THE VALLEY SUNRISE



3/9/2023

2022 - 2023

NEWSLETTER STAFF

Joan D'Onofrio: Editor Clayton Worsdell: Photo Essayist Rich Lueck: Photo Historian Lois Nelson: Copy Editor Barbara Reifschneider: Contributor Bill Selb: Contributor John Wenzel: Webmaster

ROTARY DISTRICT 5160

Suzanne Bragdon: District Governor Dess Beneditto: Assistant DG

BOARD OF DIRECTORS

Mary Kemnitz: President
Bob Sundberg: President-elect
Vicki Sexton: Treasurer
Monica Fraga: Secretary
Russ Anderson: Sergeant- at-Arms
Eric Rehn: Vocational
Molly Avilez: New Generations:
Susie Lim: RI Foundation
Jeff Wilson: Membership
Larry Hutchings: International
Barbara Reifschneider: Club Services
Lueck/Worsdell: Community Services

CHARITABLE BOARD

Larry Hutchings: Chair Mary Kemnitz: Vice Chair Vicki Sexton: Treasurer Steve Weir: Secretary Bob Hooy Bob Sundberg John Wenzel Hugh Toloui

COMMITTEE CHAIRS

Unfilled: Program Chair John Wenzel: Webmaster Bill Selb: Pancake Breakfast Chair

CONTENTS

Thought for the Day Announcements / News Milestones International News Happy Bucks The Gallery

MEETINGS 2023

3/14/23 Board Meeting 7 AM Zoom 3/15/23 Charitable Fund 5:30 PM Zoom





HONORING OUR WOMEN



WOMEN OF ACTION

President Mary Kemnitz presented a long stem rose and a beautiful pin to the



women who attended today's meeting. Women's History Month and international Women's Day has a rich history. it was in 1909 when 15,000 women from the Socialist Party of America protested long work hours, low pay, and the lack of voting rights in New York City. Today International Women's Day is celebrated on the 8th of March every year around the world and is a focal point in the movement for women's rights. Rotary International embraced this day for clubs around the world.

MORNINGRITUAL

President-elect Bob Sundberg called the meeting to order.



President Mary Kemnitz led us in the pledge and also recited a different version of the Four Way Test. **Rich Lueck** was the Mystery Greeter. **Julia Dawson** provided the Thought for the Day.







FOUR WAY TEST

Is it ice cold?
Is there enough for all concerned?.
Will it build good times and much better friendships?
Can it get any better than this?

Ideas are like rabbits. You get a couple and learn how to handle them, and pretty soon you have a dozen. —John Steinbeck

THOUGHT FOR THE DAY



TODAY'S SPEAKER: Tina Sweeney

All the way from San Felipe, thanks to Zoom, **Tina Sweeney** spoke to us today about the Gracie/Kuchy Sanchez Youth Education Program.

Tina told us that she and her husband Mike moved to San Felipe full time in March 2012. They lived in Rocklin, CA before moving to San Felipe. Tina worked for eighteen years at Northern California Power Agency in Roseville, CA. Her job was to schedule and distribute electricity on the power grid. Her background is accounting. They have three children TJ, Pat, and Tiffany and two grandkids.

They joined Rotary when they moved to San Felipe. Mike has been President twice and now is the club's PR. Tina became the

Youth Development Chairperson two months after they joined and after the past



Chairperson quit. Tina took the position not knowing what she was really getting into but is glad she did. Tina is a Paul Harris Fellow and totally enjoys working with the students of San Felipe and all of them you see in these photos.

BOOK SIGNING

Even though she could not be on hand to sign the book we give to the Clayton Library in her honor, we will sign it for her and deliver it to the library.

CHARITABLE FUND

Larry Hutchings reported that the Charitable Fund approved two charitable requests. One thousand dollars each was given to Delta Blue Scholarship and the Kennedy Scholarship. He also said that we were contacted by Carmel by the Sea Rotary Club. A member (Graeme) has friends who are a host family to Ukrainian refugee family in Carmel. A vehicle donor has a Prius he would like to give to help them. We have initially said fine provided Carmel becomes a C2C partner, they have the car professionally inspected and pay the first year's insurance. They will also cooperate for publicity for Rotary, C2C, the donors, etc.

PETS



President-elect Bob attended the PETS Training Seminar this past weekend at the Doubletree Hotel, San Jose, and told us that he learned a lot and had a grand time in the Hospitality suite. Notice the new logo and theme.





PETS Poster

BLUE BADGE: Congratulations Alison

Alison Bacigalupo completed all required tasks and is now a full-fledged Rotarian. **Membership Chair Jeff Wilson** presented her with the pin and badge. **Molly Avilez** is Alison's sponsor.



DISTRICT CONFERENCE

Sheryl Lack, District Conference Chair 2023-24, reports that The District Conference will be held April 26-28, 2024, in Sacramento at the Holiday Inn near Old Sac. The theme is "Teamwork makes the Dream Work. "There are still positions open on the District Conference Team as well as sponsorship opportunities. If you're interested, let Mary know.

TRAVEL PLANS

Anyone interested is broadening their horizons and would like to visit San Felipe, Uganda, Fairfield, or Melbourne let **John Wenzel** know or put our name on the sign-up sheet.

RAFFLE WINNER: Barbara Reifschneider

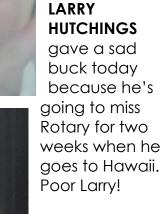


HAPPYBUCKS



JULIA DAWSON had a happy 10 bucks today. Julia has a lot of stuff going on in her life lately. She is doing doggy daycare, giving lessons, getting her son back home, and recently got engaged.

RICHARD LUECK had a happy buck because he was very happy and appreciative for all of the work that Tina Sweeney has done with the student program.



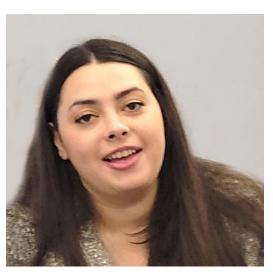
grumpy buck today. She took her car in for one repair, and it leads to another repair. I'm sure we've all been there before, sadly.

ERIC REHN had a sad buck this morning as he told us that his godfather died. We all extend our condolences.

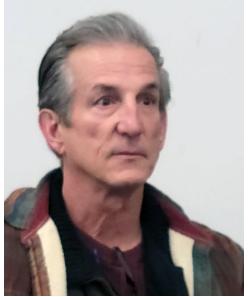
MOLLY AVILEZ had a sad three bucks.
Molly told us that her goats had three little baby goats but one

of the adult goats sadly died.







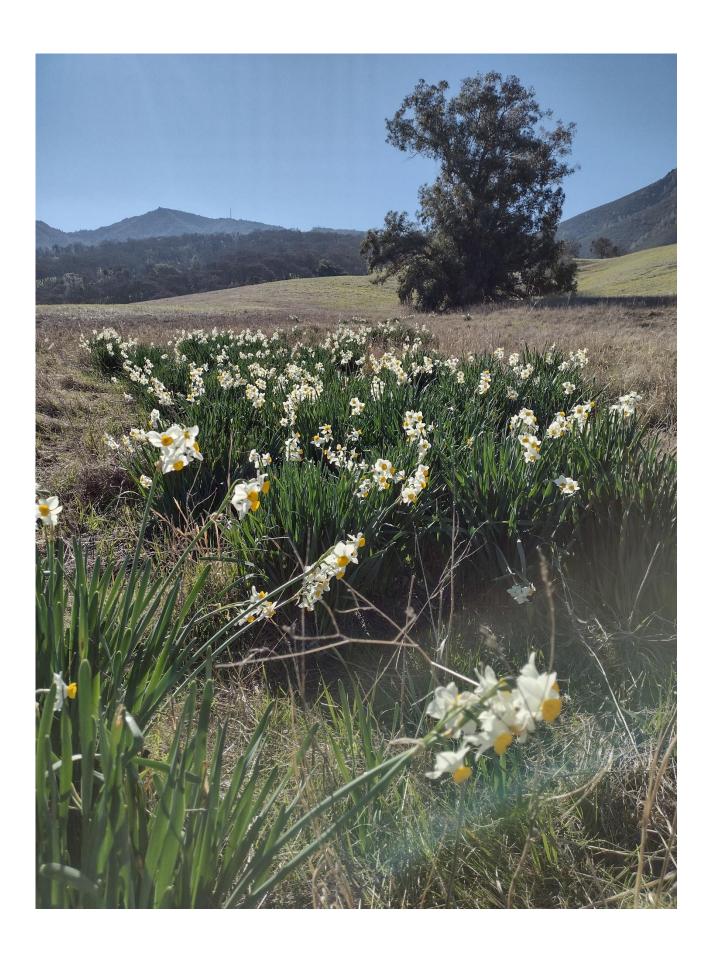


THEGALLERY

Eric Rehn shared these spectacular photos of the views he see in his backyard.







FUNSTUFF



SENIOR PEARLS OF WISDOM

I'm responsible for what I say, not what you understand.

Common sense is like deodorant. The people who need it the most never use it.

It's not my age that bothers me; it's the side effects.

I'm not saying I'm old and worn out, but I make sure I'm nowhere near the curb on trash day.

As I watch this generation try and rewrite our history, I'm sure of one thing: It will be misspelled and have no punctuation.

As I've gotten older, people think I've become lazy. The truth is I'm just being more energy efficient.

I haven't gotten anything done today. I've been in the Produce Department trying to open this stupid plastic bag.

Turns out that being a "senior" is mostly just googling how to do stuff.

I'm on two diets. I wasn't getting enough food on one.

My mind is like an internet browser. At least 19 open tabs, 3 of them are frozen, and I have no clue where the music is coming from.

Hard to believe I once had a phone attached to a wall, and when it rang, I picked it up without knowing who was calling.

She says I keep pushing her buttons. If that were true, I would have found mute by now.

God promised men that good and obedient wives would be found in all corners of the world. Then he made the earth round. . . and laughed and laughed.

