

MENTAL HEALTH RESOURCES CHILDREN & ADOLESCENTS



● Suicide Lifeline & Resources

988 National Suicide and Crisis Lifeline (call, chat, or text)

- 988lifeline.org

Suicide Prevention Resource Center

- Sprc.org

● Crisis Support

Michigan 211

- Mi211.org

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- 988lifeline.org

Gryphon Place

- Gryphon.org

Bethany Christian Services

- Bethany.org

Catholic Charities: The Ark Shelter

- Ccdok.org

Summit Pointe

- Summitpointe.org

● Mental Health Resources

National Alliance on Mental Illness (NAMI) of SW Michigan

- Namiswmich.org

Ask Family Services

- Askforkids.org

WMU Centers for Counseling and Psychological Services

- <https://wmich.edu/cecp/ccps>

Pine Rest Kalamazoo

- Pinerest.org

Community Healing Centers

- Communityhealingcenter.org

Child Mind Institute

- Childmind.org/resources

Therapists in Michigan (Richland area)

- Psychologytoday.com



RESOURCES CONTINUED



Social App Safety

Protect MI Child

- [Protectmichild.com](https://protectmichild.com)

Bark Parental Control App

- [Bark.us](https://bark.us)

Screen Sanity

- [Screensanity.org](https://screensanity.org)

Bullying

OK2SAY

- [Michigan.gov/ok2say](https://michigan.gov/ok2say)

CARE of Southeastern Michigan

- [Careofsem.com/bullying-prevention](https://careofsem.com/bullying-prevention)

NFL Character Playbook

- [Characterplaybook.com](https://characterplaybook.com)

Substance Misuse

Substance Abuse & Mental Health Services Administration (SAMHSA)

- [Samhsa.gov](https://samhsa.gov)

Integrated Services of Kalamazoo (ISK)

- [Iskzoo.org/our-services](https://iskzoo.org/our-services)

Western Michigan University – Behavioral Health

- [Rehab.com/wmu](https://rehab.com/wmu)

Prevention Works

- [Prevention-works.org](https://prevention-works.org)

Food Insecurity & Housing

South MI Food Bank

- [Smfoodbank.org](https://smfoodbank.org)

Michigan 211

- [Mi211.org](https://mi211.org)

Kalamazoo Loaves & Fishes

- [Kzoolf.org](https://kzoolf.org)

Catholic Charities: The ARK Shelter

- [Ccdok.org](https://ccdok.org)

Salvation Army in Kalamazoo

- [Centralusa.salvationarmy.org](https://centralusa.salvationarmy.org)

Housing Resources Inc

- [Housingresourcesinc.org](https://housingresourcesinc.org)

ISK Housing Recovery Center

- [Iskzoo.org/our-services](https://iskzoo.org/our-services)



RESOURCES CONTINUED



Eating Disorders

National Eating Disorders

- Nationaleatingdisorders.org

WMed Health Adolescent Eating Disorders Clinic

- Wmed.edu

FEAST

- Feast-ed.org

Equip Health

- Equip.health

LGBTQ+

OutFront Kalamazoo

- Outfrontkzoo.org

PFLAG

- Pflag.org

The Trevor Project

- Thetrevorproject.org

Trans Lifeline

- Translifeline.org

Relationship Support

Love is Respect

- Loveisrespect.org

Disabilities

Disability Network Southwest Michigan

- Dnswm.org

The Arc Community Advocates

- Communityadvocates.org

Learning Disabilities Association of Michigan

- Ldaofmichigan.org

Kalamazoo Autism Center

- Wmuace.com/kac