## Here's What to Pack

Label everything with camper's first & last name! We recommend packing items in a rolling suitcase or rolling duffle bag that is easy for the camper to manage.

Prescription medications

All prescription medications will be collected and dispensed by the nursing staff.

Combination padlock

Toothbrush/toothpaste

Bath soap (travel size)

Deodorant

Shampoo

Hair brush/comb

Sleepwear

Casual clothes (3 days)

Sunscreen (minimum 30 SPF)

Climate appropriate outerwear (jacket/rain poncho)

Socks and athletic shoes (closed-toe, closed-heel, soft-soled shoes required for some simulators)

Old sneakers and clothes that you do not mind getting dirty (for outdoor activities)

Zip lock bags for soiled clothing

Calling Card

Travellers Checks (\$10.00 and \$20.00 denominations for Gift Shop)

Spending money for vending machines.

Towels and Washcloths

Sleeping bag (linens are not provided)

Pillowcase (pillow is provided)

Blanket if desired (some dorm room can be cool)

Notebook

Camera (optional)

Cell phones (used only during personal time)

Please DO NOT bring portable music players, hand-held computer games, skateboards, roller blades, or other expensive items. Trainees will not be allowed to use these during the day's activities, and the US Space and Rocket Center is not responsible for lost or stolen items.