THE VALLEY SUNRISE



2/24/2022

2021 - 2022

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ROTARY DISTRICT 5160

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Thought of the Day Announcements / News Milestones International News Happy Bucks The Gallery

MEETINGS 2022

3/8/22 Board Meeting 7 AM
Zoom
4/13/22 Charitable Fund 5:30 PM
Zoom





DG KATHY SUVIA SHARES HER ROTARY EXPERIENCES



KATHY SUVIA 5160 District Governor

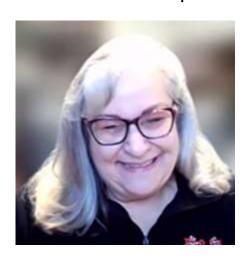
Recently retired from a long career in community development and nonprofit service, Kathy draws upon her experience in various aspects of organizational development in all she does. Highlights of her career include participating on the California Economic Revitalization Team for rural timber counties, being a founding member of a women's micro-enterprise organization and developing the Leadership Siskiyou program.

Kathy's Rotary career includes serving as President of the Rotary Club of Mt. Shasta, Assistant Governor, District Trainer and Chief of Staff prior to being selected as 5160's District Governor for 2021-22.

She is proud of the 8 years she served as a counselor at District 5160's Camp Venture, a business leadership camp for high school students. A highlight of her Rotary adventures was a trip to Nigeria with 30 other Rotarians from North America in late 2016. Being able to immunize babies reconfirmed her dedication to Rotary's efforts in eradicating polio. (Read more on p.3)

TODAY'STHOUGHT: Mary Kemnitz.

Life isn't meant to be easy
It's meant to be hard
Sometimes good, other times rough
But with every up and down you learn lessons that
make you strong



Four-Way **TEST:** Ken Nishimori

Of all the things we think, say and do:
Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and better FRIENDSHIP?
Will it be BENEFICIAL to all concerned?



TODAY'S GUESTS



DESS BENEDETTO
DV8 Club



HERBERT MUYINGA DEBORAH LUYIIMA Representing the Rotary Club in Uganda



TODAY'S SPEAKER

HONOR THE PAST, ACT FOR THE FUTURE

President Monica Fraga introduced us to 5160 District Governor Kathy Suvia who talked to us about her feelings, accomplishments, and goals for her work at Rotary. She reminded us about a quote by Rotary International Past President Sir Clem Renouf who said: "Rotary takes ordinary men and women and gives them extraordinary opportunities to do more with their lives than they ever dreamed possible."

She is extraordinarily grateful for having the opportunity to be involved in helping to eradicate polio. As a young girl growing up in a small rural timber town in Northern California, she remembers the sadness when one of her school friends died from polio, and could never have dreamed that



one day she would be in Nigeria with a group of Rotarians and give drops to babies to protect them from polio. She wanted us to know that whether you vaccinated babies, contributed to Rotary's PolioPlus campaign, or helped raise awareness that polio still exists, you make a difference. In fact, Rotarians have had many opportunities to step-up in ways they could not have imagined: you sold cars and collected money for local food banks, made food boxes and gave them to the Monument Crisis Center, built a Pediatric Clinic in Uganda, and followed the COVID rules. You could not have imagined the extraordinary opportunities in which to serve and made a difference.

Kathy said: "A Rotary Club is a collection of relationships. District 5160 and Rotary International are a collection of relationships built on friendships and a common set of values. In the past year, we gave up handshakes and hugs, but we didn't give up our core values. We will have questions and decisions to make as our Rotary Clubs create a new normal this year. Let's take this opportunity to create Rotary Clubs that meet the needs of each community, but most importantly, of the members and the relationships we hold dear." Kathy told us she is humbled by traditions that are greater than all of us, but inspired by a vision we share for the world and encompassed in the District Theme for the year: 'Honor the Past; Act for the Future.'



MORE ABOUT THE SPEAKER

Kathy truly is a fun Rotarian as you can see by this photo. She was born and lived the first few years of her life in Scotland before immigrating to Northern California with her family. She maintains close ties to her family in Scotland and has been able to visit Rotary Clubs there on family vacations. She has a BA in Human Resource Management, and n her mid-50s to earn an MBA in Nonprofit Management and Leadership. Kathy and her husband Bill, also a Rotarian, live in Anderson with their black Labrador, Rosie. They have two grown sons, four grandchildren, enjoy alpine skiing, and hiking around the many trails and lakes in the area, especially when joined by their family.

TODAY'SNEWS

ANNOUNCEMENTS

President Monica Fraga IS back and opened our meeting by introducing us to our guest speaker **5160 District Governor Kathy Suvia**. She then moved on to bringing us up to speed regarding the Wine Raffle, C2C announcements, Milestones, and the in-person meetings.

Monica said: "I am super excited to announce that we are going back to in-person meetings starting next week. We are still shopping for a different place to hold our meetings, but before we change venues, I will send out an email complete with pictures. I will follow that up with a survey to see if we all support the idea of a new venue. For the month of March, we still will be meeting at the Centre Concord for a catered breakfast which is \$15.00 per person. Sunrise Bistro will continue to cater for us."



C2C: Exciting News

Larry Hutchings reported that C2C brought in \$25,000 during the last three weeks and he is thrilled to have secured a spot and a table at the PETS event where many Rotarians will learn about our C2C program.

Mary Kemnitz reported that Copart picked up more cars from the lot and C2C sold two more cars. She will be attending PETS in a few weeks as part of her President-elect position and looking forward to it.





MILESTONE: Happy Birthday

JPHN WENZEL and his beautiful family are going to celebrate his 37th birthday on Monday (2/28) even though he has been sidelined with shingles. John is our webmaster, was the 2019 Rotarian of the Year, and is a member of the Paul Harris Society. Happy birthday, John, and get well.



WINE RAFFLE: Update





FLIND



RAISING NEWSLETTER THANK YOU

Wine Raffle Event



GREETINGS ALL, AS I SIT HERE WRITING THE THIRD FUNDRAISING NEWSLETTER REPORT WE ARE ALL CELEBRATING PRESIDENT'S DAY. SINCE THAT DOESN'T INVOLVE DECORATING THE HOME OR SENDING GREETING CARDS, I'M NOT SURE HOW WE'RE SUPPOSED TO CELEBRATE THAT HOLIDAY. BUT I DO HOPE THAT YOU ALL HAVE A JOYOUS DAY.

EVEN AS I SIT HERE WRITING, VICKI KEEPS EMAILING UPDATES TO ME. MOST RECENTLY SHE HAS DISTRIBUTED 236 TICKETS AND HAS COLLECTED \$1,175 FOR SOLD TICKETS. FURTHER, SHE HAS 29 BOTTLES OF WINE (MOLLY MIGHT HAVE SOME MORE). AND MEMBERS HAVE ALREADY CONTRIBUTED \$460 CASH TO PURCHASE WINE.

I'M SURE THAT MANY OF YOU ARE WORKING HARD ON THIS EVENT. YESTERDAY I SOLD ELEVEN TICKETS TO FRIENDS AT CHURCH. ED MORESI HAS PROMISED ME A RESTAURANT GIFT CERTIFICATE. MILES GOT A CERTIFICATE FROM DIABLO CREEK GOLF COURSE FOR FOUR COMPLIMENTARY GREEN FEES AND TWO CARTS.

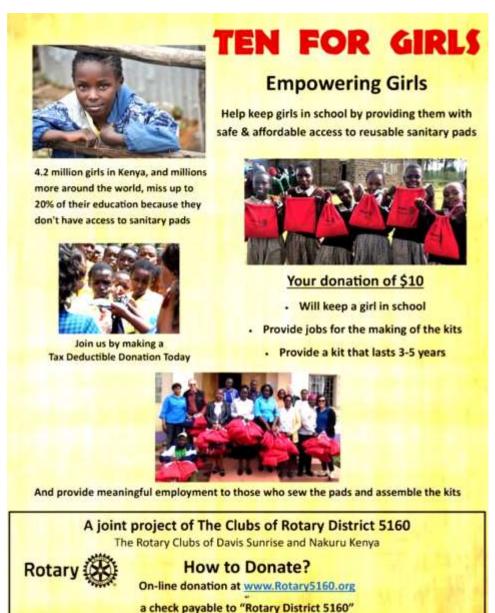
SO LET'S GET OUT THERE AND PROMOTE, SELL, PURCHASE, AND LET'S MAKE THIS A SUCCESSFUL EVENT. WE CAN DO IT.

Remember, Vicki makes personal house calls and will pick up wine, monetary donations, and raffle tickets. Give her a call: 925 586-1286.

UGANDA: Update

Deb Luyiima and **Herb Muyinga** report that the Pediatric Clinic is complete, and they are now putting on the final touches to the building and equipping the center. They plan to inaugurate the clinic before the end of March and will have a free medical camp for the day. They have also received a \$6,000 donation for solar freezers from the Rotary Club of Durango High Noon Colorado USA. They still need funding for the solar lights and sockets which is expected to cost approximately \$5,200.

EMPOWERING GIRLS: Kenya & Uganda



mail to: Rotary 5160 * 1945 Hackett Dr * Woodland, CA 95776

Governor Suvia told us about the 'Ten fprGirls' project in Kenya, and we are happy to report that the Rotary club in Uganda is also pursuing this program.

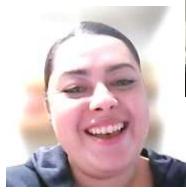
Deb Luyiima, who represents the Uganda club, reports that they are also working on the sanitary pads project, but they are still trying to get the right materials to use, and, of course the funds that will make it possible to proceed on this most important venture. They have identified the women/girls who will be working on the project and teaching them the basic training skills. They meet regularly.

HAPPYBUCKS











BOB SUNDBERG gave a sad 10 bucks in honor of his cat Fluffy who died peacefully at home with Bob at his side. Bob says he still sees Fluffy everywhere.

MARY KEMNITZ was worried about going to PETS, yet excited at the same time! She gave 10 bucks anyway.

MONICA FRAGA, our president, was happy about being away in Mexico to celebrate a friend's birthday, so she gave 10 happy bucks. There is a grumpy side, however, because business has been super busy.

MOLLY AVILEZ had a happy 10 bucks today, because her boyfriend won his first lacrosse game as head coach of the Clayton Valley High School's girls varsity team. She also had a sad five bucks because they didn't think he was gonna win his first game on Friday. Guess he showed them.

TORSTEN JACOBSEN gave 10 happy bucks and told us that though he had lots of bloody noses when in his twenties and crewing on Scandinavian ships and went a bit "berserk" when on shore, he never experienced a period as ladies must. Great Rotary project once again!

TODAY'SRAFFLE

AND THE WINNERS IS...Bill Selb

President Elect Mary Kemnitz announced **Bill Selb** the winner as not onlh was his name selected but he also knew knew who one of the wenners were at last week's raffle. It was Bob Sundberg.





TODAY'S WINNER LAST WEEK'S WINNER



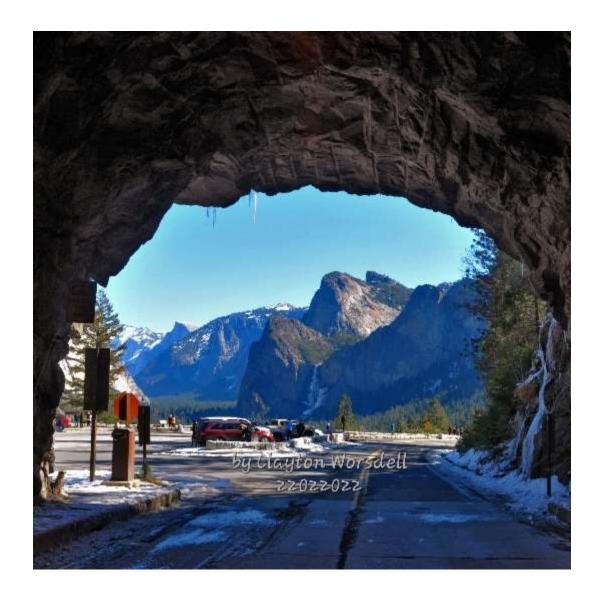
NEW RULE

From now on, if your name is picked, you will have to answer a question to claim the prize. Study hard, everyone.





THEGALLERY

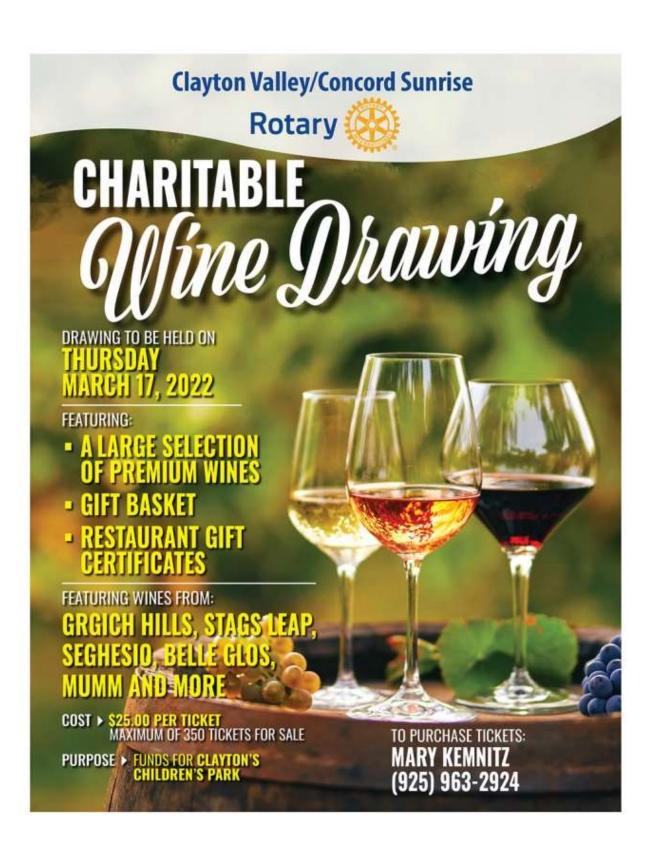


On their recent visit Yosemite National Park this weekend, Clayton and Carol Worsdell came upon this amazing scene as they hiked along the scenic trails. They named it "Tunnel View."





Torsten Jacobsen's photo is upside-down because he really is in Dar es Salaam, Tanzania which is below the Equator.



LASTLAUGH



A SHORT MARRIAGE

Two newlyweds quickly realized their marriage wasn't working and filed for a divorce. The judge asked them what the problem was.

The husband replied: "In the five weeks that we've been together, we haven't been able to agree on a single thing."

The judge turned to the wife and said: "Have you anything to say?"

She answered: "It's been six weeks, your honor."

BANK ROBBERY

Two accountants were in a bank when a gang of armed robbers burst in. While some of the robbers snatched bundles of cash from the tellers, others lined the customers up against the wall and relieved them of their wallets, watches, and other valuables.

As the robbers made their way down the line, one accountant pressed something into the hand of the other accountant. "What's this?" said the second accountant without looking down.

His colleague replied: "It's that \$100 I owe you."

WHAT DO I LOOK LIKE ...

A woman could never get her husband to do anything around the house. He would come home from work, sit in front of the TV, eat dinner, and sit some more—would never do those little household repairs that most husbands take care of. This frustrated his wife quite a bit.

One day the toilet stopped up. When her husband got home, she said sweetly, "Honey, the toilet is clogged. Would you look at it?" Her husband snarled, "What do I look like, the tidy-bowl man?" and sat down on the sofa.

The next day, the garbage disposal wouldn't work. When her husband got home, she said, very nicely, "Honey, the disposal won't work. Would you try to fix it for me?" Once again, he growled, "What do I look like, Mr. Plumber?"

The next day, the washing machine was on the blink. When her husband got home, she steeled her courage and said, "Honey, the washer isn't running. Would you check on it?" And again was met with a snarl, "What do I look like, the Maytag repairman?

Finally, she had had enough. The next morning, the woman called three repairmen to fix the toilet, the garbage disposal, and the washer. When her husband got home, she said, "Honey, I had the repairmen out today." He frowned, "Well, how much is that going to cost?"

"Well, honey, they all said I could pay them by baking them a cake or have sex with them."

"Well, what kind of cakes did you bake them?" he asked. She smiled. "What do I look like, Betty Crocker?"



MAKE A LIST

An elderly woman returns from her doctor and proclaims that he said that you need to write lists to assist a failing memory.

Her husband explodes with mild invective ending with "I'm NOT making any lists – my memory is OK."

While watching TV that evening, the wife says "I could just kill for a dish of ice cream."

"Me too" he exclaims as he totters toward the kitchen.

"With strawberries and chocolate syrup" and then she adds "you better make a list!"

"I saw the freshly cut strawberries and the Hershey's chocolate syrup is on the top shelf in the refrigerator. So I don't need your confounded LIST." The old man bangs around the kitchen for 14 minutes and returns with two plates of bacon and eggs.

His wife looks at her plate and stridently exclaims "See I told you to make a list because you have forgotten my toast."

... That's all, folks.