

7. 2025-2026 Schedule

STRIVE meets on Fridays, during the first two periods:

- **First Period:** 8:35-9:27
- **Second Period:** 9:34-10:26

To provide new insights on the topics that will be repeated for seniors, we'll tend not to use the same presenters for the same topics in the immediately following years, or at least ask presenters to vary their presentations.

<u>Date</u>	<u>Core Topic Area</u>	<u>Session Topic</u>	<u>Presenter</u>	<u>Focusing Activity</u>	<u>Comments</u>
9/12 OK	Character	<p>Four Way Test: Is it the truth? (And that's the easy one!)</p> <p>This will be a (brief) discussion of the nature of truth. We'll introduce the four way test as a statement of values and a decision-making tool.</p>	Stephani Atkins	Yarn Ball Introductions (24-25: Hoop Hackysack)	(24-25: Brent Voight) 7/14: Brent not available
9/26 OK	Planning and Life Skills	<p>Living With Intention: Dealing with the big rocks first</p> <p>If you prioritize, and do the important things first, you can fit more in, live a fuller life, and feel in better control. This talk is backed up by an engaging visual aid – a large jar, rocks, gravel and sand.</p>	Brent Voight	Group Priority List	(24-25: Christian Milker)

10/10 OK	Planning and Life Skills	Career Planning: Career plans are good, and plans will change	Mark Fisher	NASA Moon Crash Prioritization	Design the session to also introduce mentors to the students (24-25: Mark Fisher)
		Details: There are two key messages for this session: 1) Being intentional about your career goals works dramatically better than simply taking advantage of what comes along, and 2) You can expect to make a significant career change during your working life. A career model as a jungle gym rather than a ladder is used.			
10/24 OK	Planning and Life Skills	Career Exploration: Students will have a chance to quiz special visitors and mentors about their careers	Greg Otsuka (25-25: Brent Voight) Key resources are visitors from other clubs and some mentors	None	
		Details: The focus will be on sharing: education required, skills needed to build once you have the job, how one finds meaning in the job, and <u>how the student can learn more if they are interested</u> . This is conducted in a “speed dating” format so the students can meet quite a few people.			
11/7 OK	Character	Your Network: I like making friends, I just don't like networking...	Ken McGinley	TBD	(24-25: Ken McGinley)
		Details: “Networking” has gotten a bad rap, but it's natural and everyone does it. It can be done in a natural and genuine way that expands our circle of friends and helps us with opportunities. Use LinkedIn. Invest in your network. Don't be ashamed to reach out.			
11/21 OK	Planning and Life Skills	Money: Plan to keep it Important financial basics, including budgeting, how to apply for a loan, credit cards, how to build & maintain credit, and very basic insurance issues.	Paula Williams	TBD	(24-25: Paula Williams) New curriculum from Royal Credit Union for 25-26

12/12 OK	Character	<p>Character of Leaders: You are leadership material!</p> <p>Four characteristics of leaders will be highlighted: vision, courage, judgement and authenticity.</p>	Lonny Stormo	TBD	(24-25: Lonny Stormo)
		<p>Details: Using examples from the community or popular culture, students will work interactively to identify these characteristics in the leaders they already know, then in each other. Opportunities for leadership development in local government and volunteer service will also be shared so students realize they can make a difference in our community.</p>			
1/16 OK	Planning and Life Skills	<p>Panel of Graduates: We're from the future, and we're here to help</p> <p>STRIVE graduates will come and share their experiences with college, trade school, jobs and housing.</p>	Ted Nesse + graduates	TBD (24-25: Students got a random fact about a panelist, and had to go in person to find which panelist the fact applied to..	Seed with adulting questions (medical insurance, transportation, housing), seek older graduates (24-25: Ted Nesse) 7/17: Ken has contact information (phone numbers)
		<p>Details: Questions from our students drive the discussion. Seed questions will get the Q&A started.</p>			
1/30 OK	Community/ Character	<p>Contributing to Civic Community: Your place in your world: your choice. Negotiation is natural.</p>	Judge Juanita Freeman (24-25: Christian Milker)	TBD	
		<p>Details: The message for this session is that we each can make a difference in our community. Volunteering is a way to help out, meet people, and learn about the place you live. Engaging with local government provides an opportunity to meet interesting people, and to develop leadership skills. Compromise and negotiation are important skills for civic life, and will be covered.</p>			

2/13 OK	Planning and Life Skills	Interviewing and Resume Skills: For jobs, scholarships and more – your chance to shine!	Kelly Schuna (24-25: n/a)	Handshake Game	New 25-26 10/6: Diane Peterson will provide a resume handout for Kelly to present
		Details: The students will get some help with their interviewing and resume skills during this session. They'll be able to use them for the scholarship interviews, and we want them to be useful for job hunting and more.			Kelly: Interviewing; Diane: Resume
2/27 OK	Community	Scholarship Program: Details of scholarship opportunities will be shared Community Resources: Sometimes you need a friend	Ken McGinley: Scholarship, Ted Nesse, Officer Dave: Community Service, plus Community Service Staff	Agency Search 8 Mentors will be set up as a type of agency with answers Each student will be given a random statistical question that can be answered by the right type of agency. Students are tasked with finding the right agency to answer their question, and return to their seats.	(24-25: Scholarship: Ken McGinley Community: Ted Nesse/Officer Dave) (24-25 Activity) Students got ½ a symbol representing a challenge, and had to go find the matching half (with a mentor) that represented a service to help with the challenge.
		Details: (Community Resources) Sometimes people need help not available from friends and family, and don't realize that there are community resources available. This session will introduce students to services in the area that can help with jobs, food, housing, counseling, addiction and more.			
3/27 OK	Community/ Character	Life Lessons: So, how about those '90s? Most of this session will be given over for Q&A between students and mentors. Class Service Project Introduction: The class service project will be introduced in this session.	Mentors (discussion) Bill Leonard (service project)	Ball Toss Students toss a ball across a circle, and (optionally) answer the question that faces them as they catch it.	(24-25: Lonny and Janet Stormo
		Details: The students and mentors will be given time for unstructured Q&A. We'll suggest that hard questions are fair game, as long as everyone understands that hard			

		answers are entirely optional. Nobody needs to answer a question that makes them uncomfortable, they can just smile and say “pass”. Examples: What has most surprised you about growing older? What do you wish you had known when you were 25? What can you say about finding a life partner?			
4/10 OK	Character	Positive Attitude: So, how do I feel about that?	Brent Voight	TBD	Scholarship announcements (Ken, 10 min.) at this meeting. Greg Miller will also share a life observation at this meeting. 24-25: Brent Voight
		Details: To a surprising degree, we can choose our state of mind, and it is not automatically determined by what has happens to us: “I can’t control what people say to me, but I can decide how it makes me feel and choose how I want to react.”			
4/24 OK	Character	Handling Setback: Got Grit? Repeated failure often precedes success, so it’s essential to dust off and get right back at the challenge.	Nance Purcell	TBD	(24-25: Kindra Molin)
		Details: Regardless of how failure makes us feel, our response needs to be “try again”.			
5/8 OK	Character	Integrity: Making good decisions in bad situations Continues the Character/Four Way Test session.	Christian Milker	TBD	24-25: Bethany Cox Allow time for mentors and students to exchange contact information.
		Details: This addresses the question: “Why should one ever act against self-interest, just to “do the right thing”? May cover the founding of Rotary.			