

11/3/ 2022

2022 - 2023

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Unfilled: Program Chair
John Wenzel: Webmaster
Bill Selb: Pancake Breakfast Chair

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MEETINGS 2022

11/8/22 Board Meeting 7 AM
Zoom
11/9/22 Charitable Fund 5:30 PM
Zoom



WHY IS THIS WOMAN SO HAPPY?



PEOPLE OF ACTION

President Mary Kemnitz is way happy not just because she had a fantastic experience at the District Conference last week, but this is her first weekly meeting at our new digs located on 1300 Alberta Way. Mary thanks **Bob Sundberg** for purchasing a professional coffee maker for the club, **John Wenzel** for coming in specifically to set up zoom and could not stay for the meeting as he had to leave to take care of his kids, and to **Molly** and **Monica** for taking on the technical aspects of setting up the zoom equipment.

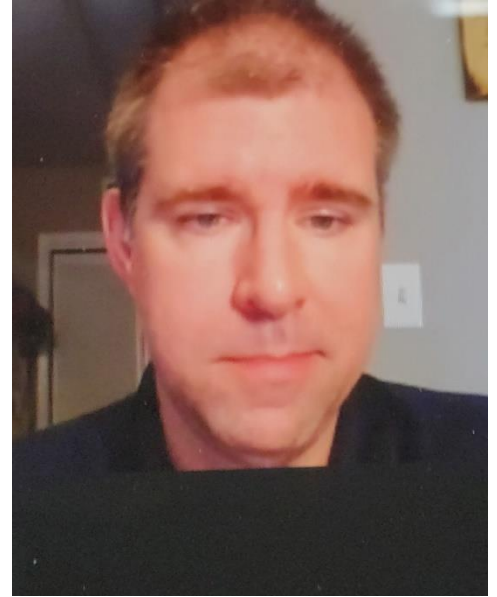
TODAY'S SPEAKER: ANDRZEJ STEWART

All Aboard for Planet Mars

President Mary Kemnitz introduced today's speaker, **Andrzej Stewart**, spacecraft operator who regaled us with spectacular photos from the universe, space stations, and images of space workers living inside a spacecraft.

He spoke about his yearlong role as Chief Engineering Officer of HI-SEAS IV, a year-long Mars simulation in Hawaii. The site was actually on the side of a volcano where the landscape was much like it might be on Mars. The crew was allowed to go outside occasionally but only when in space suits to get simulated soil samples.

He spoke of how NASA prepares for these missions by simulating the environments that crews would be subjected to and showed the environment of his first two-week asteroid mission simulation where the crew quarters were extremely tight.



ABOUT THE SPEAKER

Andrzej Stewart is an experienced spacecraft operator for a wide variety of NASA missions. He's worked as a spacecraft mission controller for the Spitzer Space Telescope, Juno, GRAIL, and NASA's Mars orbiter fleet. Andrzej now works in Mission Control at the Johnson Space Center, training as an Orion spacecraft Navigator for NASA's upcoming Artemis missions. He is also a 1st Lieutenant in the Civil Air Patrol, serving as the Texas Wing Assistant Emergency Services Training Officer, and as a Search and Rescue/Disaster Recovery Mission Pilot and Aerial Photographer.

Andrzej earned degrees in Aerospace Engineering from the University of Texas at Austin, the Massachusetts Institute of Technology, and aspires to be a NASA astronaut. In pursuing that, he has served as the Flight Engineer of HERA C2M2, a two-week asteroid mission simulation at the Johnson Space Center; as Chief Engineering Officer of HI-SEAS IV's year-long Mars simulation in Hawaii; and was a test subject crewmember for the Exploration Atmosphere's 11-day study in the 20-Foot Chamber at the Johnson Space Center.

MEETING ANNOUNCEMENTS

ROTARIANS AT WORK

35th Year Club Anniversary

President Mary announced that a committee has been assembled to plan our club's 35th Anniversary that will be held at our new facility in lieu of the December 1st meeting, however, it will be an evening meeting starting at 6 PM. The District Governor and the incoming District Governor and their husbands will be attending. **Larry Hutchings** has agreed to be the MC of the event, **Bill Selb** will do a "tell our story" of how the club began, **Rich Lueck's** historical video will be on continuous play, and **John Hemm** has offered to do centerpieces for the tables.



Annual Xmas Food Box

Secretary Monica Fraga is bringing us up to speed on costs, budgets, and revised goals. Fundraising is doing better this year than last year, so we are going to up our goal and prepare 175 boxes and fill them with food and gift cards. We have the means to do this! We have the people who will help, the money, and the passion. Here are the donations that have come in so far:

Steve Weir and John Hemm \$500.00
First Presbyterian Church Concord \$1,000
Rich Lueck \$100.00
Lehmer's \$500.00
Parm Deli \$100.00
Vicki Sexton \$100.00
Mike's Auto Body \$1000.00
Calexico \$1500.00
Requesting \$2500.00 from the Charitable Fund



Clayton Worsdell told us that David Dowell of the First Presbyterian Church Concord-- which he and Bill Selb belong to-- decided that their Missions Committee approved a twofold effort to support the Rotary Food Box 2022 project. First, because they have a tight budget they approved a donation from their endowment fund of \$1,000. Secondly, they decided to dedicate this Christmas offering to the project. This means that they will have an opportunity to promote their Christmas offering and raise as much money as they can. They think they can raise \$1,500 to \$2,000 or more. Since those funds will be needed for the project before Christmas, they will make incremental payments as the donations come in. What an amazing donation.



SHOPPING LIST

- [1]-\$25 Food gift card in a separate unsealed envelope (Safeway or Grocery Outlet)
- [1]-cereal (12-16 oz. box)
- [3]-pasta items (one pound each)
- [1]-peanut butter (12-16 oz. plastic jar)
- [2]-baking items (cake mix, corn bread mix, muffin mix, etc.)
- [2]-mac and cheese (7-10 oz.)
- [2]-beef ravioli OR chili (14-16oz. can)
- [3]-vegetables (14-16oz. cans)
- [2]-pounds of ground coffee
- [2]-tuna (5oz. cans)
- [2]-soups (8-16oz. cans)
- [2]-applesauce (14-16oz. plastic jars, or cans)
- [1]-instant mashed potatoes
- [1]-stuffing mix
- [1]-cranberry sauce (10-16oz. can)
- [1]-gravy mix packet
- [1]-vegetable oil (12-16oz. plastic bottle)

HOLIDAY BOX DROP-OFF INFO

Monument Crisis Center
1990 Market Street
Concord, CA 94520



Monday 11/28 - Wednesday 11/30
Monday 12/5 - Wednesday 12/7
Monday 12/12 - Wednesday 12/14

DO'S & DON'T'S

- ***DO** adhere to the items on the shopping list.
- ***DO** place all items in a 16x12x12 inch box (found at Home Depot or Lowes as a "small moving box").
- ***DO** be creative and decorate with crayons, markers and stickers!
- ***DON'T** put perishable items of any kind in your box (produce can be donated during the listed produce drop-off times below).
- ***DON'T** include glass jars, candy or toys in your box.
- ***DON'T** overfill your box. It must be able to close so that it can be stacked.
- ***DON'T** seal the box closed so MCC can add additional items for the families when they pick up food.
- ***PLEASE** tape gift card to inside flap of box.

9am - 12pm
9am - 12pm
9am - 12pm



PRODUCE DROP-OFF

*If you wish to donate perishables or produce. We accept those items Monday - Tuesday during our donation drop off hours at 9am-12pm.

If you wish to donate produce, please note it will not likely be distributed to the same household that receives your donated "Holiday Box."

QUESTIONS?

Contact Antonio Hurtado at ahurtado@monumentcrisiscenter.org



THANK YOU FOR YOUR SUPPORT!

NEWS FROM SAN FELIPE: *Cancer Clinic*



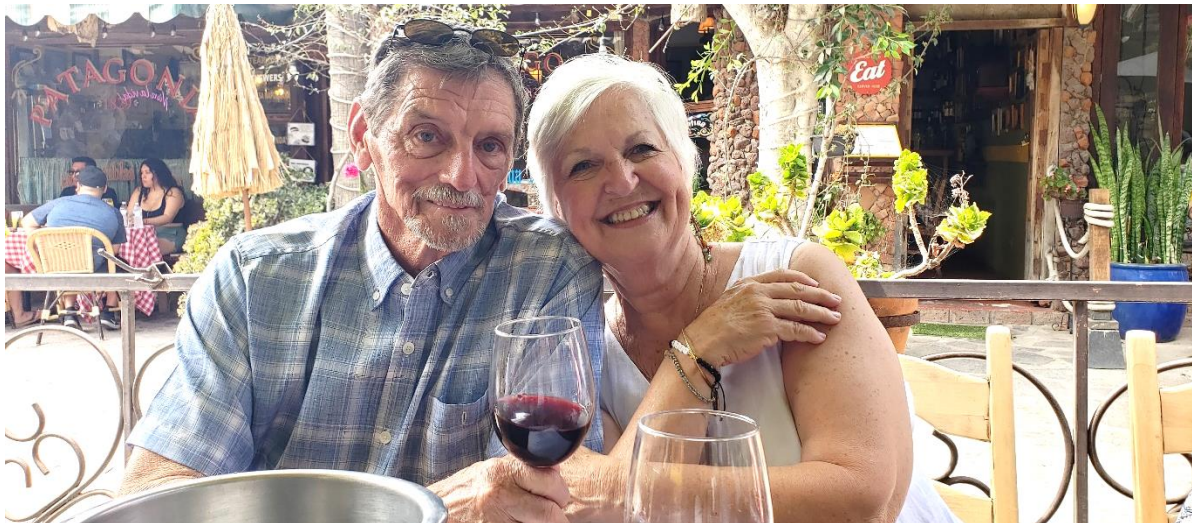
Tina Sweeney reported that Edith, Jorg, and Zi are the ladies who are working full time in the Cancer Clinic without pay. Edith is the most important person at the clinic as she has been in charge of it for over a decade all while raising and sending her two kids off to college. These are the women who are working full time.



EDITH FUENTES

THE CANCER CLINIC CREW: EDITH, ZI, AND JORG

NEWS ROM THE BAJA MAR ROTARY: *The Baja Mar Satellite Club*



The Baja Mar Rotary is a Satellite club, consisting of 12 members and growing, was Started by **Bob and Michelle MacDonald** and already they have completed one project. They had a better Internet system installed in a school so they could use all of their computers instead of a few at a time. They are working on two other projects: 1) providing a classroom made from shipping containers, 2) they are working to provide equipment for a biology lab. Scholarships are a main goal for their satellite club. They are also planning to sell See's Candy in November.

UGANDA: *Update*

Deb Luyiima reported the following:

PATIENTS: We had a total of 186 patients during the month. The most common diseases being bacterial infections and respiratory diseases (especially amongst the children) and Malaria.

BIRTHS: We had two normal and healthy deliveries. Both



baby girls.

NGO: We are in the process of registering to partner with an NGO which is partially funded by Uganda Community Based Health Care Association. The annual registration fees is 850usd that will enable the clinic access drugs at no cost that treat common diseases like malaria, diarrhea, test kits and the like. Hopefully we shall benefit from the partnership by 2023.

DONATIONS: Thanks to CVCS members for their generous donations from the Charitable Fund that will go a long way toward providing salary to one of the clinicians for one year.

EBOLA: The Ebola epidemic outbreak is prevalent in Uganda; two districts are under lock down. We thank God our own Luwero District is not one of them. However, we are encouraging the community and our medical staff to take precautions.

And thanks so much for your continuous service to humanity.

COMMUNITY SERVICES: *A Butterfly Garden Fan Letter*

Our Newsletter reaches friends far and wide. Here is a fan letter we received from **Mary Lou Smith** from Saratoga County, NY. She is a friend of one of our members and a butterfly aficionado who happens to be a retired high school teacher who taught in The Bronx, NY and receives our Newsletter. Mary Lou wrote:



" ... Got your colorful and informative Newsletter today. So GOOD!!!! I can see why you continue to work on it. The people seem wonderful, and your programs are so worthwhile!"

I didn't realize your Rotary worked so closely with a Butterfly Garden. Now that's hard work. But the community must truly appreciate it. Thank them from your friend from NY State and tell them how much I appreciate what they do to help our butterflies survive. Do other creatures, like hummingbirds, take advantage of the garden as well? Nature's critters are unbelievably beautiful aren't they!!! Although those brilliant hummingbirds can be a little scrappy! Guess when you're that tiny, survival is a fight..."

Thanks, Mary Lou, made **Clayton Worsdell** and **Rich Lueck** know how much their work as the Community Services co-directors is appreciated. Here are the members who participated in the butterfly program.



THOUGHT OF THE DAY: *Rich Lueck*

Believe you can and you 're halfway there.

Theodore Roosevelt

THE RAFFLE & BLAST FROM THE PAST: *Look, It's Mr. Lucky*

Mr. Lucky **Bill Selb**—also known as Mr. Pancake won the raffle today.



OUR NEW DIGS: *...and everything works!*



PEOPLE OF ACTION STORY: *Our Story Our Way*

We are **People of Action** and have a story to tell. As we all know, Rotary is the world's premier international humanitarian service organization and should be promoted as such. When people are aware of the outstanding humanitarian accomplishments of Rotary clubs and districts, they respect the organization for its contributions to the community and become more interested in becoming a part of it.

Every Rotary club is being asked to tell us their story. Our **District Governor Suzanne Bragdon** is encouraging us to gather our thoughts by speaking from your Heart and tell us about great things that you have done in Rotary, about projects you have worked on so you can inspire others and make them want to join Rotary and get involved.

Don't keep your story a secret. It is up to you to help spread the Rotary Story.



Once you've created your People of Action story, use it to promote Rotary in your community and be sure to email sue@goldsen.com to have your items included in the District newsletter and web site. Or send it to our newsletter editor joandonofrio@aol.com.

HAPPYBUCKS



MOLLY AVILEZ had 9 happy bucks because she is going to be the maid of honor in her best friend's wedding that occurs on November 9th in Gray Eagle.

JEFF WILSON closed on another house in Pleasant Hill and is 5 bucks happy. He is also happy that his daughter placed third in her recent soccer game.



ALISON BOCIGALOPO had a happy buck for Clayton Valley High School that will be playing De La Salle High School this weekend.



RICH LUECK was happy for the Rotary connection from Jeff Wilson referring Floor redo people. He also referred a painter that was very professional plus reasonably priced



TORSTEN JACOBSEN is happy because his granddaughter at the University Of Oregon just won soccer championship in Northwest regionals that covered 5 states. He was grumpy because a raccoon just took care of our hard-working faithful cat Tom.

THE GALLERY

Somewhere in New York State



PHOTO: MARY LOU SMITH

FUNSTUFF



Behind every great man
there is a great woman 🤔



REDNECK OBITUARY

A woman from the deepest South goes into the local newspaper office to see that the obituary for her recently deceased husband is written. The obit editor informs her that the fee for the obituary is 50 cents a word.

She pauses, reflects, and then says, "Well, then, let it read, 'Billy Bob died'."

Amused at the woman's thrift, the editor says, "Sorry ma'am, there is a 7-word minimum on all obituaries."

Only a little flustered, she thinks things over and in a few seconds says, "In that case, let it read, 'Billy Bob died - 1983 truck for sale.'"

ACTIONS OF MERIT

A young man appeared before St. Peter at the Pearly Gates.

"Have you ever done anything of particular merit?" St. Peter asked.

"Well, I can think of one thing," the young man replied

"On a trip to the Black Hills out in South Dakota, I came upon a gang of bikers who were threatening a young woman. I directed them to leave her alone, but they wouldn't listen. So, I approached the largest and most tattooed biker and smacked him in the face, kicked his bike over, ripped out his nose ring, and threw it on the ground. I yelled, "Now, back off or I'll kick the crap out of all of you!"

St. Peter was impressed, "When did this happen?"

"Couple of minutes ago."

AUTOMOTIVE DEALERSHIP

When my husband and I arrived at an automobile dealership to pick up our car, we were told the keys had been locked in it.

We went to the service department and found a blonde mechanic working feverishly to unlock the driver's side door. As I watched from the passenger side, I instinctively tried the door handle and discovered that it was unlocked.

"Hey," I announced to the technician, "it's open!"

To which he replied, "I know — I already got that side."

...that's all folks

