

The Object of Rotary ...

is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- 1) The development of acquaintances as an opportunity for service;
- 2) High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- 3) The application of the ideal of service in each Rotarian's personal, business, and community life;
- 4) The advancement of international understanding, goodwill, and peace through world fellowship of business and professional persons united in the ideal of service.

Rotary Club of Crestwood-Sunset Hills ...

has been serving the Crestwood and Sunset Hills communities and District 6060 since 1960. Money raised through fundraising is donated to local, national, and international charities. Over \$600,000 has been donated since 1982.

District 6060 ...

runs along the eastern border of Missouri, from Hannibal in the north to the bootheel. District 6060 contains approximately 70 Rotary clubs and 3000 members.

The Four-Way Test

The Four-Way Test is a simple but profound statement:

Of the things we think, say or do

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?

*Rotary Club of Crestwood-Sunset Hills
P.O. Box 270267
St. Louis, MO 63126*

*Luncheon Meetings on Wednesdays
12:00 p.m.
Holiday Inn - Route 66
10709 Watson Road
St. Louis, MO 63127*

*email: info@cshrotary.org
web: www.cshrotary.org*



Rotary Club of Crestwood-Sunset Hills

District 6060
Missouri
USA



"Service Above Self"

The Five Avenues of Service ...

Community Service

- Our Club has provided financial support to numerous local, national, and international groups and charitable interests.

Some of these include:

- Rotary Leadership Conference
 - Lindbergh Student Scholarships
 - National Council on Alcoholism and Drug Abuse
 - Caring Solutions
 - Midwest Braille Volunteers Inc
 - DARE
 - Lindbergh Schools A+
 - Lindbergh Renaissance Program
 - Local Parochial Schools
 - South County Baptist Church Outreach
 - American Red Cross
 - Lindbergh Space Camp
 - YMCA
 - Boy Scouts & Girl Scouts
 - Angels' Arms
-
- Members provide leadership in their local school districts, in their churches, synagogues, and not-for-profit agencies, as well as professional and trade organizations
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- Many members are actively involved in various community service projects benefiting local parks and recreation

Fundraisers

Members have raised and distributed over \$600,000 and participate through these projects:

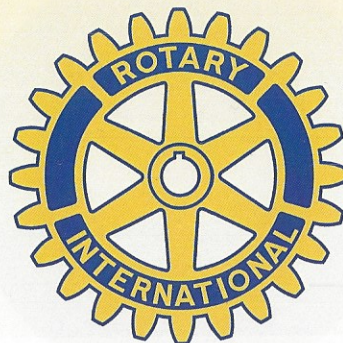
- Rotary Arts & Crafts Fair
- Rotary Trivia Night

Vocational Service

- Currently, members are active in the fields of law, accounting, banking, financial services, funeral administration, law enforcement, public service, religion, and small business ownership.
- Rotarians speak about their professions in local schools, and benefit from meeting Rotarians in various vocations from around the area and around the world.
- Our club honors local businesspersons that best exemplify the ideals of Rotary.
- Our members participate in Crestwood-Sunset Hills Area Chamber of Commerce events.

International Service

- Strong support of The Rotary Foundation and Rotary International
- Polio Plus, working to eradicate polio worldwide
- International Ambassadorial Scholarships
- Group Study Exchange
- Youth Exchange
- Donations to World Community Service and Disaster Relief
- Eye surgeries for foreign nations
- Construction of wood stoves in Guatemala



New Generations Service

- Our Club hosts Rotary Youth Exchange students in a year-long experience as foreign exchange students at Lindbergh High School
- Our Club sponsors Interact Clubs at the High School and both Middle Schools in the Lindbergh District, which are school-based service clubs engaged in both local and international projects
- Our Club sponsors students from Mehlville and Lindbergh High Schools who attend the Missouri Rotary Youth Leadership Academy (RYLA)
- Our Club sponsors Ambassadorial Scholars, who return to our club after their time abroad to relate their experiences

Club Service

- Weekly meetings provide for friendship and fellowship over lunch
- Club projects and social activities keep members and families involved
- Weekly email newsletter provides information to members to keep them up to date on club activities and monthly board meetings
- Informative meeting programs cover a broad range of local and national topics. A sampling of **recent programs** would include the following:
 - Circus Flora
 - Dream for a Day
 - Federal Reserve Bank
 - Forest Park Forever
 - Lambert Field USO
 - Lindbergh High Interact Club
 - Lindbergh Music Programs
 - Missouri History Museum
 - MODOT
 - Museum of Transportation
 - Nurses for Newborns
 - Opera Theatre of St. Louis
 - Ronald McDonald House
 - St. Louis Cardinals
 - St. Louis County Parks
 - Wild Bird Sanctuary

Feed the Knowledge

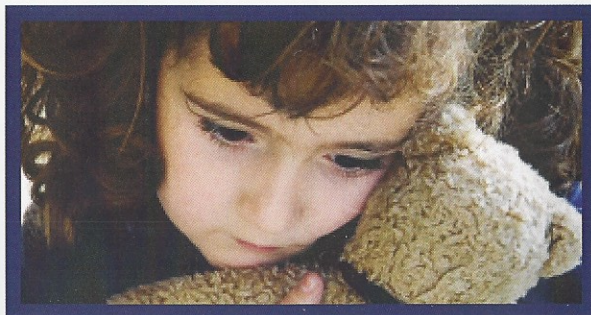
Additional Programs

Rotary Pantry Funding

Crestwood-Sunset Hills Rotary also provides monetary support to students at the discretion of the school counselors. These funds are used to purchase eye-glasses, school supplies, back-packs, immunizations, shoes, clothing, and much more. Requests are made by teachers and staff, and approved on a case-by-case basis.

Operation Warm Program

In conjunction with Operation Warm (a national non-profit) and Columbia Sportswear Crestwood-Sunset Hills Rotary also provides winter coats to students grades K-12. The average cost is about \$20 for a quality brand-name coat that children are proud to wear and call their own. You can support this local program at <http://www.operationwarm.org/crestwood-sunsethills>



Rotary



Crestwood-Sunset Hills
Rotary Foundation
P.O. Box 270267
St. Louis, MO 63126

314-729-3636
www.cshrotary.org
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Rotary



Feed the Knowledge

Curbing child hunger in OUR community...
...A Crestwood-Sunset Hills Rotary Program

Did you know?

Did you know that over 3,900 children receive free or reduced lunches in the Mehlville and Lindbergh School Districts? Some of these families need only moderate assistance to subsidize the weekly cost. But outside of school, more than 10% of these children worry about where their next meal will come from. This is especially true for the weekends.



Through relationships with the school district counselors at both Lindbergh and Mehlville, the Crestwood-Sunset Hills Rotary Club has identified this area of need. Rotarians began providing week-end meal bags to 25 students in 2 elementary schools in the fall of 2013. Initial funding was in part provided by a grant from Rotary International. The program has already grown to 43 students in 3 elementary schools for the winter semester 2014. This funding in part was provided by the Crestwood Sam's Club. The estimate for the fall semester of 2014 is 100 students in 8 elementary schools.

Special Delivery!

Putting together kid-friendly non-perishable packages can be quite the challenge. Here is what a typical Weekend Package may look like.

The items included in the bag are:

- 3 Breakfast items
 - Quaker Instant Oatmeal
 - Kelloggs Cereal Fun Pack
 - Kelloggs Pop-Tarts
- 1 Fruit
- 1 Juice
- 1 Milk
- 3-4 Lunch/Dinner items
 - Chef Boyardee Beef Ravioli
 - Del Monte Whole Kernel Corn
 - Campbell's Noodle Soup
- 3-4 Snack items
 - Snyder's Mini Pretzels
 - Snack Pack Pudding
 - Sunshine Cheez It Crackers
 - Austin Zoo Animals

The goal is to provide nutritious, kid friendly, easy to prepare food to the students on Friday before school is dismissed for consumption over the weekend. A critical component to a healthy life is nutrition. Good nutrition is important in establishing and maintaining a good foundation that has implications on a child's future physical & mental health, academic achievement, and economic productivity. With your help, the Crestwood-Sunset Hills Rotary can grow this program and curb child hunger in our own community!



"The children seemed so grateful to have the bags of food to put in their backpacks, walking away with happy faces. So many children are food-insecure now, and of course, we do have our share. Children can not thrive if they don't have enough nourishment, so programs like these fulfill such a basic need."

**-Mary Kay Scott
Counselor, Sappington Elementary**

A Growing Need

Our current pilot program is serving those most in need, as identified by teachers and counselors. When these children miss meals, their performance at school suffers and they fall behind.

With your financial support we can expand the program to more elementary and middle schools in South St. Louis County. Please consider sponsoring one or more children. Your donation combined with the efforts of Crestwood-Sunset Hills Rotarians will help those most in need.

Donor: _____
Address: _____
City: _____
State: _____ Zip: _____
Email: _____
Phone #: _____

For the 2014-2015 school year, I will:

Sponsor 1 child	\$175
Sponsor 2 children	\$350
Sponsor 3 children	\$525
Make a Donation of	\$

I prefer to pay by:
Check (Enclosed)
Make checks payable to CSH Rotary.
Credit Card:
(Authorization Form Required)
*CSH Rotary is currently establishing a 501(c)(3) Non-Profit.
Donations will soon be tax-deductible.



**GET MORE
OUT OF MEMBERSHIP.
CONNECT
FOR GOOD.**



Your Rotary membership starts in your club.

Getting involved will develop your leadership skills and knowledge and build lifelong friendships.

Rotary brings together leaders — people like you who want to make a difference. We're here to provide you with the resources and opportunities to improve your community and create change in the world.



CONNECTING FOR COMMUNITY

The top two reasons people join Rotary are to give back to their communities and to connect with like-minded leaders and friends. Our members stay with Rotary year after year for the same reasons. What motivated you to join Rotary? What have you set out to accomplish with your club and as a Rotarian?

OUR COLLECTIVE IMPACT

Rotary brings together people like you — leaders from all cultures and occupations who want to use their distinct expertise for good. People whose sense of responsibility inspires them to give back to their communities. Who step forward to tackle the toughest challenges — and persevere to create lasting change in communities around the world.

Together, we empower youth, improve health, promote peace, and advance our communities in all corners of the globe.

With 1.2 million members worldwide, our global community's impact has never been greater — and it continues to grow.

When Rotarians come together and commit to a cause, like our PolioPlus initiative, the magnitude of our impact is clear. And with the ongoing support of Rotarians like you, we will continue the fight to End Polio Now.

You joined Rotary because you want to make a difference. Because you believe in our motto: Service Above Self. Because you're committed to integrity and making change happen, and because the areas that we focus on are important to you.



Water and sanitation global grant provided new toilets and clean water facilities and encouraged good hygiene and disease prevention for 2,500 students in four schools in Adana, Turkey.

Sponsors:
Rotary clubs of Adana-Cukurova, Turkey, and Frutal, Brazil



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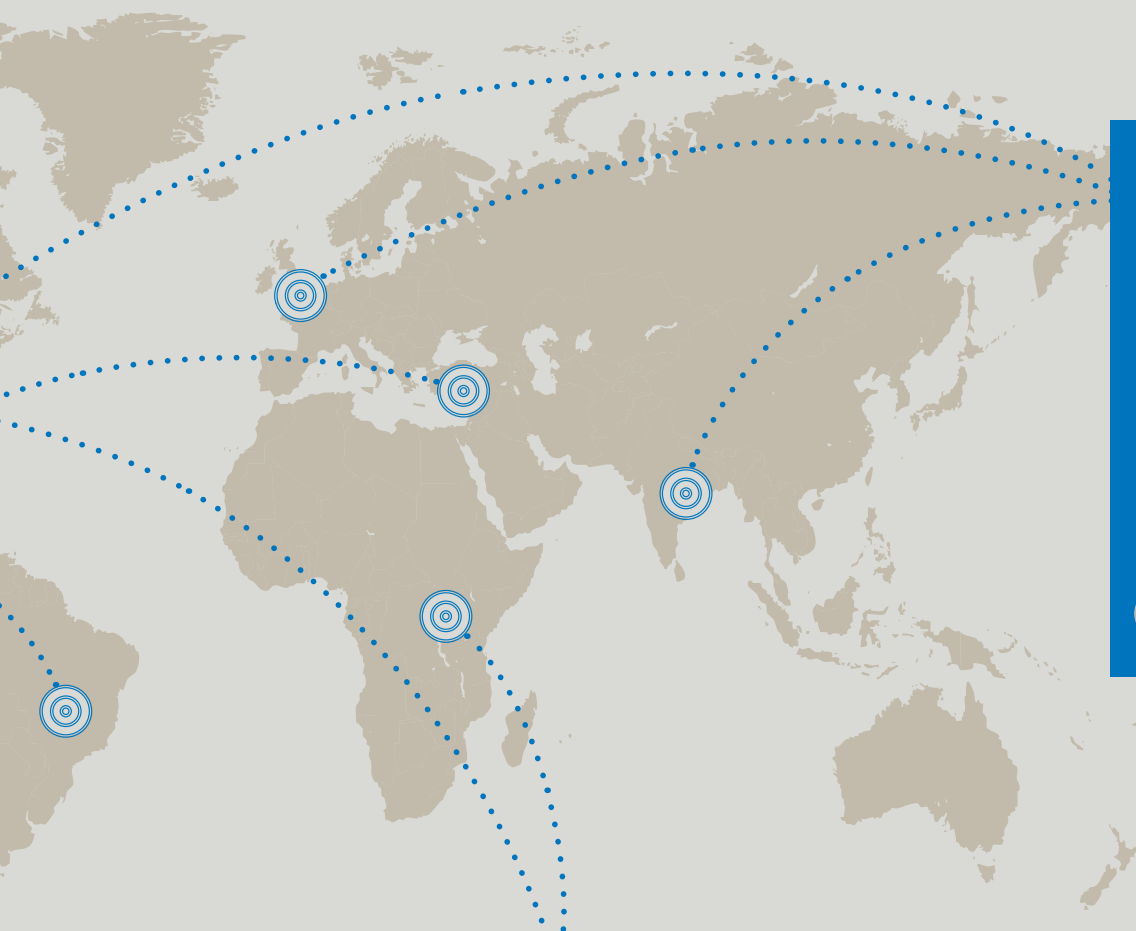


Peace and conflict prevention/resolution



Disease prevention and treatment

Rotary's 1.2 million members combine their resources and connect across the world to move communities forward with clean water, health initiatives, education, and more.



Economic and community development global grant supported a grant recipient's plans to expand Jhoole, the nonprofit clothing business she started to help impoverished women weavers in India.

Sponsors:
Rotary Club of Crystal Palace & Norwood, Greater London, England, and District 6420 (Illinois, USA)



Adopt-a-Village global grant renovated a schoolroom and provided books, computers, and furniture; installed a water harvesting system; supported a vocational training team focusing on health issues; and formed and trained 25 microcredit groups in Nkondo, Uganda.

Sponsors:
Rotary Club of Kampala-North, Uganda, and District 5340 (California, USA)



Share stories about your club's connections at blog.rotary.org.



Water and sanitation



Maternal and child health



Basic education and literacy



Economic and community development



GET INVOLVED

When you get involved, it's not just your community, club, and projects that benefit — you benefit, too. As an active Rotarian, you'll develop skills like public speaking, project management, and event planning. You'll meet interesting people from your community and from around the world. You'll tackle local issues that are important to you and your fellow club members. You'll feel the shared sense of purpose that comes from working together to better your community.

When it comes to being an active Rotarian, the opportunities are endless. Here are some ways to get involved.

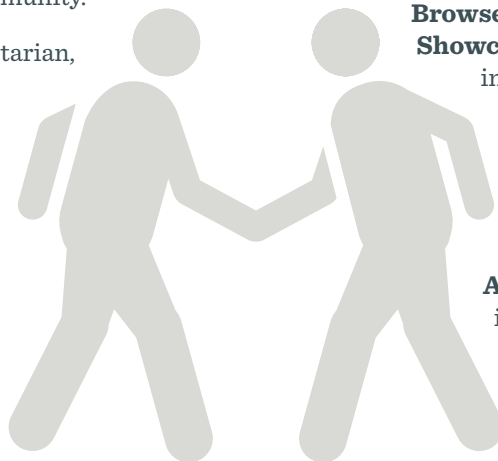
START LOCAL AND HELP YOUR COMMUNITY

Volunteer to help with your club's signature service project.

Get involved with one of the programs sponsored by your club.

Identify a need in your community and design a hands-on project that addresses it.

Collaborate with other clubs in your area, including Interact and Rotaract clubs, on a joint service project or event.



Share your ideas about how to achieve club and project goals with club leaders, and take the lead on carrying them out. Your suggestions could become the next big initiative in your community.

GO GLOBAL THROUGH ROTARY

Participate in Rotary's international service projects.

Browse others' projects on Rotary

Showcase at www.rotary.org to inspire local initiatives.

Support The Rotary Foundation, which provides millions of dollars in grants for Rotary's humanitarian service efforts around the world.

Attend Rotary events to exchange ideas and celebrate with members around the globe.

Host a Rotary Youth Exchange student visiting your district, and learn about another culture.

Learn with other Rotarians by attending the Rotary International Convention.

Give to PolioPlus and join the movement to End Polio Now. For only 60 cents, you can vaccinate a child against polio.



GET CONNECTED

Rotary is all about building lifelong friendships — connecting with fellow Rotarians across communities, cities, countries, and cultures. Just one connection can lead to a great partnership.

ONLINE

Update your Rotary profile

at www.rotary.org to receive information tailored to your interests and connect with members who share those interests.

Use your Rotary profile to connect with club leaders and get the information you need to participate in projects and your community.

Discover inspiring stories of fellow Rotarians at Rotary Voices, the official Rotarian blog.

Learn about service projects worldwide at Rotary Showcase and put your club's projects on display, too.

Explore Rotary grants at www.rotary.org/grants to learn how to apply for global and packaged grants for international humanitarian projects.

Use social media to reach out and start conversations. Inspire others to follow your lead and spread the word about Rotary.

OFFLINE AND IN-PERSON

You don't have to use a computer to make a connection. Outside of your club meetings, there are lots of opportunities to meet with other Rotarians in person. Here are a number of ways to get started.

Make Rotary a family affair.

Explore Interact, RYLA, and Rotary Youth Exchange opportunities for your kids and invite your spouse to your club's meetings.

Attend the RI Convention. Meet and celebrate with other members from around the world and learn how to expand our impact.

Go to meetings at other Rotary clubs anywhere in the world to find international service partners and form new friendships.

Learn about another culture.

Spend time abroad in a Rotarian's home through a Rotary Friendship Exchange.

Join a Rotary Fellowship or Rotarian Action Group. Meet other members who share your interests and passions.

OTHER RESOURCES

Watch Rotary Video Magazine and read your Rotary magazine, Rotary news, and newsletters for stories about remarkable projects, helpful tips, and inspirational ideas.

Explore special-interest publications available at shop.rotary.org.

START MAKING YOUR CONNECTIONS TODAY!

JOIN THE CONVERSATION!

www.rotary.org/socialnetworking



facebook



linkedin



youtube



blog



rss



flickr



twitter



pinterest



vimeo



instagram

BEYOND CLUBS — THE ROTARY FAMILY

Rotary is made up of more than just our clubs. Service can start at any age, so we offer programs for teenagers and young adults who want to discover new cultures, develop leadership skills, and give back. We also provide opportunities for people of all ages and backgrounds who want to help in their communities. Through clubs like yours, Rotarians organize and sponsor all of the following.

Interact is a leadership program sponsored by Rotary clubs for anyone ages 12-18. With more than 12,300 Interact clubs in 133 countries, Rotary is inspiring the next generation of socially responsible and globally conscious leaders.

Rotaract is organized by Rotary clubs to promote leadership, professional development, and service among adults ages 18-30. With more than 8,000 clubs in 167 countries, Rotaract members are helping to lead change in communities around the globe.

Rotary Community Corps (RCCs) are groups of non-Rotarians who work with Rotary to improve their communities through a variety of service projects. There are more than 6,800 RCCs in 78 countries, all organized and sponsored by Rotary clubs.

Rotary Youth Exchange offers students ages 15-19 the chance to travel abroad for cultural exchanges. More than 8,000 students participate in this immersive program every year. Through these experiences, which last from a week to a full academic year, students learn about new cultures, gain an appreciation for diverse perspectives, and foster global understanding.

Rotary Youth Leadership Awards (RYLA) is Rotary's leadership training program for teens and young adults that emphasizes social responsibility, global citizenship, and personal development.

Rotary Peace Fellowships offer students the opportunity to earn advanced degrees or professional certificates from universities that host Rotary Peace Centers. Rotary Peace Fellows focus on international studies and conflict resolution so they can advance their careers as promoters of peace.

