THE VALLEY SUNRISE



8/3 /2023

2023 - 2024

NEWSLETTER STAFF

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DISTRICT 5160

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Vocational: Eric Rehn
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Membership: Jeff Wilson
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Community Services: Bob Huck

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Hugh Toloui

COMMITTEE CHAIRS

Programs/Speakers: Mary Kemnitz Webmaster: John Wenzel Historian: Rich Lueck Scholarships: Alison Bacigalupo Fundraising: Jeff Wilson DV8 Ambassador: Mary Kemnitz

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Morning Ritual Announcements / News International News Happy Bucks

BOARD MEETINGS

8/8 Board Meeting 7 AM 9/13 Charitable Fund 5:30 PM



JOB WELL DONE Mary Kemnitz Receives Past President Plaque



CONNECTION - ENGAGEMENT - ACTION

Mary Kemnitz is officially a Past President who served us well during the 2022-2023 term. So, will she now step back and rest on her laurels? Not a chance. Not only is she still deeply involved with the myriad tasks of running Cars 2nd Chance that she and Dave founded, but she is officially scheduling our weekly speakers and is now the District Membership Ambassador.

MORNINGRITUALS









Bob Sundberg led us in the Pledge of Allegiance and **Russ Anderson** recited the Four-Way Test. **Rich Lueck** was the Mystery Greeter while **Clayton Worsdell** and **Herb Muyinga** gave us Thoughts for the Day.

Thoughts for the Day



Make the day. Don't let the day make you.

—Sahil Bloom Entrepreneur & owner of SRB Holdings

Was it a bad day or was it a bad five minutes you milked all day long--Unknown



From Herb Muyenga

THESPEAKER

Today's speaker, **Vocational Services Director Eric Rehn**, is a business representative on the City of Concord's Homeless Strategic Plan Working Group committee who talked to us about the current status of the homeless situation in our county, At their December 13, 2022 meeting, the Concord City Council approved the formation of a Working Group for the Homeless as it begins developing a Homeless Strategic Plan. The Group will act as an advisory body to Council, staff, and the project consultants, and will meet in person once per month, at a minimum, for approximately 9 to 12 months to hear, discuss, and provide feedback as the strategic plan is shaped. Members are expected to attend all meetings, read all materials, and be prepared to listen and engage on the topics discussed.



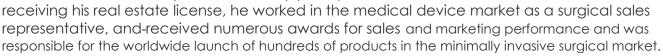
about the Speaker

Eric Rehn moved to Northern California in 2003 and has worked on over 400 commercial real estate transactions, representing landlords, tenants, sellers, buyers and investors in Contra Costa, Napa and Solano counties. He specializes in industrial property types. Current projects include multiple industrial buildings, land and office properties, as well as investment offerings and cannabis-related real estate markets.

Eric continued his commercial real estate education by achieving the coveted CCIM designation for investment expertise and has attended various workshops on related industry issues. He has been involved with the CCIM organization since 2012, serving as the Northern California chapter president in 2017 and as treasurer for two terms.

His past membership on the East Bay Leadership Council's Land Use and Environmental & Manufacturing task forces kept him at the forefront of current political issues affecting commercial property in the market. He also served as a consultant to the Northern Waterfront Economic Development Initiative for Contra Costa County. Currently, he serves in the Contra Costa County Taxpayer's Association to promote "Good Government at Affordable Cost."

Eric earned his BS degree in Business Administration from California State University, Fresno. Twenty years prior to



His understanding of client concerns is based on personal investing experiences as well as handling the real estate for his family distribution/warehouse business. This insight gives him a distinct advantage over the typical commercial brokers who focus on commissions rather than achieving the client's goals.

CLUBNEWS

COMMNITY SERVICES: Backpacks Delivered



Bob Huck informed us that he delivered the backpacks you all contributed to the Concord Family Justice Center. They were grateful and thankful. They will fill the backpacks with

school supplies and give them to Pre-K and second graders.

The Home Team will be participating in repairs and tasks September 16th and 30th. Let Bob

know if you will be participating. Bobhuck10@sbcglobal.net



MEBERSHIP: Welcoming a New Member



Membership Director Jeff Wilson announced that our newest member Julia Kitay will be officially inducted at next Thursday's meeting. She will bring our membership up to 31.



THE GRANT: We Were Honored

The District 5160 Annual Awards program was a night of glitz and glam as Rotarians gathered at the historic Elks Tower in Sacramento to celebrate and recognize clubs and fellow Rotarians who have made outstanding contributions to their communities and the world. Our club project, Art in a Box, was one of the projects honored with a District Grant. There were 50 nominations and 14 award winners in 12 categories and truly an evening of inspiration. The District is glad to award these grants thanks to the generous donations of The Rotary Foundation. Look for more in the coming months.

INTERNATIONALNEWS

SAN FELIPE: Graduation

Scholarship Coordinators **Tina Sweeney** and **Alma Saldana** reporting; "This is such a busy and exciting time of the year. We have been to this year's graduations from high school and have just finished getting our new students enrolled for next year. It is because of such wonderful sponsors as you that we get to celebrate these successes with our local youth. Thank you for all that you do to help our community."

Final Grades:

Adriana Maduena Meza 9.5 Graduated (I was able to find a sponsor for her to attend University)

Nicole Marquez Ochoa 7.3 was dismissed from the program and your new student is Karime Geraldo Ordonez

Kendra Rubio Martinez 8.4

Priscila Vega Valdez. (Pictured here).

"Once again, thank you so much for helping our local youth continue their education and work towards a better future. Without you many of our students would not have the opportunity to continue their education".



UGANDA: Incredible Progress





Deb and Herb reported via zoom this morning: We distributed 92 mosquito nets to the people of Nsawo village. Thanks to the RC CVCS and Torsten for the generous contributions. The staff at the clinic have continued with the community outreach project which mainly focuses in Immunization, deworming, family planning sensitization, sanitation and nutrition. We had 7 babies in the month of August, 4 boys and 3 girls.

The clinic was also accredited by our local government to provide treatment for HIV and tuberculosis diagnosis. This has enabled more people to have access to anti-retrovirus drugs at no cost. The services will save more lives; however, it has increased the operational costs of the clinic that has been our on-going challenge. The government will only provide test kits and drugs.

With the help of Melissa Prandi Children's Foundation and The Global Uplift Project (both nonprofit Organizations based in USA), Nsawo village is going to have the first ever sewing center in the District. We shall be producing reusable sanitary kits and distribute them at no cost to girls in schools. The project is intended to keep girls in school and provide employment to the mother who will be sewing the kits. Sewing machines that were part of the second global grant will be used. In the long run, we plan to write a Global grant application which will be aimed at supporting the project and other community needs.

LETSCELEBRATE

Length of Service









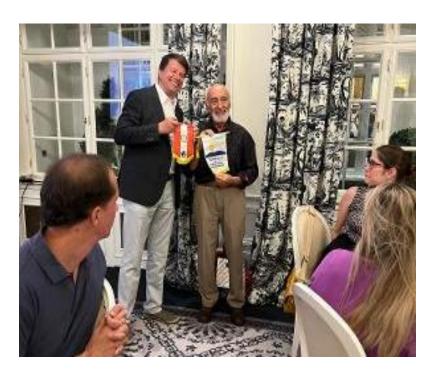
Rich Lueck, club historian, is now a 28-year member.

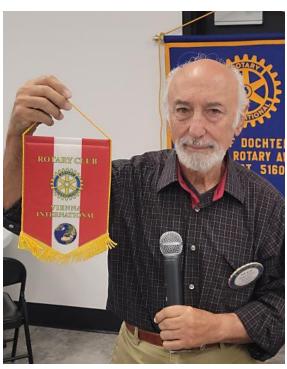
Treasurer Vicki Sexton is a 13-year Rotarian—6 years with us and 7 years with Brentwood. **Lisa Truesdell** hits the 17th year mark.

Alison Bacigalupo completes her first year and is the Scholarship Chair.

INTERNATIONAL ROTARY VISIT: Vienna, Austria

Hugh and Flor Toloui had a grand vacation. Here they are at a Rotary meeting in Vienna at the famous Sacher Hotel where they collected the club's flag. It was a lunch meeting that cost \$55. Hugh said they were very impressed with our Cars 2nd Chance program.





CREATIVEFRONTIER

THE EVOLUTION OF THE FOUR WAY TEST

By Edi Birsan

Concord Councilman, Game Designer, independent business owner in the maritime container inspection industry, and one of the best-known American players of the game Diplomacy.

In the beginning: "Will you believe that She made me do it?" Adam

1800 B.C. "What's with these 10? Can't you do it in 4? No one will remember 10." **Moses**

500 B.C. "Does it have Length? Does it have Width? Does it have a Hypotenuse?" **Pythagoras**

40 B.C. "Can I reach it? Can I see it? Is it mine?" Jules Caesar

1095 A.D. "Did I say it? Did you hear it? There are no further tests." Pope Urban II

1206 A.D. "Is it mine? Is there resistance? Are there survivors? Ask me if I care?" Genghis Khan

1812 A.D. "Is it part of France? Is it in France now? Is it really snowing?" Napoleon Bonaparte

1838 A.D. "Can we prove it? Will it benefit the species? Is that monkey talking to me?" Darwin

1876 A.D. "Is it useful? Can I have a patent? Will it make lots of money?" Thomas Edison

1905 A.D. "Does the formula work? Is it relative to the speed of light? Will it make a really, really big boom?" **Albert Einstein**.

1932 A.D. "Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?" **Herbert J. Taylor**

CREATIVE FRONTIER

This is a new feature in our weekly newsletter. It is intended for our worldwide readers to contribute their writing, artistic, and photographic talents for all to enjoy. How fortuitous that we begin this feature with the Four Way Test thanks to the talents of Councilman and Rotarian, Edi Birsan.

HAPPYBUCKS BARBARA REIFSCHNEIDER



CLAYTTON WORSDELL was so happy this morning, he gave 20 happy bucks because Carol is doing so much better. In fact, Carol is done with chemo and radiation treatments and here is her certificate to prove it.





VICKI SEXTON was happy this morning and gave one happy buck. Vicki's sister visited yesterday,

and they went to see the Barbie movie. They had a great time!

JEFF WILSON is back from Alaska where he vacationed with 10 of his family members and is contributing 10 happy bucks for all of them. Out of the entire vacation only one day was foggy, and the rest was beautiful weather.



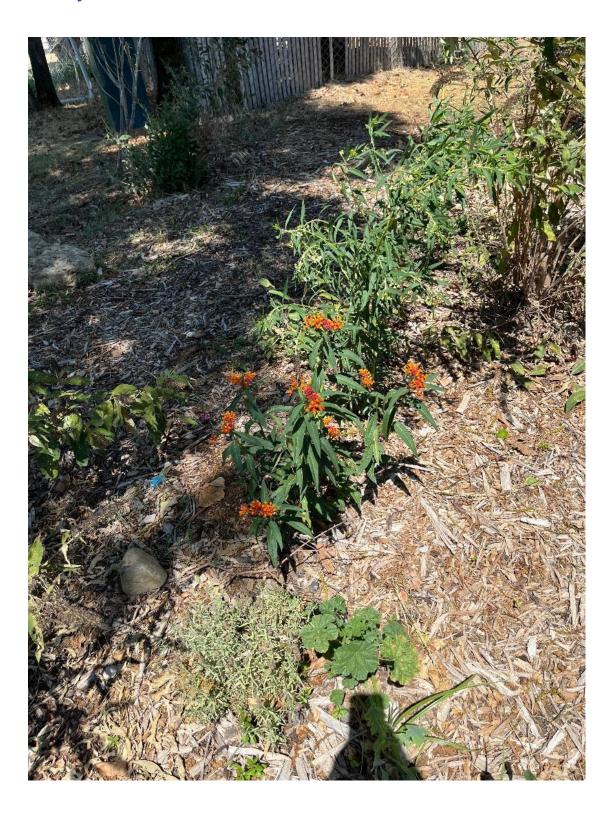
THERAFFLE

...and the winner is RUSS ANDERSON



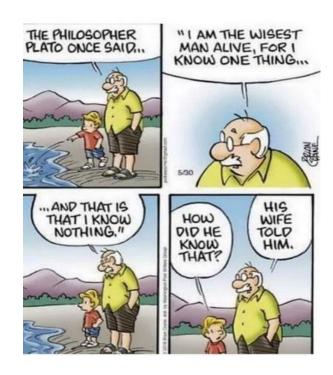
THEGALLERY

Rich Lueck sent this photo of the milkweed we planted in Newhall Park Butterfly Gardens. Check out those beautiful blossoms.



FUNSTUFF BILL SELB





GROAN

Here are a few groaners sent in by our readers. Some are worse than others.

My three favorite things are eating my family and not using commas.

Question: How many optometrists does it take to change a light bulb? Answer: Is it one...or two? One...or two?

What did the grape say when it was stepped on? Nothing. It just let out a little wine.

Why do cemeteries have fences around them? Because everyone's dying to get in.

A snake walks into a bar and the bartender asks, How?

Did you hear about the guy who got the left side of his body amputated? He's all right now.

I've started investing in stocks: beef, vegetable, chicken. One day I hope to be a bouillianaire.

If you boil a funny bone, it becomes a laughing stock. Now that's humerus.

I accidentally rubbed ketchup in my eyes. Now I have Heinzsight.

Did you know muffins spelled backwards is what you do when you take them out of the oven?

I was walking in the jungle and saw a lizard on his hind legs telling jokes. I turned to a local tribal leader and said, "That lizard is really funny!" The leader replied, "That's not a lizard. He's a stand-up chameleon."

How much does a chimney cost? Nothing, it's on the house.

My friend said she wouldn't eat cow's tongue because it came out of a cow's mouth. I gave her an egg.

Ran out of toilet paper and now using lettuce leaves. Today was just the tip of the iceberg, and tomorrow romaines to be seen.

My friend Jack says he can communicate with vegetables. That's right...Jack and the beans talk.

I want to tell you about a girl who only eats plants. You probably have not heard of herbivore.

I was struggling to understand how lightning works and then it struck me.

I went to the paint store to get thinner. It didn't work.



Everybody knows somebody that has a car they don't need. Tell your friends about how we administer this vehicle donation program with volunteers so that the charity they choose gets the highest value. Donate online at Cars2ndChance.org or call for more information: (925) 326-5868.

... That's all folks