

THE GREEN LIGHT

THE ROTARY CLUB OF PEORIA - Club 3238 P.O. Box 5639 • Peoria, IL 61601

Website: www.peoriarotary.org Email: infodowntown@peoriarotary.org

309-676-5432





Weekly Meeting at First United Methodist Church Friday, September 15, 2023 at 12:00PM

Speaker: Chris Manson

Topic: OSF - Ambulances to Ukraine

Can't make it to the In-Person Meeting? CLICK HERE TO JOIN VIA ZOOM Meeting ID: 897 6608 1791 Dial by your location +1 312 626 6799



Dr. Amy Christison, **Peoria Physician**

According to Feeding America, the largest domestic hunger-relief organization in the US, the food insecurity rate in Peoria County is 11.1%, slightly above the national rate of 10.9%. That figure is from September of 2021. The organization also reported almost 21,000 people, including 6,500 children, experienced food insecurity in Peoria County in 2019.

Peoria Physician Dr. Amy Christison spoke to Peoria Rotarians about food insecurity and those numbers, and the on-going effort to reduce them. Dr. Christison is Assistant Residency Program Director (Scholarly Work and Research) at the Peoria School of Medicine as well as an Assistant Professor (Healthy Kids U), who with the aid of three Second-year medical students organized a mobile food pantry that served seventy-three families in 2021.

The Doctor spoke of one of her patients - a 16-year-old girl being treated for obesity. One of the causes of her weight problem was stress: dealing with a life in poverty. But Dr. Christison said "food insecurity" is not only a question of having enough food but having the right kinds of food. The Doctor pointed to the (HEAL) Healthy Eating/Active Living Partnership in Central Illinois which is looking into the root causes of food insecurity. Partners in HEAL include OSF and the Midwest Food Bank.



If you'd like to learn more about the Healthy Eating/Active Living (HEAL) Food System Partners, Click here to read the article recently featured in Peoria Magazine.

FOUR-WAY TEST Rotary 4 Club of Peoria Of the things we think, say or do: 1. Is it the TRUTH? 2. Is it FAIR to all concerned? 3. Will it build GOODWILL and BETTER FRIENDSHIPS? 4. Will it be BENEFICIAL to all concerned? Rotary **CREATE HOPE** in the WORLD

ROTARY ACTION PLAN - VISION

"Together, we see a world where people unite and take action to create lasting change across the globe, in our communities, and in ourselves"

Rotary Club of Peoria 2023-2024 Rotary



Rotary Readers Updates

Our Rotary Readers year is about to begin, and I wanted to remind everyone of the upcoming meeting this Wednesday, September 13th at 4pm in the Trewyn Library to kick off our year. We will go over logistics, answer questions, and talk about the events planned for the kids this year. All volunteers will need to fill out a Peoria Public Schools Volunteer Form (click here to download). If you can fill out the form and bring it to the meeting on Wednesday, that would be great. Please also bring a copy of your driver's license.

For those who cannot attend the meeting, please email mfreidag87@yahoo.com the completed form and a copy of your license and she will get those to Ms. Doty.

An email with the School Calendar / Teams List for this year was sent out on Monday. Your Captain will be reaching out to you about the individual team schedules.

Thank you to everyone who is volunteering this year. Our program truly provides these 2nd graders with confidence and joy in reading!

If you would like to join the Rotary Readers Program, please email infodowtown@peoriarotary.org or mfreidag87@yahoo.com.

Rotary Interact Club



2023 District 6460 Conference / Rotary Foundation Dinner

Rotarians and guests are invited to attend District
Conference & Rotary
Foundation Dinner October 28,
2023 at University of Illinois in
Springfield. Click Here for details & register.

Upcoming Volunteer Opportunities



The 7th Annual CareerSpark Expo is being held on Thursday & Friday, Sept 28th & 29th at the Peoria Civic Center

The CareerSpark Expo - is an interactive work and career readiness experience for 8th-grade students in our region.

They are looking for volunteers to help the high school students navigate the expo. To learn more about this event, please visit the Greater Peoria Pathways Website:

www.gppathways.org/gp-careerspark/

If you would like to volunteer for this event, please visit: https://bit.ly/BeTheSpark23 to sign-up



VOLUNTEER OPPORTUNITY



The Rotary Club of Peoria has been involved with the Goodwill Stand Down for Homeless Veterans for 15 years!! This year's annual event will be held at Goodwill Commons - 2319 E. War Memorial Dr on Saturday, October 14th Volunteers are needed to help between 9AM - 1PM. If you would like to volunteer, a sign-up sheet will be available at the weekly meetings. You can also email the office infodowntown@peoriarotary.org to be added to list.

Please be sure to include your up-to-date phone & email.

Goodwill will contact you about timeslots.







Midwest Food Bank is looking for volunteers to help label and/or package bulk food items so they can be readied for distribution to our food pantries.

Date: Thursday November 2nd, 2023
Time: 1:00pm - 3:00pm

If you would like to volunteer, please click here to sign-up. A sign-up sheet will be available at weekly meetings or email infodowtown@peoriarotary.org to be added to list.

Holiday Social

Rotary Club Holiday Social

Date: Thursday, December 7th, 2023 Location: Tin Lizard Bar & Grill - East Peoria Time: 6:00pm - 8:00pm | *PLEASE JOIN US*

Cost: Members Free | Guests: \$15.00

If you plan to attend, please RSVP by clicking here or emailing (infodowtown@peoriarotary.org)
We will also have a Sign-up sheet available at weekly meetings

All RSVP's must be received by noon, Friday, December 1st, 2023

SEPTEMBER 15th - Meeting at First United Methodist Church Speaker: Chris Manson

Topic: OSF - Ambulances to Ukraine Greeter: Jason Miller Inspiration/Reflection: Shelly Heiden Attendance Prize: Shelly Heiden Meeting Tech: Jason Parkinson

SEPTEMBER 22nd - Meeting at First United Methodist Church Speakers: Chad Bailey & Joseph Monahan Topic: Peoria Christian Center - Youth Sports Greeter: Sue Portscheller Inspiration/Reflection: Edie Barnard Attendance Prize: Jason Miller Meeting Tech: Ryan LaCosse

SEPTEMBER 29th - Meeting at First United Methodist Church Speaker: Shelley Epstein Topic: Are Newspapers Dying? Greeter: Debbie Sippel nspiration/Reflection: Edie Barnard Attendance Prize: Edie Barnard Meeting Tech: Austin Locke

THE NEW ROTARY CLUB OF PEORIA T-SHIRTS ARE AVAILABLE FOR \$15.00! WE HAVE SEVERAL DIFFERENT SIZES -IF YOU DON'T HAVE A ROTARY T-SHIRT - STOP BY THE CHECK-IN TABLE AND PICK ONE UP.



We welcome you to join us at an upcoming Rotary Club of Peoria meeting to see what it's all about.

To learn more about The Rotary Club of Peoria and becoming a member, click the Rotary Membership Image

If you have any questions email infodowntown@peoriarotary.org



Foundation Minute

Rotary FOUNDATION MINUTE - WATER WATER EVERYWHERE?



Premise - Here in Illinois, we are truly spoiled! The Chicago-Land's water source, Lake Michigan is a short walk away, and it contains 6 quadrillion gallons of water, providing a billion gallons daily to all who draw their fresh water supply from it. If we were to empty the Great Lakes onto the entire United States, it would create a lake that was 9.5 feet deep on average across the entire 48 contiguous states. To say the least, we take it for granted.

Problem - 85% of the world's population live in the driest half of the planet, and 683 million people do not have access to clean water.

Pain - Lack of access to clean water causes poverty...not the other way around. Lack of clean water is a breeding ground for disease. Sick people are not productive people. Lack of clean water devastates agriculture which starves people. Starving people are not productive people.

Plan - The Rotary Foundation supports initiatives aimed at expanding access to clean water. We don't just build wells and walk away. Rotary integrates water, sanitation, and hygiene into education projects. When children learn about disease transmission and practice good hygiene, they miss less school. And they can take those lessons home to their families, expanding our impact.

Support OUR Rotary Foundation to help build a world with access to clean water.

Every Rotarian Every Year

EVERY ROTARIAN. EVERY YEAR

Did you know that donors who gave \$25-\$50 contributed more than \$5.1 million to the Foundation in 2020-21? When every Rotarian gives every year, it makes life-changing, sustainable projects possible.

Also in 2020-21:

- \$139 million was given to the Annual Fund.
- 34% of Rotarians donated to the Annual Fund.
- 82% of Rotary clubs supported the Annual Fund.
- · 2,066 global grants were awarded.









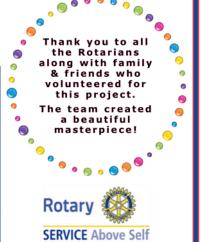


ROTARY CLUB OF PEORIA CHALK ART TEAM

PEORIA'S WAREHOUSE DISTRICT

SATURDAY, SEPTEMBER 9, 2023







The goal of the board is to have all members sign up for at least one committee. (Not limited to one) Please review the attached committees & select the ones you are interested in & reply either to the chair of that committee or the office.

COMMITTEE LIST OF THE ROTARY CLUB OF PEORIA

A/V TECH COMMITTEE

Chair: Austin Locke (Austin@share-builders.com)

Group of members to manage the Technology (Audio, Video, Zoom, etc) during our weekly club meetings.

ADMINISTRATION COMMITTEE

Chair: Randy Neff (rneff@neffvaluation.com)

The Executive Committee, made up of the five officers, meets to oversee the governance of the Club.

THE ROTARY FOUNDATION (TRF) and ENDOWMENT COMMITTEE

Chair: Emily Jacob-Rudesill (emilyj@fosterjacob.com)

Encourages Club Members to actively support the philanthropic opportunities of Rotary through The Rotary Foundation (TRF) and the Rotary Club of Peoria Endowment Fund. The Committee educates the Club about the work and outcomes of TRF and Endowment Fund.

GRANTS COMMITTEE

Chair: Amanda Klein (aklein@inb.com)

Selects organizations to receive hunger and community service grants from the Rotary Club of Peoria.

INTERACT COMMITTEE

Chair: Aaron Kilgore (askilgore64@gmail.com)

Work with high school personnel to organize a student-led service club based on Rotary ideals.

Interact volunteers must submit to a background check and be orientated to the program.

Recruit sophomore Interact members to RYLA (District Rotary Youth Leadership Academy).

Collaborate with the Public Image Committee to highlight Interact activities to the Club and possibly media.

INTERNATIONAL SERVICE COMMITTEE

Chair: <u>Janet Bantz Glavin</u> (<u>jglavin@illinois.wish.org</u>) | Co-Chair: <u>Eileen Setti</u> (<u>esetti@rmhc-centralillinois.org</u>)
Responsible for all aspects of the club's activities relating to International Service such as District international projects or club grants from The Rotary Foundation; and sponsoring Youth Exchange.

MEMBERSHIP COMMITTEE

Chair: Aaron Kilgore (askilgore64@gmail.com)

Plan activities to actively support and encourage membership growth and membership retention.

MUSIC COMMITTEE

Chair: Edie Barnard (PeoriaMusicLady@gmail.com)

Provide any musical needs for the Club, including weekly meetings.

NOMINATING COMMITTEE

Chair: Jana' Stevens (jstevens@cefcu.com)

Nominate a slate of Officers and Directors for approval by The Board and then the entire Membership. Requirements are based on the Bylaws of the Club. The President Elect chairs the Committee and choses the committee members.

ORIENTATION COMMITTEE

Chair: <u>Steve Driscoll</u> (<u>steve.driscoll@goblusky.com</u>)

Informs prospective and new members about all aspects and responsibilities of Rotary membership. Perhaps sponsor follow-up "Rotary 101" sessions after new members are inducted.

PUBLIC IMAGE COMMITTEE

Chair: Jason Parkinson (jason.parkinson@onefire.com)

Promotes awareness and provides information to the public about the Club and Rotary International.

ROTARY READERS COMMITTEE

Chair: Maggie Freidag (maggiefreidag@gmail.com)

Rotary Readers will work in teams of four, with one member serving as team captain. Each team will read with two students all year long. Participation in group activities with the students such as a trip to Tanner's Orchard, are encouraged. Rotary Readers must submit to a background check and be orientated to the program.

SCHOLARSHIP COMMITTEE

Chair: Walter Ruppman (wruppman@comcast.net)

Administers the various Club scholarship activities and programs by working with Peoria High School and ICC in choosing the Blumenthal and Hardin scholarship winners and organizing their celebration at a Rotary meeting.

SERVICE PROJECTS COMMITTEE

Co-Chair: Chuck Gabbert (chuck@ctgabbert.com)

To plan and organize volunteer activities / projects for the Rotary Club Members and their families to participate in.

SOCIAL COMMITTEE

Chair: Colleen Halberg (chalberg@epicci.org)

To plan and organize activities beyond the Friday meetings to promote networking among Club members and their families and to help recruit new members.

STERLING MERIT BANQUET COMMITTEE

Board Liaison: Susie Stockman (susie1026@comcast.net)

Plan and participate in the annual Sterling Merit Banquet which honors the top eight percent of graduating seniors from twelve area high schools. The Rotary Clubs of Peoria, Peoria-North, Farmington and Chillicothe sponsor the event.

The Rotary Club of Peoria serves as the lead club for the event.

(Previously published in the July 16, 2021 edition of the Green Light)

Getting to Know You!

Shelly Heiden and Don Hartshorn By Edith Barnard

The questions below are from <u>The Proust Questionnaire</u>. Its name and modern popularity as a form of interview is owed to the French 19th century writer Marcel Proust. This is a version of my "So You Thought You Knew" column that will appear occasionally! Check out this <u>link</u> and see how you would answer the questions!!!

Shelly Heiden

Which living person or persons do you most admire?

- I admire individuals who excel in spite of extraordinary circumstances:
 - A person who loses a limb, but goes on to be an athlete.
- A person who loses a family member to a disease, but goes on to be a champion for that cause.
 - A person who is born into poverty, but goes on to get a college degree.



Which words or phrases do you most overuse? It's kind of embarrassing, but using the word "darling" when describing something that I think is really cute. I remember once talking to a salesperson on the phone about a buffet that I liked in the catalogue, but wasn't sure that I should buy it without seeing it. The salesperson said it was darling, so I bought it.

Once it came, I did think it was darling.

Which talent would you most like to have? I would love to be a great singer, so I could star in a Broadway Musical. I can only imagine what it would feel like to be up on the stage surrounded by so many talented actors and singers and to be able to perform for an audience every night. What a dream!

What do you most value in your friends? More than anything I value is that my friends are there when I need them. I felt this the most when my Dad died and when my job was eliminated. As hard as those two situations were, I remember feeling so supported and loved. That includes my wonderful Rotary friends.

Don Hartshorn



What trait do you most deplore in yourself? The tendency to Procrastinate.

I often put off to tomorrow what I could just as well do today.

What is your greatest extravagance? Cars. At one point I owned 3 Lexus's.

I gave one to my daughter but I'm shopping for another now.

What is the thing you most dislike about your appearance? My weak chin, which you will notice I work to disguise.

What is the word or phrase you most overuse? "Dadgumit" or "Nuts."

Club Officers

President - Randy Neff

President-Elect - Jana' Stevens

Secretary - Caitlin Behrends

Treasurer- Gina Driscoll

Immediate Past President - Tom McIntyre

Board Members

Robert Brandfass

Melissa Entzminger

Charlie Greer

Emily Jacob-Rudesill

Jason Parkinson

Cedric Volkmer

Contact Us

Melissa Brewer

Executive Secretary

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Office Hours: By Appointment Website: www.peoriarotary.org

