

[/Newsletter.cfm?print=nprint this page](#)

**Stuart-Sunrise Rotary Club  
Meeting of November 29, 2012  
[www.stuart-sunriserotary.com](http://www.stuart-sunriserotary.com)**

“I joined Rotary for Business and Fellowship, I stayed to Change the World”  
*Rotary clubs do not make communities - Rotary clubs make communities better.*

**President Steve opened the meeting at 7:30AM**

Pledge - Butch Bayley Prayer by Bruce Leyden

President Steve placed thank you letters from the children at Crystal Lake school on all the tables. Obviously, the dictionaries are appreciated.

Bruce Leyden announced that we have a couple of pending fundraisers. The Elliott Museum has an upcoming event where we will be invited to volunteer. Date uncertain.

Port Salerno Seafood Festival is set for Jan. 26th. Last year over 30,000 attended. Admission (\$5) will be charged this time. Money raised is earmarked for the Port Salerno area including building a new commercial fishing dock.

Jane Mills announced that the Rotaract kids cleaned up the road this week in Jensen Beach. She circulated pics of the kids at work. Thanks, Jane.

No "Fishbowl" talk

John Gonzalez filled in for Rock, our missing sergeant-at-arms, for **Happy Bucks**.

He did a great job collecting lots of sports dollars, announcement dollars and contributed himself. Keith Charlton (using an alias) collected the fines.

**Our speaker** was Peggy Ranger of Peggy's Foods, one of the larger purveyors of natural foods in Martin County. The store is in the Cove Shopping Center on US 1. Peggy is a licensed certified nutritionist and offers classes and information on a variety of "Natural" or "Organic" products. To buy healthier foods, she urged shoppers to focus on the outside aisles of the store where the vegetables, dairy and healthier products are located. Peggy asked consumers to look for labels that say USDA organic or 100% organic on the labels. Grass fed beef is a quality and healthier beef product. Peggy offers 20% off all products on the first Tuesday of every month.



**Peggy's very interesting and informative web site is at [www.peggysnaturalfoods.com](http://www.peggysnaturalfoods.com)**

50-50 was sold by Reinhard Bruderer. The winner was Bob Thompson!!

**Next week's speaker** is Sherry Plymale, Chair of Florida Atlantic University's Board of Trustees. Bring a guest to Breakfast! We are seeking new members who will help Rotary improve our community.

Great article in the December Rotarian on page 34. Sal Khan founded his online Khan Academy to help us all understand math, calculus and more!

He is truly making a difference!

Many thanks to **Dave Shoaf** for filling in for me this week. His notes were timely and substantive. The delay in getting this newsletter out is due to solely to me and my difficulties with my computer.

**Harry Lerch, Editor** Comments welcome: [hwlerch@lercheary.com](mailto:hwlerch@lercheary.com)