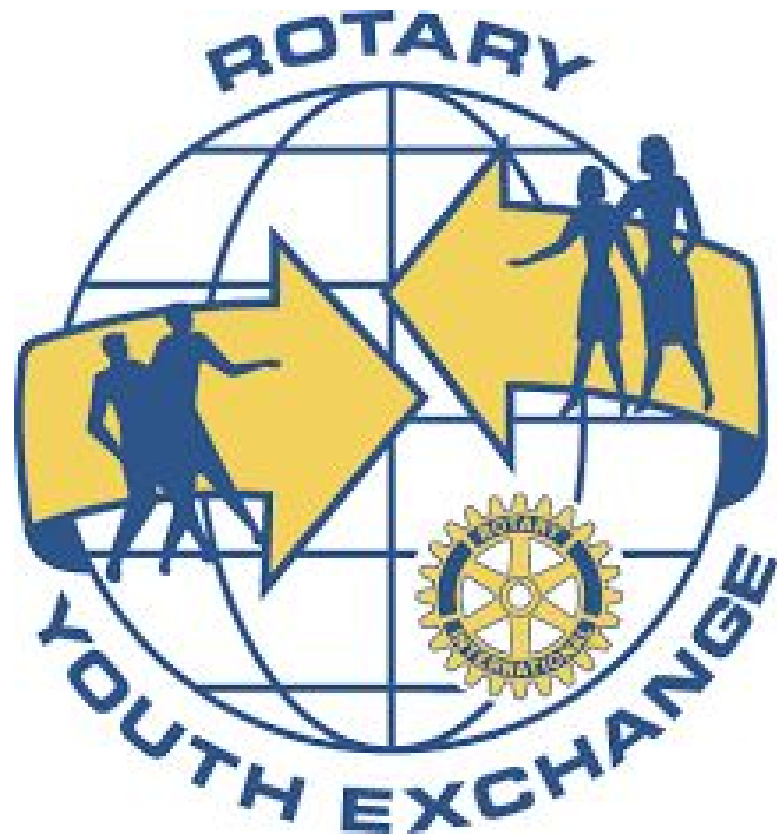


RYE in Colombia

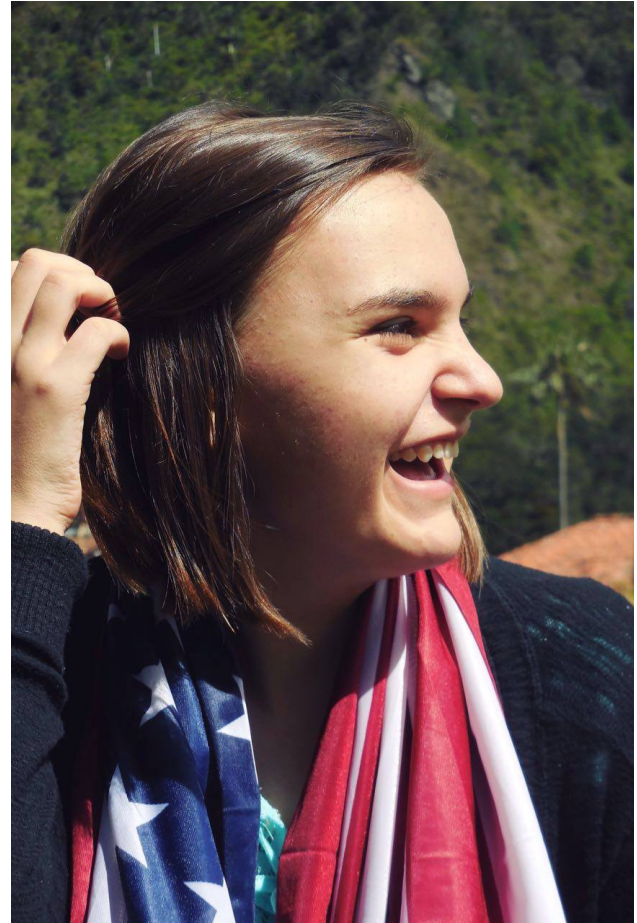
Anna Meadows

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How Exchange Changed Me

- Communication
- Understanding
- Confidence
- Independence
- Control





Why I Love Colombia

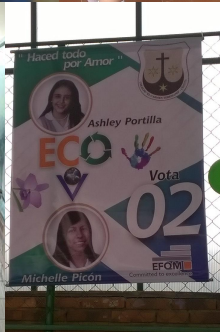
- Determined
- Resourceful
- Passion and Joy
- Importance of Family
- Openness and Inclusiveness
- Respect
- Natural Beauty







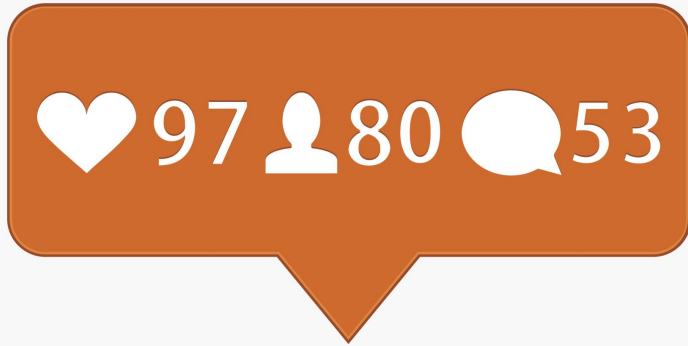






The Instagram Dilemma

- The Highlights
- Glaze over the “boring” or “daily”
- Cuts short real conversation



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