**District 6980 Polio plus Virtual Half Marathon and 10K**

Get ready to sweat, walk and run for Polio. from wherever you are in the district—this year District 6980 is going completely virtual. And with two different distances for you to choose from (half marathon, 10K), there’s a run that’s perfect for where you’re at. You will be able to track Virtual Half Marathon and 10K

Registration for the District 6980 Polio plus Virtual Half Marathon and 10K is now open—sign up by clicking “**REGISTER FOR THE CHALLENGE”.**

**Steps to register & participate**

1. Click [**REGISTER FOR THE CHALLENGE**](https://raceroster.com/events/2020/28552/seawheeze-virtual-half-marathon-challenge)
2. You will be prompted to log into Account.
3. Log in and authorize access for Race Roster .
4. Select the distance you would like to complete under sub-event.
5. Fill out the form. If you would like to register for both the half marathon and 10K, click on “add another distance” at the bottom of the form, select the additional distance, and complete the form
6. Continue to Checkout
7. Submit your registration.
8. Lace up start your runs, Take a selfie at the beginning and end of each run session you complete, post them on the district website. Also your club face book page as well.
9. Between August 1 – Oct. 22, 2020, record run activity on ditsrict that is at least 21.1km (13.1miles) long if you're completing the Virtual Half Marathon, or 10km (6.2miles) if you’re completing the Virtual 10K. If you registered for both distances you must track two separate activities.
10. Publish the run activity to the district August 1 – Oct. 22, 2020, in order to qualify.

Please note that official finisher medals will be mailed to the address provided at registration.

The above dates and timelines are our best estimates and might need to be adjusted depending upon the impact of COVID-19 and any other events beyond our control.