

# the CLARifier

## CLAREMONT ROTARY NEWSLETTER

SERVICE ABOVE SELF

Claremont Rotary Year 91 | Week 8 | February 19-21, 2020

### Program: Together We Prepare #41!

*submitted by Jim Lehman*



*Randy, Bonita and Rich survey their training ground.*

**Rich Laughton** and **Bonita Ramos** took charge and led another fact-filled rendition of our annual 3-day disaster preparedness extravaganza, Together We Prepare. The 580 students in the 8<sup>th</sup> Grade Class at El Roble Intermediate School were the audience, and their

PE teachers sacrificed 3 days' worth of classes to make it all happen. Per the records Rich kept, 57 Rotarians participated, plus we had extra volunteers Bill Buehler, Kathy Anderson, Barbara Mowbray, and the El Roble staff: Debbie Foster, Brian Dorman and Mike Bateman.

Day 1: Disaster Preparedness 101. Wildfires, earthquakes, and floods; coming soon to a neighborhood near you. What should you do? Listen to what the authorities tell you. Don't panic. **Bonita Ramos** and **Rich Laughton** ran the program, with **Randy Prout** handling the power point presentation.



**Pat Hauducoeur** offered a testimonial to the usefulness of this knowledge. She was once pinned at the DMV after a woman drove through the wall. Pat thought she was fine and left, though she was a bit disoriented. She was in shock. Another time her granddaughter was choking and Pat used what she learned to dislodge a goldfish cracker. Past Club

President **Dr. Dick Mabie** used to tell about a heart attack that **Bob Hauducoeur** had: it wasn't like you think a typical heart attack would be-- clutching chest in agony—Bob just turned white—his skin color, not his hair. Pat called their son, a paramedic, instead of 911. It turned out ok eventually. The students were urged to call 911!

Students were given homework after Day 1: a home evacuation plan. What's in your Go Bag? (do you have one?)

Day 2 was devoted to first aid, with particular attention to two cases: 1) a bleeding wound—applying a pressure bandage; and 2) a broken arm—fashioning a sling. The general mantra of "Check, Call, Care" was drilled into students each period, and it would be repeated again on Friday. There were games and quizzes to augment the video presentations and live demonstrations, so the time passed quickly.



*Rich, with survivor Pat H.*



*PEEE Marchant demonstrates his first responder skills.*

**Continued on page 2**



## CLAREMONT ROTARY: THE MEETING

TWP replaced the February 21 meeting. Thanks to all who participated!

## ANNOUNCEMENTS

The noon meeting on **March 6** will be replaced by a Club Social at Walters Restaurant on Yale, beginning at **6:00 pm**. RSVP to [Armanariane@gmail.com](mailto:Armanariane@gmail.com). Stay tuned for more details.

Book your Westin Pasadena hotel room now for District Assembly/Conference on May 1-3. (Information at the [District 5300 website](http://District5300.com).) Ask for the Rotary rate (\$169) These meetings are a great way to learn more and be more inspired about Rotary.



## TWP, continued

Day 3 was spent on CPR, both adult and infant, and response to an individual who is choking, again, both adult and infant. **Bonita Ramos, Randy Prout, and Lee Goldstein** led the presentations, even demonstrating a self-administered Heimlich maneuver.

*Honorary member Lee Goldstein was involved in the first TWP (as an 8th grader?)*



*Barbara and Cameron Troxell cheer on Rich Laughton*

The perennial British instructional [video](#) featuring young Vinnie and his mobster dad got a round of laughs once again. Students practiced on the adult and infant mannequins under the watchful supervision of volunteers, and capped off the three days with a hopping scavenger hunt for items useful in putting together a disaster kit. It looked like pandemonium, but people got the main message, having a good time in the process.

Thanks to our committee chairs, to our emcees, and to all the volunteers from the club and the community, shown on the pictures on these pages, who made the program happen. They all are doing service above self!



*Patrick Tambe caught on fast*



*Attentive students and instructors with the right moves make all the difference.*



*Certified CPR Guru Bill Buehler and his assistant, who has advice to give!.*







Photographer Peter Weinberger picked a quiet day.....nothing to see here, but much to learn



Let's play "What's in your Go Bag?"



**Day 3: The grand finale with adult and Infant CPR. Many volunteers, many learners!**

*The end...til next year*





**Cameron Troxell**  
Claremont Rotary  
President  
2019-2020



## UPCOMING PROGRAMS & EVENTS

Feb 28	Unmasking Suicide, Abe Esquibel (Craft talk)
March 6	Social — Walter's Restaurant @ 6 pm
March 13	Treasury of Claremont Music, David Shearer
March 20	Craft Talks

### Photo of the Week



Promise of Rain

Photo by Steve Schenck

No rain on April 25!  
SAVE THE DATE!




Taste of Claremont  
tickets are available  
online now at [http://  
www.tasteofclaremont.org/](http://www.tasteofclaremont.org/).



**Bacon Bits**  
Let's fill up the pig!

21st ANNUAL ROTARY CLUB OF CLAREMONT



**TASTE**  
of CLAREMONT  
APRIL 25  
5-9 PM  
SAT, APR 25 AT 5:00 PM - 9:00 PM

Sergeants committee  
meets every Friday at  
11:30 AM in the  
Orchard Lounge at the  
DoubleTree Hotel  
and anyone  
with information to  
share is welcome!!

### On line:

Information about the club and back editions of this newsletter are always available on [DACdb](#) and [www.claremontRotary.org](http://www.claremontRotary.org)

### Join us on Facebook:

[www.facebook.com/RotaryofClaremont](https://www.facebook.com/RotaryofClaremont)

Club [Bylaws](#)/[Policies](#) are posted for member access on DACdb

### February Birthdays

Anna Torres 2/9  
Pat Hauducœur 2/11  
John Allen 2/12  
Corina Christiansen & Anita Hughes 2/16  
Bernadette Kendall 2/17  
Ian Standley 2/18  
Roger House & MJ Neault 2/23



### Clarifier Committee

Bill Burrows  
Mike DeWees  
Lark Gerry  
Bobby Hyde  
Jim Lehman  
Steve Schenck  
Chris Shaner  
Harry Sparrow  
Peter Weinberger  
Buff Wright, editor

Notes: Jim Lehman. Photos: Mike DeWees and Steve Schenck

The Claremont Rotary Club meets at the Claremont DoubleTree on Foothill at 12:10pm