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Atascadero Rotary donates \$250 to firefighter's 5K

Posted: 5:30 am, May 5, 2015 by News Staff



Atascadero Rotary Club President John Hollenbeck and Atascadero Rotary Club Member Ryan McGaughey present a sponsorship check to Atascadero Firefighter Matt Miranda to support the Atascadero Firefighter's Association Firehouse 5K Run and Health Fair.

The Atascadero Rotary Club donated \$250 to the Atascadero Firefighter's Association to support its 5K run and health fair. All of the proceeds from the event will be used by the AFA to spread awareness to the Atascadero community about the importance of a healthy lifestyle.

"Our club is constantly looking for events such as the 5K run and health fair that encourage wellness and promote a healthy lifestyle in the community," says Atascadero Rotary Club President John Hollenbeck. "This event will bring community members of all ages together to learn how they can foster wellness in their own lives. It is a fun and active event that will benefit attendants and so many others who need it. We are honored to be a part of it."

The Rotary Club of Atascadero is part of a worldwide organization of business and professional men and women united to provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

The event took place on April 11, and started and ended at Atascadero City's Fire Station 1. The race consisted of a unique 5K course including both road and trail terrain, and concluded on the lawn of Station 1. There were also a number of post race activities, such as a kids half mile fun run, live music, snacks and drinks, fire station open house, post-race BBQ, and a health fair.

