## THE VALLEY SUNRISE



6/2/2022

#### 2021 - 2022

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Miles Bell: Program Chair John Wenzel: Webmaster Bill Selb: Pancake Breakfast Chair

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#### **MEETINGS 2022**

6/14/22 Board Meeting 7 AM Zoom 6/15/22 Charitable Fund 5:30 PM Zoom





# HALLELUJAH, WE'RE BAAAAAACCCCKKK!!!



# TODAY'SSPEAKER



Today's speaker, **Melissa Allen**, talked to us about RotaCare Bay Area, Inc., a volunteer alliance of medical professionals, organizations, and community members dedicated to providing free primary, quality healthcare services to uninsured families and individuals with limited ability to pay for medical care. They are volunteer-driven and supported solely through locally based philanthropy.

RotaCare Bay Area, Inc. was formed in 1989 when a local Rotarian, Dr. Mark Campbell and his Campbell Rotary Club identified the need of many local residents who had limited access to primary healthcare services. They resolved to meet this need with a clinic in Santa Clara. That was the first clinic, located at the former Agnew State Hospital site but has since closed. In its place are now 10 clinics located throughout the Greater Bay Area. The RotaCare Free Medical

Clinics are located in Concord, Gilroy, Monterey, Northern Peninsula, Pittsburg, Richmond, San Jose, San Rafael, and Santa Cruz.

RotaCare Free Medical Clinics provide care to a growing population of working and unemployed residents who are unable to pay for or access primary and urgent medical care services. They are heavily supported through grants, donations and the hard work of our volunteers. All RotaCare services provided at the clinic are free to the patient including medical exams, diagnostic testing, lab testing, and most medications. RotaCare saves taxpayers money providing patients accessible medical care in our community clinics rather than expensive emergency room care.



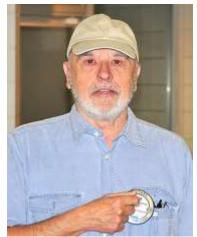
#### **ABOUT MELISSA ALLEN**

Melissa is the chair of the Advisory Council for RotaCare Concord, and is a nurse practitioner who has been volunteering with the clinic since it opened. She has volunteered as educator for NP students and community groups as well as hosting Rotary exchange students. Her day job is providing medical care to the underserved who are home bound or in nursing homes. For fun, she enjoys cooking and the community that is built around food. She also thoroughly enjoys hiking with her dog, Sagittarius. Melissa strongly believes in volunteering and building community and considers it an honor to be speaking to our Club today.



# WHAT'SNEW?

#### **BADGE CHECK**



**President Monica Fraga** called the 21<sup>st</sup> hybrid and 103<sup>rd</sup> zoom meeting to order. She immediately asked for an update on the Promo Demo Party and the Pancake Breakfast. She also asked SAA Bob Sundberg to do a badge check, and believe it or not, many members were tardy—you know who you are, so please pay up.



#### PANCAKE BREAKFAST



**Bill Selb, Pancake Breakfast Guy**, is impressed by the progress we've made toward restarting our Fourth of July Pancake Breakfast. The preevent activities report demonstrates how many of you have stepped forward to get things rolling. Richard Lueck is coordinating the enlistment

of everyone's availability for serving in some capacity. Please let Richard know your willingness to serve in any way. Even if you aren't available for the event date, there are other activities where we can use your help. In addition to our club members we anticipate help from quite a number of spouses, partners, kids, friends,



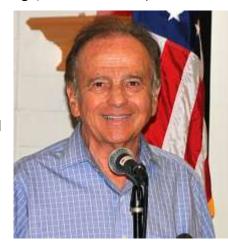
and fellow workers. And we've been offered help from the Clayton Valley Village, and Boy Scouts. Mary Kemnitz has collaborated with her graphic designer to generate a fantastic flyer. Eric Rehn will oversee placing the sign on Ygnacio Valley Road, Vicki Sexton is donating \$100 toward the purchase of syrup, Joan D'Onofrio is donating \$50 toward the purchase of

the utensils, and Russ Anderson has agreed to pick up and return the griddles.

#### PROMO DEMO

**Larry Hutchings** reminded us that the event will be held on June 25 at 5 p.m. at Rossmoor's Garden Clubhouse. The price is \$35 per person, and it is imperative to let us know if you will be attending and how many people will be in your party. A head count is imperative. Larry also told us that there will be a band, so put on your dancing shoes.

Rich Lueck needs a head count for the caterer so let us know the number of guests in your party. A sign-up sheet was passed around at the last two meetings. However if you did not fill it out please email me now. Even if you aren't attending, we still need to know: rich.lueck@gmail.com



### THE POWER OF ROTARY: Lights, Camera, Action!

The District Conference World Premiere Event: "The Power of Rotary" will take place October 28 - 30, 2022, at the Monterey Marriot.

**District Governor-Elect Suzanne Bragdon** wants you to know that you should register by June 1, to secure your space at the conference for only \$199 per person. After that, the price changes to \$225 per person and up to \$250.

Congratulations if you have already registered and are ready to PARTY! The Rotary fellowship and inspiration is hard to beat surrounded by the beauty of Monterey in October which is the most spectacular time to enjoy the California coast. Also on tap is:

- Golf on Thursday, October 27<sup>th</sup> at the Del Monte Golf Course for only \$140 (includes lunch). (click the registration link above, it will return you to your original registration)
- A Hollywoodesque-soiree on Friday evening, October 28<sup>th</sup> for \$25 at the stunning Marriott Ferrante Bay View venue (dancing, dessert, open bar and stars galore; space limited).
- Selected activities in Monterey promoted by the Conference Committee to facilitate catching up with long-term friendships while welcoming new Rotarians and Rotaractors to the fold (purchase tickets directly with vendors; all contact information and prices provided on the District 5160 website).



DISTRICT GOVERNOR-ELECT SUZANNE BRAGDON

### ROTARY ROUND-UP: The 2021-2022 Term Celebration



A message from our **District Governor Kathy Suvia** as she announces the Rotary Round-Up Awards & Installation Dinner, Saturday, July 16, at the Rolling Hills Casino in Corning, California.

Kathy said: "As we're closing in on the end of this Rotary year, it's time to celebrate our accomplishments and have a little fun so plan on joining us for **The District 5160 Rotary Round-up.** Dinner starts at 6:00 p.m. which is time for us to connect, laugh, and enjoy delicious food. At 7:00 pm we will hold the awards ceremony and installation celebration. The evening will end with After-Party Square Dancing led by Paradise Rotarian Donn Thompson, a professional square dance caller.

A block of 50 rooms ranging from \$119-\$139 for the night have been reserved, but those prices are held only until June 1. I am looking forward to seeing you there."

### **MILESTONES**



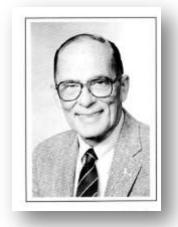




Happy 14<sup>th</sup> anniversary Jeff and Yvonne Wilson, congratulations on seven years of Rotary service Mary Ann Kemnitz, and happy 75<sup>th</sup> birthday Bob Huck.

#### **BLAST FROM THE PAST**

Our First President 1987-1988 was **Ron Orlebeke**. The Rotary Club of Clayton Valley/Concord Sunrise was chartered in May 1987 and locally serves the Town of Clayton and the Clayton Valley area of Concord. The club is involved in many projects around the world but also has projects that are important in the local community as well.



### A MESSAGE FROM DISTRICT GOVERNOR KATHY SUVIA

As we near the end of this Rotary year, look at some of what we have accomplished.

My first goal was to reconnect us all so that relationships would be more effective. Clubs are back to meeting regularly. The area teams of clubs are generating ideas for joint service. Our member retention rate is a whopping 97%!

My second goal was to increase our numbers, providing us with more hands and ideas for service. For only the second time in ten years, we end the year with more members than when we began last July.

Third, our increased awareness and participation in The Rotary Foundation is shown by the 30% increase in total contributions this year and your support to TRF's Disaster Response Fund with over \$150,000 designated for the refugee crisis in Eastern Europe.

Thank you for all you do and for the privilege of serving as your District Governor.

# HAPPYBUCKS

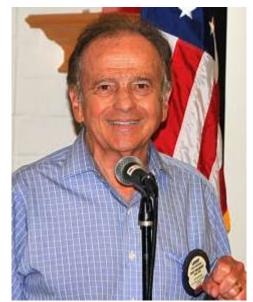




**JEFF WILSON** had a happy 20 bucks this morning. He is happy for having two properties close very soon. Jeff is also happy about celebrating his 14-year-wedding anniversary.

RUSS ANDERSON had a happy buck. Russ was happy that he finally was able to have a conversation with his daughter who is on a three-month cruise. His daughter just called to say hi and everything is going OK.

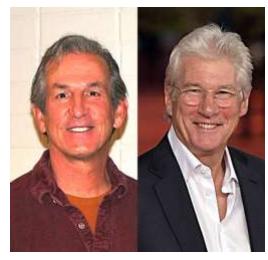




LARRY HUTCHINGS gave 6 sad bucks this morning. Larry admitted that he is guilty of talking too much. I'm sure he had a check in the column for interrupting the class because he's talking too much—didn't we all. Five bucks were for sad bucks because so many of his friends have recently passed away. A phone call reminded him that it was time for him to

bring his vehicle into D&H for servicing. He thought about that one for a while and then said to himself, D&H isn't even there anymore! Now where am I going to go?





# TODAY'SRAFFLE

### AND THE WINNER IS...BOB SUNDBERG

The winner of the Raffle today is **Bob Sundberg.** Way to go, go Bob.



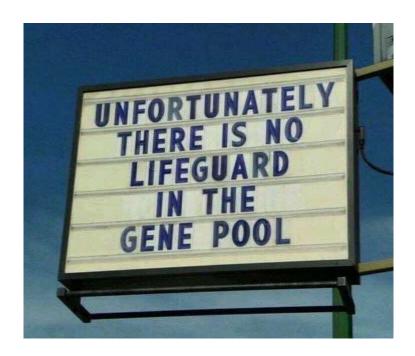




# LASTLAUGH



By Bill Selb





### **FREE DRINKS**

The bartender asks the guy sitting at the bar, "What'll you have?" The guy answers "a scotch please."

The bartender hands him the drink, and says "That'll be five dollars," to which the guy replies, "What are you talking about? I don't owe you anything for this."

A lawyer, sitting nearby and overhearing the conversation, then says to the bartender, "You know, he's got you there. In the original offer, which constitutes a binding contract upon acceptance, there was no stipulation of remuneration."

The bartender was not impressed, but says to the guy, "Okay, you beat me for a drink. But don't ever let me catch you in here again."

The next day, same guy walks into the bar. Bartender says, "What the heck are you doing in here? I can't believe you've got the audacity to come back!"

The guy says, "What are you talking about? I've never been in this place in my life!" The bartender replies, "I'm very sorry, but this is uncanny. You must have a double."

To which the guy replies, "Thank you. Make it a scotch."

#### **DRESS FOR SUCCESS**

I just hate it when Walmart doesn't have what I need and I have to go home, change out of my pajamas and take a shower so I can go to Target.

... That's all, folks.