



RECOVERY WITH RESPECT: Substance Use Treatment at The Haven

WHO WE ARE

- The Haven helps women heal from substance use disorders
- We were established in 1970 by a group of women interested in creating a space for people to access treatment with respect
- One of the only substance use treatment centers designed specifically for women
- We work with members of all backgrounds and experiences

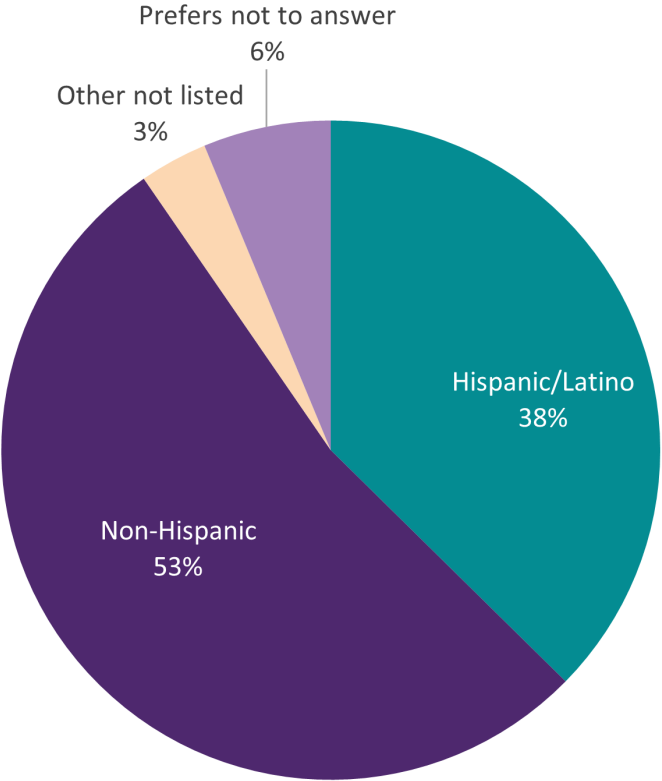
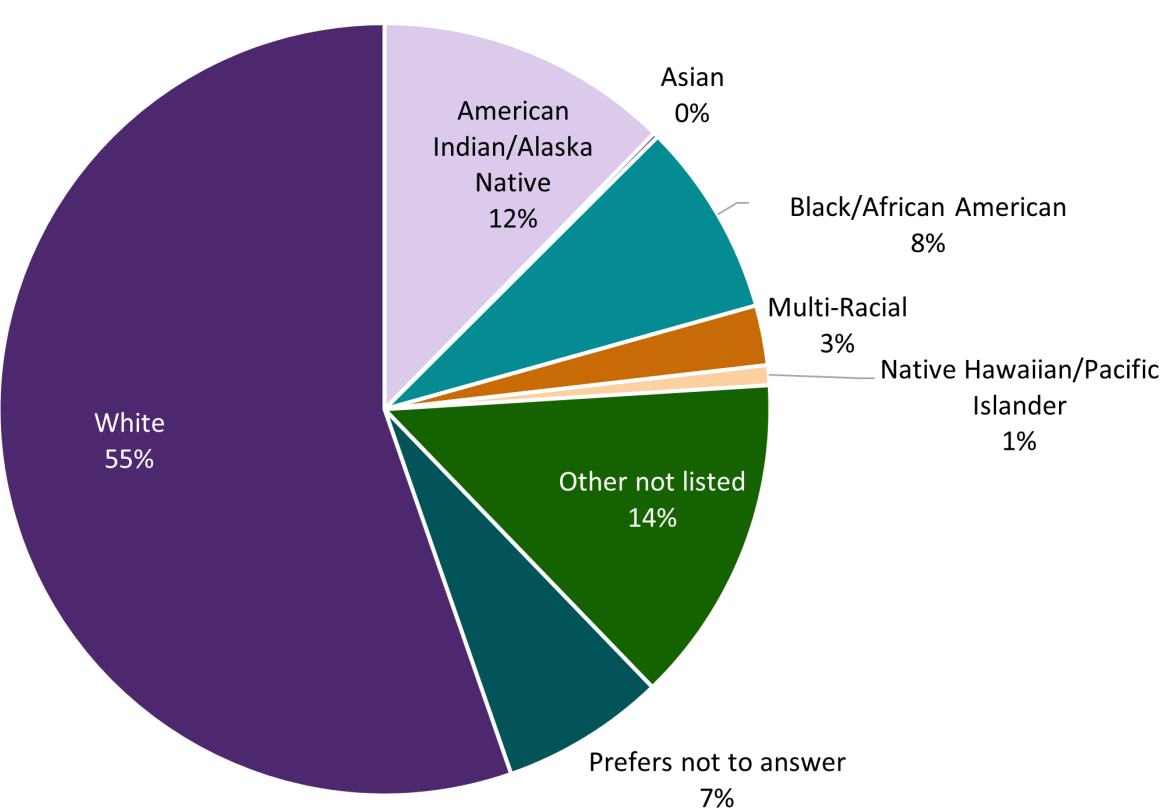




WHO WE SERVE

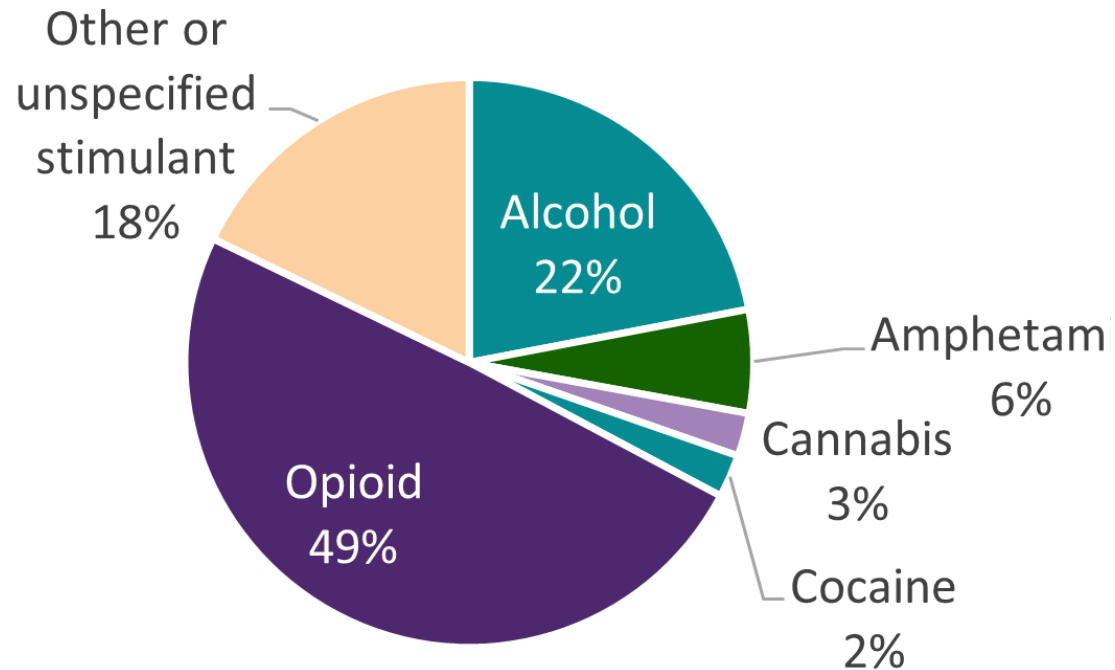
- People who have a substance use disorder
- People who identify as women, including transgender women or;
- People who were assigned female at birth, and may identify as gender non-conforming or non-binary
- Adults 18+
- Pregnant women
- Women with young children
- Members come from various experiences and can have active legal involvement or open DCS cases.

OUR MEMBERS

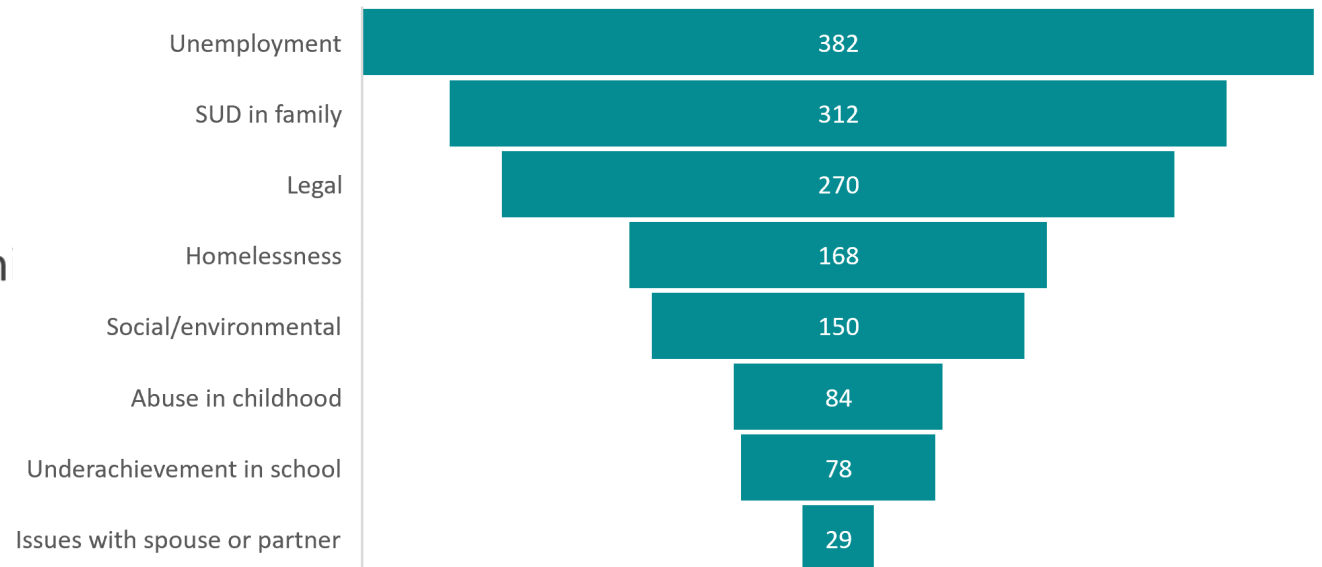


DIAGNOSES

Severe substance use disorder by category



Social Determinants of Health (478 members)



INSURANCE AND PAYMENT OPTIONS

The Haven accepts the following AHCCCS Plans:

- Banner-University Family Care
- Arizona Complete Health - Complete Care Plan
- United Healthcare Community Plan
- American Indian Health Program

A self-pay option can be assessed upon intake and is dependent on which program the client is in.



OUR PROGRAMS

- There are three main categories for substance use disorder treatment
 - Residential
 - Intensive Outpatient (IOP)
 - Outpatient (OP)
- Additional culturally specific treatment elements for Indigenous persons are a part of the *Native Ways* programming.
- The assessment team makes recommendations for which program is most appropriate for the member based on factors related to the frequency, method, type of drug use, co-occurring disorders and impact on functioning.





PROGRAM BREAKDOWN



RESIDENTIAL

- Length of stay up to 90 days.
- Participants may bring 2 children up to 4 years of age.
- Members can be pregnant or postpartum at the time of participation
- Committed to community rules, including contributions like chores
- Includes evidence-based treatment protocol like CBT, MI, and psychodrama therapy
- Includes holistic approaches and life skill building like acu-detox, yoga, gardening, meditation, mindfulness, hiking, anger management, and so on
- Clothing for members in need

INTENSIVE OUTPATIENT PROGRAM (IOP)

- 90-day duration recommended
- Required attendance in 3-hour groups 5 days a week
 - Commitments to job, education, childcare, etc. can reduce attendance requirement
- Includes individual counseling (1 to 4 sessions/month) and case management
- Includes evidence-based treatment protocols like CBT, MI, EMDR, psychodrama therapy
- Includes holistic approaches and life skill building like acupuncture, yoga, gardening, meditation, mindfulness, anger management, and so on
- IOP participants may choose housing option at no additional cost
 - Participants may bring 2 children up to 4 years of age into Recovery Housing



NATIVE WAYS PROGRAM

- A program where Indigenous women can feel whole and respected
- The program was developed by and is staffed with professionals with backgrounds in the local indigenous cultures
- Residential Treatment, Intensive Outpatient Treatment and Recovery Housing
- Activities Include:
 - Drumming
 - Full Moon ceremonies
 - Talking Circles
 - White Bison meetings
 - Access to a local Medicine Man/Woman and specific services
 - Native crafts, art, and music



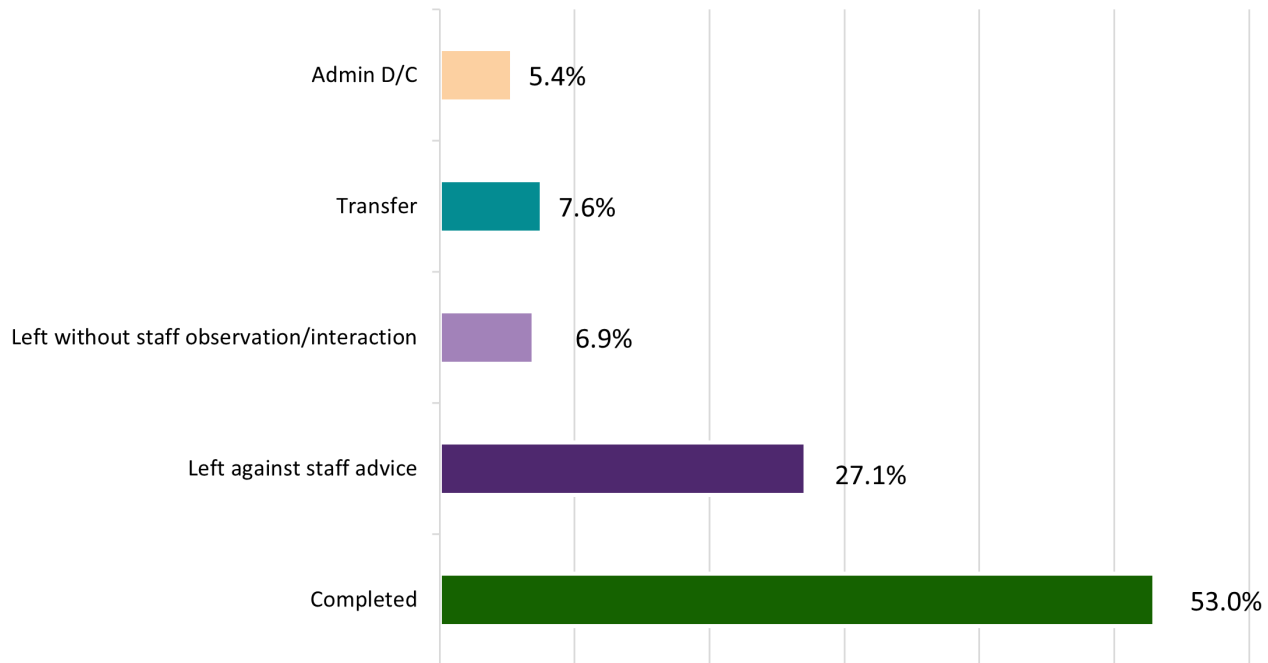


OUTPATIENT PROGRAM

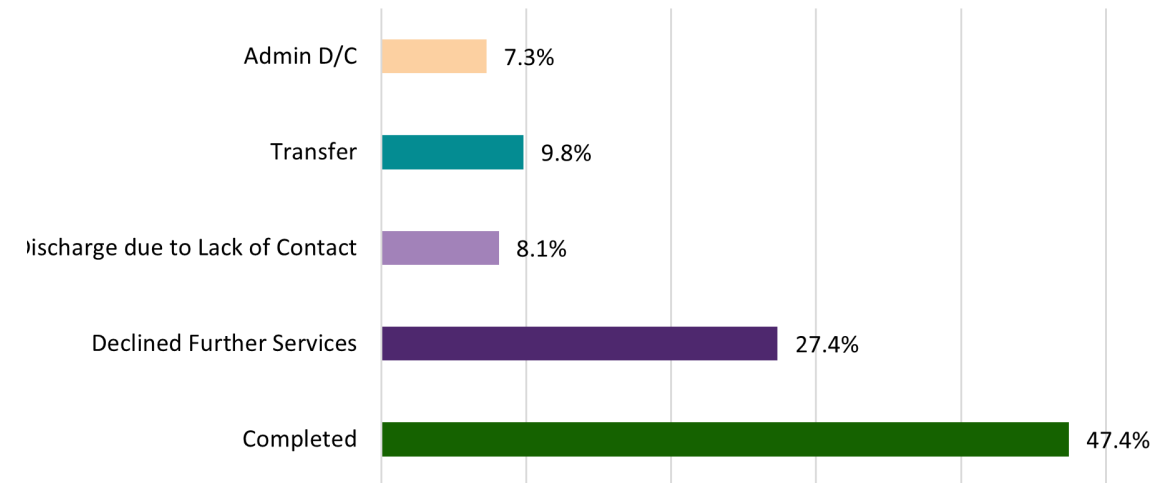
- Services for clients with substance use disorders
- Counseling and/or case management based on individual needs

OUR IMPACT

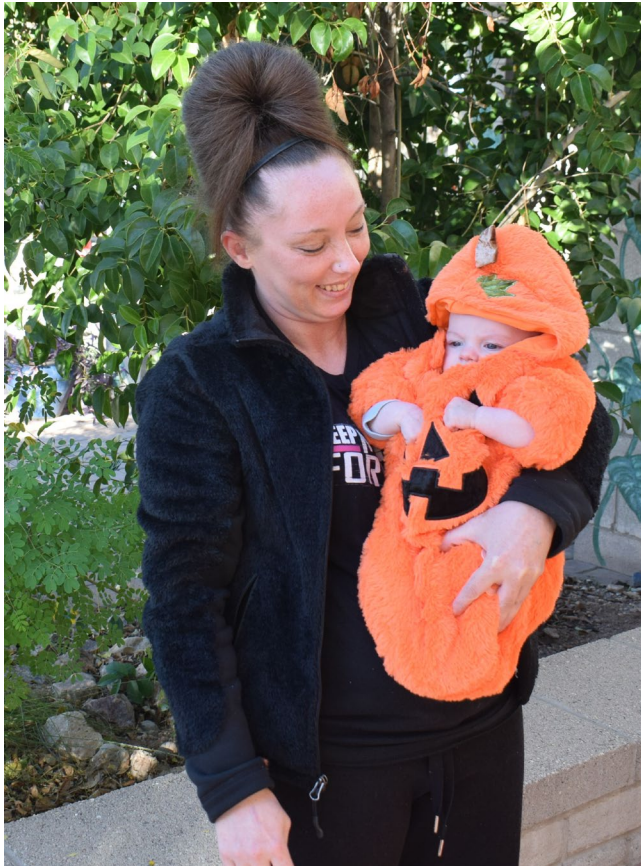
Residential Program



Intensive Outpatient Program



SUCCESS STORIES



HOW TO GET STARTED

- Members or referring organizations can call (520) 300-5243, Monday-Friday, 9am to 5pm, to complete a screening
- A behavioral health professional will review screenings to make treatment recommendations.
- If a member is in need of detoxification or medically assisted treatment, behavioral health professional will provide referrals for these services.
- Member completes in-person intake process and is admitted to program.

QUESTIONS?

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