## THE VALLEY SUNRISE



10/27/2022

#### 2022 - 2023

#### **NEWSLETTER STAFF**

Joan D'Onofrio: Editor Clayton Worsdell: Photographer Rich Lueck Barbara Reifschneider Bill Selb Lois Nelson

#### **ROTARY DISTRICT 5160**

Suzanne Bragdon: District Governor Dess Beneditto: Assistant DG

#### **BOARD OF DIRECTORS**

Mary Kemnitz: President
Bob Sundberg: President-elect
Vicki Sexton: Treasurer
Monica Fraga: Secretary
Russ Anderson: Sergeant- at-Arms
Unfilled: Vocational
Molly Avilez: New Generations:
Susie Lim: RI Foundation
Jeff Wilson: Membership
International: Larry Hutchings
Barbara Reifschneider: Club Services
Rich Lueck & Clayton Worsdell:
Community Services

#### **CHARITABLE BOARD**

Larry Hutchings: Chair Mary Kemnitz: Vice Chair Vicki Sexton: Treasurer Steve Weir: Secretary Bob Hooy Bob Sundberg John Wenzel Hugh Toloui

#### **COMMITTEE CHAIRS**

Unfilled: Program Chair John Wenzel: Webmaster Bill Selb: Pancake Breakfast Chair

#### **CONTENTS**

Thought of the Day Announcements / News Milestones International News Happy Bucks The Gallery

#### **MEETINGS 2022**

11/8/22 Board Meeting 7 AM Zoom 11 /9/22 Charitable Fund 5:30 PM Zoom





## ROTARIAN OF THE MONTH



### PEOPLE OF ACTION

Clayton Worsdell, current Co-chair of Community Services, is Rotarian of the Month. During his 13-years of service, he was President in 2016-2017, was 2013 and 2021 Rotarian of the year, is a Paul Harris Fellow, and is a member of the PolioPlus Society. He has been our gifted staff photographer and is always the first one to lend a hand for the myriad tasks that encompass our weekly meetings. It is thanks to Clayton who makes this newsletter possible, not only through the photos he supplies, but to his editorial input. Thanks, Clayton.

## TODAY'S SPEAKER: MIKE CROSBY

## Join the PolioPlus Society

**President Mary Kemnitz** introduced today's speaker, **Mike Crosby, District 5160 PolioPlus Chair**, who told us that Rotary has been working to eradicate polio for more than 35 years and ridding the world of this disease is closer than ever.

As a founding partner of the Global Polio Eradication Initiative, Rotary reduced polio cases by 99.9 percent since their first project to vaccinate children in 1979. Although there is no cure, there is a safe and effective vaccine – one which Rotary and our partners use to immunize over 2.5 billion children worldwide.

Rotary members have contributed more than \$2.1 billion and countless volunteer hours to protect nearly 3 billion children in 122 countries from this paralyzing disease. Rotary's advocacy efforts have played a role in decisions by governments to contribute more than \$10 billion to the effort.

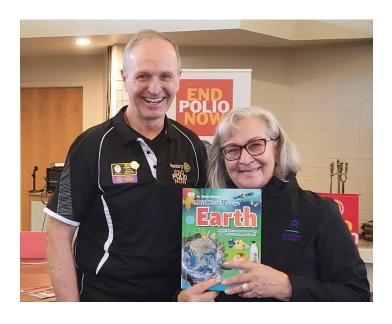


The time for urgent action continues. Please donate to the cause. To become a member of the PolioPlus Society, you need to donate \$100 per year—or any amount you can afford. Polio remains endemic in Afghanistan and Pakistan and one case in Israel has been reported, one case in London, and even one case in New York. So, it's crucial to continue working to keep all countries polio-free. If all eradication efforts stopped today, within 10 years, polio could paralyze as many as 200,000 children each year.

### **ABOUT THE SPEAKER**

Mike Crosby is a member of the Rotary Club of Brentwood, a member of the PolioPlus Society, and a Major Paul Harris Society Donor. He is a past Assistant District Governor, Past President of The Rotary Club of Brentwood, and Rotarian of the Year. He was recently selected by Rotary International as one of 40 members worldwide who are going above and beyond to help end polio. Mike and his wife Marsha both traveled to a slum area in India where they vaccinated children for polio and other diseases. They just returned from Uganda where they delivered 265 wheelchairs to polio survivors and others in need. He is an Eagle Scout and retired USAF Lt Col.

Perfect book for the Clayton Library.



# MEETINGANNOUNCEMENTS

## **NEWS FROM SAN FELIPE: Totally Awesome**

**Tina Sweeney** reported that The San Felipe Rotary Club is open only 8 months out of the year: October through May. During that time, here are the fundraisers and projects for the rest of 2022 and for the year 2023:

- 1) Rotary Trailer will be open every Saturday serving breakfast at Swap meet
- 2) See's Candy Fundraiser starting Nov 15 until we sell out
- 3) 100 Senior Bags are put together and distributed in December
- 4) January 18th Taste of San Felipe Fundraiser
- 5) February 9th Fireman's Fiesta
- 6) February 18th Help with Cancer Walk (More to come)
- 7) February 23rd Meat Bingo Fundraiser
- 8) March 23rd Steak in the Park Fundraiser



They are also talking about a Wine fundraiser at the local winery in January. All proceeds from the fundraisers support community programs and services enhancing the lives of individuals of all ages, from youths to seniors.

## DISTRICT CONFERENCE: Youth Exchange Opens the Conference



**President Mary Kemnitz** sent us this photo of the opening ceremonies of the District Conference in Monterey. The focus was on youth and here they are on the stage. **Larry Hutchings, Irene Davids-Blair**, and **Dave Kemnitz** were also in attendance.

## **NEW DIGS AND NEW MONTHLY DUES:** *Great News*



**Treasurer Vicki Sexton** reminded us that our new meeting place will be at 1300 Alberta Way, Concord. But here's the best part, monthly dues will be \$70 and will include breakfast. Way to go Board of Directors.

## THE RAFFLE: He Won Again!

How does he do it? SAA Russ Anderson had the winning ticket--again.



### FRIDAY NIGHT LIVE: Last One This Year

The last FNL party will be at **Barbara Reifschneider's** house on December 2<sup>nd</sup> at 5:30 pm.



## **COMMUNITY SERVICES:** Great Teamwork



To help keep the Butterfly Garden in Markham Park beautiful there is a volunteer cleanup program that meets every second Saturday of the month. Anyone can come and lend a hand.

And that is precisely what **Clayton Worsdell** and **Rich Lueck** and their team did last week.

The Butterfly Garden serves several purposes. The blooms provide nectar for the butterflies in a concentrated area. Many different types of butterflies are being helped in an area that has no pesticides. Monarch larva (caterpillars) ONLY

feed on milkweed. When adult butterflies are migrating or milkweed blooms are not around, they will feed on the nectar of other blooms. The butterflies lay eggs on the younger milkweed leaves so the young caterpillars have tender leaves to munch on, then move onto the more mature leaves. Selective pruning of milkweed provides young leaves as well as mature branches with blossoms.



Here are the members who participated and photos of them hard at work.



The volunteers were Mary Kemnitz, Rich Lueck, Clayton Worsdell, Russ Anderson, Vicki Sexton, Eric Rehn, Bob Hooy, Laura Hoffmeister, Susie Lim and her granddaughter, Bob Sundberg, and the Boy Scouts.

Mary and Russ plant flowers while Clayton trims the bushes.







Okay, so there is always time for a doughnut break. How about saving one for Mary.

### A NEW FUN RAISER: First Ever Poker Tournament

Beri Kasper of the Concord/Diablo Rotary club came by this morning to invite us to their Clubs FUN RAISER. They would love to have 10 of our members/family/friends join them in their first ever Poker Tournament. They are calling it a FUN RAISER! It will cost \$80 to play, eat, and drink. There will be a silent auction. brats, and brews. They have a "non-player" option so you can just come, have fun, eat, drink, and help raise funds for good causes. For more information contact Beri at beri@kaspercpa.us





### PEOPLE OF ACTION STORY: Our Story Our Way

We are **People of Action** and have a story to tell. As we all know, Rotary is the world's premier international humanitarian service organization and should be promoted as such. When people are aware of the outstanding humanitarian accomplishments of Rotary clubs and districts, they respect the organization for its contributions to the community and become more interested in becoming a part of it.

Every Rotary club is being asked to tell us their story. Our **District Governor Suzanne Bragdon** is encouraging us to gather our thoughts by speaking from your Heart and tell us about great things that you have done in Rotary, about projects you have worked on so you can inspire others and make them want to join Rotary and get involved.

Don't keep your story a secret. It is up to you to help spread the Rotary Story.



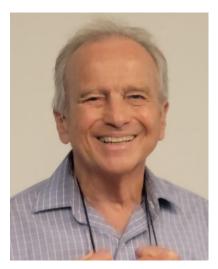
Once you've created your People of Action story, use it to promote Rotary in your community and be sure to email **sue@goldsen.com** to have your items included in the District newsletter and web site. Or send it to our newsletter editor **joandonofrio@aol.com**.

## **HAPPYBUCKS**



SUSIE LIM had three very grumpy bucks this morning. Apparently, Susi has an RV that needed just a little work. Susi brought it in and when she found out what was wrong and how much it was going to cost, well it was more than she thought it would be. She had no choice but to take care of it even though she did have other plans for her moola.

LARRY HUTCHINGS had a happy buck this morning. Larry is looking forward to the conference in Monterey and the C2C chance table. He was also happy that the Rotary club in Monterey. Is a new C2C partner.



BILL SELB had a grumpy buck. Emily has been complaining about a

water spot on the ceiling for a while now. Bill was asking the club for any recommendations for someone who could come out and tell them where that water was coming from as it hasn't rained in a long time. He doesn't live in a two-story house so it's not coming from a leaky pipe on the second floor.



#### **TORSTEN JACOBSEN**

happily mentioned that despite running only about 8 months a year the San Felipe club has a long list of projects. Furthermore, the club has now expanded with a satellite club of eight members (and growing) in Ensenada that was



started by the MacDonalds and has already completed two projects,

# THEGALLERY

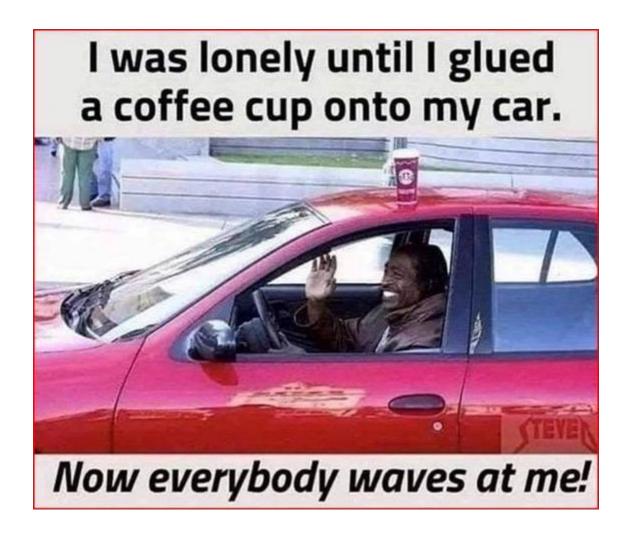
Our friends in Australia, Bo and John Morse, took these photos of the sulfur crested cockatoo that visits them in their backyard every morning.





Think you can do this?

# **FUNSTUFF**



### **MOTHERS SHOWING OFF**

Four Catholic ladies are having coffee together. The first one tells her friends, "My son is a priest. When he walks into a room, everyone calls him 'Father'." The second woman chirps, "My son is a Bishop. Whenever he walks into a room,

people say, 'Your Grace'."

The third woman says smugly, "My son is a Cardinal. Whenever he walks into a room, people say, 'Your Eminence'."

The fourth woman sips her coffee in silence. The first three women give her this subtle "Well.....?"

She replies, "My son is a gorgeous, 6'2", hard bodied stripper. When he walks into a room, people say, 'Oh my God!!!"

Apparently there's a third option between burial and cremation.



...that's all folks