

2022 - 2023

NEWSLETTER STAFF

Joan D'Onofrio: Editor
Clayton Worsdell: Photographer
Rich Lueck
Barbara Reifschneider
Bill Selb
Lois Nelson

ROTARY DISTRICT 5160

Suzanne Bragdon: District Governor
Dess Benedetto: Assistant DG

BOARD OF DIRECTORS

Mary Kemnitz: President
Bob Sundberg: President-elect
Vicki Sexton: Treasurer
Monica Fraga: Secretary
Russ Anderson: Sergeant-at-Arms
Unfilled: Vocational
Molly Avilez: New Generations
Susie Lim: RI Foundation
Jeff Wilson: Membership
International: Larry Hutchings
Barbara Reifschneider: Club Services
Rich Lueck & Clayton Worsdell: Community Services

CHARITABLE BOARD

Larry Hutchings: Chair
Mary Kemnitz: Vice Chair
Vicki Sexton: Treasurer
Steve Weir: Secretary
Bob Hooy
Bob Sundberg
John Wenzel
Hugh Toloui

COMMITTEE CHAIRS

Unfilled: Program Chair
John Wenzel: Webmaster
Bill Selb: Pancake Breakfast Chair

CONTENTS

Thought of the Day
Announcements / News
Milestones
International News
Happy Bucks
The Gallery

MEETINGS 2022

9/13/22 Board Meeting 7 AM
Zoom

9/14/22 Charitable Fund 5:30 PM
Zoom



DEI

DIVERSITY EQUITY INCLUSION



Dr. Heather Vilhauer, Past-President of the Rotary Club of Dougherty Valley/San Ramon, currently serves on the District 5160 DEI committee and will serve as the District 5160 Education chair for 2022-2024. Outside of Rotary, Heather consults and conducts research primarily in the areas of organizations and leadership. She spoke to us today about the importance of cultivating Diversity, Equity, and Inclusion in all Rotary clubs. After a brief member brainstorming session, we recognized how well our club is living up to these beliefs.

GETTING**STARTED**

TODAY'S**THOUGHT:** *Russ Anderson*



“Whenever you find yourself on the side of the majority,
it is time to pause and reflect.”
– Mark Twain

FOUR-WAY**TEST:** *Rich Lueck*



Of all the things we think, say, and do
Is it the truth?
Is it fair to all concerned?
Will it build good will and better friendships?
Will it be beneficial to all concerned?

TODAY'S **SPEAKER**

DIVERSITY. EQUALITY, INCLUSION

Dr. Heather Vilhauer, today's speaker, signs the book we will donate to the Clayton Library in her honor.



TODAY'S GUEST: *Welcome Celia Valencia*



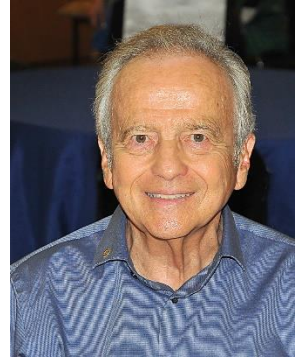
CLUB ANNOUNCEMENTS

CHARITABLE BOARD DONATIONS: *Director Larry Hutchings*

Larry Hutchings reported that the September 8, 2022, Board of Director's meeting approved and awarded donations to the following organizations:

- > \$1,000 to Children's Organ Transplant Association
- > \$1,000 to the Rotary Club of Pleasant Hill
- > \$2,500 to Contra Costa College Rotary Powered Automotive Scholarship and
- > \$2,000 to Michelangelo D'Onofrio Arts Foundation

It is so gratifying to see how Rotary clubs organizations are doing so much to help children of all ages and situations: from children with health issues, students being able to pursue education, and houseless children receiving art supplies to give them a modicum of joy and solace.



COMMUNITY SERVICE: *Adopt-a-Street Cancelled*



Rich Lueck reported that unfortunately, the Adopt-A-Street has been cancelled. It was scheduled for October 1st but due to pregnancy, low staffing, and availability of workers. It will resume next year, and we will send the schedule once it is completed. I will let you know if any staff becomes available on October 1st, but as of now, this event will likely be cancelled.

However, **Councilmember Karyn Obringer** reports that the **Concord September of Service** is still on. She believes that our citizens need to feel pride in living in our great city, and Community cleanup and beautification events are excellent ways to build positive relationships and a sense of place. Join her on September 24 at Willow Pass Community Park from 8 am to 11am. Everyone is welcome! Volunteers should come dressed for "yard work."

LIGHTS, CAMERA, ACTION: *Getting to Know Us*

District Governor Suzanne Bragdon will be attending our September 15 meeting at 7:00 a.m. via zoom. Assistant DG Dess Benedetto will also be in attendance. Governor Suzanne will be meeting with us to learn how our club is doing, serve as a sounding board on issues we may be facing, and sharing ideas and resources that are available to us.

She will also meet with us on September 25th at noon along with members of DV 8. This will take place at the Sugarloaf Open Space at 2161 Youngs Valley Road in Walnut Creek.



ZOOM MEETINGS: *Only once a month*

President Mary said we will only connect with zoom third Thursday of the month.

MEET OUR NEW MEMBER: *Getting to Know Her*



Meet **Alison Bacigalupo**. Alison is the office manager at Clayton Valley Charter High School and was instrumental in working toward the school's transition into a charter. She attended the University Of Washington and when she turned 21, she became a citizen of California.

UGANDA: *The Team Thanks Us*

Deb Luyiima and **Herbert Musinga** thanked us profusely for all the donations we are sending them and want us to know that they are now able to stock their shelves with medical supplies.



Please Join Us
to Support
International Vision Volunteers
and Honor Another Year
of Changing Lives in Zambia

Sunday, October 2, 2022
11a.m. - 2 p.m.
Poolside at Orinda Country Club
315 Camino Sobrante, Orinda

IVV has been busy in Zambia!
New inspiring children's library and informative reference library
Sustainable Solar Power
Upgraded mechanical equipment

Help us celebrate and honor Dr. Jim Green, Dr. Sheila Hurst
and Fred Nelson for their contributions!

We hope you can join us for lunch,
a presentation on our recent eye camps,
an introduction to the upgrades that have been made to our facilities and an auction to support
our cause.

\$100 recommended donation/person

You can RSVP to ivvusachair@gmail.com or
By mailing a check to :
IVV, 21C Orinda Way, PMB, Orinda, CA 94563
By Venmo: @IVVusa
or

by credit card at ivvusa.org/donate

If you are unable to attend, any donation would be greatly appreciated as \$20 pays for 3 months of medication
and \$100 covers 5 cataract surgeries

HAPPYBUCKS

By Barbara Reifschneider.

NOTE: If your happy or sad bucks are lengthy, please email the contents, in your own words, to Barbara Reifschneider.



JOHN WENZEL gave only 3 happy bucks this morning because his kids had emptied his wallet this morning and that's all he had left. John has had a lot of medical testing done lately. He is happy because, while nothing is conclusive, it is very encouraging.

MONICA FRAGA is happy that she will be leaving for the Canadian Rockies on the 25th and mentioned a very strange thing. It seems several people had to cancel this trip, and they all had the same reason: Parkinson's.



JOAN D'ONOFRIO had 5 grumpy bucks as she reported on the results of her recent biopsy. Turns out it is lung cancer. She also mentioned that this was discovered on a routine office checkup where her new doctor told her to get an x-ray along with a blood test. Blood test was fine. But the x-ray not so good. So, if you haven't had one recently, get one.

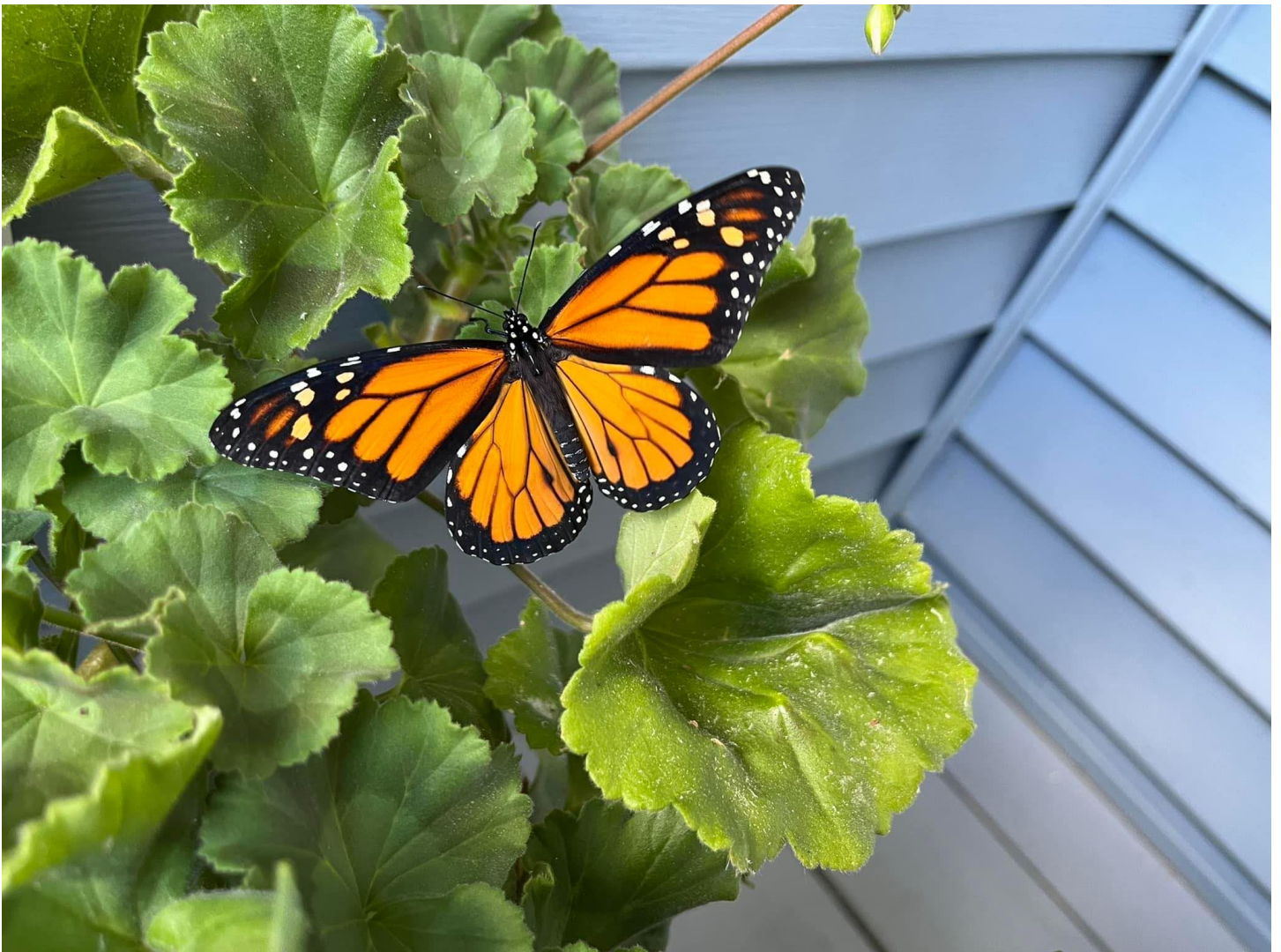
LARRY HUTCHINGS had a happy buck this morning. Larry got a

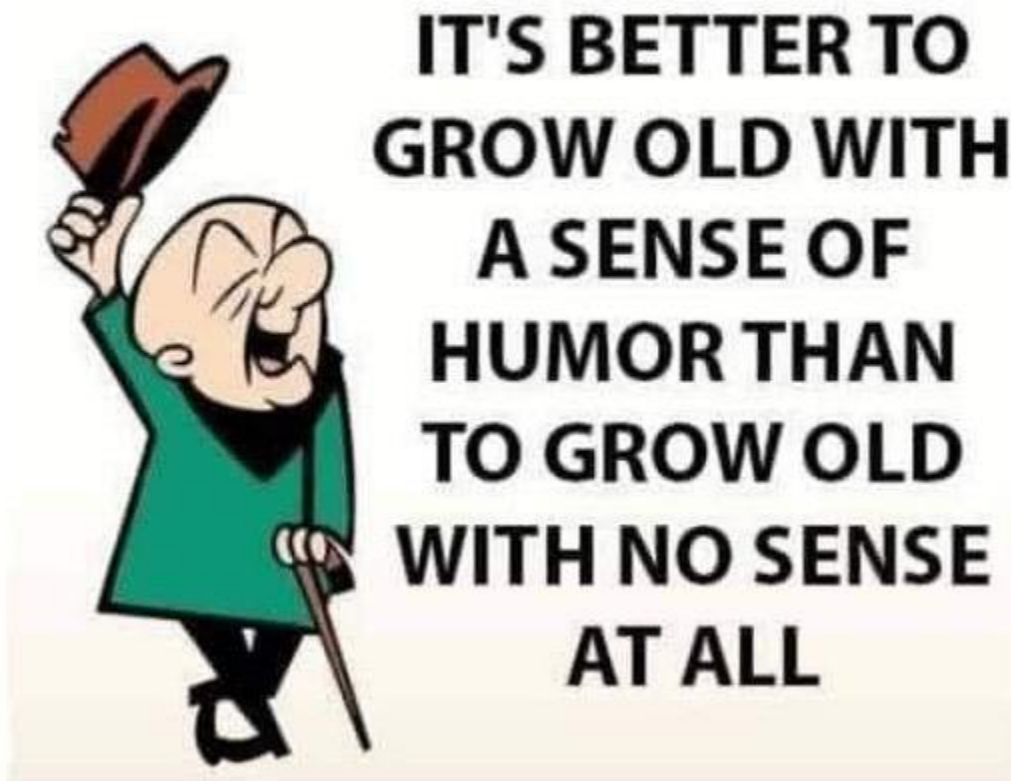
phone call from Sheila who is the international chair for Rotary. Sheila wanted Larry to join in with their Round Table meeting that they're going to have. Uganda's pediatric clinic is on the table. Part of his happy buck was for being back from Palm Springs. Larry had a problem with his AC down there, but it's all fixed



THEGALLERY

One of our readers from Saratoga Springs, NY raises Monarchs and sent us her latest success. She enjoys our newsletters.





HONEST LAWYER

A lawyer named Thomas Strange died, and his wife was informed by the tombstone maker that he can only fit nine words on the tombstone.

She asked the tombstone maker to inscribe the following on the tombstone, "Here lies Strange, an honest man, and a lawyer."

The inscriber insisted that such an inscription would be confusing, for passersby would think that three men were buried under the stone.

He suggested an alternative, he would inscribe, "Here lies a man who was an honest lawyer." That way, whenever anyone walked by the tombstone and reads it, they would be certain to remark: "That's Strange!"

AN ARTIST

An artist asked the gallery owner if there had been any interest in his paintings on display at that time.

"I have good news and bad news," the owner replied. "The good news is that a gentleman enquired about your work and wondered if it would appreciate in value after your death. When I told him it would, he bought all 15 of your paintings."

"That's wonderful," the artist exclaimed. "What could be the bad news?"

"The guy was your doctor."

PUNS FOR THE FUN OF IT

The meaning of opaque is unclear.

I wasn't going to get a brain transplant but then I changed my mind.

Have you ever tried to eat a clock? It's very time consuming.

A man tried to assault me with milk, cream, and butter. How dairy!

I'm reading a book about anti-gravity. I can't put it down.

If there was someone selling marijuana in our neighborhood, weed know about it..

Police were called to the daycare center. A 3-year-old was resisting a rest.

The other day I held the door open for a clown. I thought it was a nice jester..

Need an ark to save two of every animal? I Noah guy.

Alternative facts are aversion of the truth.

I used to have a fear of hurdles, but I got over it.

Atheism is a non-prophet organization.

Did you know they won't be making yardsticks any longer?

I used to be allergic to soap but I'm clean now.

The patron saint of poverty is St. Nicholas.

What did the man say when the bridge fell on him? The suspension is killing me.

Do you have weight loss mantras? Fat chants!

My tailor is happy to make a new pair of pants for me. Or sew it seams.

What is a thesaurus's favorite dessert? Synonym buns.

A relief map shows where the restrooms are.

There was a big paddle sale at the boat store. It was quite an oar deal.

How do they figure out the price of hammers? Per pound?

...that's all folks

