



# the CLARIFIER

## CLAREMONT ROTARY NEWSLETTER

SERVICE ABOVE SELF

Claremont Rotary Year 91 | Week 15 | April 10, 2020

### The Sixth Viral Edition

#### Prof. Larry Grill on Drug & Vaccine Development

*Submitted by Harry Sparrow*

President Cameron rang our unruly group of squares together and turned to Buff Wright to introduce our speaker.

Buff invited Larry to speak to the Club regarding the development of drug therapies and vaccines and what it takes to bring them to market. We've all heard a lot about the impending discoveries in the corona virus briefings and news, but the complicated scientific truth is a bit different. This "summary" is quite detailed but we hope you will agree that the subject is important to understand!

We were fortunate to have Dr. Larry Grill provide us with insight into the coronavirus pandemic and the development of treatments and vaccines. Dr. Grill is the Dean of Research at Keck Graduate Institute. In addition to teaching courses at KGI, he also teaches undergraduates at the Keck Science Department of The Claremont Colleges. He has ongoing research programs in vaccine development and disease diagnostics, collaborates with the University of Botswana, the Botswana Vaccine Institute, and the International Livestock Research Institute in Kenya, all aiming to address health care delivery and healthy livestock in developing countries. This includes the development of novel technology for the detection of infectious diseases, as well as the development and production of low-cost vaccines for developing countries. Grill spoke to our club regarding his [vaccine work in Botswana](#) in August 2015.

Larry started off by saying that he is teaching a course on virology this semester. The students are excited because

Watch your email for a video link for the meetings on Friday noon. All are welcome!

what better time could there be to take this course than during a pandemic. Early in the course they studied the 1918 flu pandemic also known as the Spanish flu. It is estimated that this pandemic resulted in as many as 50 million deaths [Note: This was about 2.5% of the world's population at the time.] The high death toll was because there was no vaccine. After that, they went on to corona viruses and all the other outbreaks of emerging diseases; this included the polio virus. These topics were interlaced with study of vaccines and their development. Larry said this has made for a "fun" semester.



At the same time Larry has been teaching virology, he has been working in the lab on vaccine development. It turns out that the low-cost rapidly produced vaccines they have been working on for developing countries likely could be used for this corona virus, but are still in the early stages of work; the results are encouraging. Larry said there are companies working on a corona virus vaccine that are ahead of his team by having reached the clinical trials level and thus will beat his team to market for a vaccine. He isn't concerned

*Meeting continued: page 3*

#### LAST WEEK'S MEETING ONLINE

*submitted by Cameron*

[Here is the link](#) to the recording of the video meeting from Friday, April 10. Thank you to our speaker and to all who contributed stories, updates and words of encouragement throughout the meeting. And thank you to all, who by their charitable actions and words are helping to keep "service above self" alive and well during this time.

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## SERGEANT JOHN TULAC

It's a fine day online! **Lucinda McDade** pays the pig for telling us about the rebranding of RSABG. We will get used to it and it is an exciting time for the California Botanic Garden (CBG).

**Dr. Goldman**, your medical opinion, can we develop herd immunity to **Ron Coleman's** jokes? Jerry noted that we're working on it — the next thing after COVID 19. He thinks something like earplugs could work. Fine idea! Jerry gets another fine for admitting he likes Ron's jokes. And of course **Ron** chimed in. What do you call a rabbit with fleas? **Bugs Bunny** **Tim Harrison** offered to pay half the fine if Ron would provide the jokes to Lorie, who needs them as she teaches online.

**Nona Tirre** had to be called out — both for the ears and the carrot she was eating at the beginning of the meeting.

**Nona** and **Anita Hughes** are still seeking out the purpose of the COVID-19 trailer in the public park. Stay tuned.

**Rich Laughton** has now accepted cutting his volunteer salary in half as he doubled the salary of the other volunteers. John asked if there is any truth to rumor that the economy shop will go online. All his volunteers are at risk, so they won't rush it, or the reopening. They may distribute the sales proceeds to be donated to the community earlier than usual.

**Tom Shelley** has added shelves to the Club's storage unit. He and Rich Laughton completed the project while socially distanced. Tom did the work while Rich took pictures from the door.

**Sylvia Whitlock** bragged about an interview with her son by Webb Schools: [22 ½ minutes with Eugene Whitlock '88](#). **Tim Harrison** gave high praise — it held his attention! Eugene is an impressive young man and would be a great speaker. Sylvia may have an in!

John thanked **Buff** for the extensive Clarifier in Suspense. It's like having two community papers. Buff thanked **Harry Sparrow** for writing up this and last week's notes.

**Jerry Tambe** achieved a Rotary first: the first fine ever in



a chatbox — for laughing that there would be no time for sergeants.

How will you give actual money to the pig? **Jim Marchant** encouraged members to use Venmo, PayPal, or a check to the Club Foundation for Polio Plus at PO Box 357, Claremont.



## ANNOUNCEMENTS

**President Cameron** closed the meeting with a few announcements.

**Bill Burrows** is expected to do three truths and a lie next week. He apparently was too cold this week.

**Bernadette Kendall** helped bring in a gift of \$10,000 to be used for needs of the community. The Board will discuss a matching gift.

Cameron acknowledged **John Howland** for continuing to lead our Hope Partners Food Bank project.

**Bridget Healy** related that her daughter Katy was discharged from the hospital last Friday after 11 days after she became septic following a procedure. She went home accompanied with antibiotics and a follow-up appointment at City of Hope. She was on the COVID floors until the last 2 days. She was tested 4 times for the virus — all have been negative. It's very hard not to be able to see her.

**Bridget** reported that the CHS Interact officers continue to meet on zoom. We will need to find a way to get honors to the seniors. Bridget is in touch with **Bonita Ramos** about Interact scholarships. **Brett O'Connor** reported that they may have a virtual senior awards ceremony. Graduation is scheduled for July 30.

**Rotary Club of New York**, Francis Limbe's former club, has zoom meetings every Thursday morning at 9:00 (PT). Attendance by the Claremont Club on April 16 was pretty good! **Sylvia Whitlock**, **Steve Schenck**, **Bonita Ramos**, **Zoe TeBeau**, **Lyn Childress**, **Anita Boling**, **Lark Gerry** and **Buff Wright** attended. The meeting started out with the NYC version of a singing club with opera star Katrin Bulke and Italian saxophonist Mimmo Malandra performing in honor of those who have lost their lives due to COVID-19. The speaker didn't make the call, so the Executive Director called on people from around the world to tell what they are doing. See the [meeting summary](#) online.



## Program, continued

about this because this will not be the last pandemic and what they learn now likely will be helpful in mitigating the effects of a future contagion.

Dr. Grill then transitioned to a discussion of what is going on, what is true and what's not. Several vaccines are already in clinical trials, but these take time to develop. The clinical trial process must show efficacy (i.e. it works and is safe) and balance. He cited what is referred to as the "Cutter Incident." In 1955 a vaccine developed by Cutter Laboratories that had received FDA approval was put into use and within days reports of paralysis started coming in. The problem was that the process of *inactivating* the live virus in the vaccine was defective and had been missed in the rush to approval. The live vaccine's use was abandoned, but not before it caused 40,000 cases of polio, leaving 200 children with varying degrees of paralysis and killing 10. Since then, the FDA has been extremely cautious, ensuring that a vaccine is not put into use before it has been fully tested. The vaccine must show efficacy and balance-- where it's better for you than not.

That is coupled with the need to confirm its efficacy, to avoid the situation where we get the vaccination and think we are safe but aren't. So, the "real truth" is that a successful vaccine is going to take a fair amount of time to develop and verify. It doesn't just happen because you want it fast!

Once approval is accomplished, you have to scale up to the production levels needed. Larry is working on this. We must achieve a faster rate of scale up than the current methodology. Larry said that with the fast tracking taking place now, a viable, safe vaccine should be available in less than 12 months, which is almost unheard of. Even so, we then need to be able to scale up manufacturing to where we can rapidly deploy 300 million doses of vaccine.

With that, Larry said that what we really need is a therapy to treat COVID-19. The good news is that there are many therapies on the way that are already FDA approved for other diseases and these will be available much sooner than the vaccine or a new therapy. One example is a product produced by a company named Regeneron. This product is an interleukin-3 inhibitor that is a form of anti-inflammatory drug. This looks to be promising because of how the corona virus attacks. Your hyper immune response is a "cytokine storm" where your white blood cells overreact; they rush to your lungs and then your lungs send out signals for more white blood cells. In effect, a person suffocates because these white blood cells act like blood clots making it no longer possible to get enough air into the lungs. Tests of the anti-inflammatory effects of the Regeneron product have shown that it stops the cytokine storm.

This product is in clinical trials right now for use in treating

COVID-19. Even though it is still in trials, it is an already FDA approved drug, which means your doctor can prescribe this "off label" as a "Compassionate Use." This option traces back to 1985 when so many people were dying from HIV; the idea was to try all of our options because of the death rate. Compassionate Use allows the use of a drug for a disease even though the clinical trials have not been completed since no treatment likely means death.

Another example of an already FDA approved drug is a product of the California-based Gilead Sciences, Inc. They have an antiviral drug called Remdesivir which is in clinical trials for COVID-19 use in South Korea and China. This drug has been prescribed to a small group of patients with symptoms of COVID-19 through the compassionate use program. The results show that the majority of those treated with the drug demonstrate clinical improvement. The problem is that so many people are requesting the antiviral drug via the compassionate use program that Gilead can't meet the demand.

Dr. Grill described another approach that is showing promise--an anti-serum. Serum is collected from the blood of people who have had COVID-19 and recovered and therefore have developed antibodies; the serum is then infused into someone who is critically ill.

All in all, Larry said there are about 135 different treatments and vaccines in trials and use. The issue is going to be how to weed out those that really aren't effective. For example, Hydroxychloroquine, trumpeted by President Trump, is showing mixed results at best. Larry said more data are needed, but it would appear the claims by the president and others are misleading and people should be cautious in using it. One problem created by all of the publicity about this drug is that it is now in short supply and those who need it for approved purposes (e.g. malaria and lupus) are finding it difficult to get their prescriptions filled.

Dr. Grill said that while much good work is in process, for the near term, the longer we continue with practices like social distancing the better to keep the levels of contagion down until new treatments are available. He said the ultimate solution to creating herd immunity is going to be the vaccine.

In the meantime, one of the biggest challenges is that about half of people who contract the disease are asymptomatic. That means that even though someone isn't coughing and doesn't have a fever, they have a 50-50 chance of carrying the disease, which is why social distancing is so important.

*Continued, page 4*

### Dr. Grill opened the “floor” for questions.

*What work is going on at KGI that might be relevant?* There are two relevant pieces of work in process. In the lab we are working on the development of the rapid-response vaccine for developing countries. In particular is the focus on scaling up production of a vaccine developed to address capripox virus that has been devastating to farmers in Botswana and other parts of Africa. The other is a drug professor Mikhail Shilman has found that inhibits the SARS virus; he is now trying to establish if it also inhibits this corona virus, too. This drug is already FDA approved, but Shilman is working on a clinical trial with La Jolla Immunological labs to determine if it works in animals. Mikhail’s discovery is not a vaccine or a treatment, but a preventative drug that could be used by healthcare people going into infected areas. It will go into your cells and block the receptor for the toxin or virus.

**Bill Burrows** noted that Larry mentioned that one of the treatments reduces inflammation. Yet, I have heard and read that you shouldn’t take ibuprofen because of the anti-inflammatory aspect of it. Can you elaborate on this? This is an example of misinformation. The source is a doctor in France. He drew a conclusion based on an unreasonably small data set. He had four patients to whom he gave ibuprofen, all succumbed to the disease. He tweeted about it and then some folks in the UK said they had found the same thing. All of the data by other doctors says this is “baloney”; yet, anti-inflammatories are better for you than nothing. Proper clinical trials are now underway. There is no substantive data that says one should not take ibuprofen.

**Lucinda McDade:** *Could you say a few words about the alternative to the PCR-based tests people are working on that would give nearly instantaneous results of the analysis of one’s blood serum. It appears there could be problems with this. This is a “slick” test that was developed at KGI over 20 years ago. It uses RNA and takes less than 5 minutes to show results. Once again scaling up is an issue. (PCR is a polymerase chain reaction — feel enlightened?)*

**Lucinda:** *Why does Governor Newsome keep talking about Stanford working on it?* There are several labs working on this. I don’t know what aspect Stanford may be working on. I know the one that has been talked about the most is one in Washington where the original KGI developer of PCR now works.

**Dr. Jerry Goldman:** *How many doses of convalescent serum can you get from one donor?* Good question! I am not sure. I am assuming you could get several. When they did this with horse serum they could get 10 pints and they could treat 100 people with that. So, I assume humans could provide only 1 pint. If so the answer is enough for up to 10 people.

**Dr. Bianca Agular:** *There are a lot of patients, almost all men, who are going to private doctor’s offices seeking a prescription for azithromycin with hydroxychloroquine, thinking that it will prevent the illness. This is incorrect; it is being given in hospitals to prevent secondary infection for patients that are critically ill. You are right. An antibacterial does not affect the virus. Only antivirals do. However, in the beginning, some doctors did mix an antibacterial with the antiviral because they were not sure what was causing the pneumococcal pneumonia. We are now more certain there is no indication or data to support the use of an antibacterial to help with COVID-19. I saw data just this morning that say only 50% do better with the mix. Thus, it’s a 50/50 proposition.*

*Blanca’s husband Ian Phillips, KGI professor emeritus, asked what happened with the 1918 flu. Didn’t it just disappear without a vaccine having been developed?* Yes, it did; it’s a great example of herd immunity. The survivors (there were 500 million affected and 50 million deaths), were a large percentage of the world population and because they had had the disease, they had the antibodies in their systems.

**Karen Sapio:** *I read a couple of articles that Stanford researchers are examining whether Californians were exposed to the disease as early as November and that some people contracted the disease, but were asymptomatic. That would mean therefore, that California already had a certain level of herd immunity. Do you have any guesses as to what the researchers may find?* Nothing would surprise me, but it is probably too early to know if that hypothesis is true or not.

**Steve Schenck** once hosted a KGI PhD student who now works for Regeneron. She sent us an email saying that they will have something out this summer: Regeneron is working first on antibodies to neutralize the virus and then a vaccine for prevention. Their clinical trials are with IL 6 to treat people with severe breathing problems. Yes, the IL 6 is the anti-inflammatory that is going to stop the white blood cell response and the cytokine storm. Then she is saying they are using animal cells to produce antibodies for the virus that can be injected. Regeneron is on the leading edge.

**Arman Ariane:** *We’re beginning to understand the impact of the terms presymptomatic and asymptomatic. So is it 14 days or a month when a person could spread the virus? How long should the stay at home order be in effect?* This is actually unknown territory. It would be better if we had some form of treatment and best of all a vaccine before each one of us resumes normal life. Until then, coming out of “stay-at-home” is likely

## Program: Questions, continued.

to create a second wave since people can be infected without having symptoms.

**Sara Jo Antonucci:** *Is there anywhere locally to get tested to see if we have the antibodies in our system? If not locally, is there a lab elsewhere that we could ask our PCP to refer us for a test?* Yes. Call your doctor and you can be put on a list. However, I don't know how long the list is or how long it would take.



**Dr. Jerry Goldman:** *Antibody tests are the key. They are different from PCR tests. If everyone could be tested for the antibody we would learn an incredible amount about the disease and it would be a game changer. Regarding diagnostics, that's the next best thing, but I don't think it is available yet.*



*These could be done as a point of care test. All you would need is a drop of blood. Correct?* That is correct. KGI professor Angelika Niemz has developed a rapid antibody detection kit for tuberculosis based on detecting antibodies in your saliva. This is both rapid and point of care, a small cassette that a doctor could administer. If you could select exact antibodies (e.g. ones for COVID-19), it would be an ideal test.

**Rich Laughton:** *In the case of AFIB, I have been advised to not take an anti-inflammatory. Can you clarify how that fits in the COVID-19 story?* Larry noted that this is out of his scope. Jerry Goldman offered that when you have AFIB you often are prescribed some form of a blood thinner. Combining an anti-inflammatory with that could cause complications.

**Buff Wright:** *Since I have a suppressed immune system with a very low white blood count, theoretically, wouldn't I be better off than most since the hyper-immune response might not happen?* Yes, it is possible that if you are naturally immune suppressed you may not have the cytokine storm response, but we don't have enough data.

**Don Ralls:** *Is there or will there be a shortage of antibody serum? Shouldn't we prioritize its availability for healthcare professionals?* There is a lot going on with the development of this. I don't know how long it will take to get FDA approval.

That was the end of Dr. Grill's presentation and, as Cameron said, "Wow, Amazing!"

If you are interested in what Larry had to say in a TED talk titled "Enabling a World Response to Disease," [this link](#) will take you to it.

For a short video on his work at KGI and his teaching methods, check out [this video](#).

## Items coming into your inbox:

**Roger House** thought perhaps a Rotary wife made [this video](#).

Coyotes, bobcats and bears: [Wildlife is reclaiming Yosemite National Park](#) LA Times.

The wildlife parks around the world are becoming habitats! This picture from the Kruger National Park in South Africa was published by the [BBC](#).



### One liners:

Until further notice the days of the week are now called thisday, thatday, otherday, someday, yesterday, today and nextday!

Just asked a 6 year old if he understands why there is no school. He said yes, because they are out of toilet paper.

After years of wanting to thoroughly clean my house but lacking the time, this week I discovered that wasn't the reason.

If you thought toilet paper was crazy ... just wait until 300 million people all want a haircut appointment.

2020 is a unique Leap Year. It has 29 days in February, 300 days in March and 5 years in April.

*Before coming to KGI, Professor Larry Grill was one of two founders who started Large Scale Biology Corporation (LSBC) in 1987, which became a publicly-held company in 2000. The biotechnology company made therapeutic drugs,*



*pharmaceuticals and vaccines using a unique plant viral gene expression technology. In the development of these drugs, Dr. Grill developed innovative bioprocessing technology to produce and purify the molecules expressed in plants. They had successful animal and human clinical trials, and were able to produce patient-specific vaccines as a therapeutic treatment for non-Hodgkin's lymphoma cancer patients. (From [KGI website](#))*

## VIRTUAL TRAVEL FOR YOU, REAL TRAVEL FOR: Vadim Shtil and Sarah Jo Antonucci in Ukraine

*Submitted by Vadim. Note: This is practically a craft talk for Vadim. It fulfills his requirement for the Blue Badge to contribute to the Clarifier!*

Last summer I took a trip to explore Eastern Europe so that I could discover my family history first hand. I was born in the [city of Rivne](#), a small county capital which is current day West Ukraine. I left the Soviet Union and moved to Israel with my family in 1991 at the age of 3, a few months before the collapse, and since then I never went back to visit. Ukraine was never a number one destination, but then I realized that if I would ever go there in the future, there would be no one to show me around. So, we decided to travel around Ukraine and Poland.

First, Sarah and I flew to Israel to pick up my father and sister Elena, so that my dad could be our tour guide since he was born and raised in Rivne. We flew to the capital Kiev, where we explored famous old churches like [Pecherska Lavra](#) and [Church Sofia](#), visited military museums and [Maidan Square](#), and got to know the different distinct neighborhoods.

From there, we rented a car, and drove across the country, all the way to my birth town. Rivne was part of Poland between the two world wars, and became part of the USSR after WWII, so this region holds a lot of history and culture. My grandparents were born in Rivne in the time between the two world wars. This region used to be called Volhynia, an historic region in Central and Eastern Europe. Volhynia and Galicia were both parts of Poland that became part of the USSR. I was always curious about my grandparents' lives there. As kids, they were Polish Jews living in traditional shtetls, small countryside villages, and after WWII they had to learn new cultural traditions as they became Soviet adults.

We stayed in a hotel in the center of Rivne, across the street from the hospital where I was born. During Soviet times, there were no guests allowed in the delivery room, not even the father, so my grandmother climbed two stories to see me from outside the hospital window after I was born. I called my grandmother on Skype while walking through the outdoor "swap meet style" marketplace where she used to shop every day and she told me stories she remembered.

This trip was a combination of my own family history and discovering my roots, and history of the Holocaust and World War II. My dad took me on a walking tour showing me the sights around town, most of which looked exactly the same all these years later. Even the trolley in the town is the exact same trolley I remembered riding with my grandfather. We visited the Zoo that I remembered going to as a



*Sarah, Vadim & his sister Elena in Kiev Traditional Honey Festival*

small child. On the outskirts of town we went to [Sosenki Forest](#), a famous place where 17,000 Jews were massacred on one day, and found my relative's names engraved on memorials.

We spent 2 weeks in Rivne, exploring the countryside, and attended traditional cultural festivals, one celebrating "root vegetables," and a Honey Festival. We drove out of town to the shtetl, and saw the house where my paternal grandmother was born. We spent time at the traditional Russian "dacha," or summer home of my Uncle, and experienced the Russian "Banya" bathhouse experience, where you go into a sauna and are beaten with birch tree leaves for "good health."

We took a day trip to Kremenets, my maternal grandfather's birth town, to recreate a family photograph. In 1939, Kremenets was part of Poland, and on September 2nd of that year, two bombs were dropped on the town, one landing in the yard next to my grandpa's house. My grandpa was 8 years old at the time, and a shatter of the bomb hit the spine of a Jewish boy named Neshka who used his body to cover my grandfather's mother to save her life. This was the first time my grandfather had been exposed to death. Two years later in 1941, Germany started Operation Barbarossa, the invasion of the USSR. As the Germans got closer to Kremenets, my grandpa, his brother, and his mother evacuated the city, where they fled to Kazakhstan until the end of the war. In the photo (on the next page), my grandfather is with both of his parents when they came back to Kremenets after the war to discover that their house no longer existed.

After Rivne, we visited [Lviv](#), which was full of magical architecture, the historic Old Town, Rynok Market Square, and ancient underground tunnels. From there, we visited Krakow where we saw old Synagogues, the medieval old town and palaces, and took a day trip to

## HOW'S IT GOING ROTARIANS?

Several Rotarians responded to the call for answers to the questions of the week. How are you doing?

### Part 1: Work or Preoccupation

**Francis Limbe:** Right now I'm working but I'm partially working half day in half day out. I enjoy working at home supporting fellow members of the BC Global Organization in South Sudan especially during this time of the pandemic

**Juli Minoves Triquell** is working from home, lecturing using Zoom and holding meetings via Webex.

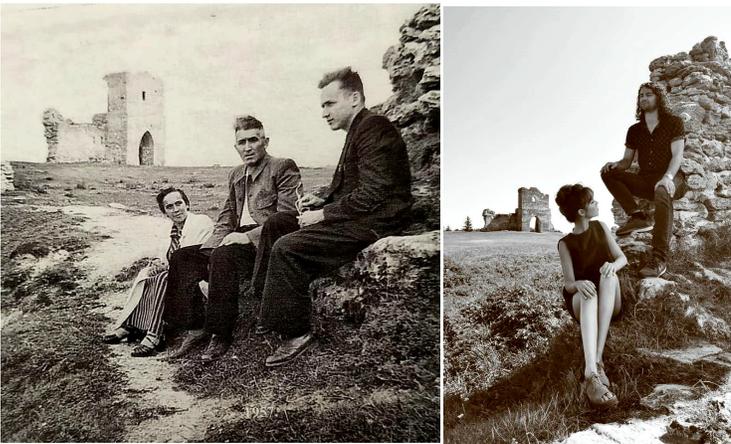
**Sylvia Whitlock** is doing some work at home, on the computer, and meeting with teachers via Google. She believes there is nothing in Education that is the same nor will it ever be. We have turned a corner.

**Roger House** goes into the office to give his wife some peace and quiet. He does all business via telephone or computer. There's no personal contact. The doors are locked. He isn't using Zoom – too high potential for hacking or virus.

*Continued, next column*

### Ukraine trip, cont'd

Auschwitz. We toured the Schindler Factory from the famous movie Schindler's List, where there was a list of names of all of the survivors who worked at Schindler's Factory. I was able to find the names of my high school History teacher and his wife, who met each other working for Mr. Schindler, and came to Israel together after the end of the war. Our Eastern Europe trip ended in Warsaw with communism history, visiting the Warsaw Ghetto, and with so many walking tours that, according to Google Maps, we walked 52 miles in one month!



*The old photo of Vadim's grandfather.....recreated by Vadim and his sister*

To see more of the area Vadim visited, watch the movie called *Everything Is Illuminated*. It's a similar story about a Jewish boy from America who travels to Eastern Europe to discover his roots. A lot of this movie is filmed in the same places he visited during his trip.

**Bill Burrows** is working from home exclusively. He hasn't been out except for groceries since Friday, March 13th. Western University of Health Sciences isn't suspended for fundraising, and actually they're more productive than ever!

**Bernadette Kendall** has recreated her real estate practice and real estate is back on the essential services list. She's working from home but has to go out to prepare properties to show. She allows the Agent and 2 adult clients, who must wear a mask and gloves to view a property, maintaining a 6ft distance at all times. She still has to meet inspectors, appraisers, termite inspectors, electricians, plumbers and anyone else who is a part of the process. Everyone has to sign a PEAD (Coronavirus Property Entry Advisory And Declaration) prior to entering a property and abide by social distancing. A lot of the closing work can be reviewed and signed electronic signatures. Thank goodness for technology! Interest rates are still at record lows, making it possible for Buyers to afford to buy. Her average workday is 12 hours, and she's grateful for it.



**Steve Schenck** is teaching his Mt. SAC photography class online from the dining room table. His department now has weekly Zoom meetings to review and compare notes. This is the first time he has met everyone "in person" and it has been great to share ideas with them. The learning curve has been huge in making the transition to online teaching! As with Rotary, the Zoom meetings are a wonderful way to connect with students.

**Zoe TeBeau** is a Certified Appraiser of Personal Property and she always works from home. Work keeps coming in, mostly for insurance and estate issues. Most of her reports can be done by pictures and that's how it was done prior to "safer in place rules." Art is the only item that requires an on-site appointment. She also does a lot of work in the liquidation of personal property and on-site estate sale activity with the public and now that business has stopped till the all clear signal.

Ways of working are changing. Zoe just found a great platform to conduct on-line estate sales and just finished the first one here in Claremont. The on-line format went surprisingly well. Sold out within 4 days with porch only pickup so buyers never came into the home. Staging and pricing/tagging are not necessary. We did a great job of photographing,

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**Continued from page 7**

describing and measuring everything. We were literally open 24/7. I had over 5K hits on my website which is about the same as my usual sales and have found a whole new market of people who love to shop on-line. My Midwest and East Coast contemporaries do a lot of on-line sales because of their weather patterns and access to high rise buildings so they were very helpful with suggestions. Even a few fellow Rotarians who do what I do in NY, New Jersey and Chicago helped with suggestions. Networking is the best. Next week I have a two day live webinar for my recertification with International Society of Appraisers which is required every 5 years. Test at the end...ugh.

**Part 2: Taking care of myself and those around me**

**Sylvia Whitlock** wishes she had some shares in ZOOM. I just spent a couple of minutes on Zoom with my grandbabies. So many people have offered to help with shopping, including your editor and your president and Rotarians from other clubs and friends.

**Roger House** is using Instacart. They go to Costco and a bunch of other stores. *(Be sure to tip well for the time they spend in line!)*

**Juli Minoves Triquell** is reading De L'Esprit des Lois, Montesquieu, and watching children's movies (some many times). The current favorite is Snow White.

**Susie Ilsley** is at risk for shopping for at least three reasons. So, if anyone is going to Costco, there are just a few non-essentials that she'd like to get. Susie and Ken are about to try Instacart for the first time. But since there's still food in the house, they haven't ventured out to try it yet.

**Francis Limbe:** I have a good time with my kids while they are doing their online schooling, making sure their homework is complete on time. Also I have to check school emails every day in the morning. Having a family of boys is challenging! And please if anyone needs help, I'm always happy to do home projects. Just call me anytime. *(Testing him out, Buff can now give a reference!)*

**Bill Burrows'** 16 year old twin boys are in their Junior year of high school (Maranatha in Pasadena). Their distance learning is actually going great - they, too, are far more productive than when they were in day-classes. The only bummers are the lack of physical social interaction and the team sports activities (their Varsity Volleyball season) evaporated. Bill's household includes 6 humans and 3 dogs, so they have PLENTY of connection! Bill is helping with shopping for some senior citizens in his neighborhood.

**Susie Ilsley.** I'm retired, so being at home isn't such a shift but the restriction of social distancing and shopping restrictions are getting to me!

**Zoe TeBeau** is able to help anyone who need anything. "I don't do windows."

**The Schencks** play a game every night after dinner and our daily evening 5 mile walk. Been enjoying the games Azul, Big Boggle with 5x5 rows of letters and Scrabble. We often take a bike ride, too. Exercise helps keep our heads clear. The kids are all in Northern Cal, but we did a fun Zoom games night!

**Honorary Member Randell Stoll** reported in! "I have missed Claremont Rotary, especially the great members. It will be nice to catch up a little. Cindi and I live in a little town called Coupeville on Whidbey Island, about two hours north of Seattle. We have enjoyed the semi-rural lifestyle for the last five years. Boating around the San Juan islands and all of Puget Sound has been a real pleasure. We recently sold our boat since we don't feel comfortable on overnight cruises due to some health issues. But generally our health and vitality is good. We have three children living in Southern California. Eventually we should be able to come down and visit. If possible I will attend an actual club meeting. In the meantime it will be nice to visit virtually. Thanks again for finding me." *(We had the wrong email address for several years. No wonder he was so quiet!)*

*Not shown, Zoe TeBeau and Kebokile*





**Cameron Troxell**  
Claremont Rotary  
President  
2019-2020



## ZOOM PROGRAMS & (POSTPONED) EVENTS

April 17	CGU response to the State of Higher Education: CGU President Leonard Jessup
April 24	David Shearer: Claremont Treasury of Music
April 25	TOC moved to October 3
May 1	tbd

### Photo of the Week



SPRING BLOOM

Photos by Steve Schenck.

Don't forget to give to Polio Plus!  
Donations can be made with your dues payment, with a check to PO Box 357, Claremont, or direct to RI.



### Bacon Bits

Let's fill up the pig!

21st ANNUAL ROTARY CLUB OF CLAREMONT



October 3, 2020 5-9pm

### On line:

Information about the club and back editions of this newsletter are always available on [DACdb](#) and [www.claremontRotary.org](http://www.claremontRotary.org)

### Join us on Facebook:

[www.facebook.com/RotaryofClaremont](https://www.facebook.com/RotaryofClaremont)

Club [Bylaws](#) and [Policies](#) are posted for member access on DACdb

### April—May Birthdays

Pete Robertson 4/21  
Suzanne Christian 4/28  
Sylvia Whitlock 4/28  
Lyn Childress 5-16  
Bill McAllister 5-18  
Frank Bedoya 5-19  
Bob Hauducoeur 5-26

Chris Shaner 5-20  
John Regan 5-31



Sergeants committee usually meets every Friday at 11:30 AM in the Orchard Lounge at the DoubleTree Hotel. In the interim, anyone with information to share is welcome to!!

### Clarifier Committee

Bill Burrows  
Mike DeWees  
Lark Gerry  
Bobby Hyde  
Jim Lehman  
Steve Schenck  
Chris Shaner  
Harry Sparrow  
Peter Weinberger  
Buff Wright, editor

Edited by Buff with virtual contributors noted. One day (tbd), the Claremont Rotary Club will resume meeting at the Claremont DoubleTree on Foothill at 12:10pm