



# The Sunrise

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Bruce Dixon, editor ([dixon-bruce@comcast.net](mailto:dixon-bruce@comcast.net))

## Sunrise Calendar

(Subject to change)

### April 2023

- 7: Good Friday - No meeting
- 10: Neuqua Valley H.S. Interact meeting, 7am
- 11: Monthly Board meeting, 7am, ZOOM
- 14: No meeting
- 21: Club meeting, 7am, Naperville Country Club  
Youth Service Committee, 8:15am
- 24: Neuqua Valley H.S. Interact Banquet, 7-8 am, C204
- 28: Club meeting, 7am, Naperville Country Club

*please direct ideas for speakers and Club projects to **Marion Ruthig***

**Steve Essig** welcomed registrants to packet pickup (PPu) at Naperville Running Company.



**Diane** pitched in at PPU.



## On the Rebound



**Jim Ensign** is rebounding from his February 23 surgery to have a myxoid sarcoma removed from his throat. Eight days later he was back in the Rotary saddle appropriately dressed for his role as course director for our **5K**. And here we needed another rebound for an event crippled in recent years by a combination of Covid-19 and a 2022 race day temperature of nine degrees, cold enough to keep half of the registrants from leaving home.

Not this time. Some 1,200 runners and walkers enjoyed moderate weather. The ranks of Rotary volunteers were stretched to their limit, but Race Directors **Ryan Siebert** and **Mark Schroder** saluted those who stepped up to make the event a success. **Bruce Dixon** thanked **Lauren Zumbach** for photographing runners as they turned north onto Mill Street. The photos are posted on our 5K web site.

Here are a few of those.



**Gary Young, Mary Young, Marion Ruthig, Nan Smith.**



Checking in

(More)





April 2023 (cont.)



Alice likes this car.



John Keough posed with former Sunrise Rotarian and perennial 5K volunteer Mark Rice.



Race day at the big tent



Art Golk (left) with Paul DeKruiff.



Bill Hassett, President Stephanie, Anna Botos and Deb Newman (not shown) stepped up to fill crucial race day PPU data positions.



Ryan Siebert chats with Officer Wayne.



Bill Hogan helped issue shirts.



Caterers Tim and Tom Belgio at the ready.

(More)





April 2023 (cont.)



They're off!



"Are we there yet?"



Chris Kerstin with necklaces for finishers.



At the finish: **Kevin Gensler, Mark Schroeder, and Ryan Siebert.**



Cheerleaders from left: **Ginnie Moore, Lynne Nolan and Alice Wood.**



Is this fun or what?

(End)