



SERVE TO CHANGE LIVES
CLUB PRESIDENT
Janet Bantz Glavin



THE GREEN LIGHT

THE ROTARY CLUB OF PEORIA — Club 3238
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CHARTERED 1913
CLUB NO. 76

Weekly Meeting at The Warehouse on State

Friday, July 23, 2021 at 12:00 PM

Speaker: Dr. Neal Barnard, New York Times Best Selling Author
Topic: Your Body In Balance: The New Science of Food, Hormones & Health
A limited number of more convenient parking spaces will be reserved by the front door for Rotarians who would appreciate closer access.

Can't make it to the In-Person Meeting? [CLICK HERE TO JOIN VIA ZOOM](#)
 Meeting ID: 897 6608 1791 Dial by your location +1 312 626 6799



Why Inclusion Matters

Last Friday's meeting featured three representatives from Best Buddies in Central Illinois. Best Buddies is a 501(c)(3) organization dedicated to establishing opportunities for individuals with intellectual and developmental disabilities (IDD). That includes people with Down syndrome, Autism, Fragile X, Williams syndrome, Cerebral Palsy, traumatic brain injury and other undiagnosed disabilities.

Peoria Rotarians heard from Ryan LaCosse, Lanada Cunningham, and Tim Jackson. They said Best Buddies efforts are directed in four specific ways: one-to-one friendships, integrated employment, leadership development, and inclusive living for (IDD) individuals. Volunteers are always being sought for those efforts.

Best Buddies is a vibrant organization that has grown from one original chapter to nearly 3,000 chapters worldwide. Their website says Best Buddies has positively impacted the lives of over 1.3 million people with and without (IDD) worldwide.

Best Buddies was founded in 1989 at Georgetown University by Anthony Kennedy Shriver, son of Sargent & Ethel Kennedy Shriver. His brother Timothy is the chairman of the Special Olympics. The brothers have aligned Best Buddies and the Special Olympics for some events.

For more information, please visit [Best Buddies in Central Illinois](#)



Pictured from left to right:

- Tim Jackson,
State Ambassador,
Best Buddies - IL
- Lanada Cunningham,
Prog Mgr. Comm.
Engagement,
Best Buddies - Central IL
- Ryan LaCosse,
Area Director,
Best Buddies - Central IL

Build A Ramp - Service Project Update

Peoria Rotarians Chuck Gabbert, Brian Mooty, Dr. John Hart, Scott Fisher, Tom McIntyre and Ken Silverthorn built a ramp on Sat., July 17th, for a Peoria County man who has trouble walking, and uses a scooter to get around. First, the man's deck outside his mobile home had to be raised eight inches. Then the decking was rebuilt--over a period of eight hours - to allow the safe use of the scooter. A long day but one that ended with a new ramp for a local man.



Donation Wish List



Recyclables:

Wood scraps, especially softer woods
 Decorative papers
 Cardboard of all types – cereal or cracker boxes, egg cartons, toilet paper tubes, etc
 String and ribbon scraps
 Plastic containers (yoghurt, cottage cheese, etc)
 Any interesting paper, cardboard, or plastic recyclables / discarded craft materials are always welcomed!

Purchased items:

Pipe cleaners
 Beads
 Hot Glue Guns & Glue sticks

Note: If you have items to donate, please bring them to the weekly club meeting. Collected donations will be dropped off at the Peoria PlayHouse. Donations can also be dropped off at Peoria PlayHouse - during regular business hours. Make sure to let them know your from the Rotary Club of Peoria and let Melissa know so that we can track our club's support! ~ **Thank you all for your Service Above Self!!**

Volunteer Opportunities



Corn Stock Theater is in need of volunteers to help with the Summer Showcase. They are looking for volunteers to help with the positions listed below:

* **Box Office** (computer skills are not required for Will Call windows & you are in a/c)

For more info or to sign-up, click the link next to the Program Title below.

My Way : volunteersignup.org/434JQ

Shakespeare : volunteersignup.org/8DFHJ

Musical of Musicals : volunteersignup.org/EELYT

* **Concessions** (we will only be providing bottled water this summer & you are in a/c)

For more info or to sign-up, click the link next to the Program Title below.

My Way : volunteersignup.org/CBFAE

Shakespeare : volunteersignup.org/AXC8X

Musical of Musicals : volunteersignup.org/BHBR7

* **Ramps** (a great way to watch the show and volunteer at the same time!)

For more info or to sign-up, click the link next to the Program Title below.

My Way : volunteersignup.org/YQ4QR

Shakespeare : volunteersignup.org/Q3K7T

Musical of Musicals : volunteersignup.org/B39RB

A sign-up sheet will also be available at Friday's meeting.

Upcoming Meetings

July 23rd - Meeting at the Warehouse

Speaker: Dr. Neal Barnard, New York Times Best Selling Author
Topic: Your Body In Balance: The New Science of Food, Hormones & Health
Invocation: Mike Kelley | **Greeter(s):** Tony Beiermann
Door Prize: Tony Beiermann

July 30th - Meeting at the Warehouse

Speaker: East Peoria Mayor John Kahl
Topic: East Peoria Levee District Development
Invocation: Chuck Gabbert | **Greeter(s):** Gina Driscoll
Door Prize: Gina Driscoll

August 6th - Meeting at the Warehouse

Speaker: JD Dalfonso, President & CEO of Enjoy Peoria
Topic: Peoria Area Convention & Visitors Bureau
Invocation: TBD | **Greeter(s):** TBD
Door Prize: TBD

August 13th - Meeting at the Warehouse

Speaker: Amanda Atchey
Topic: Camp Big Sky
Invocation: TBD | **Greeter(s):** TBD
Door Prize: TBD

Club Social

Join us for a fun day at Gabbert's Lake

Date: July 24th | **Location:** Gabbert's Lake
Time: 10am - 3pm

Enjoy fishing, swimming, & cooking out.

Members are encouraged to bring friends, family members & prospective members.

*** Bring a dish to share and lawn chairs if you can! ***

If you have any questions or would like to attend, please call or text Chuck Gabbert - (309) 696-7115 to be added to the RSVP list.

There will also be a sign-up sheet at Friday's meeting.

DIRECTIONS

Go West on Route 24 thru Bartonville, Mapleton & Glasford. Route 24 becomes IL-9 at Banner (go right toward Canton) Stay on IL-9 till you get to 4-way Stop in Canton. (5TH Ave/IL-78) Turn Left on 5th Ave/IL-78 Turn right on New Bridge Road (appx. ½ mile) Cabin is on left, Entrance is about ½ block down on left.



Endowment / Foundation Committee Announcement

At last Friday's meeting, The Rotary Club of Peoria - Endowment & Foundation Committee announced they are requesting proposals for a Capital Project.

To learn more click here ---> [Endowment Foundation Capital Project](#). If you would like to fill out a project proposal form click here ---> [Project Proposal](#).

Please email your completed proposal back to Emily Jacob Rudesill (emilyj@fosterjacob.com) by August 16, 2021.

Thank you all for your Service Above Self!



Getting to Know You!

Don Hartshorn and Shelly Heiden

By Edith Barnard



“Thanks to then Rotary president, eight years ago, Don Hartshorn for giving me the go-ahead to write a few columns about our members so that we could get to know each other better!! Who knew that eight years later, I would still be writing My “So You Thought You Knew” column? I am taking an hiatus from this until January because I am directing “Inherit the Wind” at the GST of the Riverfront Museum. A cast of 32 plus a talented tech crew are my new focus until Oct. 23 and Oct. 24. Already, I have some ideas for new columns for January, 2022! If you want to take over writing these columns until I return, please contact Melissa. What a wonderful group of people to know and to write about!!!”

DON HARTSHORN



What trait do you most deplore in yourself? The tendency to Procrastinate. I often put off to tomorrow what I could just as well do today.

What is your greatest extravagance? Cars. At one point I owned 3 Lexus's. I gave one to my daughter but I'm shopping for another now.

What is the thing you most dislike about your appearance? My weak chin, which you will notice I work to disguise.

What is the word or phrase you most overuse? “Dadgumit” or “Nuts.”

SHELLY HEIDEN



Which living person or persons do you most admire?

I admire individuals who excel in spite of extraordinary circumstances:

- A person who loses a limb, but goes on to be an athlete.
- A person who loses a family member to a disease, but goes on to be a champion for that cause.
- A person who is born into poverty, but goes on to get a college degree.

Which words or phrases do you most overuse? It's kind of embarrassing, but using the word “darling” when describing something that I think is really cute. I remember once talking to a salesperson on the phone about a buffet that I liked in the catalogue, but wasn't sure that I should buy it without seeing it. The salesperson said it was darling, so I bought it. Once it came, I did think it was darling.

Which talent would you most like to have? I would love to be a great singer, so I could star in a Broadway Musical. I can only imagine what it would feel like to be up on the stage surrounded by so many talented actors and singers and to be able to perform for an audience every night. What a dream!

What do you most value in your friends? More than anything I value is that my friends are there when I need them. I felt this the most when my Dad died and when my job was eliminated. As hard as those two situations were, I remember feeling so supported and loved. That includes my wonderful Rotary friends.

Club Officers

President - Janet Bantz Glavin
 President-Elect - Tom McIntyre
 Secretary - Katherine Coyle
 Treasurer- Scott Fisher
 Immediate Past President - Brad Stegall

Board Members

William Albers
 Emily Jacob-Rudesill
 Aaron Kilgore
 Randy Neff
 Kathy Shishilla
 Jana' Stevens

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Rotary Club of Peoria, IL



Rotary



Photo Courtesy of the Journal Star