THE VALLEY SUNRISE



4/21/2022

2021 - 2022

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MEETINGS 2022

5/10/22 Board Meeting 7 AM Zoom 5/11/22 Charitable Fund 5:30 PM Zoom





WE ARE TWO-TIME BOCCE CHAMPS. LET'S GO FOR THREE!



THE BOCCE CHALLENGE

Bob Sundberg reminded us that the Bocce Challenge is on Saturday, May 14, at Martinez Waterfront Park. **Hugh Toloui** also reminded us that our club won two Bocce challenges. The first one was in 2009 which Hugh remembers fondly. The second one was in 2016. Now let's show them what we can do in 2022. The best part is that our club will pay the entry fees and all we have to do is bring desserts—and, oh yes, win.

TODAY'STHOUGHT: Mary Kemnitz.

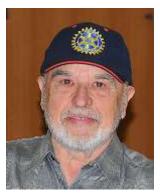


"In times of crisis, the wise build bridges, while the foolish build barriers. We must find a way to look after one another as if we were one single tribe.

— T'challa

"Crisis reveals our character often teaching us more about ourselves than we might learn in times of peace."

FOUR-WAYTEST: Bob Sundberg



Of all the things we think, say and do: Is it the TRUTH? Is it FAIR to all concerned? Will it build GOODWILL and better FRIENDSHIP? Will it be BENEFICIAL to all concerned?

MYSTERYGREETER: Hugh Toloui

Hugh reported that two members were tardy and each paid the \$1 fine.

TODAY'S INTERNATIONAL GUEST



DEB LUYIIMA Muyenga Rotary Club of Uganda



TODAY'SSPEAKER

President Monica Fraga introduced us to our 10-year-member, Eric Rehn, Vice President of the Kennedy Wilson Brokerage firm. Through a very interesting presentation, he told us that since moving to Northern California in 2003, he has worked on over 400 commercial real estate transactions, representing landlords, tenants, sellers, buyers, and investors in Contra Costa, Napa and Solano counties. Currently, his projects include multiple industrial buildings, land and office properties, as well as investment offerings and cannabis-related real estate markets. Eric



continued his commercial real estate education by achieving the coveted Certified Commercial Investment Member (CCIM) designation for investment expertise and has attended various workshops on related industry issues.

He told us that with over 2 million square feet of commercial space currently listed in California, his firm serves institutional and private capital landlords, national credit tenants, creative office users, high-end retailers, and neighborhood service providers. In keeping with the objectives of their clients' needs, they evaluate market conditions, assess current trends, and perform competitive analysis to position properties for optimum tenancy.

They also ensure that their clients receive a level of service that goes beyond traditional commercial brokerage. Eric said: "We think like investors, tenants, operators, and developers, leveraging the experience and insight of our entire team to exceed clients' expectations." From Sacramento to San Diego, our leasing and sales strategies combine proven techniques with detailed market knowledge to create optimum results. CONTACT Eric at 925 784-3449 erenh@kennedywilson.com for more information.

ABOUT THE SPEAKER

Eric Rehn, Open Water Certified Diver, received his Bachelor of Science Degree in Business Administration from California State University, Fresno, and his California real estate license. For 20 years, he worked in the medical device market as a surgical sales representative and as a product marketing/development manager where he received numerous awards for sales and marketing performance. His understanding of client concerns is based on personal investing experiences as well as handling the real estate for the family distribution/warehouse businesses. Eric has worked on over 400 commercial real estate transactions and specializes in industrial property types. Current projects include multiple industrial buildings, land and office properties, as well as investment offerings and cannabis-related real estate markets. He served as a board member, president, and treasurer of CCIM, is a



member of Rotary International, East Bay Leadership Council, member of City of Clayton Emergency Response Team (CERT), and is a current board member of the Contra Costa Taxpayers Association.

TODAY'SNEWS

ANNOUNCEMENTS

CALL TO ORDER: President Monica Fraga called the 15th hybrid and 97th zoom meeting to order. "I want to thank everyone for being patient with us while we work through our new venue's digital kinks. We are very lucky to have John Wenzel working through these problems and believe, that after further testing when our meeting concludes today, we will have finally found our happy medium. Next week will be a true test to see if we can make this Owl concept work."





SPRING ASSEMBLY: Still time to register. It will be held on May 7 in Fairfield. Start getting car pools set up everyone as you won't want to miss it this year. Doors open at 8:30 a.m. for registration. The event ends at 2 p.m.

BOCCE UPDATE: The entry fee is \$220 for 1 or 2 teams, \$250 for 3 teams, and \$280 for 4 teams, but the good news is, the Board agreed to pay the members' entry fees and all they have to do is play to win and provide dessert. Let Bob know if you plan to participate by signing up on the sheet he is passing around. So save the date: May14.

PANCAKE BREAKFAST IS A GO!

Pancake Breakfast Chair Bill Selb told us the good news. The Pancake Breakfast will, indeed, be held on Monday, July 4th but a lot of planning and volunteering has to be done. So cancel all your plans everyone as your help will be needed. Rich Lueck will get a sign-up sheet started with a listing of all the tasks that need to be done.



UGANDA REPORT

Deb Luyiima reported that the solar powered fridge will be installed over the weekend, and we are excited that all vaccines will be safe all the time. Electricity cost will also be reduced. The Pediatric ward is full and functional and I'm pleased to announce that we have a full time nurse on staff. The community is happy to have the services we are now able to supply, but we are still challenged by operational costs.



RI SERVICE BLOG PUBLISHED LARRY HUTCHINGS' ARTICLE

The following article that **Larry Hutchings** wrote about the **Uganda Pediatric Clinic** was published by Rotary International's Service Blog. They not only praised the amazing structure our club created, but stressed how well the article was written.

International Partnership Helps Establish Maternity Clinic in Uganda

By Larry Hutchings

On 31 March I was at home in the San Francisco Bay Area, wishing I could be with my Rotary friends in Uganda. They were dedicating the new Pediatric wing of the Nsawo Village Maternity Clinic that together we had worked so hard to complete. By the time you read this, they will have enjoyed an entire day of celebration, entertainment, and free examinations in a village that just a few years ago lacked medical care.

In 2010, a local Rotarian in California introduced me online to Rotarian Deborah Luyima from the Muyenga Rotary Club in Uganda. Deborah dreamed of improving life



in her 2500-resident home village which is located 60 kilometers north of Muyenga and the capital Kampala. Together Clayton Valley/Concord Sunrise Rotary Club and her club agreed to "Adopt-a-Village." It was to be a comprehensive project to end poverty by reducing maternal and childhood illness, improving diets, increasing school attendance, and expanding family incomes.

How excited we were just months later to meet Deborah and her fellow club members at the 2011 Rotary International Convention in New Orleans, Louisiana, United States. We had been working together on our first global grant and were able to

spend two days planning and becoming friends. That grant allowed us to create resources to support hygiene and nutrition. Mosquito nets reduced childhood malaria by 95%. Clean water, pit latrines and handwashing stations at the schools resulted in improved children's health and led to fewer health-related school absences.

In 2012, our second global grant focused on vocational schools for youth and business development for women. Grant funds provided brickmaking machines, sewing machines, and equipment for a catering business. Teenagers used those brickmaking machines to construct a building on donated land. In 2016, together we were able to equip and supply it as a maternity clinic. A doctor from our club has visited the village twice and frequently works with the local staff to advise on what equipment and supplies are needed. A small ambulance donated by the Ashland, Oregon Rotary Club transports patients, and an ultrasound machine was donated by the Durango, Colorado Rotary Club.

The impact has been significant. Before the Clinic opened, the mortality rate for babies under 1 year was 50%. Now it is 10%. Two of every 10 mothers had died during or soon after childbirth. Since its inception, the clinic has not lost a single mother. While the clinic's primary focus is the safe delivery of babies, including four antenatal visits per mother, it's also the focal point for other basic medical needs for the community, such as treating high blood pressure, malaria, snake and dog bites, vaccinations, HIV testing, and family planning.



Last year Nsawo villagers and Rotarians from neighboring clubs determined a need for the clinic to provide more pediatric care. A Clayton Valley/Concord Sunrise club member paid for the construction of a building specifically designed for pediatric care Our club provided for the initial equipment and supplies needed to begin operation. In addition, the Durango Rotary Club helped provide solar power for the facility.

I have seen Deborah and Past Assistant Governor for District 9200, Herbert Muyinga, nearly every week for the last two years,

as they have attended our club meetings by Zoom, sharing descriptions and photos of construction progress. So even though I wasn't in Nsawo on 31 March, I know our friendship will continue. I'm content knowing our Rotary Clubs' relationship will continue to help the village and the clinic as it works to fulfill its mission to deliver affordable medical care to the mothers and children of the area

RICH LUECK'S GRANDDAUGHTER'S FUNDRAISER

Here is the walk number for the virtual RP-Hope.org event. The photo is Rich Lueck's granddaughter.



AWARDS

THREE MEMBERS RECEIVE THE 'EACH ONE, BRING ONE' PIN











They earned their 'EACH ONE, BRING ONE' pin. **Eric Rehn** brought Paul, **Mary Kemnitz** brought Pam, and **Molly Avilez** brought Cameron, so today they earned received their pin. This award is intended to encourage every Rotarian in our club, and district, to bring a guest to the weekly meetings in an effort to promote and increase membership. This is intended to demonstrate how we partner with different organizations in our community to show how we assist those in need. It is also intended to inspire and engage our members and guests to show what we can do as an international organization. For this, we recognize all members who participate by awarding them the pin shown above.

WE ARE HEROS

Our club received the 2021-2022 ShelterBox HERO recognition award. **Bill Tobin**, Rotary Relations Manager of ShelterBox USA, thanked us for being a ShelterBox HERO. Our support is very much appreciated. At the end of the Rotary Year our club will be listed on their HERO page:

www.shelterboxusa.org/hero. ShelterBox has provided aid to over 2.2 million people since 2000 and they said they could not have reached them without clubs like ours. We are now part of District 5160 class of 2021-22 ShelterBox HERO Clubs. They include: Antioch, Clayton Valley/Concord Sunrise, Chico, Davis Sunrise, Lamorinda, and Vacaville.



HAPPYBUCKS



BY BARBARA REIFSCHNEIDER

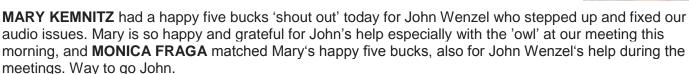


BOB SUNDBERG was back in action this morning. Bob gave a happy 10 bucks total. Five bucks of his happiness went to the fact that he is not itchy anymore. "It's like having that scratch that you can't itch." The other happy five bucks was because of Eric Rehn, who was our speaker today. Bob says that Eric proves our members are the best speakers.

RICH LUECK'S daughter and her family are moving back from the Netherlands, and he is way happy about that. She's

already got a job lined up at Guide Dogs for the Blind in Marin County. On the downside he told us, is his youngest granddaughter is developing retinitis pigmentosa which means she is slowly going blind.

MOLLY AVILEZ had a nervous buck. It seems Molly has a court day this afternoon as she is being sued. Apparently a tenant is suing her for making the tenant's life miserable.









TODAY'SRAFFLE

AND THE WINNER IS...SUSIE LIM

President Elect Mary Kemnitz gave us raffle tickets upon our arrival, and guess what? **Susie Lim** won.





NEW RULE

Sometimes, if your name is picked, you must have to answer a question to claim the prize. Study hard, everyone.





THEGALLERY



We will continue to: "Pray for Peace"

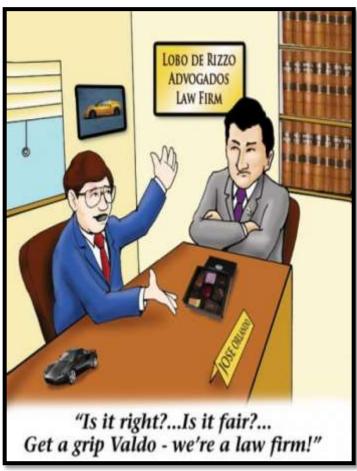
illustration by Monica Shafer Edwards

WORLD IMMUNIZATION WEEK April 24-30



LASTLAUGH





HEY, LADY

A lady was walking down the street to work and she saw a parrot on a perch in front of a pet store. The parrot said to her, "Hey lady, you are really ugly." The lady thought she misheard what the parrot said and went to work.

On the way home she saw the same parrot and it said to her, "Hey lady, you are really ugly." She was incredibly ticked now. The next day the same parrot again said to her, "Hey lady, you are really ugly."

The lady was so ticked that she went into the store and said that she would sue the store and kill the bird. The store manager replied profusely and promised he would make sure the parrot didn't say it again.

When the lady walked past the store that day after work the parrot called to her, "Hey lady." She paused and said, "Yes?"

The bird said, "You know!"

A PERFECT MARRIAGE

A couple, famous among their friends and family for never having a single argument, was celebrating their 25th Anniversary. They threw a party and invited all of their friends to celebrate with them. During the party someone asked about their secret to a peaceful marriage.

Recalling their honeymoon, the husband said: "We went to Scotland for our honeymoon after our wedding."

One day there, we went for a horseback riding trip. My horse was pretty okay but the horse on which my wife was riding seemed to be a crazy one. On the way ahead, the horse jumped suddenly, making her topple over. Recovering her position from the ground, she patted the horse's back and said "This is your first time." She again climbed on the horse and continued with the ride. After a while, it happened again. This time she again kept calm and said "This is your second time," and continued. When the horse dropped her a third time, she silently took out the revolver from her purse and shot the horse dead!

Shocked, I shouted: "What did you do you psycho. You killed the poor animal. Are you crazy?"

She gave me a cold look and said: "This is your first time!!!" and we have been happy ever after."

HUNTING

THANKS BRO

... That's all, folks.