

## The Quest – From Man of La Mancha – Alternative Version

By Bill Fuller

To dream the impossible dream  
To go without let-up or stop  
To stand on one leg without falling  
To sit when I just used to plop

Build strength with a whole bunch of curls  
With dumbbells of maximum weight  
To try when my arms are too weary  
For that goal that makes me feel great

This is my quest  
To follow that star  
No matter how hopeless  
No matter how far

To ride the Nu Step  
Up to work level six  
To be willing to do all of that  
All my weakness to fix

And I know if I'll only be true  
To this glorious quest  
That my body will answer in kind  
Putting off that last rest

And my life will be better for this  
That I ached on the big True Stretch bars  
And strove on the Lat pull and Chest press  
To reach the unreachable stars

With apologies to Joe Darion