



CREATE HOPE IN THE WORLD THROUGH DISTRICT 7360

May 2024 - District 7360 Newsletter



Newly added in red

Vol. 12, Issue 11

Happy May Rotarians.



This month I decided to write about mental health awareness month, which is the entire month of May. As you recall, President Gordon created a sub theme this year and it is indeed mental health awareness, and suicide prevention. We need to make sure to always check in with individuals that could be suffering from depression. Sometimes we won't even know if they are, but it doesn't hurt to always ask the question are you OK? Here is some interesting facts about mental health awareness to think about.

- Being able to maintain good mental health is essential to each and every individual's overall health and well-being. Mental health conditions are common, manageable, and treatable.
- One in 5 people will experience a mental health condition in any given year, and everyone faces challenges in life that can impact their mental health.
- About half of Americans will meet the criteria for a diagnosable mental health condition sometime in their lives, with symptoms starting by age 14 for the majority of people.
- It is never too soon to seek treatment for your mental health. Getting help early saves lives.
- To fully understand how the world around us affects mental health, it is important to know what factors are at play – some of which an individual can change, such as screen time, and others that may be outside of their control, like access to basic resources or current events.
- Social drivers of health include economic status, education, your neighborhood, social inclusion, and access to resources like nutritious food, health care, green space, and transportation. All of these factors can have a far-reaching impact on not just your physical health, but also your mental health.
- Loneliness, current events, technology, and social drivers are having an impact on the mental well-being of Americans, but there are protective measures that can prevent mental health conditions from developing or keep symptoms from becoming worse or severe.
- Navigating uncertainty and fear about what is happening in the world and what the future holds can feel overwhelming, but no one has to suffer in silence. There is hope.
- In today's tech-filled world, screens can dominate our daily lives and impact our mental well-being. What we choose to look at and how much time we spend on our devices really matters and can make a big difference in how we feel.
- It's common to feel like no one understands what you're going through, but reaching out can be the first step in improving your mental health. Loneliness can take a toll on your mental and physical health, and it's important to find meaningful ways to connect with others.

This information was shared with me from Mental Health America but it was important enough to share with you to keep us focused on helping fight the stigma of Mental Health issues.

I wish you all a safe and Happy May

Yours in Rotary Service

Herb Smith

District 7360 Governor 2023-24

CLUB CALENDAR

- May 21 – [State College Rotary](#) – Annual Auction – 100 Match Factory Place, Bellefonte – 6-8 PM
- May 27 – [Lewisburg Sunrise](#) – 2024 Flags for Heros
- June 27 – [Shepherdstown RC](#) Annual Golf Tournament
- August 8 – **4th Annual "Wheels In the Grove" Car Show** – [Selinsgrove Rotary Club](#)
- September 28 – [Martinsburg RC](#) Hope Gala, 6 PM, Martinsburg, WV
- [Rotary Club of Shepherdstown](#) Fundraising Sale – Solid Wood Handcrafted Cellphone Stands

DISTRICT CALENDAR

- May 18 – Muncy PA and State College, PA Foundation Walk
- June 12, 13, 14 – **RYLA at Shepherd's** Spring Retreat, Sharpsburg **Deadline May 17**
- June 15 – District 7360 **"Pedals Out Polio"** event
- June 29 – **SAVE THE DATE** **DGE Pam Wagoner's** Installation Luncheon, Registration 11:30 AM, Lunch 12:30 PM – E-mail Gail Moxley – gmoxley@cnb.bank OR Christina Johnson – christinajohnson799@gmail.com

MEMBERSHIP MINUTE

PDG Dana Orsini
District Membership Chair reporting:

With two months remaining in this Rotary year, it is encouraging to see that many clubs in our district are growing far above the national average. We are also seeing other clubs adding to their membership for the first time in several years. There is no denying that it is possible to Grow Rotary here in District 7360. It just takes desire and effort at the club level.

Several of our clubs are now using the “Discover Rotary” program to introduce Rotary to potential members. It is a proven program when you follow the directions and purpose. Once every club realizes that attrition is not only real, but predictable, we all can be intentional and plan to bring in new members to not only sustain our impact, but to enlarge our footprint as well.

Our District leadership will do everything possible to assist, but it begins at the club level. There is no better time than now. Henry Ford started the Ford Motor Company in 1903. Rotary began two years later. Needless to say, the automotive industry has seen many changes in order to stay relevant. Rotary continues to evolve so that we can stay relevant as well. If your club is having trouble attracting new members, then you need to do a deep dive as a club to assess the issues and correct them. Simply said, “membership growth is everyone’s responsibility”. We need to be unrelenting in our focus, so that we can increase the Rotary impact here in our local communities as well as on a global scale. We are a membership organization that provides amazing service. This, my friends, is how we “Create Hope in the World”!

NEW MEMBERS



| | |
|------------------------|------------------------|
| Corbin M Waugh | Berkeley Springs |
| Laura Knorr | Berwick |
| Ann Maddy Smith | Charles Town |
| Michael D. Stotler | Cumberland |
| Forrester G Smoker | Emporium |
| Stephen Schutte | Hagerstown |
| Kate Younkins | Hagerstown |
| Superman D Berrow | Hollidaysburg |
| Nicole R Berrow | Hollidaysburg |
| Paul Crowley | Hollidaysburg |
| Grant Smith | Keyser |
| Joel Whisner | Keyser |
| Lucas Hoover | Keyser |
| Jeff Pickett | Lewistown |
| Davy Jones | Martinsburg |
| Lance O Stanley | Martinsburg/Sunrise |
| Amy K Waldron | Milton |
| David B Han | Shepherdstown |
| Yoon Chung-Han | Shepherdstown |
| Shannon Thomas | Shepherdstown |
| Jacqueline Piro | Shepherdstown |
| Archibald R. V. Hoxton | Shepherdstown |
| Carol B Wootton | Shepherdstown |
| Amanda L. Merkel | Shepherdstown |
| Andrew G Call | Spring Mills Satellite |
| Angelia Cornwell | Spring Mills Satellite |
| Ashely Dalton | State College Downtown |
| Danielle Stemple | State College Downtown |
| Kimberly Eaton | Waynesboro |
| Nickolaus Latta | Williamsport PA |
| Ryan Linn | Williamsport PA |



DECEASED MEMBER
SPENCER G. "PETE" POPE, JR
ROTARY CLUB OF
POTTSVILLE



Spencer "Pete" G. Pope, Jr., 98, of Pottsville, passed away on Monday, April 15th, at Providence Place, Pottsville. Born in Mahanoy City, on October 31, 1925, he was a son of the late Spencer G. and Bertha (Seligman) Pope, Sr.

He was a 1943 graduate of Pottsville High School; Culver Military Academy, Culver, Indiana; Wharton School of Finance at the University of Pennsylvania; and the Dealer Management course at General Motors Institute, Flint, MI.

Pete proudly served in the United States Army Air Corp from 1944-1946.

He was a member of the United Presbyterian Church, Pottsville, where he served as superintendent, elder, trustee, and Sunday School teacher.

Pete was the owner and CEO of Pope Motor Company, a Buick, Pontiac, GMC Truck Franchise. He was President of Pope Leasing Co. and National Finance Co.

He was very active in the Pottsville community. He was a Director and Chairman of the Board for the Miner National Bank and its successor, the Heritage Bank and the Bank's holding company, serving for 31 years. He was formerly on the United Way Board and served two terms on the Schuylkill Chamber of Commerce Board and President of the Benevolent Association, which ran the Pottsville Children's Home.

Pete was a Rotarian for over 50 years in the [Pottsville Rotary Club](#) and a 32nd Mason in the Pulaski Lodge 216 and Caldwell Consistory, Bloomsburg. He was a member of the Schuylkill Country Club, the former Pottsville Club, Schuylkill County Historical Society, and the Yorkville Hose Company. He was an Eagle Scout and former Cub Master.



DECEASED MEMBER
THOMAS B. FINAN, JR.
ROTARY CLUB OF
CUMBERLAND

Thomas B. Finan, Jr., a man of his family and community, who for many years participated in the business and civic life of Allegany County, passed away on April 3, 2024. He was 81 years old.

Tom was born on June 5, 1942 to Isabel North Finan and Judge Thomas B. Finan. He grew up in Cumberland, but spent considerable time visiting his grandparents on Maryland's Eastern Shore, and his extended family in Southern Maryland. He and his wife Mary Kay eventually bought a home in St. Michaels, MD and he loved the combination of living in Allegany County and having a retreat on the Eastern Shore.

Numerous organizations in the state of Maryland sought Tom's leadership and guidance throughout his life. In 1981 he joined Cumberland Rotary Club. From 1988 to 1994, he was chairman of the board of Allegany College. He served as a member of the Board of Regents of the University System of Maryland from 1995 to 2007. He served on the board of Mount St. Mary's University, his alma mater, from 1987 to 1994. For years, Tom served on the board of the Memorial Hospital and was its chairman in 1996 when Memorial and Sacred Heart Hospitals formed an affiliation to create the Western Maryland Health System. He co-chaired the 1994-1996 effort to create the new health system and worked closely with leaders of both hospitals to bring the merger to fruition.

Tom was on the board of the Liberty Trust Company and its successor banks that the American Trust Bank and Keystone Financial of Harrisburg when it was acquired by the M&T Bank. He was also a member of the Allegany County Library Board for many years.

A 1960 graduate of LaSalle High School and 1964 graduate of Mount St. Mary's University, Tom was a devoted learner. He later earned master's degrees at Frostburg State University (1973) and Johns Hopkins University (1979).

He served in the Peace Corps in Bolivia from 1967 to 1969. In 1972, he attended the Democratic National Convention as an elected delegate for Hubert Humphrey and in 1976 as a delegate for Jimmy Carter.

Tom was a newspaper man of original vintage, having spent 18 years at the Cumberland Times-News where he was vice president, business manager, and an owner of the newspaper. The newspaper was sold in 1986. He read a bevy of newspapers daily until the day he passed.



DECEASED MEMBER
FRANCIS ANTHONY CASTANO
ROTARY CLUB OF
COUDERSPORT

Francis Anthony Castano of Centennial, Wyoming, formerly of Coudersport, PA, died at the age of 85 on Sunday, March 24, 2024 at Hospice of Laramie in Laramie, Wyoming.

Francis was born March 30, 1938, in Coudersport, PA to Dominic Castano and Angeline (Gorfida) Castano. After graduating from Coudersport High School, Francis went on to study at the University of Pennsylvania, earning a DDS at University of Pennsylvania Dental School and an MBA from The Wharton School. As an undergraduate, Francis was a member of the ATO fraternity and Penn Glee Club. After graduating from Dental School, he served a Pediatric Dental Residency at Children's Hospital of Philadelphia (CHOP). With the completion of his residency, Francis entered the US Army as a Captain in the role of Pediatric Consultant to the Army in Europe, based in Nuremburg, Germany. Upon his return stateside, he joined the U Penn faculty as a full-time professor of Pediatric Dentistry.

In 1975, Francis returned to his hometown of Coudersport to establish a private practice in Pediatric Dentistry and Orthodontics. During this time, he also served as a **HeadStart program reviewer and volunteered as a children's dentist with the Indian Health Service**. Even beyond his commitment to providing good dental care, Francis was dedicated to ensuring all patients felt welcome, understood and respected in his own practice and volunteer clinics, regardless of financial need or condition.

Francis valued conducting himself as a gentleman, making a positive impact on his community and serving others. He was particularly proud to be a co-founder of the Potter Players community theater group. He also sang in Barbershop Quartet, played clarinet in Community Bands and was a member of the [Rotary Club of Coudersport](#). He was also a 4th Degree member of the Knights of Columbus.

ALERT!!!

PEDALS OUT POLIO ANNOUNCEMENT

Pedals Out Polio is the one time each year when **all** Rotarians are reminded to make their personal annual gift to PolioPlus, hopefully for \$25 or more!

If you are a member of the District PolioPlus Society, this is your reminder to fulfill your annual pledge to pay \$100 or more.

Most of you will want to be “virtual riders” by clicking the following link to make your donation before June 15 to be counted in our Pedals Out Polio event. By using the same email address you use for Rotary information, this link will give you Paul Harris credit and will give your club and district the proper credit. All gifts to the Foundation using the below link, or the registration form, will get matched 2 for 1 by the Bill and Melinda Gates Foundation!

<https://raise.rotary.org/District7360PedalsOutPolio2024/challenge513>

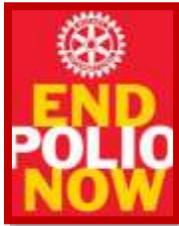
If clicking on the link does not work, copy and paste it to your browser.

If you are interested in participating in one of our 3 bicycle rides on June 15th, please see the registration form attached. Mail it with your check, made payable to The Rotary Foundation, to the address shown in red near the bottom of the form. Be sure to mail it early enough to be received before June 15. Registrations will be accepted the day of the event too.

Yes, we need **YOUR** support to finish our goal of polio eradication! Thank you!

Yours In Roary Service,
Jeff

Jeffrey Coup
jeffcoup@verizon.net
570-412-1436



A Message from
PDG Jeff Coup, District Polio Chair

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ROTARY DISTRICT 7360 PEDALS OUT POLIO

Saturday, June 15, 2024



The purpose of each ride is to raise funds and awareness for Rotary's Global Polio Eradication Campaign. Each ride starts and finishes at Mifflinburg Community Park, 211 N. 5th St, Mifflinburg, PA.

Family Ride: Bike riders are encouraged to ride a part or all of the Mifflinburg – Lewisburg Rail Trail. This 9 mile off-road bike trail is suitable for children and adults that prefer a flat and leisurely bike ride. This ride will be self-paced and self-guided. Ride as far as you want and at the speed you want.

Easy Road Ride: 22 miles, easy pace and only 550' of climbing.

Jacks Mountain 50: This 47 mile ride is for moderate to advanced road bike riders that enjoy changes in elevation. It is only 47 miles, but we are giving credit for 50. It is not a race! The 47 miles will be done at a moderate pace so that it is enjoyable for all experienced bike riders.

The suggested minimum donation per rider is \$25 for adults and \$5 for children under 12. All riders are encouraged to solicit addition donations toward their ride. The top fundraiser will receive a prize. All donations are tax deductible and should be payable to "The Rotary Foundation" with PolioPlus on the memo line. Any gift of \$1,000 or more will receive a special recognition from The Rotary Foundation.

Not a bike rider? Become a "virtual rider" by making a donation and supporting polio eradication. Mail your check with this form or go on line and give at:

<https://raise.rotary.org/District7360PedalsOutPolio2024/challenge513>

Check-in for each ride will be at the gazebo in Mifflinburg Community Park from 8 – 9 am.

Recognition of the top fund raiser will be at 9 am just before the 3 rides start.

The first 100 registrants will receive a coupon for a 10% discount at the Rusty Rail Brewing Company & Restaurant located two blocks away along the Buffalo Valley Rail Trail. Virtual Riders can include a postage stamp if mailing your donation to receive your discount coupon.

Each rider must have a separate registration form with signature.

My signature on the entry form waives and releases Rotary International, The Rotary Foundation, Rotary District 7360 and each of it's individual clubs, committees and Rotarians; other riders, and any party concerned with the Polio Eradication Bike Ride from any claims for damages should personal injury or property damage occur while participating in, or traveling to or from this event.

I further acknowledge that this is an unprotected road tour. There will be unrestricted traffic and I will abide by all rules of the road. I am responsible for my own safety and travel to the starting and ending points that I so choose. I realize that there will be hazards from traffic and road hazards and assume all responsibility for my personal safety. I warrant that I am physically fit for the ride and will wear a helmet.

Signature or Signature of parent/guardian for participants under age 18. Required for all riders.

X _____ Date: _____
Day of registrations will be accepted, but we encourage you to register in advance to help with planning.

Mail your check and form to: The Rotary Foundation, PO Box 36, Milton, PA 17847

Name: _____ Age: _____

Email Address: _____ Phone: _____

Address: _____

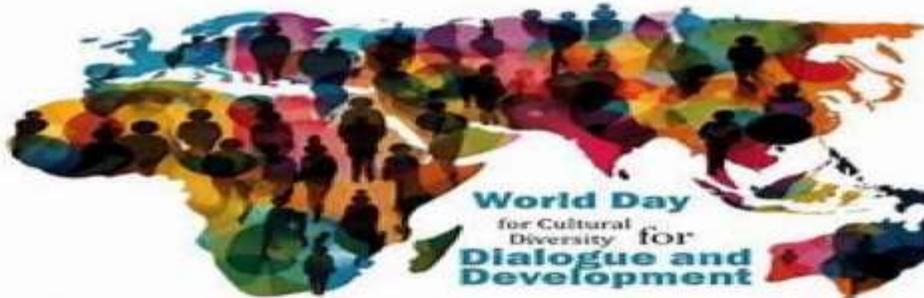
Choose: Jack's Mtn. _____ Family Ride _____ Easy Road Ride _____ Virtual Rider _____

Are you a Rotarian Y - N? **Rotarian # if known:** _____

Total Donation: \$ _____ Made payable to "The Rotary Foundation"

Please indicate the Rotary Club you want to receive credit for this donation: _____





Celebrating World Day for Cultural Diversity for Dialogue and Development

The celebration of the World Day for Cultural Diversity for Dialogue and Development is held each year on 21 May. This celebration highlights not only the richness of the world's cultures, but also the essential role of intercultural dialogue for achieving peace and sustainable development.

Eighty-nine per cent of all current conflicts in the world occur in countries with low intercultural dialogue; repairing this flaw in our society, must be a priority so, we may forge effective cooperation and sustain peace.

The cultural and creative sector is one of the most powerful engines of development worldwide, accounting for more than 48 million jobs globally. It is also the sector that employs and provides opportunities for the largest number of young people under the age of 30. However, the cultural and creative sector still does not have the place it deserves in public policies and international cooperation.

Rotary strives to reduce conflict and exclusionary behaviors as a way of life. As a humanitarian organization, peace is a cornerstone of our mission. We believe when people work to create peace in our communities, it can grow to have a global effect.

Additionally, by carrying out Rotary service projects and supporting peace fellowships/scholarships, Rotarians take action to address the underlying causes of conflict, including poverty, discrimination, ethnic tension, lack of access to education, and unequal distribution of resources. Rotarians' actions clearly embrace the importance of Cultural Diversity for Dialogue and Development as central to our Service Mission and Vision.

Please join The Rotary Club of Martinsburg at the Purple Iris for the

INSTALLATION OF DISTRICT GOVERNOR PAM WAGONER

Saturday June 29th 2024

\$49 PER PERSON

RSVP by June 20th

Ways to Register

DACdb

Email Gail Moxley gmoxley@cnb.bank

Email Christina Johnson christinajohnson799@gmail.com

Doors Open @ 11:30am

Registration 11:30am - 12:15pm

Lunch @ 12:30pm

Lunch Buffet

Appetizers, Salad & Vegetable

Chicken Marsala

Salmon Lemon Thyme Beurre Blanc

Vegetable Lasagna

**THE MAGIC
OF ROTARY**

Suggested dress style is business.





Now Accepting Applications for the 2025 Rotary Peace Fellowship - [Apply Now!](#)

Promoting peace is one of Rotary's main causes. The fully funded [Rotary Peace Fellowship](#), which covers tuition and living expenses, increases the capacity of existing leaders to prevent and resolve conflict by offering academic training, field experience, and professional networking.

Rotary Peace Fellows are selected every year in a globally competitive process based on personal, academic, and professional achievements. Fellows earn either a master's degree or a post-graduate diploma in peace and development studies at one of the Rotary Peace Centers located at leading universities around the world.

Over 1,700 program alumni are working in more than 140 countries as leaders in national governments, nongovernmental organizations, education and research, law enforcement, business and consulting, human rights law, media and the arts, and international organizations such as the United Nations.

Master's degree

The ideal candidate is academically strong, has a bachelor's degree in a related field, and has work experience in peace and development. We are looking for early-career candidates who demonstrate a commitment to peace and conflict resolution, can undertake extensive reading and research, and can participate actively within a diverse cohort of students. Successful candidates have a record of prior achievements in peacebuilding as well as the potential for future growth and impact as leaders in the field resulting from their participation in the fellowship. After the program, candidates should be willing to share their own work and experience, staying in touch with peace fellows in their region and maintaining strong connections with Rotary members.

[Professional development certificate](#)

During the one-year blended learning program, experienced peace and development professionals with diverse backgrounds gain practical skills to promote peace within their communities and regions. Fellows complete field studies and design and carry out a social change initiative. This program is intended for working professionals. Fellows earn a post-graduate diploma upon completion of the program.

Eligibility: Qualified candidates must:

Have three years of relevant work experience in peace or development for the master's program.

Be proficient in English.

Have a bachelor's degree.

Have the potential for leadership.

Have a strong commitment to cross-cultural understanding and peace as shown through professional and academic achievements and personal or community service.

Candidates must have at least three years between the completion of their most recent academic degree program (undergraduate or graduate degree) and their intended start date for the fellowship. Candidates currently enrolled in an undergraduate or graduate program are not eligible to apply.

Applications for the 2025-26 academic term need to be submitted by 15 May 2024.

If you know someone who might be a good candidate for this fellowship, please submit a [referral form](#) with their name and email address. We'll contact them with information on how to apply. Thank you for supporting our program.

CALLING ALL ROTARY CLUBS!!!

Deadline is fast approaching for RYLA—May 17th. Students attending will receive leadership skills, fun, fellowship, campfire, swimming, Rotary youth programs, Rotary's 7 Areas of Focus, and, of course, good food. The date is June 13 (check in no later than noon), 14 and 15, 2024 at Shepherd's Spring Retreat, Sharpsburg, MD.

Registration is located on DACdb. Complete Instructions, application and parental release is attached for your reference.

Additional questions can be directed to:

Dawn Linn, DGN @ dawnlinn923@gmail.com or

Colleen McCloskey, @ colleen.mccloskey@gmail.com.



District 7360

Please join us for RYLA!!

Lots of leadership skills, fun, fellowship, campfires, swimming, 4 Way Test, Youth Exchange Program and good food!!!!

June 13, 14, and 15 2024

Shepherd's Spring Retreat
Sharpsburg, MD

June 13 - check in at 10:00-11:30am

June 15, will close with a presentation and a sendoff lunch for students and parents will conclude at 1:30.

The focus will be on leadership skills and Rotary's 7 Areas of Focus.

More info will be sent to your clubs.

Registration will be online.

Contact

Dawn Linn, DGN dawnlinn923@gmail.com

Colleen McCloskey, Co-Chair RYLA, colleen.mccloskey@gmail.com



Rotary Youth Leadership Awards
ROTARY DISTRICT 7360
Thursday June 13, 2024 to Saturday June 15, 2024, Shepherd's Spring,
Sharpsburg, MD

**To Be Returned by May 17, 2024 - Please type or print clearly to ensure
 Nametags and Certificates are correct**

Sponsoring Club: _____

Please return completed form to Your Rotary Representative:

 _____ (Club Chair Name)
 (Chair e-mail)

Section 1 – Personal Information

Participant Full Name: _____ Male/Female: _____

Preferred Name for Nametag: _____

Email Address: _____

Home Address: _____

Home Phone: (____) _____ *Street* *City* *State* *Zip Code* Cell Phone: (____) _____

Birth Date: ____/____/____

High School: _____ In Fall of 2024, I will be entering _____ grade.

Shirt Size: XXL ____ XL ____ L ____ M ____ S ____

Dietary Restrictions:

Do you have any Medical Conditions:

Can you swim: Yes _____ No _____

Will parent(s), guardian, etc., be attending the luncheon presentation on Saturday, 11:30 am.

Yes _____ No _____ How many will be attending? _____

Section 2 – Emergency Contact Information

Emergency Contact Person for Participant: _____
Daytime Phone: (____) _____ Evening: (____) _____ Cell: (____) _____
Contact Person Address (if different from participant's address): _____
Relationship to Participant: _____

Parent/Guardian: (if not emergency contact listed above): _____
Daytime Phone: (____) _____ Evening: (____) _____ Cell: (____) _____

As a parent or legal guardian of the participant, I do hereby release and discharge ROTARY, and their representatives from any and all claims arising from participant's involvement in this event. I also give my full permission for the use of participant's name and photograph in this event. I also give my full permission for such first aid as deemed necessary to be provided to participant on the premises or prior to transport to a hospital for further treatment.*

Parent's Printed Name: _____

Parent's Signature and Date: _____

Rotary Club Leadership: Go to DACdb: Calendar and Register your student. The cost per student is \$300. Checks are payable to Rotary District 7360. Enter student name(s) on memo line. Send the check to Jack Lantzy, District Treasurer, at 60 Red Blossom Circle, Shepherdstown, WV 25443. **NO REFUNDS** for cancellations after June 7, 2024.

For each selected participant, return this form and the Parent and Guardian Release of Liability Medication Form to: Dawn Linn, dawnlinn923@gmail.com **NO LATER THAN May 17, 2024.**



Rotary Youth Leadership Awards
ROTARY DISTRICT 7360
Thursday June 15, 2023 to Saturday June 17, 2023 Shepherd's
Spring, Sharpsburg, MD

Parent/Guardian Release of Liability Medication Administration Form

- I grant permission to the RYLA camp nurse to administer the common medications that I have checked below to my child.
- I do not want my child to receive any medications other than what is prescribed by my child's physician while at camp

The following medications are available and stocked at camp. Please check the box of the medications you permit your child to be given while at camp. Medications will be given at the camp per the manufacturer's directions.

Acetaminophen (Tylenol)

- 325mg capsule/tablet
- 500mg (extra strength) capsule/tablet

Reason: Fever, Pain, Injury, Other: _____

Ibuprofen (Advil) 200 mg tablet

Reason: Fever, Pain, Injury, Other: _____

Diphenhydramine (Benadryl) 25 mg tablet

Reason: Allergic Reaction, Rash, Other: _____

Subsalicylate (Pepto-Bismol)

Reason: Nausea, heartburn, indigestion, upset stomach, diarrhea

Generic:

- Cough Drops
- Topical Antibiotic Cream
- Hydrocortisone cream
- Calamine Lotion After Bite (or similar)
- Muscle Rub cream/spray

Name (please print) : _____, _____

Last

First

Signature: _____ Date: ___/___/___

**LET'S
PLAY BALL**



ON **JUNE 15TH** 2024 AT THE NEW BASEBALL STADIUM IN
DOWNTOWN HAGERSTOWN COME OUT FOR A GAME AND PICNIC.

THIS EVENT IS FOR ROTARY MEMBERS, OUR NON-PROFIT
PARTNERS AND THEIR MEMBERS. CLUBS SHOULD INVITE YOUR
PARTNERS TO COME OUT AND ENJOY SOME FUN AND RECOGNITION.

THIS IS A FAMILY EVENT SO BRING THE KIDS

TICKET PRICE IS \$35.00per Person INCLUDES GAME AND PICNIC

TO GET TICKETS, CONTACT GOVERNOR HERB SMITH

CHECKS SHOULD BE MADE OUT TO HERB SMITH

HONDAMAN21740@GMAIL.COM

DEADLINE IS JUNE 5TH MONEY MUST BE RECEIVED BY THEN.

YOUR NAME WILL BE ADDED TO THE LIST AND CHECK IN WILL BE AT THE GATE.
WE WILL HAVE A FEW TABLES SET UP FOR INFORMATION FROM THE ROTARY
CLUBS AND THE PARTNERS IN ATTENDANCE WITH THE SERVICES OFFERED.



Rotary
Rotary Club of Tyrone



Mother's Day Flower Sale

Large Selection!

Reasonable Prices!



G & R Garage

**Corner of 10th and Logan Ave.
Tyrone, PA**

Flowers Provided by Berkstresser's Greenhouse Tipton, PA

Friday, May 10th 9am – 7pm

Saturday, May 11 9am – 7pm

Sunday, May 12, 9am – 5pm



Fourth Annual District 7360 Foundation Walk/Four-Way Test Speech Contest



Come out and enjoy a leisurely walk in one of three locations. The District Foundation Walk includes, from east to west in the district, Muncy, PA area, State College, PA area, and Hagerstown, MD area. It will be held on Friday, May 17, 2024 in Hagerstown and on Saturday, May 18, 2024 in the Muncy and State College Areas. Registrations will begin at 5:00 pm in Hagerstown, MD and 10 am in the Muncy and State College areas and the walk will begin at 6 pm in Hagerstown and in Muncy and State College areas at 11 am. It will take about 20-30 minutes of *leisurely* walking in these communities. In Muncy and State College areas a lunch will be provided at the venue for \$10.00.

This is a district fundraiser for the Rotary Foundation Annual Fund. Each club is encouraged to attend, having at least one representative come out, but the more the merrier! Prior to the walk, members are encouraged to commit an amount and/or have individuals sponsor them for the walk (the money each raises goes toward Paul Harris Fellow points). Since there is no distance to walk, it is that you are walking to raise monies to help to fund the many projects that are funded from our annual giving. The club with the most money raised will be the proud caretaker of the walking stick that travels to the winning club each year. A question has been asked, may corporations donate to the walk – the answer is yes, BUT the amount that they donate will not count toward the club total toward the walking stick but will toward the club total annual giving. Every penny helps others in our communities and around the world, so don't be shy, just ask.

Don't just attend to walk, also take a break between Mother's Day and Memorial Day to slow down for an hour or two, enjoy a nice stroll with old and new friends. Take time to meet others you may not normally have the opportunity to do. Take some time out to fellowship and explore a new area you may never have been to. This is intended to be for the whole family!

Finally, if you attend the Hagerstown walk, another exciting district event is occurring, the Four-Way Test Speech Contest the following day, Saturday, May 18 at 2pm. This is the finals for four students from around the district. It is always exciting and is usually only about an hour. Come out to hear what is on the minds of high school students today and how they defend it with the Four-Way Test. You always come away in awe.

What do I do now? Go to DACdb and go to the calendar, making sure you have selected the button that enables you to see the district events, and sign-up for the location where you will be walking. This gives the three venues an idea of how many walkers they will be expecting and which clubs will be attending their venue. Further details will be emailed to club presidents. Any questions for the Muncy area, please reach out to Barb Morgan, by phone (call or text) 570-412-3368 or email bjmorgan57@windstream.net. Any questions for the State College area and Hagerstown, MD reach out to Susanna Tomlinson at 814-414-1151 tomlinsonsusanna736@gmail.com.



SHOW TIME AND DATE:
THURSDAY, AUGUST 8, 2024
5-8:30 PM

COST:
\$15 NON-REFUNDABLE DONATION
FOR EACH VEHICLE.

* You **MUST** present your admission card to enter.

JOIN US FOR WHEELS IN THE GROVE!

Join us for a night out along Market Street in downtown Selinsgrove. There will be great looking cars, trucks, and motorcycles to discover, music at the Commons by the outstanding local group **Over the Edge**, dining under the stars at some of the best restaurants in the Valley, or trying some of the best food trucks in the area. New for this year, automatic entry into a **cash prize drawing open to all registered exhibitors**, with a **top prize of \$100**, two additional **\$50 prizes** and two **\$25 prizes**. Come and join your friends and neighbors for the fourth annual Wheels in the Grove, support Selinsgrove Rotary, and have a great time!

All participants must be pre-registered. All vehicles will be staged at the **Selinsgrove Area High School parking lot off 500 Broad Street, Selinsgrove PA 17870**, then move to downtown Market Street for parking. We will mail your admission card when we receive your registration form and check.

Cut here and return bottom portion.



NAME _____ PHONE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

CAR ___ MOTORCYCLE ___ TRUCK ___ MAKE _____ MODEL _____ YEAR _____

EMAIL ADDRESS _____

SIGNATURE _____ DATE _____

Liability: In consideration of the right to participate, entrants, participants, and spectators, by execution of this release, discharge the Selinsgrove Area Rotary, directors, or anyone connected with the management or presentation of this event, of any and all known damages, injuries, losses and/or claims from any cause whatsoever that may be suffered by an entrant to his person or property.



**Selinsgrove Area
 Rotary Club**
 f selinsgroverotary.org

*All cars, trucks, and motorcycles MUST be pre-registered no later than **July 31, 2024**.
 Event will be held rain or shine.
 Any Questions: Please Call 570.850.7907

RETURN THIS FORM AND \$15 NON-REFUNDABLE CHECK TO:
 SELINGSGROVE AREA ROTARY CLUB CAR SHOW
 C/O TOM GATES • 3777 PARK ROAD • SELINGSGROVE, PA 17870