



The Sunrise

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Sunrise Calendar

Subject to change

This month our meetings are at Naperville Country Club

May

- 2: Regular Club meeting, 7am, NCC – **Brad Wilson**, Naperville Park District
- 3: Garden Clean Sweep at St. Patrick’s Residence
- 9: Regular Club meeting, 7am, NCC – **Debbie Venezia**, director of arts DuPage
- 9: Diaper drive, 8am, NCC parking lot.
- 13: Board meeting, 7am, ZOOM
- 16: Regular Club meeting, 7am, NCC
- 22: Membership development social (**Geoff Roehll**)
- 23: No meeting
- 30: No meeting

*direct ideas for speakers and Club projects to **Ginnie Moore***

Feel the Burn



During a recent trip to Florida, Mary **Ann Bobosky** got a lesson in modern horse medicine from her brother, a veterinarian who uses chiropractic adjustment to treat expensive horses non-invasively. “I’m a farm kid from Naperville,” she said - “I thought I knew it all.” Judging from the reactions, this was news to most of us present at the meeting. But wait! We were even more surprised to learn that horses can benefit from yoga

poses. Seems there are two kinds of horse yoga: 1) the human does yoga poses atop the horse instead of on the much safer ground; 2) the horse performs physical postures (asanas) with human guidance (*Wikimedia horse photo above*).



5K Proceeds Disbursed

Less than a month after overseeing a successful St. Paddy’s Day 5K, **Ryan Siebert** presented three recipient charities with \$15,000 in event proceeds.

(Right): **Ryan** with **Nina Menes**, CEO of Kids Matter (holding check), and **Janet Summerville**, program coordinator for the Teen Philanthropy Initiative.



YMCA Executive Director **Erika Wood** does a “woo-hoo.” **Curtis Walker** heads the Y’s sports programs.

Kim Spayer (left) and **Wendy Gross** representing the Grow Wellness Foundation.



(More)



May 2025 (cont.)

Rockin' Robin

In 1920, **Walter Fredenhagen** bought the Naperville Creamery, which delivered ice and milk for Naperville's burgeoning ice boxes. The creamery was located near what is now Fredenhagen Park. In a stroke of good luck, Borden Milk purchased his business six months before the 1929 market crash.

As described to us by Fredenhagen's grandson, **Tom Castagnoli** (right), in 1931 the entrepreneur teamed with **Earl Prince** to create the Prince Castle ice cream store chain and sell directly to customers, rather than to other vendors. The enterprise grew to 50 stores, with the two men splitting management responsibilities and profits 50-50.



The business evolved, and hamburgers were added to the menu. Then Fredenhagen decided to change the name of his stores to Cock Robin, a familiar local franchise until being overwhelmed by aggressive national fast food chains beginning in the late 1980s

How did the Fredenhagens come up with the name "Cock Robin?" Castagnoli said, "it was the name of someone's boat on the DuPage River...they decided that the name was so bad that it's good!"



A boy points to a billboard touting the One In A Million milkshakes sold at the Price Castle ice cream shop in Naperville, which later became Cock Robin. (Photo by Digital Research library of Illinois history.)

Know Your Rotarian

Shae Hess overcame early-life health setbacks to become an associate advisor at Sebold Capital Wealth Management.

Shae, who joined our club last August, told our March 14 breakfast that he was diagnosed with Type 1 diabetes at the age of nine. He wears a pump linked to a sensor on his arm that keeps his insulin level stabilized.



Shae's childhood was also interrupted by a severe eye condition requiring five surgeries.

In 2000, Shae helped establish Keystone Diabetic Kids Camp in Breinigsville, PA, a week-long sleepover camp for over 100 youths with Type 1 diabetes.



While attending Millersville University, Shae worked at his father's printing company in Pennsylvania. After graduation, he worked in accounts receivable at a large distribution warehouse. He started his professional career doing investment analysis and operations at Northwestern Mutual. Eventually he moved to a more tax/planning job in York, then on to Sebold.

"Sports have always been a big part of my life. I grew up going to NASCAR races with my dad,"

Shae, partner **Chelsea**, and their dog **Arlo**, live in western Naperville.

(More)



May 2025 (cont.)

District Conference Emphasized Unity and Cooperation.



Bonnie Sanchez Carlson outlined the theme of her upcoming term as district governor (25-26) – “Unite for Good.” Looking on are (left) Linda Yates and DG Rachel Osyra.

Trivia Night Success



The winning table

The Elements Room at Hotel Indigo was bulging at the seams Saturday during our sold-out Trivia for a Cause. The event raised funds for high school scholarships for students at the Cherish Watoto in Nairobi, Kenya. The shindig included bar bites, beer, wine, a silent auction, 50/50 raffles, and three rounds of trivia produced and directed by Chuck and Mary Corrigan (below):



Serdar Erkoca welcomed District Governor Nominee Mary Dankowski to our April 11 breakfast.

A new home for Colbert Custom Framing



Stephanie Randall is moving her business from the Market Meadows Shopping Center to 1842 Centre Point Circle, across from the NIU campus on Diehl Road. Among the advantages: dedicated parking, improved design and light fabrication, and improved accessibility to area business clients. Stephanie said the projected opening date is August 1. Until then, the current shop remains open for business.



50/50 raffle winner Carin Schatz won half the \$1,740 payout and promptly donated it back.

(End)