



The Sunrise

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March 2022

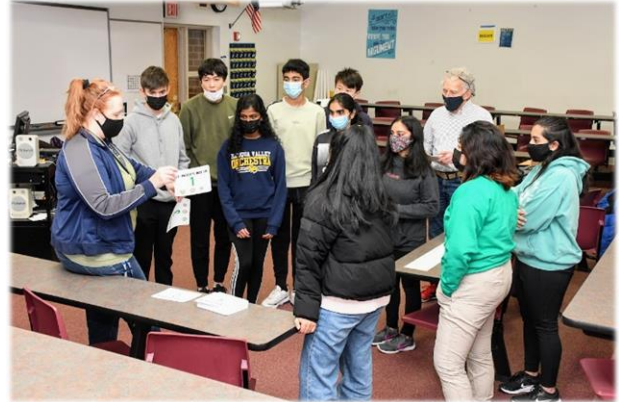
Bruce Dixon, editor (dixon-bruce@comcast.net)

Sunrise Calendar (subject to change)

March - All regular meetings at the Rubin Center, 305 Jackson Avenue, w/ ZOOM option

- 4: Regular meeting, 7am - 5K award recipients
- 4-6: Midwest President-Elect Training (PETS)
Westin Chicago Midwest, Itasca
- 8: Rotary Board meeting, 7am, ZOOM
Youth Services Committee, 5pm, Quigley's
- 11: Regular meeting, 7am
- 12: St. Patrick's Day 5K <https://saintpaddysday5k.com/>
- 17: St. Patrick's Day
- 18: Regular meeting, 7am - **IdaLynn Wenhold**, 4:13 Inc.
- 25: No meeting
- 28: International Committee meeting. 6pm, ZOOM

*please direct ideas for speakers
and club projects to **Srini Namesivayam***



Neuqua Valley High School Rotary Interact sponsor **Gillian Schneider** briefs students on the assembly of race bibs for our upcoming 5K.



Rich Cullen helps Interact students affix radio frequency identification (RFID) tags to race bibs.



Marion Ruthig was officially sworn in February 4 by President **Ryan Siebert**. Marion's sponsor, **Tom Miers** (at left), looks on. Marion is executive director of the Inside-Out Club DuPage.

Bibs & Tags

A dozen Neuqua Valley H.S. Interact students stayed after school Friday to attach timing tags and names to race bibs for our March 12 St. Paddy's Day 5K. Race Committeeman **Rich Cullen** said that as of noon Monday, 687 people had registered for the event. "We have 616 bibs ready to give to runners, including the 529 we completed with the kids on Friday and those I assembled yesterday."

Rich praised the Interact students and their sponsor, **Gillian Schneider** for stepping up. "Gillian and the kids did an awesome job."



Students **Augustine Gallespen** and **Divya Dasari** add runner names to bibs.

(More)



March 2022 (cont.)

Taking Care of Business



Carol Sierzega with Ollie (2020).

Geoff Roehll, Tom Miers and John Keough did a follow-up “mini” Clean Sweep at the home of Carol Sierzega on Greenbriar Court. The original project in 2020 included replacement of deep-rooted bushes with new plantings and arborvitae - and the application of mulch and sod. Carol maintained a steady supply of home-baked brownies and cookies for the 30 Rotarians and volunteers.

“Portals to the Dark Side”



Our resident particle physicist is excited that an idea he has been developing for two years is now published and attracting attention. Mike Albrow seeks to reveal new types of fundamental particles using the Large Hadron Collider operated by the European Council for Nuclear Research (CERN). The goal is a

better understanding of “dark” matter...the mysterious force that is all around us yet is invisible. The particles that Mike seeks may lead physicists to a better understanding of dark matter. CERN explains that, unlike matter that we can see and touch, dark matter “does not absorb, reflect or emit light, making it extremely hard to spot. In fact, researchers have been able to infer the existence of dark matter only from the gravitational effect it seems to have on visible matter.”

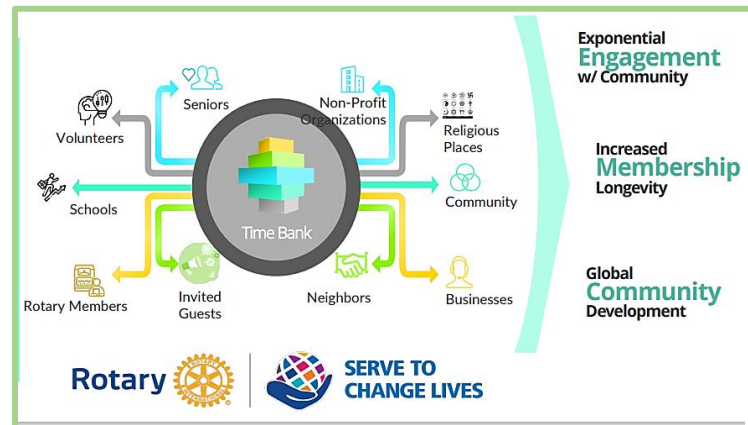
Mike has been a scientist emeritus at Fermilab since “retiring” in 2017.

Time Banking



Rotarian Ankit Shrivastava talked to the Club about an idea that has been catching on among Rotary clubs overseas. It’s called time banking, which Ankit calls “a kind of money” whereby one person can earn a time credit when someone else agrees to give that credit. Put another way, time banking happens “when

a network or circle of members have agreed that they will give and receive credits for services that other members provide.” He added that many community entities - including Rotarians - could benefit from time banking. (see chart).



Ankit explained that a time bank “saves your volunteer and internship hours as social currency in your wallet, where you can exchange them later for services and more.” There are four steps to getting involved:

1. Open your time banking account online
2. Volunteer at one of Rotary partners or affiliated entity
3. Issue your digital certificate
4. Exchange collected hours for services and gifts provided by Rotary partners & affiliates

Credits never expire and can be redeemed globally.

(End)