SERVICE ABOVE SELF

Claremont Rotary Year 91 | Week 8 | February 19-21, 2020

Program: Together We Prepare #41!



Randy, Bonita and Rich survey their training ground.

Rich Laughton and Bonita Ramos took charge and led another fact-filled rendition of our annual 3-day disaster preparedness extravaganza, Together We Prepare. The 580 students in the 8th Grade Class at El Roble Intermediate School were the audience, and their

PE teachers sacrificed 3 days' worth of classes to make it all happen. Per the records Rich kept, 57 Rotarians participated, plus we had extra volunteers Bill Buehler, Kathy Anderson, Barbara Mowbray, and the El Roble staff: Debbie Foster, Brian Dorman and Mike Bateman.

Day 1: Disaster Preparedness 101. Wildfires, earthquakes, and floods; coming soon to a neighborhood near you. What should you do? Listen to what the authorities tell you. Don't panic. **Bonita Ramos** and **Rich Laughton** ran the program, with **Randy Prout** handling the power point presentation.



Pat Hauducoeur offered a testimonial to the usefulness of this knowledge. She was once pinned at the DMV after a woman drove through the wall. Pat thought she was fine and left, though she was a bit disoriented. She was in shock. Another time her granddaughter was choking and Pat used what she learned to dislodge a goldfish cracker. Past Club

submitted by Jim Lehman

President **Dr. Dick Mabie** used to tell about a heart attack that **Bob Hauducoeur** had: it wasn't like you think a typical heart attack would be-clutching chest in agony—Bob just turned white—his skin color, not his hair. Pat called



Rich, with survivor Pat H.

their son, a paramedic, instead of 911. It turned out ok eventually. The students were urged to call 911!

Students were given homework after Day 1: a home evacuation plan. What's in your Go Bag? (do you have one?)

Day 2 was devoted to first aid, with particular attention to two cases: 1) a bleeding wound –applying a pressure bandage; and 2) a broken arm—fashioning a sling. The general mantra of "Check, Call, Care" was drilled into students each period, and it would be repeated again on Friday. There were games and quizzes to augment the video presentations and live demonstrations, so the time passed quickly.



PEEE Marchant demonstrates his first responder skills.

CLAREMONT ROTARY: THE MEETING

TWP replaced the February 21 meeting. Thanks to all who participated!

ANNOUNCEMENTS

The noon meeting on **March 6** will be replaced by a Club Social at Walters Restaurant on Yale, beginning at **6:00 pm.** RSVP to Armanariane@gmail.com. Stay tuned for more details.



Book your Westin Pasadena hotel room now for District Assembly/Conference on May 1-3. (Information at the <u>District 5300 website</u>.) Ask for the Rotary rate (\$169) These meetings are a great way to learn more and be more inspired about Rotary.

TWP, continued

Day 3 was spent on CPR, both adult and infant, and response to an individual who is choking, again, both adult and infant. **Bonita Ramos, Randy Prout,** and **Lee Goldstein** led the presentations, even demonstrating a self-administered Heimlich maneuver.

Honorary member Lee Goldstein was involved in the first TWP (as an 8th grader?)





Barbara and Cameron Troxell cheer on Rich Laughton

The perennial British instructional <u>video</u> featuring young Vinnie and his mobster dad got a round of laughs once again. Students practiced on the adult and infant mannequins under the watchful supervision of volunteers, and capped off the three days with a hopping scavenger hunt for items useful in putting together a disaster kit. It looked like pandemonium, but people got the main message, having a good time in the process.

Thanks to our committee chairs, to our emcees, and to all the volunteers from the club and the community, shown on the pictures on these pages, who made the program happen. They all are doing service above self!

vice to give!.







Patrick Tambe caught on fast



Attentive students and instructors with the right moves make all the difference.



Certified CPR Guru Bill Buehler

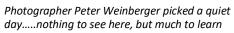
and his assistant, who has ad-





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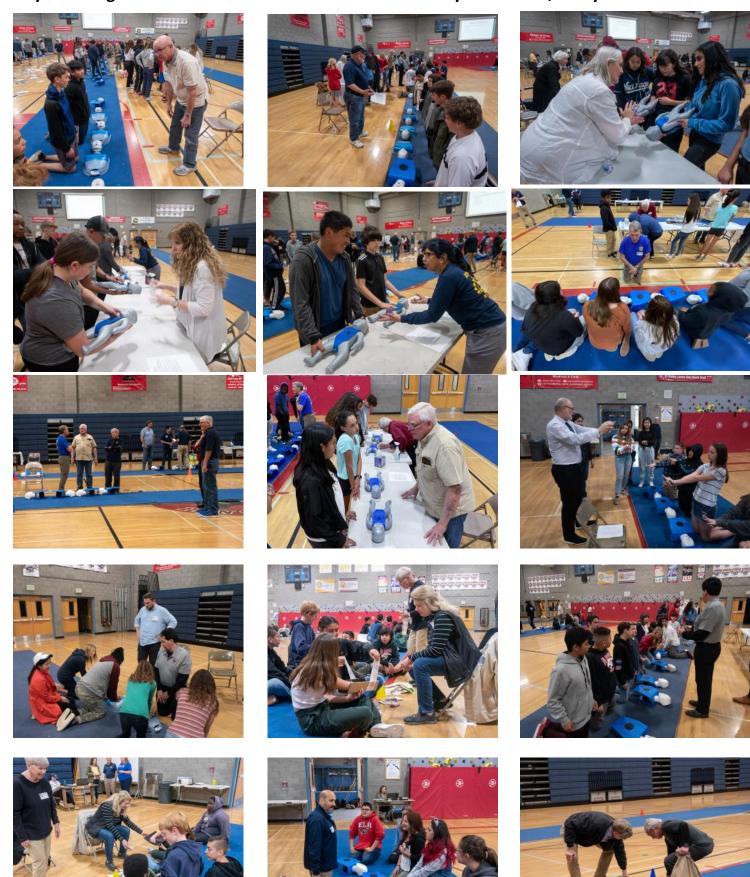






Let's play "What's in your Go Bag?"

Day 3: The grand finale with adult and Infant CPR. Many volunteers, many learners!



The end...til next year



UPCOMING PROGRAMS & EVENTS

Feb 28	Unmasking Suicide, Abe Esquibel (Craft talk)
March 6	Social — Walter's Restaurant @ 6 pm
March 13	Treasury of Claremont Music, David Shearer
March 20	Craft Talks



Cameron Troxell Claremont Rotary President 2019-2020



Photo of the Week



Photo by Steve Schenck

No rain on April 25! SAVE THE DATE!



Taste of Claremont tickets are available online now at http:// www.tasteofclaremo nt.org/.



Bacon Bits Let's fill up the pig!

Sergeants committee meets every Friday at 11:30 AM in the **Orchard Lounge at the**

DoubleTree Hotel

and anyone

with information to

share is welcome!!

Clarifier Committee



SAT, APR 25 AT 5:00 PM - 9:00 PM

On line:

Information about the club and back editions of this newsletter are always available on DACdb and www.claremontRotary.org

Join us on Facebook:

www.facebook.com/RotaryofClaremont

Club Bylaws/Policies are posted for member access on DACdb

February Birthdays

Anna Torres 2/9 Pat Hauducoeur 2/11 John Allen 2/12 Corina Christiansen & Anita Hughes 2/16 Bernadette Kendall 2/17 Ian Standley 2/18 Roger House & MJ Neault 2/23



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Bill Burrows Mike DeWees Lark Gerry Bobby Hyde Jim Lehman Steve Schenck **Chris Shaner** Harry Sparrow Peter Weinberger Buff Wright, editor

Notes: Jim Lehman. Photos: Mike DeWees and Steve Schenck The Claremont Rotary Club meets at the Claremont DoubleTree on Foothill at 12:10pm