

2022 - 2023

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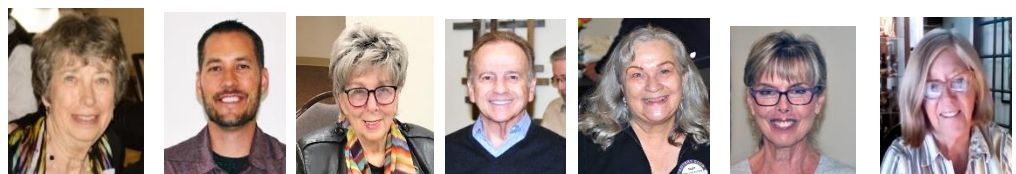
HOMELESS/HOUSELESS STUDENTS ON THE RISE



ART IN A BOX

Another 39 boxes of art supplies were dispensed to the CORE program last week. Sadly, we learned that the number of homeless/Houseless students in our Mt Diablo Unified School District is now up to 528.

Meet the members who comprise the team that is applying for a district grant to secure funds for 500 boxes:



TODAY'S SPEAKER

Today's speaker, **Tineke Jacobsen**, the Physical Therapist who became a volunteer for Xenophon Therapeutic Riding Center in 2005 that happens to be the Bay Area's therapeutic equine program for those affected by dementia. The country's premiere therapeutic equine-guided program for people with memory changes and their care partners is expanding its reach beyond Northern California and Nevada. The new **Connected Horse Facilitator Training Academy** is now available to train individuals and barns across the country who want to make the valuable program available to their communities by bringing the therapeutic power of equine connection to people living with memory loss and dementia.



More than six million Americans are living with Alzheimer's Disease. People affected by memory changes and dementia often struggle with depression, anxiety, and a sense of disconnection. Feelings of loss, apathy, isolation, and a sense of hopelessness are also common in care partners who are spouses, partners, adult children, and friends.

Few programs support the primary pair together. Connected Horse Co-Founders Nancy Schier Anzelmo, MSG, and Paula Hertel, MSW, recognized the value of early interventions and importance



of supporting the relationship of the person living with memory changes and their primary care partner.

ABOUT THE SPEAKER



Tineke Jacobsen, PT, CTRI, PATH Int'l Registered Therapist, Hippotherapy Clinical Specialist, was born and raised in The Netherlands and came to USA after High school as an Au-Pair. She graduated from UC San Francisco and became a licensed Physical Therapist, working in Pediatrics in Germany

and the USA, in Outpatient PT and Private Practice. In 1996, she attended a seminar on Hippotherapy and realized this was the perfect opportunity to combine two things she loved, her career and horses. Tineke began as a volunteer for Xenophon Therapeutic Riding Center in 2005, obtaining her instructor certification with PATH International. She began specializing in Hippotherapy at NCEFT (National Center for Equine Facilitated Therapy) in Woodside, CA and was then instrumental in getting a therapy program started at Xenophon Therapeutic Riding Center in Orinda where Pediatric Therapy Services' staff now counts four therapists. In addition, she helped develop a therapeutic riding, therapy and therapeutic driving programs for Michael Muir at Access Adventure in Fairfield, CA.

Together with Dr Mary Jones and Research Specialist Diane Morabito RN, she completed a research project "Measuring the Effect of Hippotherapy on Postural Control in a Child with Rett Syndrome" and presented at the American Hippotherapy Association in 2016.

For a decade she joined Health Volunteers Overseas as a volunteer, and together with her husband, Orthopedic Surgeon Torsten Jacobsen, they worked in India, the Philippines, Vietnam, and are still actively involved with projects in Uganda and Ethiopia. They have four daughters, three of whom ended up with careers in the medical field. Between 2002 and 2021, ten grandchildren were born.

Because of her involvement with and ultimately, care for a friend diagnosed with Dementia, Tineke searched for an equine assisted program that could serve this population. She met Connected Horse Founders Nancy and Paula, who had just completed their research and who were looking for a barn. Xenophon Therapeutic Riding Center in Orinda became the pilot for this program in 2017, and Tineke has been a Connected Horse Facilitator ever since.



CLUBNEWS

GUATEMALA: Concrete Floor/Stove Project:



Skip McCowan from the Lamorinda Rotary club is thrilled to report that their project to improve the health of hundreds of Guatemalan children and their parents in two rural villages has come to a successful conclusion. Concrete floors have been installed in the homes of fifty families in the village of Chajalajya and in thirty of those homes, StoveTeam International Justa stoves have been installed. They installed the other twenty stoves in the homes of people living in the village of Zaculeu. They could not have done this without the extraordinary efforts of the Rotary Club of Guatemala, Vista Hermosa, Phalarope, StoveTeam International, and the financial support of our district and our club.

Skep said, *"During the week of March 25 to April 1, thirteen Rotarians from six clubs in our district traveled to Guatemala to work on the last five floors and stoves. While there, we shoveled gravel and sand to mix concrete, lugged buckets of concrete into the houses, built brick stoves, visited a*

hydroponic cooperative of Mayan women who will grow lettuce to sell to national restaurant chains, visited Wakami in Antigua, a woman-run business that sells bracelets all over the world, and celebrated the week at the home of a past district governor of District 4250 for a wonderful dinner and gathering of our team and members of the Vista Hermosa club.

This project was conceived just before the COVID-19 pandemic began and it was delayed in its



execution as a result of the inability to enter the villages for more than a year. It was worth the wait. Again, thank you for your support."

UGANDA: Great News from Deb

Deb Luyiima says: "We are pleased to inform you that the \$5,000 donation from Hugh and Flor was received on the clinic account yesterday. The process has been longer than expected but thankfully the funds are here now. We as usual are very grateful and thankful for your support to Nsawo village. Your support has saved and improved lives in the community."

WE NEED EVERYONE'S HELP

THE RUN

Director Jeff Wilson sure needs your help. Please be sure to volunteer for the Run fundraiser. There are sign-up sheets at the meetings with all sorts of things you can do.

THE PANCAKE BREAKFAST

Jeff is also working on the Pancake Breakfast which is even more work. In fact, there are three days' worth of work for that event. Here is what we still need:

- Someone to supply sausage
- 32 12oz bowls for cream/sugar
- 6 duct tape rolls
- 2 blue masking tape rolls
- 2 box cutters
- 1 roll of plastic sheeting for tables
- 1 roll of scotch tape
- ticket cost sign
- 1 funnel
- 6 rolls paper towels (**Susie**)
- 3 bottles Canola oil (**Susie**)
- 4 large aluminum trays (**Joan**)
- 540 paper plates (Bill Selb has, I believe)
- 1 Raffle ticket roll
- 5 rolls of the brown ground paper
- bleach test strips
- 1 bottle of bleach
- 1 bottle of dawn dish soap (**Irene**)
- 2 bottles of hand soap
- 20 pairs of plastic serving gloves
- 1150 juice cups (Ouimet)
- 1700 coffee cups (Wenzel)
- 600 hand wipes (**Irene**)
- 1400 coffee stirrers (Wenzel)
- 1 fan for tents/kitchen (**Irene**)
- 1 large ice chest (**Ken**)
- 2 fire extinguishers

Let Jeff know how you can help.

SUNDAY @ 8:00 AM
JUNE 18, 2023

REGISTER TODAY



Scan the QR code to register on the race website. Entry fee for the 5K run is \$30, Kids 400m run (ages 7 & under) is FREE.

PROCEEDS BENEFIT LOCAL SCHOOLS!

Father's DAY



5K RUN FOR ROTARY

CLAYTON COMMUNITY PARK
(near the intersection of Regency Drive and Marsh Creek Road)

INFORMATION

This will be a fun 5k out-and-back course beginning at Clayton Community Park. The race will begin in the parking lot adjacent to the lower baseball field. There will also be a FREE Kids 400m fun run (ages 7 & under) after the 5k!

SCHEDULE

8:00 AM	Father's Day 5K Run for Rotary
9:30 AM	Kids 400m Fun Run (ages 7 & under)

SPACE IS LIMITED, REGISTER EARLY!
[RUNSIGNUP.COM/RACE/CA/CLAYTON/FATHERSDAYRUNFORROTARY](https://runsignup.com/race/ca/clayton/fathersdayrunforrotary)

SPONSORED BY



Rotary Club of Clayton Valley/Concord Sunrise
To learn more about Rotary in our community, visit <https://claytonvalleyrotary.org>

HAPPYBUCKS



RUSS ANDERSON had a happy birthday today. Russ was happy that his nephew is a rugby champion who hopefully will be going on to the national championships.

JEFF WILSON had a happy 2 bucks because he just passed a real estate test, yay! Now he will have more money to spend.



MONICA FRAGA had a Happy Buck this morning. Monica was celebrating the great wet weather she was having on her trip. On the upside, she was awarded the number one travel agent for land travel.



JOAN D'ONOFRIO is happy to report that another 39 boxes of art materials were turned over to the Mt Diablo Unified School District and learned that the number of houseless/Homeless students is up to 528.

LARRY HUTCHINGS is happy to report that the Art in a Box grant team have been zooming weekly and are now ready to submit the application.

TORSTEN JACOBSEN said his granddaughter was INCREDIBLY fortunate when his daughter got out of the car and left it in neutral on top of a steep very long driveway such that it rolled backwards downhill at a very high speed with granddaughter still in the car. It went across a heavily traffic cross street going backwards thru the traffic between 2 cars and only lost both rear view mirrors. On the way home, however, a lady backed into the car and took out the grill! The car still ran and there were no bodily injuries!



WHERE'S WALDO, er WHERE'S VICKI



Treasurer Vicki Sexton has hiked about 70 miles so far. Here is her report: *"I now know what it is like to push yourself beyond exhaustion. crossing the Pyrenees is the hardest physical thing I have ever done. I feel good and slightly amazed that I made it this far. We're staying at Casa Magica tonight. A relatively easy day—just 8 miles. I love this picture of the hammocks. My sister stayed here 9 years ago when she walked the Camino and sent me a picture just like this one. This was all accidental. Crazy."*



GUESS WHERE MARY (& DAVE) ARE NOW

The Kilauea Point Light, on Kauai.



FUNSTUFF

FROM A NEWSPAPER IN 1955

There'll Be No Escape in Future From Telephones

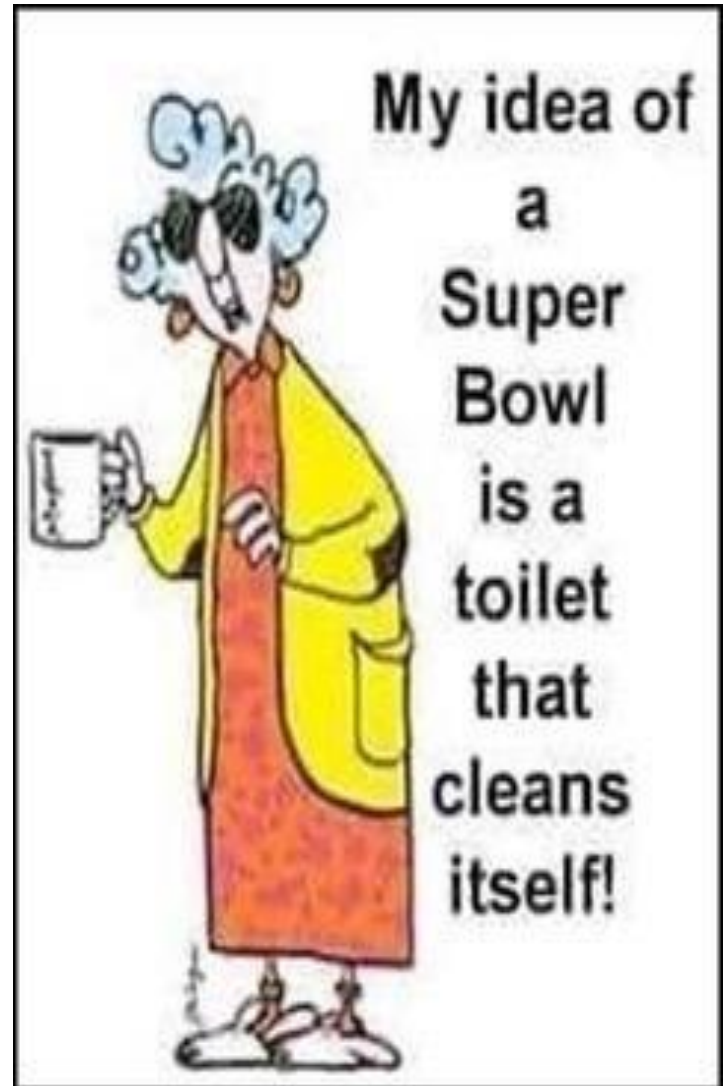
PASADENA.— *P* —The telephone of the future?

Mark R. Sullivan, San Francisco, president and director of the Pacific Telephone & Telegraph Co., said in an address Thursday night:

"Just what form the future telephone will take is, of course, pure speculation. Here is my prophecy:

"In its final development, the telephone will be carried about by the individual, perhaps as we carry a watch today. It probably will require no dial or equivalent, and I think the users will be able to see each other, if they want, as they talk.

"Who knows but what it may actually translate from one language to another?"





MORE FUN

For those of you that don't want Alexa listening in on your conversation they are making a male version. It doesn't listen to anything.

I just got a present labeled, "From Mom and Dad," and you know darn well Dad has no idea what's inside.

Now that I have lived through a plague, I totally understand why Italian renaissance paintings are full of fat people lying on couches. We celebrated last night with a couple of adult beverages . . . Metamucil and Ensure.

You know you are getting old when "friends with benefits" means having someone who can drive at night.

Weight loss goal: To be able to clip my toenails and breathe at the same time.

After watching how some people wear their masks I understand why contraception fails.

Some of my friends exercise every day, meanwhile, I am watching a show I don't like because the remote fell on the floor.

Just once I want a username and password prompt to say CLOSE ENOUGH.

If I am ever on life support unplug me and plug me back in and see if that works.



Everybody knows somebody that has a car they don't need. Tell your friends about how we administer this vehicle donation program with volunteers so that the charity they choose gets the highest value. Donate online at Cars2ndChance.org or call for more information: (925) 326-5868.

...That's all folks.

