THE VALLEY SUNRISE



1/16/2021

2021 - 2022

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CONTENTS

Thought of the Day Announcements / News Milestones International News Happy Bucks The Gallery

IMPORTANT MEETINGS 2020

10/13/21 Board Meeting 7 AM Zoom 11/12/21 Charitable Fund 5:30 PM Zoom





PRESIDENT FRAGA HOLDS HER FIRST IN-PERSON MEETING



THE VENUE WAS La VERANDA CAFÉ

Program Chair Miles Bell took the floor and introduced the speaker, retired judge **Michele La Mar La Coy** who spoke to us about the US Constitution. Lunch was served, and for the first time in a very long time, we introduced the **Mystery Greeter** who turned out to be **Director Barbara Reifschneider**.

"The 12" meeting will now come to order."



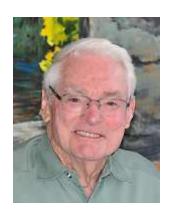


THOUGHT FOR THE DAY: Hugh Toloui

"The tongue has no bones but can break a heart. So be careful with your words."

THE FOUR-WAY TEST: Don Ouimet

Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and BETTER FRENDSHIP?
Will it be BENEFICIAL to all concerned?



MYSTERY GREETER: Barbara Reifschneider

GUESTS



MICHELE McCAY McCOY Retired Judge Today's Speaker



TAMMY FREEMAN
Russ Anderson's Sister
Danville Rotary



JOHN HEMM

TODAY'S SPEAKER

MICHELE McKAY McCOY



Program Chair Miles Bell introduced us to retired judge, **Michele McKay McCoy**, who spoke to us about her passion, dedication and speaker about the US Constitution. She said that The Constitution is the contract between the government and the governed, with rights and obligations on both sides, and how important it is to understand the terms of that contract. The Constitution consists of three parts: 1) the Preamble, which is comparable to a mission statement; 2) Articles 1through 7, which describes how the federal government will work; and 3) the Amendments, the first 10 of which were passed at the same time as the Constitution and are collectively known as the Bill of Rights.

She then went on and gave us a brief history of how we came to get the constitution by describing the first go-around known as the Articles of Federation, which was a disaster. Each state was its own entity, and had its own currency. Nothing got done unless there was a unanimous vote. It needed to be scrapped. James Madison led the idea to get delegates from the states to help. Many essays were written by James Madison, Alexander Hamilton, and John Jay. These were known as The Federalist Papers. If anyone has seen Hamilton (the musical) you will have the impression that Hamilton wrote most of the papers. In fact, James Madison wrote just as many and Michele observed that perhaps he will get more love when he has a smash musical written about him.

When she retired last year, she began volunteering for nonprofit organizations and giving talks on the Constitution to schools, service clubs, and to anyone who would schedule her as a featured speaker. Although not technically a constitutional law scholar, she is a self-proclaimed "big fan" of the Constitution, and disturbed by the amount of misinformation floating around about it these days. After her presentation, however, you would never believe that she isn't a constitutional law scholar.

ABOUT THE SPEAKER

Michele McKay McCoy, native of Lincoln, Nebraska, is a Rotarian who received her BA in history from UC Santa Barbara, and a Masters in Library Science from UC Berkeley. After a year as a public librarian, she decided to pursue a new path and earned her J.D. from UC Hastings School of the Law. After several years in private practice, she was hired by the Contra Costa District Attorney's Office as a prosecutor where she felt she found her calling. She eventually applied to and was hired by the Santa Clara County District Attorney's Office and spent many years as a prosecutor specializing in crimes against children. When her friends encouraged her to run for judge, she was elected to the bench and immediately

assigned to misdemeanor judicial assignments where all new judges start. Three years before she retired she spent on the competency calendar where all of the criminal defendants were mentally ill and/or mentally disabled. Michele was an adjunct professor who taught criminal law and trial advocacy at JFK University Law School. As a retiree, she gives talks about the Constitution to Rotary clubs and community service organizations. She is a member of the Rotary Club of Walnut Creek, was a Girl Scout Troop Leader for 30 years who still keeps in touch with her former scouts, and lives in Danville with her husband of 48 years.

ANNOUNCEMENTS

FROM OUR DISTRICT GOVERNOR

District Governor Kathy Suvia wants us to know that the **Back to the Future District Conference** is quickly approaching. They are working hard to strike the right balance between the **need** to prioritize the health of all attendees with the **desire** to be together.



For Rotarians and guests at our conference, they are requiring proof of vaccination or a negative Covid test within 48 hours. Masks are required when indoors, except while actively eating or drinking. In-person attendance is a personal choice based on your own health, medical history, family needs and comfort level. We respect your ability to make this decision for yourself and are doing this to ensure that every attendee feels safe while enjoying the conference.

DG Kathy said: "Thanks to everyone who has registered AND everyone who has contributed to the planning. Your commitment to Rotary and our District is clear and you have inspired me more than you know."

ORINDA CAR SHOW

Larry Hutchings gave a glowing review of the Orinda Car Show last week. He reported that we received a great deal of coverage and interest in the C2C program. Attending and helping at the booth were: Larry, Dave and Mary, Monica and Matt, Bob Sundberg, and Bill Kinsey who had his 1995 restored Mustang on display.



FUNDRAISING COMMITTEE

President Fraga announced that **she**, **Bill Selb**, **Mary Kemnitz**, **Jeff Wilson**, and any other members who care to join.

MILESTONES

Happy Anniversary

Tommy and Vanessa Wolf will be celebrating five years of wedded bliss this Saturday, September 18. Tommy is our current Chair of both Membership and New Generations. He served as the 2017-2018 President, is a Paul Harris Fellow and was a member of the Paul Harris Society. He will be donating \$7.



Ben Wentling will be celebrating another birthday on Saturday. Ben is Paul Harris Fellow and was President in 1990-1991.



HIGHLIGHTS OF FIRST FRIDAY NIGHT LIVE EVENT

Held at Tommy Wolf's new home, the event was a great success, but, thanks to Covid, he cherry on the cake was getting to see members for the first time in a very long time.



Ben did the cooking



Waiting patiently for the tri tips and chicken



Rene and Ewa joined the fun



Past President & President elect



So who won?



Flor, Hugh, & Eric



Still waiting for their chicken





RIDE FOR ROTARY

Promoting International fellowship, exchanging Rotary views, and raising funds for The Rotary Foundation comprises the **2022 Ride for Rotary**. It is an event dedicated to the celebration of The Rotary Fellowship where Rotarians from all over the globe will be connected to the world via Motorcycle riding, 4 wheeler driving, and a luxury bus across the South of India to experience Indian heritage, culture, cuisine and hospitality. This 12-day event will be January 15 to 30, 2022 and commences from Mangalore (India) and coves four Rotary Districts, many Rotary Clubs, and traveling through Kundapura, Dandeli, Goa, Hampi, Shimoga, Hassan, Kushalnagar, and ending in Mysore.

The 2021 Ride for Rotary last year included 90 participants—one of whom was **Torsten Jacobsen**—from 15 different countries. This year it will be bigger and better because they are adding a bus and four wheel cars to the program. Motorcycle participants will be provided with riding jackets, gloves, knee guards along with motorcycles and fuel. Mahindra Scorpio will be provided for four wheel participants. A luxury bus will be provided for participants who opt out of driving motorcycles. Lodging will be in 3 Star Hotels with well sanitized rooms along with food both continental and local delicacies. You will be treated to famous beaches, hill stations, world heritage sites, temples, churches, reserve forests, while Folk music, dance, and other cultural activities will showcase Indian culture and heritage during the evening meets. Various Rotary clubs and service projects will be involved to exchange Rotary views and vision.

A qualified Medical Assistant will be part of the crew 24×7 throughout the event. Certified mechanics will also be part of the crew for breakdowns. All Covid norms will be strictly followed throughout the event. All crew and committee participants are vaccinated. In case of event cancellation, complete fee will be refunded minus the applied tax. Participation Fee: Individual: 3000 USD + 18% Tax. Couple: 5000 USD +Tax.

WHAT YOU WILL EXPERIENCE



FACILITY THAT HOUSES ABANDONED WIDOWED WOMEN



A FEW OF THE 90 PARTICIPANTS



THE BINDI FOREHEAD MARKING



THE ROSE PRESENTATION



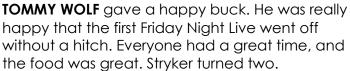
HAPPY BUCKS COMPILED BY BARBARA REIFSCHNEIDER

CALIFORNIA FUNERAL DIRECTOR OF THE YEAR



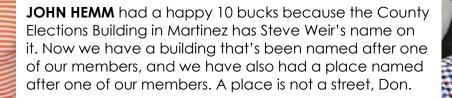


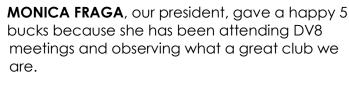
DON OUIMET gave a happy 10 bucks which was well deserved. Don was nominated and winner of the 2021 California Funeral Director of the Year.





BILL SELB gave a happy 5 bucks because he was happy that Monica was able to devote a lot of time and effort so we could all enjoy this in-person meeting at La Veranda and enjoy a great lunch.





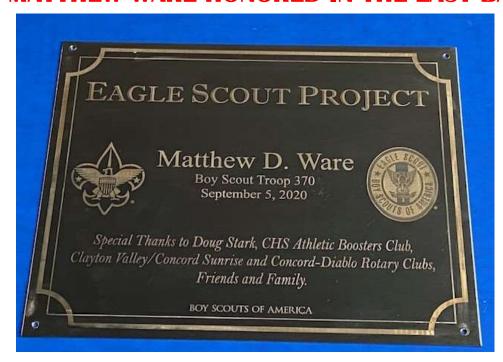
JULIA DAWSON gave a happy 10 bucks. Julia was happy that her son, Jordan, is coming home Friday for his birthday celebration, and she plans to spoil him as much as she can.





GOINGS ON AROUND TOWN

MATTHEW WARF HONORED IN THE FAST BAY TIMES



The East Bay Times printed Matthew Ware's Eagle Scout Project along with the copy of the plaque that will be attached to the Concord High School's ticket booth he produced and earned his Eagle Scout status. The two Rotary Clubs' names' are mentioned on the plaque for helping Matthew raise \$3,000 needed to build the booth. It will be on display in time for the school's first home football game.

TODOS SANTOS PLAZA: Ends September 30th





Todos Santos Plaza on Thursdays is the place to be.

Music & Market is a Concord tradition enjoyed by thousands of people each summer who come from all over the East Bay to experience live music by local bands and pick up farm-fresh produce at the farmers' market. The Music & Market series runs every Thursday until September 30 at Todos Santos Plaza. The market opens at 4 p.m., and concerts begin at

6:30. Local health officials recommend wearing a face-covering outdoors especially for those who are unvaccinated.

Concord Chamber of Commerce

Vicki Sexton said to be sure and check your emails and learn what the weekly events are in progress or up and coming by the Concord Chamber of Commerce.

THE RAFFLE

Way to Go Russ



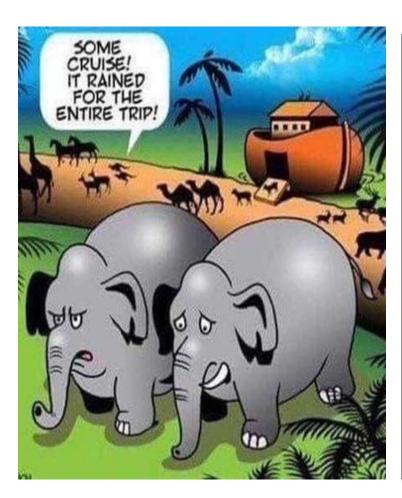


NO WHEEL THIS WEEK. THE JOKER WAS THE KEY.

The wheel wasn't available so Monica handed everyone a card from a deck of cards. **Russ Anderson** was the winner today as he held the Joker. He chose, what else, red wine.

Remember, you gotta be in it to win it—and at the meeting.

"ALWAYS LEAVE 'EM LAUGHING"



It's got a wooden frame, wooden engine, wooden wheels, and a wooden gas tank. Did he ride it? No, wooden start...

WHEN SOMEONE DIES

A 6th grade teacher posed the following problem to one of her arithmetic classes: "A wealthy man dies and leaves ten million dollars. One-fifth is to go to his wife, one-fifth is to go to his son, one-sixth to his butler, and the rest to charity.

Now, what does each get?"

After a very long silence in the classroom, one little boy raised his hand and with complete sincerity in his voice, answered, "A lawyer!"

I got myself a SENIOR GPS. Not only does it tell me how to get to my destination, but it tells me why I wanted to go there.

PLAY ON WORDS

How does an attorney sleep? First he lies on one side, then he lies on the other side

I have a few jokes about unemployed people, but none of them work

How do you make holy water? You take some regular water and boil the hell out of it

Will glass coffins be a success? Remains to be seen

I went to buy some camouflage trousers yesterday but couldn't find any

What do you call a bee that can't make up its mind? A maybe

I tried to sue the airline for losing my luggage. I lost my case

A cross-eyed teacher couldn't control his pupils

She had a photographic memory but never developed it

I wasn't originally going to get a brain transplant, but then I changed my mind

My ex-wife still misses me. But her aim is starting to improve

The guy who invented the door knocker got a no-bell prize

Need an ark? I Noah guy

I used to be indecisive; now I'm not so sure

Sleeping comes so naturally to me, I could do it with my eyes closed

What did the grape say when it got stepped on? Nothing - but it let out a little whine **********

What do you call a super articulate dinosaur? A Thesaurus.

DISCIPLINE

A frustrated father talked to his work colleague about his kids and discipline.

"When I was a youngster," he said, "I was disciplined by being sent to my room without supper. But in my son's room he has a TV, a laptop, a game console, his cell phone, and a stereo." After a moment he added, "And I bet he has a stash of snacks there too. We are starting to lose our minds, man, you know what I mean?"

"Oh I do," replied his colleague, "We're dealing with the same struggle."

"So what do you do?" asked the first one.

"We send him to our room!"

... That's all, folks.