



## **Packing List**

**Delegate! Keep this Packing List for guidance when preparing for RYLA.**

This packing list is provided for your preparation for the RYLA event at Lake Placid Camp and Conference Center:

### **Required Items:**

Bed Linens- pillow, blanket, sheets or sleeping bag- Required for all Delegates Towels – including BEACH TOWEL

### **Suggested Items:**

Insect Repellant

Sunglasses Sunblock

Hat

Hair tie or rubber band for delegates with long hair

Toiletries- toothbrush, toothpaste, deodorant, etc.

Underwear

Pajamas

Swimsuit and towel-

**Females: One-piece Suits**

**Males: Knee Length Suits**

Shirts- short sleeved shirts, T-shirts - no tank tops Shorts-

Knee Length

Long pants

Closed-toe shoes or sneakers

### **Cell Phones:**

For those who wish to bring cell phones, RYLA cannot be responsible if lost, stolen or damaged. During activities and programs, phones must be shut off.