# THE VALLEY SUNRISE



3/10/2022

#### 2021 - 2022

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#### **ROTARY DISTRICT 5160**

Kathy Suvia: District Governor Dess Beneditto: Assistant DG

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Membership:
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#### **COMMITTEE CHAIRS**

Miles Bell: Program Chair John Wenzel: Webmaster Bill Selb: Pancake Breakfast Chair

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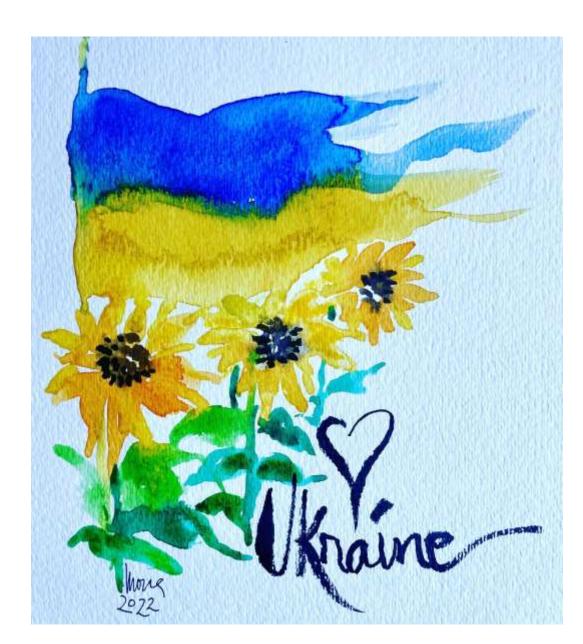
### **MEETINGS 2022**

4/12/22 Board Meeting 7 AM Zoom 4/13/22 Charitable Fund 5:30 PM Zoom





# **GLORY TO UKRAINE**



"Pray for Peace"
Illustration by Monica Shafer Edwards

# TODAY'S**THOUGHT:** Jeff Wilson

Life isn't about waiting for the storm to pass. It's about learning how to dance in the rain.

-Vivian Green

If you're going through hell, keep going.

—Winston Churchill



Of all the things we think, say and do:
Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and better FRIENDSHIP?
Will it be BENEFICIAL to all concerned?



## TODAY'S GUESTS & SPEAKER



DEB LUYIIMA HERI Rotary Club in Uganda



HERBERT MUYINGA



MIKE MAXWELL VP Choice in Aging

# TODAY'S SPEAKER

### **AGING IN PLACE**

Miles Bell introduced us to Mike Maxwell, VP of Choice in Aging, who introduced us to their Aging in Place campus that features senior housing with health services, joint classes, and daycare for preschoolers. Research shows that living in your own home, and maintaining a sense of community as you age, results in better physical and cognitive health. It also increases the quality of life for those who might otherwise be forced into institutional care. They have long supported the oldest and frailest adults thereby creating the first program in the nation to serve people with advanced Alzheimer's and became a model used around the country.

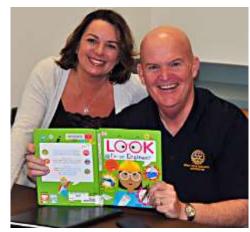




For more than 70 years, Choice in Aging has been breaking down barriers and embracing the joy and enrichment that seniors bring to the community. Their onsite Montessori preschool provides intergenerational programming for children and seniors' that positively impacts lives with unique learning opportunities.

More and more Californians need housing, health care, socialization, and every day services that support people living with Alzheimer's, Parkinson's, multiple sclerosis, heart attacks, stroke, and other serious conditions. Mike told us that they are stepping up to meet those needs by building a new facility on campus that will include 81 units of affordable housing. It is being built by the Satellite Affordable Housing Associates and will include space for their flagship Mt. Diablo Adult Day Health Center that will provide seniors with care and wraparound services right on site.

Mike was a very engaging speaker and also a Rotarian with a great sense of humor.



MIKE SIGNED THE BOOK THAT WILL BE SENT TO THE CLAYTON LLIBRARY

# TODAY'SNEWS

### **ANNOUNCEMENTS**

**President Monica Fraga** opened the 9<sup>th</sup> hybrid and 92<sup>nd</sup> zoom meeting by announcing that the DV8 clubs are holding a Beer and Bratt BBQ event that will take place at Sugarloaf Open Spaces in Walnut Creek on April 2, to raise money for Ukraine. Our club will provide desserts.



**Ukraine Fund**. As one of the world's largest humanitarian organizations, Rotary has made peace the cornerstone of our global mission and is deeply concerned about the Ukraine crisis that clearly needs our help. The Rotary Foundation Trustees have decided to prioritize contributions made to the Disaster Response Fund until April 30, 2022. Nearly 2.7 million people have fled Ukraine and are in dire need of emergency aid. Rotary clubs in Europe and around the world have stepped up their relief work, some working on the ground to help displaced families.

**Headcount**. We need a headcount for the Wine Raffle event that will take place in the banquet room here at Centre Concord on March 17 at 6:00 p.m. where corn beef and cabbage will be served in honor of St. Patrick's Day. Let us know if you are attending and how many will be in your party. The fee is \$15 per member but guests do not have to pay.

**New Venue.** It's looking like our new meeting place will be at the Salvation Army building. Contracts have yet to be signed, but voting was an overwhelming acceptance. The first meeting in that facility will be held on April 7 at 7 am.

### CHARITABLE FUND REPORT

**Larry Hutchings** reported that the following donations were approved by the Charitable Board at their Wednesday meeting:

**Shelter Box USA** will receive \$1,000 and Hugh Toloui added \$250.

**Delta Blues Scholarship** will receive \$1,000

Guatemala Concrete Floor & Stove project will receive \$1,000

**Camp Venture & Camp Royal** was approved to support two students each per camp.

**San Felipe Tuition program** will receive up to \$4,500 in matching funds for high school students.



### **WINE RAFFLE: Update**





**Vicki Sexton** reported that she has collected \$5,050 from ticket sales. She has collected \$630 in member donations that will go to the purchase of more wine. At \$20 a bottle, that equates to 31 %

bottles. Molly has all of the wine at her house, and at this point Vicki said we must have somewhere around 60 bottles.

**Bill Selb** said: "Still a little time left to get out there to promote, sell, purchase more tickets, and donate more wine." WE CAN DO IT."

Remember, Vicki makes personal house calls and will STILL pick up wine, monetary donations, and raffle tickets. Give her a call: 925 586-1286



## MILESTONE: Length of Service



**JULIA DAWSON AGUILAR** joined Rotary 16 years ago this month, served as 2018-2019 President, and was Rotarian of the Year for 2016.

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## **PAUL HARRIS RECOGNITION**

The Paul Harris Fellowship is named for our founder and three of his business associates in Chicago in 1905. The Fellowship was established in his honor in 1957 to express appreciation for a contribution of \$1,000 to the humanitarian and educational programs of The Rotary Foundation. Globally, there are thousands of people who are members of the fellowship dedicated to the desire to give substantially and empower Rotary clubs to change lives in their community and around the world

**Rotary Foundation Director Ken Nishimori** presented the Paul Harris honors to **President Monica Fraga** and to **Susie Lim—**one our newest members.



**Past President Vicki Sexton** bestowed some of her points to make it possible for **Susie Lim** to join the other Paul Harris members.

President Monica Fraga, an 11-year Rotarian, earned her Paul Harris +4 sapphire studded pin today.



## **SAN FELIPE: Youth Education Program**

NOTE: Applications will be available in next week's newsletter.

#### Hola!

The Gracie/Kuchy Sanchez Youth Education Program is an ongoing project of the Rotary Club of San Felipe, supervised by the Club's Youth Development Committee. This program is designed to assist the families of High School students of San Felipe, Baja California, Mexico.

The cost to sponsor one student per year for a three-year high school is <u>only \$200.00 USD per year</u>. Your sponsorship will provide the required uniform including shoes, exam fees, school fees, books and school supplies each year.

Sponsors are asked to commit for a student's entire three-year high school experience so that the sponsor and student continue together as one through graduation.

The requirements for the students to continue in this program include good attendance, seeking tutoring assistance if necessary, no drugs or alcohol, participation in community service projects, good citizenship, and prompt completion of all assignments. The student's progress and performance are checked at mid-term and at the end of each semester.

We continually assist in the communication between students and sponsors through distribution of newsletters and by sending each sponsor a copy of their student's grades. We also hold an event in San Felipe each fall so that parents, students, sponsors and Rotarians can all get together. Students and sponsors are also encouraged to communicate directly through letters, cards or electronically. If a sponsor is in San Felipe, we encourage them to meet with their student as well.

All costs for printing and postage are paid for by the Rotary Club, - NOT by sponsor donations. I hope you will join us in this very important and life changing project!!

Mil gracias!

## Tina Sweeney

Rotary Club of San Felipe Scholarship Coordinator bajatinas@gmail.com

mail to: San Felipe Scholarships

P.O. Box 9011, PMB 370 Calexico, California 92232

# HAPPYBUCKS



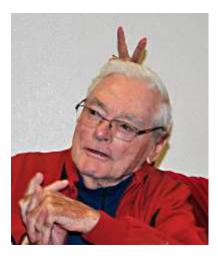
BY BARBARA REIFSCHNEIDER



**TORSTEN JACOBSEN** gave five bucks for the following happiness in his own words: "My bucks were for two things: 1) Happy that the club is moving to a new facility for meetings at the Salivation (note my intentional misspelling) Army facility where I once took a course on dyslexia, and 2) for my planned trip to San Felipe for the 'Steak in the Park' event to support our partner club and cancer center.

**DON OUIMET** had a happy five bucks today for the People Magazine photo

shoot that took place at his son's house in Antioch. They interviewed his son and daughter-in-law regarding the family's medical problems. Look for Don and family members on the cover of People magazine at your local grocery store as you check out at the cash register. You'll be able to say: "Hey, I know him."





**LARRY HUTCHINGS** gave five happy bucks as he was happy to tell us that he gave a check in the amount of \$7,500 from C2C sales and was happy to tell us how successful our booth at PETS was. Hundreds of Rotarians stopped by and expressed interest.

**MARY KEMNITZ** gave 20 happy bucks and expressed how her attendance at PETS was marvelously successful. She learned a lot, and met many interesting President-elect Rotarians. She mentioned how much she liked her PETS poster that Clayton and Joan created for her.

# TODAY'SRAFFLE

### AND THE WINNERS IS... Monica Fraga

**President Elect Mary Kemnitz** spun the wheel and it stopped on **Monica Fraga's** name. "It's about time," she said, and we all agreed with her. The question was put to her by her daughter, Molly, and Monica had the correct answer so she truly won the raffle.





### **NEW RULE**

From now on, if your name is picked, you will have to answer a question to claim the prize. Study hard, everyone.





# THEGALLERY

Feast your eyes on the white daffodils that Honorary Member Lois Nelson discovered in her garden surrounded by yellow ones.



# LASTLAUGH

## **SOME QUICKIES THAT WILL MAKE YOU CHUCKLE**

My therapist says I have a preoccupation with vengeance. We'll see about that.

I just read that 4,153,237 people got married last year. Not to cause any trouble but shouldn't that be an even number?

Today a man knocked on my door and asked for a small donation towards the local swimming pool. I gave him a glass of water.

Relationships are a lot like algebra. Have you ever looked at your X and wondered Y?

I find it ironic that the colors red, white, and blue stand for freedom until they are flashing behind you.

When wearing a bikini, women reveal 90% of their body... men are so polite they only look at the covered parts.

A recent study has found that women who carry a little extra weight, live longer than the men who mention it.

Did you know that dolphins are so smart that within a few weeks of captivity, they can train people to stand on the very edge of the pool and throw them fish?

Money talks ...but all mine ever says is good-bye.

You're not fat; you're just... easier to see.

If you think nobody cares whether you're alive, try missing a couple of payments.

I can't understand why women are okay that JC Penny has an older women's clothing line named, "Sag Harbor."

Denny's has a slogan, "If it's your birthday, the meal is on us." If you're in Denny's and it's your birthday, your life sucks!

The pharmacist asked me my birth date again today. I'm pretty sure she's going to get me something.

The location of your mailbox shows you how far away from your house you can be in a robe before you start looking like a mental patient.

Money can't buy happiness, but it keeps the kids in touch!

The reason Mayberry was so peaceful and quiet was because nobody was married. Andy, Aunt Bea, Barney, Floyd, Howard, Goober, Gomer, Sam, Earnest T Bass, Helen, Thelma Lou, Clara and, of course, Opie were all single. The only married person was Otis, and he stayed drunk.

... That's all, folks.