

2022 - 2023

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John Wenzel: Webmaster
Bill Selb: Pancake Breakfast Chair

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MEETINGS 2022

7/12/22 Board Meeting 7 AM
Zoom
7/13/22 Charitable Fund 5:30 PM
Zoom



A NEW BEGINNING



President Mary Kemnitz called the first 2022-2023 meeting to order

The meeting came to order and **President Mary** assigned the opening ceremonies to the following: **Ken Nishimori** led us in the pledge, the Four Way Test was verbalized by former member **Dave Kemnitz**, and identified the Mystery Greeter as **Larry Hutchings**.

GETTING**STARTED**

TODAY'S**THOUGHT:** *Vicki Sexton*

The weak bluster, deny, lie, and strike out wildly.
The powerful admit mistakes, thereby robbing it of the hold on them.



IN-PERSON**GUESTS**



DAVE KEMNITZ

Member, Lamorinda Rotary



DAN HUBERT

President, Lamorinda Rotary



ALISON BACIGALUPO

Potential Member

GLOBAL INITIATIVES

GUATAMALA: *Skip McCowan*



Today's speaker, **Skip McCowan**, Member of District International Service Committee, told us that he attended the second Uniendo America project fair in January 2020, in Antigua, Guatemala. More than 400 Rotarians from North America and all seven Central American countries met to share ideas about projects that will improve the lives of thousands of people by decreasing the transmission rate of preventable infectious diseases among rural families by improving sanitary conditions and hygiene within the home, resulting in healthier, more productive families. As a result of friendships made at the project fairs, Lamorinda Sunrise and Vista Hermosa Rotary in Guatemala City are funding a project that installs concrete floors in the homes of families in the village of Tecpan, not far from Guatemala City.

Skip told us that a study by the World Bank showed that concrete floors significantly improve the health of young children. A complete substitution of dirt floors by cement floors in a house leads to a 78 percent reduction in parasitic infestations, a 49 percent reduction in diarrhea, an 81 percent reduction in anemia, and a 36 to 96 percent improvement in cognitive development for only \$1,000 a home. For more information, contact Skip at jackbmccowan@gmail.com.

Mike Hatfield

Partnering with Skip's Guatemala program is **Mike Hatfield**, Project Director of StoveTeam International, told us that 4 billion people cook using dangerous indoor fires worldwide. Smoke from indoor cooking fires is a leading cause of death among children under age five—it kills more people than AIDS and malaria combined.

He told us that their vision and dream for the future is the complete eradication of open cooking fires throughout the world and said: *"communities and families thrive because they have been given back their health and their time. In our vision, cooking ceases to be a major contributor to climate change and deforestation, and there is universal global knowledge that cooking over open fires is hazardous to health and the environment."*



UGANDA: *Herbert Muyinga*

Herbert Muyinga of the Muyenga Rotary Club of Uganda reported from zoom with an update on the Clinic. He said: "The facility is up and running and both the maternity and children's wings are operational. We average six outpatient kids and five adults per day. There were five new births this month thanks to our family planning control sensitization as compared to many more a few years back. There is an average of three inpatients daily. Several cases of communicable diseases-- malaria, coughs, and general fevers-- still haunt our village people.

We continue to up our vigilance at the clinic with multiple approaches and strategies. As of July 1st, we have engaged a hospital administrator cum pediatrician who comes in with lots of experience and plays a major role by overseeing the daily running at the facility. She reports at the center three days a week. In addition, both Deb and I are on hand once week. As of today: we have five permanent medical staff consisting of the one mentioned, two midwives, a lab technician, a general clinician, a security guard, and a cleaner.

We have, however, challenges meeting their salaries in time as a big portion of our collections are from the sale of medicines. The patients hardly pay on time or at time of falling sick. It's very tasking picking all the debts in time. Medical insurance is unheard of in the villages. This current inflationary trend has not made it any better due to the high cost of living. One staff left as we declined his instant salary increment. We, however, we have so far two Rotary members each offering \$50 a month which we intend to match 100%. We are still waiting on our Ministry of Health who promised support to avail free drugs. Process is very slow as we continue submission application documents against the grant offer. There is also this Protestant Medical Bureau which we are also lobbying for support."



DISTRICT AWARDS: *Time to celebrate*

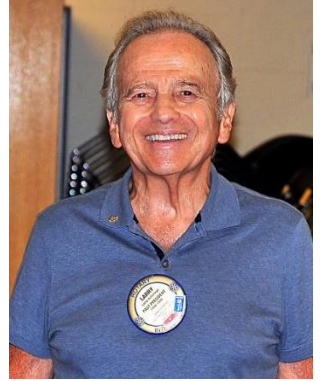
On Saturday, July 16th at the Rolling Hills Casino in Corning we will celebrate the time, effort, achievements, and dedication you have all shown this last year. Because of you, our District shines. Over the last year, Presidents and fellow Rotarians have worked hard during one of the most challenging periods in recent years so it's time to show appreciation right there at the top. While we shine a bright light on the achievements of the last year, we'll also be ushering in the next era of Rotary leaders.



CLUB ANNOUNCEMENTS

CHARITABLE FUND

President Larry Hutchings reported that the Charitable Fund reviewed the report submitted by **Herb Muyinga** concerning the Uganda Clinic's operational costs. They agreed to provide \$2,500: **Steve Weir** donated \$500, **Hugh Toloui** donated \$1,000, and the Fund will donate \$1,000.



COMMUNITY SERVICES: *Backpacks & Supplies*

Community Services Codirector Clayton Worsdell reported that if you want to get a free breakfast, donate a backpack and school supplies. A complete list of needed school supplies was emailed to all our members. This program sponsored, by the Family Justice Center, ends at the end of this month.



In a message from **Codirector Richard Lueck** he said: "The backpacks are for all school age. There seems to be more recent stories about gang activity in our local High Schools so NO red or blue backpacks. Mary bought 24 flowered backpacks on Amazon, and I bought 24 all black backpacks figuring boys might like them as opposed to the flowered ones."



VOCATIONAL SERVICES: *Way to go, Jeff*

Membership Chair Jeff Wilson agreed to also head up the Vocational Services Director's position. **Miles Bell** was the chair, but he resigned from our club.

SPEAKER'S PROGRAM: *Volunteers needed*

Miles Bell was the chair of this committee, but he resigned so we need someone who will assume this position. Until someone steps up, **Mary Kemnitz** and **Larry Hutchings** have volunteered to help and, so far, speakers are scheduled for the rest of July and all of August. In the meantime, if anyone has suggestions for speakers, let Mary know and someone will follow up.

HAPPYBUCKS



MARY KEMNITZ had a sad buck today. Seems she and Dave have had their beautiful boat for about 15 years when suddenly it wouldn't start. Dave to the rescue. He thought maybe it's a vapor lock and before you know it, he fixed it. She was also sad that one of their favorite restaurants has burned to the ground.

MOLLY AVILEZ had a very happy buck this morning. She was happy to tell us that her real estate classes are almost over.

JOAN D'ONOFRIO is donating five happy bucks for becoming a Farkle champion. Seems she just learned how to play the game and she was playing against Lois Nelson, Carol Worsdell, and Clayton. She didn't announce it at the meeting, but we needed something to fill up this column. She also said she didn't announce it at the meeting because she feared someone would ask "what is Farkle?" As of this writing, she still doesn't know what Farkle is, but it sure is fun to play.



THE RAFFLE: Dave Kemnitz

the winner of today's raffle is a former member of our club who is currently a member of the Lamorinda Rotary: **Dave Kemnitz**. Dave chose Peet's Coffee gift card as his prize.

FUNSTUFF

SMILE, YOU'RE ON CANDID CAMERA

So, I was driving down College Road the other day. As I went past one of the traffic cameras I saw it flash. Now, I knew I wasn't speeding and laughed that it took my picture.

I turned around and drove past it again, almost 10MPH under the speed limit, it flashed at me again.

I did this repeatedly and the last time I was at a crawl, laughing my butt off that it took my picture again, how funny was this.

Two weeks later I got 6 tickets in the mail for not wearing a seat belt.

PAINLESS CHILDBIRTH

A married couple went to the hospital to have their baby delivered. Upon their arrival, the doctor said he had invented a new machine that would transfer a portion of the mother's pain to the baby's father. He asked if they were willing to try it out. they were both very much in favor of it.

The doctor set the pain transfer to 10%, for starters, explaining that even 10% was probably more pain the father had ever experienced before. However, as the labor progressed, the husband felt fine and asked the doctor to go ahead and "kick it up a notch."

The doctor then adjusted the machine to 20% pain transfer. The husband was still feeling fine. The doctor checked the husband's blood pressure and was amazed at how well he was doing at this point, they decided to try for 50%. the husband continued to feel quite well.

Since the pain transfer was obviously helping the wife considerably, the husband encouraged the doctor to transfer ALL the pain to him. The wife delivered a healthy baby boy with virtually no pain. She and her husband were ecstatic

When they got home, the mail man was dead on the porch.

LITTLE LEAGUE

At the Little League meet up, the coach calls over little Charlie, bends down and looks him straight in the eyes.

"Look, Charlie," the coach says, "you know the principles of good sportsmanship, correct? You know the Little League doesn't allow temper tantrums, shouting at the umpire, or abusive language."

"Yes sir, I understand."

"Good, Charlie. Now, would you go and explain that to your father?"

...that's all folks.

