

10 foods that's are banned from multiple other countries but are normal, everyday items in America...

1. Twinkies: because of Yellow 5 dye. It's known to cause allergic reactions such as asthma but also contains a known carcinogen that is linked to cancer.
2. Stove Top Stuffing: BHA. Combo of beta-hydroxy acid and butylated hydroxytoluene . Found in butter, meats, cereals, sweets, beer, potato chips and frozen convenience foods.
3. Powder coffee mate creamer contains hydrogenated soybean oil. It is found in potato chips, microwave popcorn, salad dressing, mayonnaise, and crackers. It causes high blood sugar levels and increases inflammation, and the bad cholesterol "LDL" causes heart problems.
4. Skittles: contain yellow 5 and yellow 6 (Titanium Dioxide): found in milk, coffee creamer, candy, . sweets, sauces and chewing gum.

Titanium Dioxide is referred to as the "paint primer" as it whitens or colors certain foods. Titanium Dioxide is also a common ingredient found in paint, adhesives, papers, plastics, rubber, and textiles. It's also very popular in sunscreen products as it acts as a UV filtration ingredient.

5. US Pork! What!? Why?! The biggest issue here is Ractopamine. Ractopamine is widely used as a feed additive in industrial farms. It accelerates weight gain. Not a ton of info on the drug/chemical, but it's currently banned in 196 countries, and the US uses it nationwide in pig farms, cattle farms, and turkey farms.
6. Premade Swiss rolls: Contains Red 40. It is linked to causing cancer and is directly linked to behavior issues in adolescents.

Red 40 is found in anything red and artificial; like fruit by the foot, Gatorade, Twizzlers, fruity pebbles, Splash, Lucky Charms, Trix yogurt, fruit snacks, pop tarts, ice pops, Hawaiian Punch, Jello, etc. Red Dye 40 IS a known carcinogen. Other countries literally use beet juice and cranberry juice to color foods; why does the USA use crap?

7. FARMED salmon contains methylmercury and dioxins. Not to mention antibiotics. Methyl mercury is found in 100% farmed salmon, and methyl mercury is also found in fluorescent lights, batteries, and plastics. Mercury poisoning isn't really feasible when eating wild salmon. It's the methylmercury that is dangerous, especially in a developing brain and "young kids." Methyl mercury has also been known and classified as a "poison" for the past 100 years.
8. Mountain Dew: Common Mountain Dew contains Brominated Vegetable Oil. Bromine used to be used, but now it's only found in Sun Drop and knockoff sodas. Brominated oils cause memory loss, skin issues, and headaches. .
9. Fruit Loops: so many dyes, chemicals, and other bio-engineered products.

They say that about 50% of Americans tend to agree or think that medical conspiracy theories exist, especially with the FDA holding information on "the cure to cancer." The wild thing that struck many people and scientists is that these same folks who embrace conspiracy theories will not change their dietary habits. They believe something may be happening, but they still buy all the banned goods daily.