

2021 - 2022

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John Wenzel: Webmaster
Bill Selb: Pancake Breakfast Chair

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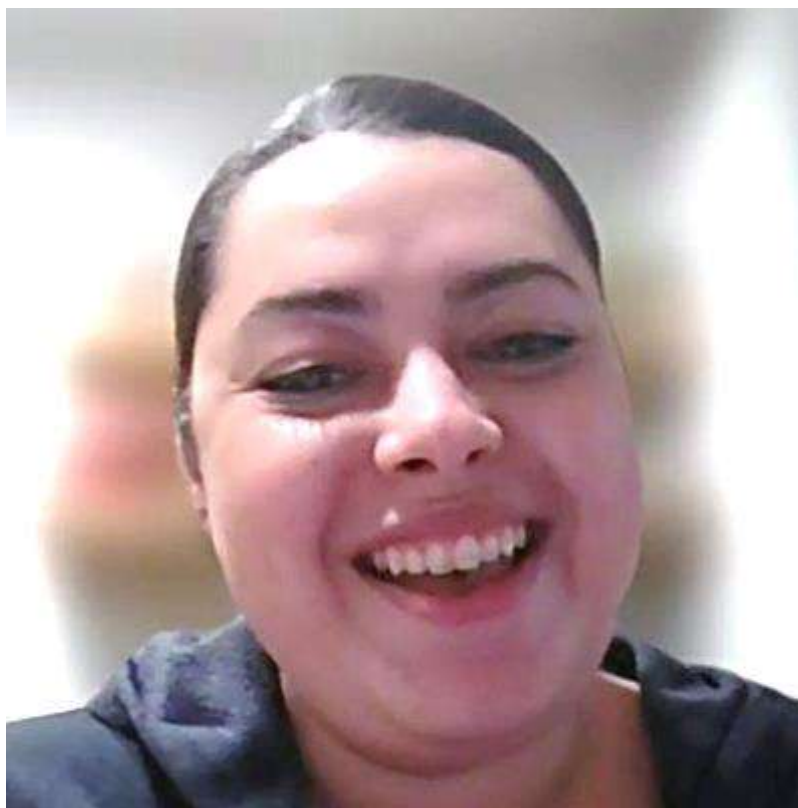
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The Gallery

MEETINGS 2022

3/8/22 Board Meeting 7 AM
Zoom
4/13/22 Charitable Fund 5:30 PM
Zoom



THE NEW GENERATIONS DIRECTOR



MEET MOLLY AVILEZ

Molly was in the 8th grade where the core value of 'Service above Self' and 'Paying it Forward' took root in her life. It was when she was a student in her Leadership class at Diablo View and had to complete a community service project, that she decided to sponsor a Blood Drive with the American Red Cross. She credits her attendance at Camp Venture one summer with providing her with the knowledge and confidence to tackle such a project. As a result, she collected over 350 pints of blood that earned her the honor of being the youngest blood drive sponsor in the North American Region. Molly said, "I found it is sometimes easier to ask people to donate money than a pint of their blood."

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TODAY'S **THOUGHT**: *Rich Lueck*

Life is too short to wake up in the morning with regrets.

So, love the people who treat you right,
forgive the ones who don't and
believe that everything happens for a reason.
If you get a chance, take it. If it changes your life, let it.

--Dr. Seuss



Four-Way **TEST**: *Miles Bell*

Of all the things we think, say and do:
Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and better FRIENDSHIP?
Will it be BENEFICIAL to all concerned?



TODAY'S **GUESTS**



DEB LUYIIMA

Rotary Club of Uganda



HERB MUYINGA



KRISTIN NOWELL

Director Cetacean Action Treasury

TODAY'S **SPEAKER**

WE'RE ROOTING FOR THE VAQUITA



Program Chair Miles Bell introduced us to **Kristin Nowell**, the Executive Director of Cetacean Action Treasury, who spoke to us this morning about the vaquita, also known as the panda of the ocean, of which there is less than 10 left. In 1997, there were 567.



Kristin told us that the **vaquita porpoise** (*Phocoena sinus*) is found only in a small area in the Upper Gulf of California near the town of San Felipe, Mexico. It is the world's most imperiled mammal, with perhaps fewer than ten remaining. No other species has fallen so far, so fast. Its population has crashed 99% in ten years, because these air-breathing porpoises get entangled in illegal gillnets and drown. We partner with Mexican organizations to support adoption of fishing gear that poses no risk to vaquitas, and to search for and eliminate illegal nets from the Vaquita Refuge. We also support research on vaquita status, which is critical to convince authorities that the species remains viable.



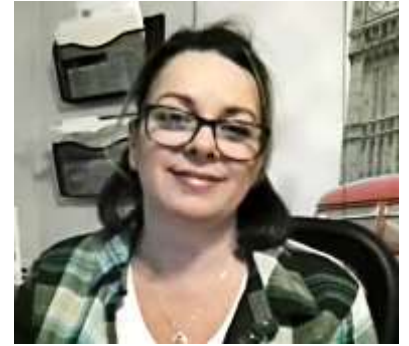
ABOUT THE SPEAKER

Kristin Nowell has been working for three years in San Felipe with local partners Pesca ABC and Museo de la Ballena y Ciencias del Mar to save the **vaquita** and train fishermen how to fish with legal fishing gear that does not pose a risk to the species. Before getting involved here, she worked for three decades in wildlife conservation as a big-cat researcher (tigers, lions, cheetahs, and snow leopards) and specialized in analyzing illegal Chinese wildlife trade.

TODAY'S NEWS

ANNOUNCEMENTS

President Monica Fraga reported that all Thursday meetings during February will continue to be held via zoom. She was happy to announce that our 5160 **District Governor Kathy Suvia** will be our guest and speaker at the February 24th meeting.



WINE RAFFLE: Update



Chair Bill Selb sent out his second newsletter reminding us that we have 350 tickets to sell and lots of wine to collect. **Treasurer Vicki Sexton** reported that 183 plus raffle tickets were distributed and if all are sold would generate about \$4,575. Also, 33 bottles of wine were donated, so far, along with \$340 contributed. Let's get with the program everyone: donate wine, sell those tickets, or contribute cash. Call Vicki. She will pick up the wine and cash. Remember you can also make a monetary donation on line at www.claytonvalleyrotary.org. Try it, you'll like it.

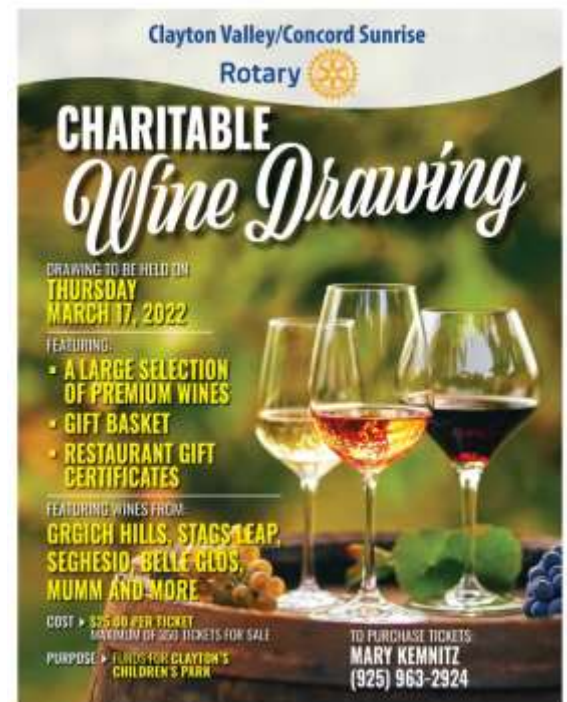
MOLLY (Continued)

Molly attended Diablo View Middle School, Clayton Valley Charter High School, received her AA in Business from Butte College, and majored in Business Communications at San Francisco State. After graduation, she was employed as a legal assistant at a family and estate planning firm while continuing to help her family manage their many properties.

She quickly discovered that family law was sad and depressing, and realized that her true love was working in Property Management—something she observed her mom and dad do all her life, so she returned to her roots. Last March she became a leasing agent for Palm Terrace, and was quickly promoted to Property Manager and found this was her calling and would be her true career path.

Molly said, "I've watched my mom be an active member of this club for the last 11 years. I feel truly lucky to be in the company of all of you every week and share the same mindset that has been instilled in me. I think we can continue doing great things in this community together."

Molly and her boyfriend, Cameron, live in Clayton with their howling husky named Jack.



UPDATE FROM **UGANDA**

Dear Fellow Rotarians,

"We received some good News from our partners, The Rotary Club of Durango High-noon in Durango, Colorado, to support our Medical center with US \$6,000 towards our solar energy initiatives. With these funds we will focus on ensuring that all the lighting and sockets at the center are solar powered.



We are still looking for more support in order to have as many gadgets (e.g. medical and vaccine fridges) and related medical equipment in order to get solar power as this a more reliable and stable power source against the present National grid provider.

Deb and I met the area District Health Officer (DHO) to officially notify them of our progress and seek support, and guidance on our planned opening of the new Pediatric Wing. That meeting was timely and very revealing as the DHO offered useful tips on enhancing our chances that will enable us to secure financial support from potential financing agencies.

*Just so you know, our facility is categorized as a **Healthy Center 3**. DHO strongly suggests and encourages us to upgrade to the **Healthy Center 4** level where mega funding agencies normally focus. To fully qualify we need a Theater. Right now we have the possibility for just minor surgeries like circumcision, dental, and laboratory services. Efforts are underway to get to that level.*

This meeting realized a commitment from the District to organize and support a medical camp on site the day of the opening where several potential sponsors are expected to be present. Several medical-related activities will be organized.

*For proper arrangements to achieve this, we are likely to extend the official opening from this **March** to early **April**."*

Deb and Herb

MILESTONES

Birthdays



LISA TRUESDELL joined Rotary in August 2006 and is celebrating her birthday on February 16. She served as Membership Director on the Board and was a member of the Charitable Fund. Lisa is the owner of the State Farm Insurance Company in Clayton where she also lives.

Abraham Lincoln celebrates his birthday on Saturday, February 12 and if he were alive today he would be 213 years old.



Arizona became the 48th state on February 12, 1912.

Anniversary



FRANK AND BARBARA WESTPHALL are celebrating many years of marriage on Monday, the 14th.. Congratulations.



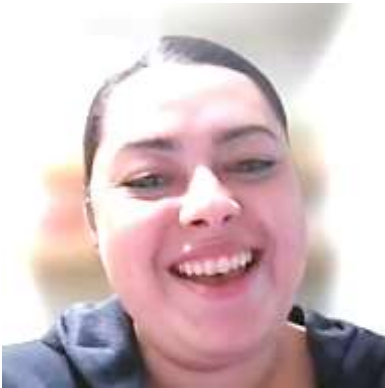
Length of Service

BARBARA REIFSCHNEIDER joined Rotary on February 2001—21 years ago—and was instrumental in becoming our Club's first female President for the 2009/2010 term. Barbara was **Rotarian of the year** in 2007 and is a Paul Harris Fellow. As our Club Service Director, she is our consummate party planner and organizer of our race track events, Friday Night Live parties, and bocce ball contests. She also edits the Happy/Grumpy Bucks column. Barbara grew up in San Mateo and lives with her husband, Mark, in their Concord home.



HAPPY BUCKS

By Barbara Reifschneider



MOLLY AVILEZ was happy this morning and gave a happy 10 bucks. She gave five bucks because she was happy about having the opportunity to join Rotary and the other five happy bucks for being able to speak to our club and tell us about her passion of service to others. On top of that, Molly found another 10 bucks to give because she is happy that business is taking off again for her mom yet grumpy because her mom is too busy to even meet her for a glass of wine.



RICH LUECK gave a happy buck this morning. Rich was happy that his daughter is finally moving back from the Netherlands after four years of being away. Rich also gave a Grumpy buck because his brother is in the hospital for second-degree burns to his leg.

MONICA FRAGA had five stressful bucks. I guess we'll call it a little grumpy, since the ride to travel is back and everything seems to be opening up and travel is now very busy.

TORSTEN JACOBSEN said: "My 10 happy bucks deal with our trip to Seattle to visit some kids and grandkids and then doing the same in Bend; the area is exploding with 10,000 houses being built in central Oregon to accommodate California "refugees" with all houses immediately sold at very high prices for Oregonians and going up 25% per year. Doubled edged sword for the locals with lots of work and profit but not synonymous with improved quality of life and cost of living increases. Some signs say: "Don't Californicate Oregon," and I can imagine there is talk of a town for "foreigners" to be built between Bend, Oregon and Wendover, Nevada to be called Bendover. So those who move here ditch their out-of-state license plates real fast.



TODAY'S **RAFFLE**

AND THE WINNER IS... *Sorry, no raffle today.*

President Elect **Mary Kemnitz** will be back next week.



NEW RULE

From now on, if your name is picked, you will have to answer a question to claim the prize.
Study hard, everyone.



THE **GALLERY**

Remember the first full moon of 2022? Well, here is the first tomato of 2022. No kidding, this actually grew in Rich Lueck's backyard from a 2021 plant that appears to have survived the winter. Sadly, just after this photo was taken a few days ago, a critter ate half of it overnight.



HAPPY VALENTINES DAY

Valentinus's Day became associated with romantic love in the 14th and 15th centuries. In 18th-century England, it grew into an occasion in which couples expressed their love for each other by presenting flowers, candy, and handmade greeting cards. Valentine's Day symbols that are used today include the heart-shaped outline, doves, and the figure of the winged [Cupid](#). However, since the 19th century, handwritten valentines have given way to mass-produced greeting cards, and here is how one looked in 1902.



LAST LAUGH

LEXOPHILE, WHAT IS IT?

"Lexophile" describes those that have a love for words, such as "you can tune a piano, but you can't tuna fish," or "To write with a broken pencil is pointless." An annual competition is held by the New York Times to see who can create the best original Lexophile. Here are some of this year's winning submissions:

When the smog lifts in Los Angeles U.C.L.A.

No matter how much you push the envelope, it'll still be stationery.

I'm reading a book about anti-gravity. I just can't put it down.

I didn't like my beard at first. Then it grew on me.

Did you hear about the crossed-eyed teacher who lost her job because she couldn't control her pupils?

When you get a bladder infection, urine trouble.

When chemists die they barium.

I stayed up all night to see where the sun went, and then it dawned on me.

England has no kidney bank, but it does have a Liverpool.

Haunted French pancakes give me the crepes.

I know a guy who's addicted to drinking brake fluid, but he says he can stop any time.

A thief who stole a calendar got twelve months.

A dentist and a manicurist married. They fought tooth and nail.

A will is a dead giveaway.

Police were summoned to a daycare center where a three-year-old was resisting a rest.

A bicycle can't stand alone; it's just two tired.

The guy who fell onto an upholstery machine last week is now fully recovered.

When she saw her first strands of gray hair she thought she'd dye.

Acupuncture is a jab well done. That's the point of it.

Those who get too big for their pants will be totally exposed in the end.

POACHING LOBSTERS

A poor man was poaching lobsters at the beach. A game warden, his first day on the job, saw him and said: "I'm going to have to arrest you. Poaching is illegal."

"I'm not poaching lobsters," the man said. "These are my pets. I'm exercising them. I throw them into the sea, then whistle, and they come back."

"Show me," the warden said in disbelief.

The man threw the lobsters into the water and started to walk away.

"Wait!" the warden shouted. "Don't you have to whistle to call the lobsters back?"

The man looked at the warden, paused, and said, "What lobsters?"

HEART TRANSPLANT

An elderly patient needed a heart transplant and discussed his options with his doctor. The doctor said, "We have three possible donors. The first donor is a young, healthy athlete who died in an automobile accident. The second donor is a middle-aged businessman who never drank or smoked and who died flying his private jet. And, the third donor is an attorney who died after practicing law for 30 years. Which do you want?"

"I'll take the lawyer's heart," said the patient.

After a successful transplant, the doctor asked the patient why he had chosen the lawyer's heart.

"It was easy," explained the patient, "I wanted a heart that hadn't been used."

...That's all, folks.