



A PUBLICATION OF DAYBREAK ROTARY CLUB OF JOPLIN - DISTRICT 6110
 CHARTERED MARCH 11, 1991 - CHARTER YEAR (91/92) PRESIDENT - ROY FREUND - 2018-19 PRESIDENT - JOHN HUIJSING
 FRIDAY MORNINGS, 6:45 A.M. - HOLIDAY INN, JOPLIN, MISSOURI

"Service Above Self"

<http://joplinDaybreak.org>

Friday, February 8, 2019

Today's Daybreaker

Brent Baker

Today's Program

**4-Way Speech
Contest Winners**

Upcoming Events

February

- 2/25 Daybreaker: Grant Testerman
- 2/22 Club Assembly

March

- 3/1 Daybreaker: Rebecca Hutchinson
Program: Jasper Co. Presiding Judge Gayle Crane & Erik Theis, Court Administrator
- 3/7 Board Meeting
- 3/8 Daybreaker: Bob Heiniger
Program: Kevin Badgley - MO Dept. of Conservation
- 3/15 Daybreaker: Michelle Holloman
Program: Dr. Phelan
- 3/22 Daybreaker: Linda Scorse

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IMPORTANT ITEMS

- Please remember to check your name on the attendance at the door & if eating or not.
- Please put cell phones on silent before the meeting.
- We understand that a member may sometimes need to leave the meeting early. If you do, please leave before the speaker begins his/her program.
- eCLUB ONE (electronic make-up). Effective immediately, you now have the opportunity to process your make-ups on-line. Simply go to the website: www.rotaryclubone.org and click on "make-up info" to complete the short form, or just go to our website and click on "electronic make-up."

Rotary clubs fight opioid epidemic

New York Rotary members used support from international partners to help them fight a major U.S. problem: opioid addiction.

After attending a wrenching funeral for a young man who died from an opioid overdose, Lana K. Rouff, a member of the Rotary Club of Binghamton, New York, USA, knew she had to do something.

"It was awful," says Rouff. "I was so shaken by the shock and sadness at the funeral. The experience really stuck with me but also sparked me to do something."

Rouff immediately talked with her fellow members, as well as other local clubs, about how they could alleviate the crisis in their communities in central and southern New York.

After months of doing research and consulting with health officials, substance abuse experts, educators, and media professionals, they had a plan: a Rotary Foundation global grant project, totaling more than \$107,000.

The project's initiatives would support those directly affected by the epidemic, educate communities about preventing and treating opioid addiction, and prevent drug abuse among local young people by training them in leadership skills and healthy decision making.

But they still needed one more thing to meet The Rotary Foundation's requirements and secure the funding — international partners.

Rouff again turned to Rotary's 1.2 million members in 35,000 clubs around the world. She found the support they needed.

A Rotary club in Mexico was the first to volunteer, and then a Rotary club in Canada. Also the Rotary clubs of Coimbatore Central and Madras Coramandel of India donated significant funds to keep the project going.

Harnessing international support

Finding people outside of the U.S. to help with a predominantly American problem wasn't easy, says Rouff.

"It wasn't out of indifference to a problem in

the U.S.," says Rouff. "There just isn't a strong understanding outside the country of how bad the opioid crisis really is."

It took six months of searching before Rouff's club connected with the Rotary Club of Tijuana Oeste, Baja California, Mexico. Sofia Sotomayor Magana rallied her fellow members to be the project's international sponsor because she believed it was important to show support for their northern neighbors.

The Rotary Club of Mississauga-Meadowvale, Ontario, Canada, also contributed funds and support to the project. Member Claudine LaRochelle says that the opioid crisis isn't confined to the U.S.; provinces in Canada are also affected. Opioid-related overdoses killed 9,000 Canadians from 2016 to 2018. These overdoses are now the leading cause of death among Canadians ages 30-39.

Providing information and tools

Today's opioid crisis is the deadliest drug epidemic in U.S. history. The U.S. Centers for Disease Control and Prevention estimates that each day more than 130 people die from opioid-related drug overdoses, and millions more struggle with addiction. Since 2011, drug deaths in the U.S. have outpaced those caused by firearms, motor vehicle crashes, suicide, or homicide. In New York, it's the leading cause of accidental deaths.

Children and teens are not exempt from the crisis — nearly a quarter of U.S. high school seniors have had some exposure to prescription opioids — but they are the best targets for education and prevention, Rouff says.

Over the past year and a half, the global grant funded a series of weekend seminars that brought together nearly 50 high school students from 11 schools. They gathered at the Heart of New York Teen Institute in Syracuse, New York, to gain the knowledge and confidence that will help them lead drug-free lives and the leadership skills to educate their peers about the dangers of drugs and alcohol.

"We want to help produce the next generation of role models," says Rouff. "We exceeded our expectations on this front."

Participating clubs led a broad public-awareness

Birthdays

Adam Maggard.....	2/01
Dale Janssen.....	2/14
Bob Heiniger.....	2/22

continued on back

Opioids (CONTINUED)

campaign with critical information, such as the signs and symptoms of abuse, and resources like 2-1-1, the local hotline for prescription drop boxes. Rotary members designed, produced, and distributed more than 60,000 informational flyers, brochures, and postcards in their communities.

"We put them up everywhere we could," Wickman says, which included schools, municipal buildings, medical and legal offices, churches, and Rotary meeting locations. Teachers even enclosed the materials with students' report cards and other mailings to parents.

The project grant also funded online ads, social media campaigns, and local TV and radio spots that listed ways community residents can help mitigate the opioid crisis and its devastating consequences. Club members created a Facebook page and YouTube ads as well.

The clubs also directed funds to the Addiction Center of Broome County to help pay for medical and administrative supplies, transportation vouchers to get patients to the clinic, and three drop boxes for safe disposal of prescription drugs. Each month, the police department collects and incinerates the unused drugs.

Hope for the future

In their research for the project, Rouff and Wickman went on a "listening tour" across central and southern New York, visiting Rotary members who have been affected by opioids.

The first lesson from the harrowing stories they heard: The epidemic affects families of every ethnic background and socio-economic standing. "Rich or poor, we saw it all," says Rouff.

"I must admit that this hasn't been my favorite experience," Wickman says. "We worked with folks who have lost children and other family members. It was really heartbreaking."

The two project leaders did some talking, too, recruiting members to get involved with their initiatives. Given the stigma associated with drug use, Wickman expected to encounter some resistance. "But just the opposite is happening," she says. "They are eager and willing to get involved. It gives me hope that projects like this can happen across the country. Rotary has the resources and know-how to tackle this problem. Nothing is too big for us."

Rouff acknowledges that the opioid addiction epidemic has no simple solutions. "But if the project can save one life, it's worth it."

By Ryan Hyland

SMILE!

A guy bought his wife a beautiful diamond ring. After hearing about his extravagant gift, a friend of his said, "I thought she wanted one of those sporty four-wheel-drive vehicles."

"She did," he replied. "But where was I going to find a fake Jeep?"



Brian had asked Dave to help him out with cutting his rather large garden hedge after work, so Dave went straight over to Brian's home.

When they got to the front door, Brian went straight up to his wife. He gave her a big hug, told her how beautiful she was and how much he had missed her at work.

When it was time for supper, he complimented his wife on her excellent cooking, kissed her and told her how much he loved her.

Once they were cutting the privet, Dave told Brian that he was surprised that he fussed so much over his wife.

Brian said that he'd started this about six months ago, it had revived their marriage, and things couldn't be better. Dave thought he'd give it a go.

When he got home, he gave his wife a massive hug, kissed her and told her that he loved her. His wife burst into tears. Dave was confused and asked why she was crying.

She said, "This is the worst day of my life. First, little Nicky fell off his bike and twisted his ankle. Then, the washing machine broke and flooded the basement. And now, you come home drunk!"



Friend #1, "Are you visiting us tomorrow? Do you need directions?"

Friend #2, "I'm all set. I have the address, a GPS and a GPS override."

Friend #1, "What's a GPS override?"

Friend #2, "My wife."



THE ROTARY 4-WAY TEST

- Is it the **TRUTH**?
- Is it **FAIR** to all concerned?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- Will it be **BENEFICIAL** to all concerned?

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 Pres. Nominee Michelle Holloman
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District 6110

District Governor Jayne Lowe
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 Asst. Governor Ann Petersen

WHERE YOU CAN MAKE UP NEAR "DAYBREAK"

Makeup meeting must be made up to 28 days prior or after a regularly scheduled meeting

TUESDAY

Miami, OK - noon Paul Thomas Family Center
 Pittsburg, KS - noon Via Christi Hospital
 Springfield, MO - noon Kentwood Hall

WEDNESDAY

Bentonville, AR noon Does Eat Place
 Frontenac, KS 1st & 3rd noon Sacred Heart Catholic Church

Grove, OK noon First Methodist Church
 Neosho, MO noon The Civic

Rogers, AR noon Embassy Suites
 Webb City/Carl Junction noon Granny Shaffer's Banquet Center

THURSDAY

Carthage 1st & 3rd 6:30 pm Cherry's on the Square
 Joplin Club noon Twin Hills Country Club
 Springfield SE noon Ocean Zen