



SPECIAL RECOGNITIONS

2023 - 2024

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DISTRICT 5160

District Governor: Claire Roberts
Assistant DG: Cathy Durfee

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Treasurer: Vicki Sexton
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New Generations: Molly Bacigalupo
RI Foundation: Susie Lim
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Community Services: Bob Huck

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Irene Davids-Blair
Jeff Wilson
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Programs/Speakers: Mary Kemnitz
Webmaster: John Wenzel
Historian: Rich Lueck
Scholarships: Alison Bacigalupo
Fundraising: Jeff Wilson
DV8 Ambassador: Mary Kemnitz

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BOARD MEETINGS

9/12 Board Meeting 7 AM
9/13 Charitable Fund 5:30 PM



Emphasizing our district's theme for the year, **DG Claire Roberts** recognized three of our members during her visit this morning..

ROOKIE OF THE YEAR is **Julia Kitay** the newer member who has hopped right in to support and organize club activities,

MOST INSPIRATIONAL ROTARIAN goes to **Past President Mary Kemnitz** who has consistently contributed and led efforts to move our club into the future. Mary is a Rotarian who never expects praise or recognition and whose efforts help implement changes to adapt our community's future needs.

PAUL HARRIS + 2 goes to Membership Director **Jeff Wilson**.

MORNINGRITUALS



Barabara Reifschneider led us in the Pledge of Allegiance. **Irene Davids-Blair** recited the Four-Way Test. **Susie Lim** read the Thought for the Day and the Mystery Greeter turned out to be **Jeff Wilson**.

Thought for the Day

In what other land save this one is the commonest form of greeting not Good day, nor How d'ye do, but Love? That greeting is Aloha—love, I love you, my love to you.... It is a positive affirmation of the warmth of one's own heart-giving. My love to you! I love you! Aloha!—Jack London



Guests



KELLY MCKINLEY of GROW **ADG CATHY DURFEE** of WALNUT CREEK ROTARY

THE SPEAKER

The 5160 **District Governor, Claire Roberts**, joined us today and brought us up to speed on the goals for 2023-2024. The list includes promoting peace, empowering girls, focusing on DEI, polio eradication, and on mental health issues. It is a monumental program but if anyone is up to the task, Claire Roberts is.

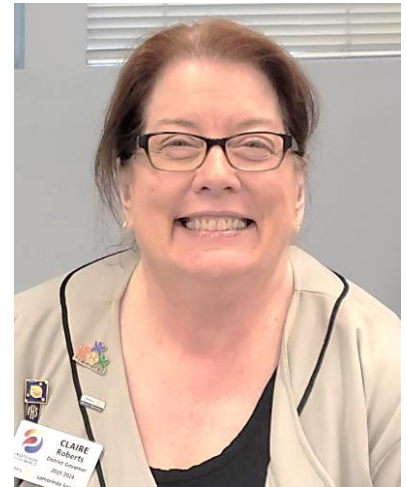
Just who is Clair Roberts?

Claire is a serial volunteer. Throughout her life she has volunteered for non-profits including local and national organizations. Claire served as the Board President of the Orinda Association, led the effort to expand services to include a local volunteer clearing house and to promote business sponsorships for the local 4th of July celebration.

In college, Claire joined Delta Sigma Pi, a professional business fraternity. She has remained active since graduation and has served on the national Board of Directors and as a Trustee of the Delta Sigma Pi Leadership Foundation. Claire currently serves as the Chair of the fraternity's national Professional Development Committee leading training and professional development programs for collegiate and alumni members. In 2017, Claire was recognized as the first woman to receive the fraternity's Lifetime Achievement award.

Claire joined the Rotary Club of Lamorinda Sunrise in 2012. She served on the Club Board as the chair of the Membership and Communications committees prior to becoming President for the 2016-17 year. Claire was recognized as the Rotarian of the Year for 2013-14. At the district level, Claire has served on the Foundation committee, as general co-Chair of the Rotary 4-Way Fest in 2019, as District Trainer for 2019-2021 and as the Chief of Staff for the 2021-22 District Governor. Claire was recognized as District Rotarian of the Year for 2018-19. Prior to her retirement in September 2021, Claire spent her career in the financial service industry focusing on Risk Management and Compliance.

Claire and her husband, 2020-21 District Governor Mark Roberts live in Danville with their three very pampered cats.



CLUBNEWS

COMMUNITY SERVICES: *Home Team*

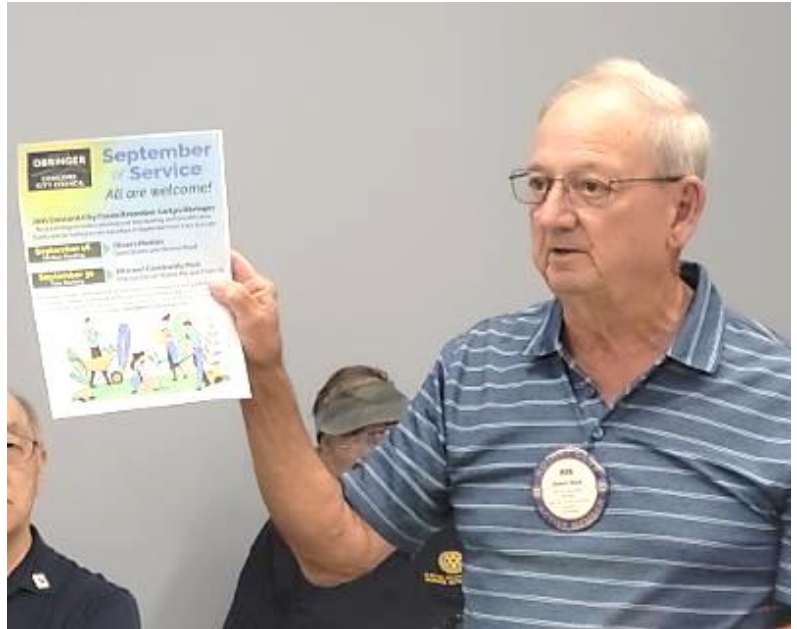
Bob Huck said the Concord Community Project on 9/16 of median and tree planting has an updated list of the members who are attending:

Bob Huck,
Barbara Reifschneider
Don Ouimet
Clayton Worsdell
Irene Davids-Blair
Susie Lim
Bob Sundberg
Mary Kennitz

Let Bob know if you will be participating.

Bobhuck10@sbcglobal.net

The Home Team will meet every other month. The next one is September 30.



ART IN A BOX: *Assembly Begins*

Cartons of art supplies are arriving at Joan's house and the first round of 125 boxes will be assembled this week. HOPE will pick up the completed boxes and distribute them to unhoused students in the Mt Diablo School District. Several Rotary Clubs that donated funds have expressed an interest in helping with the assembly and will have the opportunity in the future sessions. Here are the the volunteers for the first round:



INTERNATIONAL NEWS

UGANDA

Deb Luyiima reports that “two babies were delivered at the end of last month and one at the beginning of this month—two girls and one boy. All mothers and babies are healthy.”

Midwife Rachael Kiconco is appreciative of the \$1,000 donated by Rotarian **Julia Farthing Kitay** towards her salary for the next six months. Deb said, “We are forever grateful for your support.”



CERVICAL CANCER WORLDWIDE: *Torsten Jacobsen Reporting*

I was happy after reading the article in the September issue of Rotary magazine “Rotary takes on Cervical Cancer.” The article was written by Richard Godfrey a highly regarded surgical oncologist who has done extensive work along with Rotary in Latin America as well as Kenya, Asia, and Nepal. Exciting is a new HPV genetic screening test that allows women to test themselves at home. So, the women do not have to travel, and clinicians only need to screen patients who test positive. Uganda will have an estimated 10,000 new cases per year and Mexico 30,000. Worldwide there are at least 340,000 deaths per year with a high degree of terminal suffering, most in lower income countries ; one every minute and a half. The equipment is called Ampfire and can also test many other infections. The equipment cost about \$33,000, tests around 2,000 patients, and can fit in a backpack. Women thus caught early can be easily treated in an out-patient clinic. I have spoken with Dr Godfrey who is willing to join on a visit to our clinic in San Felipe. Efforts in Kenya have brought great results, so why not also in Uganda. Vaccines for all young girls is also very effective prevention.



MAUI DISASTER FUND

As people of action, we can take immediate action. As we come together to recover and rebuild, we need to support each other. We need to Create Hope for Maui. Through the Rotary District 5000 Foundation, a relief fund has been established. **Foundation President Dave Hamil** and Treasurer **Sharon Amano** will handle all donations. A committee has been organized to find the greatest needs for distribution of monies. A single fund will be the most helpful over time to provide the most significant benefits.



ORINDA CLASSIC CAR SHOW: *Great Success*

Mary Kemnitz reporting to you with a slight case of sun stroke from Orinda where your fellow Rotarians managed a C2C booth today at the Orinda Classic Car Show! What a fun-loving event and we had a prime location thanks to Orinda Association Board Member and Lamorinda Rotarian Chris Lasczc-Davis. A huge thank you to Tom Guyette, Scott Parsons, Dave Kemnitz, Clayton Worsdell and Bob Sundberg for their help at the booth.



The tiny stress relief C2C red cars were a huge success as youngsters crowded their way up to the table, dragging their reluctant parents with them while Dave would hold the children hostage as he did his C2C elevator speech and loaded them down with marketing material.

After watching many dogs march by with their tongues hanging to the ground, Clayton came up with the brilliant idea of a water bowl for them. This worked beautifully as the owners were trapped while the dogs were quenching their thirst and were forced to listen to the C2C marketing spiel. All in all, a great and very successful day marketing our beloved fund raising project!



HAPPYBUCKS

BARBARA REIFSCHNEIDER



TORSTEN JACOBSEN had happy bucks for Melissa Prandi's group from the San Rafael Rotary club (recently spoke at our club) who visited Uganda (and our project with Deb and Herbert) twice this year and also enjoyed the culture, beautiful nature and abundant wildlife of all sorts. Sad bucks that, though personally having been in Uganda three times, no current members of our club have yet visited. Zoom is no substitute and as Godfrey notes as all Peace Corps volunteers come to know: "You gain more from new cultures than you can ever hope to teach."

LARRY HUTCHINGS had a happy buck today. Larry was thinking back to when he was president and how far we have come in curing polio.



BOB SUNDDBERG our illustrious president had five happy bucks today. Bob was happy and very grateful that Jeff Wilson was at the meeting and was able to help with set up of the zoom meeting. Bob was also happy that Claire was able to give her presentation today.



MARY KEMNITZ had a happy 50 bucks today. She was celebrating her son's 50th birthday today!



THE RAFFLE

...and the winner is
JOAN D'ONOFRIO



FUNSTUFF

BILL SELB



MORE FUN

"The starting pay is \$40,000. Later it can go up to \$80,000." Great. I'll start later."

Trust science. Studies show that if your parents didn't have children there's a high probability you won't either.

Only in math problems can you buy 60 melons and no one asks, "What is wrong with you?"

Tip: Save business cards of people you don't like. If you ever hit a parked car accidentally, just write, "Sorry" on the back and leave it on the windshield!

When I get a headache I take two aspirin and keep away from children, just like the bottle says.

God promised men that good and obedient wives would be found in all corners of the world. Then he made the earth round. . . and laughed and laughed and laughed.

I'm on two diets. I wasn't getting enough food on one.

If you see me talking to myself, just move along. I'm self-employed. We're having a meeting.

I hate it when I can't figure out how to operate the iPad and my tech support guy is asleep. He's 5 and it's past his bedtime.

Tip for a successful marriage: Don't ask your wife when dinner will be ready while she's mowing the lawn.

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Everybody knows somebody that has a car they don't need. Tell your friends about how we administer this vehicle donation program with volunteers so that the charity they choose gets the highest value. Donate online at Cars2ndChance.org or call for more information: (925) 326-5868.

... That's all folks