

### **District Leaders**

Frank H. Scott District Governor R. Douglas Buchy **Dottie Meade DG-Nominee** Gregory A. Birkemeyer District Membership Chair (DMC) Heidi E. Schiller District Public Image Chair (DPIC) SUSAN L WILKINSON Assistant Governor Coordinator Ronald F. Hollenbeck Assistant Governor Elizabeth C. Huber Assistant Governor Melinda S. Kelly Assistant Governor Charles E. King Assistant Governor Charles Martz Assistant Governor Michael T. McNeil Assistant Governor Michael N. Moorhead Assistant Governor Mary Elizabeth Nenninger Assistant Governor Frank Perez **Assistant Governor** Boyd A Preston Assistant Governor David P. Spencer Assistant Governor

### **Events**

Susan J. Taylor Assistant Governor

December 1st
District 6670
Christmas Party
February 8th
District Grant
Management
Seminar
March 17th
RYLA 2023
March 26th
District 4 Way
Test Speech
Contest

# A Message from your District Governor - November

My fellow Rotarians:



November is Rotary International Foundation month. We began the month with a Foundation dinner on November 4, 2022 featuring Barry Rassin, Past President of Rotary International in 2018-2019. Barry assumes the role of Rotary Foundation Chair on July 1, 2023. I spent the day with Barry as we began at the Springboro club and spent lunch at the Beavercreek Club. We finished the day with the Foundation dinner in the evening. We had about 50 Rotarians and partners attending and the general feeling was very positive about the dinner program. This was also a good reminder about all Rotarians in our District donating \$100 to Annual Fund Share.

October 24, 2022 was World Polio Day. We do not yet know how many clubs achieved the annual goal for Polio Eradication but I know that all Rotarians in the District understood the importance of this day. In September, 2022 Jennifer Jones, President of Rotary International affirmed Rotary's pledge of \$150 million to Polio Eradication.

Membership continues to be a challenge. I know the clubs are working very hard on new members. According to our Zone Leaders we have 26 net new members as of October 31, 2022.

A good friend, physician and fellow Rotarian shared with me an article about Polio from the October, 2022 edition of the Journal of The American Medical Association. I have attached it for your perusal. I found it quite interesting and it answered a lot of questions about Polio for me. Rotary has been working to eradicate polio from this world since 1979 when six million children were vaccinated in the Philippines.

As I close this Newsletter, please remember that November 29th is giving Tuesday. Last year, The Rotary Foundation received \$1 million on this single day. It would be great to do better this year. Whether we do it by more dollars or more participants, it is a wonderful day for our Rotary Foundation doing good in this world.

## What Is Polio?

Polio is a serious, highly contagious disease that can affect a person's nervous system.

In July 2022, for the first time since 1979, the Centers for Disease Control and Prevention (CDC) reported a case of polio in the US that was not associated with travel outside the country.

\* Poliomyelitis, also known as polio, is an infection caused by a virus (poliovirus). Polio typically affects children aged 5 years or younger. It can result in muscle weakness, permanent disability, and even death. Polio is rare in the US because vaccines to protect against polio are given as part of routine childhood immunizations.

#### How Does Poliovirus Spread?

Poliovirus is highly contagious and easily spreads through personto-person contact. The virus is typically present in the throat of infected individuals for about 1 to 2 weeks and is expelled in feces (stool) for approximately 3 to 6 weeks, even in people without symptoms. Poliovirus enters the body through the mouth and is acquired most commonly through contact with stool of an infected individual or through contaminated food or water. Poliovirus can also be spread through saliva and respiratory droplets.

### Who Is at Risk for Polio?

Individuals at risk for poliovirus infection include those who have not been fully vaccinated against polio. Higher-risk exposure is also associated with travel to countries where poliovirus is circulating in the population.

#### Signs and Symptoms of Polio

Approximately 70% of people infected with poliovirus have no symptoms. About 25% develop flu-like symptoms for 2 to 5 days, such as fever, headache, sore throat, nausea and vomiting, stomach pain, and fatigue. Between 1% and 5% of people infected with poliovirus develop an infection of the covering of the brain or spinal cord (meningitis). Approximately 1 in 200 infected individuals develop muscle weakness or paralysis, which typically occurs 1 to 3 weeks after poliovirus infection. Patients with polio may experience weakness or paralysis of muscles involved with limb movement (legs, arms, or both), breathing, swallowing, or speaking.

#### Polio Diagnosis and Treatment

Source: Centers for Disease Control and Prevention

Patients with symptoms suggestive of polio should have stool specimens collected for viral culture. Once the virus is isolated in culture, genetic testing can identify the type of poliovirus and help determine its geographic origin.

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Polio (poliomyelitis) is a highly contagious viral infection that typically affects children aged ≤5 years and can result in permanent disability and death Approximately 70% of infected patients have no symptom: Approximately 25% have flu-like symptoms such as fever, headache, sore throat, nausea, and vomiting 1% to 5% develop meningitis, which is infection of the covering of the brain and spinal cord. Approximately 0.5% develop muscle weakness and paralysis that can affect limb movement, breathing, swallowing, or speaking. Polio vaccination is safe and highly protective aga The CDC recommends 4 doses of vaccine for all infants and children Each dose is injected into the arm or leg at the following ages: 6-18 months Adults who were not vaccinated as children should receive vaccination. Polio booster vaccine is recommended for individuals traveling to certain areas of the world where poliovirus is more common.

Any person with symptoms suggestive of polio should seek medical care. There are currently no specific treatments for polio and no cure for paralysis caused by poliovirus, but physical and occupational therapy can be helpful.

#### What Is Postpolio Syndrome?

Postpolio syndrome is a noncontagious condition that affects 25% to 40% of people who have had polio approximately 15 to 40 years after their initial infection. Patients with postpolio syndrome typically experience muscle weakness, joint pain, and mental and physical fatigue.

#### How Is Polio Infection Prevented?

Vaccination is safe and highly protective against polio. The CDC recommends that all infants and children receive 4 doses of inactivated polio vaccine (an injection in the arm or leg) at ages 2 months, 4 months, 6 to 18 months, and 4 to 6 years. People who were not vaccinated during childhood should receive polio vaccinations. Individuals who were vaccinated during childhood and are traveling to areas with circulating poliovirus should receive a polio vaccine booster prior to travel.

### FOR MORE INFORMATION

Pan American Health Organization

The JAMA Patient Page is a public service of JAMA. The information and recommendations appearing on this page are appropriate in most instances, but they are not a substitute for medical diagnosis. For specific information concerning your personal medical condition, JAMA suggests that you consult your physician. This page may be downloaded or photocopied noncommercially by physicians and other health care professionals to share with patients. To purchase bulk reprints, email reprints@iamanetwork.com.

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# **Miamisburg Rotary Pancake Day**

The Rotary Club of Miamisburg is proud to announce its 62<sup>nd</sup> annual Pancake Day! Saturday, Dec. 3, 2022 at the Miamisburg High School (1600 Belvo Road, Miamisburg, OH 45342) we will provide pancakes, sausage, drinks, and Santa for the same \$6 per person (children 4 and under are free). The fun community event runs from 7 a.m. to Noon.

Baum Opera House (15 S. First St., Miamisburg, OH 45342). The Pancake Day effort raises approximately \$15,000 for local organizations. The Miamisburg Interact Club assists the Rotarians in this entertaining social and fund-raising event. Tickets may be purchased at the door.



## Bellefontaine Rotary Club's Annual Fundraising Breakfast



Volunteers served pancakes and other breakfast items on Saturday morning, November 5th for the Bellefontaine Rotary Club's annual fundraising breakfast.

Once again, the Rotary Club of Bellefontaine hosted its annual pancake breakfast to raise money for Logan County student scholarships. And once again they surpassed expectations, having to make a run for more sausage and syrup.

"This is our biggest fundraiser of the year," organizer Becky Hoffman said during the event at Bellefontaine High School. "Between this and our lemon shakeup trailer in the summer, we gave \$8,000 in scholarships to students."

Much of the credit goes to their many sponsors who provide funding and product. This year's platinum sponsor — Subway of Indian Lake — covered the live graten Nashdonated the pagester.





radio broadcast during the event. Spartan Nashdonated the pancake mix, butter, syrup and orange juice.

Saturday's turnout was so good, Hoffman started mixing pancake batter at 6 that morning and didn't have a chance to ease up until after 11 a.m. Fortunately, she had a lot of help, including students from Bellefontaine, Benjamin Logan and Riverside schools' Interact Clubs. Several school music groups also performed throughout the morning while Rowdy Rod the balloon artist provided fun for all.

# **Justice Kennedy Visits Batavia Rotary Club**



The Batavia Rotary Club was pleased to host a visit from the Honorable Justice Sharon Kennedy on Tuesday, September 20 (pictured with Batavia Rotary President Harry Snyder).

A member of the Ohio Supreme Court, Justice Kennedy did a tremendous job describing the relationship between the founding of America and the Rotary Four-Way Test.

Justice Kennedy took the Batavia Club on a wonderful and compelling historical timeline of the founding of America, starting with the theory of forming a Republic including the crafting of a Declaration of Independence in 1776. Then through the American Revolution, the ratifying of the Northwest Ordinance at the Constitutional Convention, and the establishment of the Constitution of the United States in 1787. Through this interesting journey of those eleven years spanning the founding of America, Justice Kennedy connected the events of those tremendously crucial years to the very concepts of the Four-Way Test that was established by Rotarian Herbert J Tayler in 1932. She pointed out the many examples of when and where the Founding Fathers displayed their concern for truth, for fairness for all, for the building of goodwill and better friendships, and for creating a country that would be beneficial to all.

Batavia Rotary appreciates the Honorable Justice Sharon Kennedy for the work she does in our state and salutes her for her knowledge of Rotary!

## **Rotary Club of Oakwood Makes Financial Donations**

At the meeting of Friday, October 28th at the Dayton Country Club, The Oakwood Rotary Foundation, the charitable arm of the Rotary Club of Oakwood, presented a \$10,300 check to help fund programming at the Emerge, Recovery and Trade Initiative.

Not yet fully completed, The Emerge program is already gaining national attention for their ground-breaking efforts helping those recovering from substance-use disorder, providing career training, mentorship as well as discipleship.

According to Elaine Bonner, Emerge Director of Philanthropy, the money will also be targeted to build a kitchen for emancipated youth finding themselves homeless upon aging out of the foster care system at 18.

Located in the former Greene County Career Center, Emerge Recovery and Trade Initiative's sprawling 68-acre campus has sprung to life with a new mission thanks to the ambitious efforts of founders Chris Adams, Kip Morris, and Doug Van Dyke, each individual business owners who put up 1.6 million dollars of



their own money to make this happen.

If you'd like to donate to Emerge, Recovery and Trade Initiative, visit their website at <a href="https://www.emergerecoverytrade.com/">https://www.emergerecoverytrade.com/</a>.

PHOTO: CHRIS EPLEY, BRUCE REGER, ELAINE BONNER, MENTOR JACOB SHELLEY

The Oakwood Rotary Foundation also

presented a check in the sum of \$8,500 to Saint Vincent de Paul Social Services on Apple Street in Dayton. According to Executive Director Michael Vanderburgh, the donation will be used to continue providing the homeless in our community the dignity of a safe, clean, sleeping environment by purchasing mattresses, bed bug-resistant bed frames and reading lamps.

For more info about St Vincent de Paul's Drop off and Pick Up services, go to their website at <a href="https://www.stvincentdayton.org">https://www.stvincentdayton.org</a>

# PHOTO: CHRIS EPLEY , UNKNOWN , MICHAEL VANDERBURGH, BRUCE REGER

The Oakwood Rotary Foundation encourages local non-profits to apply for grants of grass-roots initiatives. For more information please go to https://www.oakwoodrota



## **Bellefontaine Club Recognizes 50-Year Member**

The Bellefontaine Rotary Club recognized Robert J. Barnwell on Monday, October 31st for his 50th year as an active member of the club. Barnwell became a member on November 1, 1972 sponsored by the late Harold Marker. Just five years after joining he served as the Bellefontaine Rotary Club President in 1977.

Over the years, Bob has been named a Paul Harris Fellow multiple times. The Paul Harris Fellow program recognizes individuals who contribute, or who have contributions made in their name, of \$1,000 to The Rotary Foundation of Rotary International.

As an active member, Barnwell has been dedicated to causes that build international relationships, improve lives, and create a better world to support Rotary peace efforts and its mission to end polio forever.

Pictured above: Current President Darrin Haubert shaking hands with 50-year member, Bob Barnwell.

