollidaysburg police department with a real officer's name. Requesting money for equipment. Your tax dollars provide their supplies, and they will never call asking for money.
People showing up in person threatening to take you into custody.
Claiming to be a constable or IRS agent. Call the police if it seems off.
Secret Shopper for Target is a fraud
The scam may ask for a small lump sum in return for a huge amount.
They are Using phantom numbers or say they are from the social security administration
Social media has been hit by scammers
Police can locate the IP address, but they do not expedite from other countries
Swatting calls to police saying I am being held at gun point are happening more often, tying up police. If something doesn't sound right, call the police!

October 18 Meeting
District Foundation Dinner- November 18th at the Penn Stater. Raffle tickets are available for \$10. District conference is 11/19 and 11/20.

The club raised \$1k for The Greatest Day to end polio.

Lisa Hann and Tom Smith are working with the schools to get ready for the 4-way speech contest. Highway cleanup had a good turnout

Oct 25th Nov 5th we will be upstairs

Dec 1 is the Christmas parade. We will be asking Sunrise Rotary to join us.

Dec 20th is the Rotary Holliday party at Marzonni's in Greenwood. Let Cherie know if you plan to attend. Update to the directory is happening now. Tim will be taking pictures today and next week.

Speaker- Coleen Heim from the Healthy Blair County Coalition
Presented an overview of the coalition and the focus on collective impact as well as results of the 2022 Community Health Needs Assessment

Highest ranking needs are- Overuse, addiction to cell phones and social media

Obesity
Smoking, use of tobacco
Greatest concerns to households- stress, anxiety, depression, bullying
Mental health issues
Blair County ranked 40th healthiest county out of sixty-seven
Spark Blair County was one initiative used to get people moving. We ranked fourth of 109 cities for most active minutes.
Coleen shared an overview of efforts that have been put in place to address needs identifies
For more information vist-www.healthyblaircounty.org

October 25 Meeting
District Foundation Dinner- November 18th at the Penn Stater. Raffle tickets are available for \$10. District conference is 11/19 and 11/20.

The club raised over \$1k for The Greatest Day to end polio. This year 29 cases of polio have been reported. Last year there were only two.

Nov15th we will be upstairs

Dec 1 is the Christmas parade. We will be asking Sunrise Rotary to join us.

Dec 20th is the Rotary Holliday party at Marzonni's in Greenwood. Let Cherie know if you plan to attend. 4-way speech contest efforts are underway.

Speaker- Maureen j Sneath-a volunteer at James E Van Zandt VA Medical Center for 8 years
Last year 25000 volunteers served a total of 2.6 million hours. Why volunteer? To fulfill your passion and make a difference in the lives of others.

Volunteers are helping the hospitalized veterans in their recovery
John Clay supervises the volunteers and "Moe" tracks volunteers' hours
Volunteers are considered, without compensation employees, with the same safeguards as full-time employees. There are both direct service and indirect service volunteer opportunities available
Direct service volunteers have an assignment to individual patients. Indirect service volunteers provide a service that benefits the overall operation
A classification of volunteers exists with both regularly scheduled volunteers and occasional volunteers RSO volunteering require shots and vaccines.
Occasional volunteers, both individuals and groups are used for recreational activities such as bingo. To become a regularly scheduled volunteer you must have a personal interview to determine the best fit. Training class is required with orientation. There is a focus on privacy, health and safety and fingerprinting and a tb test is required. For more information contact the James E Van Zandt VA Medical Center (877)626-2500

Comments Welcome. Please send any info to MailPro, Inc
by Email to mail@mailproinc.com

Fax 814.695.9837. Deadline for each Rota-Note is Wed. at 11:00 a.m.

Visit our Website at: www.rotaryofaltoona.org