

2021 - 2022

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## IMPORTANT MEETINGS 2020

7/13/21 Board Meeting 7 AM  
Zoom  
8/12/21 Charitable Fund 5:30 PM  
Zoom



# THE FOUR-WAY TEST



The 4-Way Test, which has been translated into more than 100 languages and obligates every Rotarian to apply four tests to all that they think, say, and do. In 1932, Rotarian Herbert J. Taylor took on the task of salvaging his nearly bankrupt Aluminum Company. He felt that to succeed, he had to be morally and ethically strong and must pass that on to his company.

As the story goes, Herbert researched many books looking for the words to make his employees morally and ethically strong, but the right words and phrases eluded him. So he did what he often does when he has a problem. He rested his head in his hands and prayed. After a while, he gathered white paper cards and wrote down twenty-four words that came to him and called it the Four-way Test of the things we think, say or do.

In 1943, when Taylor was an international director of Rotary, he offered the Four-Way Test to the organization, and it was adopted by Rotary for internal and promotional use. The 24 words never changed. The Test remains a central part of the permanent Rotary structure throughout the world, and is held as the standard by which all behavior should be measured.

**“Monica’s 2<sup>nd</sup> zoom meeting will now come to order.”**



**THOUGHT FOR THE DAY: *Mary Kemnitz***

*“Life has no remote control.  
Get up and change it for yourself.”*

**THE FOUR-WAY TEST: *Miles Bell***

Is it the TRUTH?  
Is it FAIR to all concerned?  
Will it build GOODWILL and BETTER FRENDSHIP?  
Will it be BENEFICIAL to all concerned?

**GUESTS**



**HERBERT MUYINGA**  
**Former District Governor** International Services  
Representing the Rotary Club of Muyenga, Uganda

**SUSIE LIM**  
**Potential Member**

# TODAY'S SPEAKER

## CASA VOLUNTEER: SPEAKING UP FOR CHILDREN

Program Chair Miles Bell introduced us to **Ann Wrixon**, the Executive Director of the Court Appointed Special Advocates (CASA) of Contra Costa County the organization comprised of volunteers who work for abused, neglected and abandoned children in the foster care system.



CASA volunteers are appointed by a juvenile court judge to advocate one-on-one by providing a voice for a child or youth during their uncertain journey in the foster care system.

Volunteers, who are fully trained, share the willingness and ability to commit one year and 15-20 hours a month, to a child or youth. Volunteers can expect to receive 36 hours of training and be part of a team that supports their vulnerable foster child. No prior experience is necessary. They are expected to motivate a child and give them the extra support they need to overcome their challenges and do well. Listen to them, understand them, and advocate for them.

CASA is an independent, 501(c)(3) community-benefit organization, but operates under the authority of and according to guidelines established by the Judicial Council, as outlined in the California State Welfare and Institutions Code and in the California Rules of Court.

In 1977, Seattle Superior Court Judge David Soukup was faced with making decisions on behalf of abused and neglected children with only the information provided by the state Child Protective Services. Soukup formulated the idea that volunteers could be dedicated to a case and speak for children's best interests. Fifty volunteers responded to his idea, which started a movement to provide better representation for abused and neglected children throughout the United States.<sup>[5]</sup> By 2007, the National CASA Association had served 2 million children nationwide.

According to the National CASA Association, there are more than 93,000 volunteers nationwide, serving in 49 states and the District of Columbia. North Dakota is the only state without a CASA program. Each year more than a quarter of a million children are assisted through CASA services. If you want more information on becoming a volunteer, phone: **(925) 256-7284**.

## ABOUT THE SPEAKER

**Ann Wrixon** has more than twenty-five years' experience in non-profit management as an Executive Director. She has worked in the nonprofit sector on a variety of issues including, adoption, education, child welfare, technology, media, seniors, and philanthropy. She has spent much of her career serving families, children, elders, and low-income communities. Ms. Wrixon has a BA from Rutgers University, a MBA from SF State and a MSW from California State University—East Bay. She has written extensively on issues related to the non-profit sector and child welfare, including two books about adoption. As the Executive Director of CASA, Ann oversees CASA's program to recruit, train, and support volunteer advocates as a powerful voice for the best interest of abused and neglected children during the court process, in order to help every child thrive in a stable and permanent home.

# PROMO DEMO: Update

Rich Lueck reported that –so far—18 people have responded. We need at least 40 participants, so please let him know if you will be attending and bringing someone with you. RSVP is essential.

**ALOHA**



The Past President's Council met and confirmed that Cafe Oasis and Catering (Michael Parham) will be the caterers for the Promo Demo event. The theme they proposed is a Hawaiian Luau.

**WHO:** The Clayton Valley Concord Sunrise Rotarians and their guests.

**WHAT:** Mahalo - Recognizing the CVCS Rotary accomplishments 2020-2021 as we transition into the 2001-2022 Rotary year. Plus, we will be remembering the Rotarians we lost this last year.

**WHEN:** Saturday July 31<sup>st</sup> 3:00 pm – 6:00 pm

**WHERE:** Tineke & Torsten Jacobsen's 777 Northgate Rd. Walnut Creek.

The Caterer will be serving the food—no Self-Service buffet. Water will be available, but it will be a BYOB event for your other refreshments. There will be a community ice chest. Also, BYOC (bring your own chair(s))--**if you have them.**

**RSVP IS A MUST:** Email [Rich.Lueck@gmail.com](mailto:Rich.Lueck@gmail.com) before Thursday, July 22<sup>th</sup> to confirm how many from your Rotary family and guest(s) will be attending. Also let us know, if you are not attending. We need this information so we can give a head count to the Caterer. Also, if you are bringing your own chairs, let us know that too. If you have a folding table(s) but need us to pick them up, let us know via email to Rich [Rich.Lueck@gmail.com](mailto:Rich.Lueck@gmail.com). (No Card Tables as they are unstable on the lawn)

**The cost for this event is \$35 per person. You can pay online under monthly meeting fee or send a check to  
Rotary Club of Clayton Valley/Concord Sunrise  
PO Box 4  
Clayton CA 94517**

# ANNOUNCEMENTS *EXPRESS...*

## **MILESTONES: Happy Birthday**



**JEFF RONDINI**, a 16-year member and one-time treasurer, will celebrate his birthday on Friday.

**TOMMY WOLF**, our Membership and New Generations Chair, turns 38 on Monday. We will find out how he celebrated next week.

## **CARS 2<sup>ND</sup> CHANCE**

**MARY KEMNITZ** is always happy to report when referrals lead to sales. Seems Rich Lueck referred a friend who donated a 4-wheel drive Hyundai and it sold.



## **CONFERENCES & CONVENTIONS**

**DISTRICT CONFERENCE:** Monica reminded us to be sure and register for the October 29 - 31 District Conference that will take place at Squaw Creek. It promises to be a fun weekend. So far, Monica, Mary and Dave, Bob Sundberg, and Irene, will be attending. Vicki and Barbara are in the wings. C2C will have a booth so all of us will have a place to hang out. Sign up now.

**2022 ANNUAL CONVENTION:** The Convention will take place next year in Houston, and already has President Monica on board. Won't you be next? Learn more at [www.conventionrotary.org/houston](http://www.conventionrotary.org/houston).

## **BOARD MEETING**

**IN PERSON:** First in-person Board meeting will take place July 13 at 7 am at the Buttercup Restaurant.

## **WE'ER ALL INVITED**

Remember the ticket booth built by the Eagle Scout? **Mathew Ware's** mom is inviting us to celebration of his of his special project—the ticket booth that our club supported and Mathew built. They will be having an Eagle Scout Court of Honor for Matthew on Sunday, August 22, 2021, at 4:30 p.m. at the Concord Salvation Army Church Hall, located at 3950 Clayton Road, Concord. We would be happy for the Rotary Club to join us on this special day of celebration. The ceremonial event will commence at 4:30 p.m., followed by a reception.

# UGANDA: The Windows have Arrived

## Uganda Pediatric Clinic

Deb and Herbert said the windows arrived and will go up on Friday. Doors have also arrived.

**As of June 23**



## The Windows



# HAPPY BUCKS

COMPILED BY BARBARA REIFSCHNEIDER



**Torsten Jacobson** gave 20 happy bucks and told us that he and Tineke drove down to San Felipe yesterday and checked out the cancer center. To date there have been over 38,000 visits with a wide range of cancers being tested for with many positive results; the Mexican government has come to appreciate the importance of early tests and diagnosis. An ounce of prevention is worth a pound of cure which has a huge ripple effect--more to report when he gets back.



**Vicki Sexton** had a happy buck today. Vicki finally got her road trip vacation, even though it was so hot and in the triple digits. She had a lot of fun hiking around, zip lining, and exploring caves in hundred degree heat. She had a great time but was very glad to get back home once again. Did she mention she got to meet Bigfoot?



**John Wenzel** had a happy 10 bucks. John was happy about Rich Lueck's comment on the promo demo party. Apparently Monica could make some sense of it as he was cutting in and out on our zoom meeting. John also had a happy five bucks for the website being fixed and working so well!



**Clayton Worsdell** had a happy 10 bucks. Clayton had trouble with the website, complained to John Wenzel about it, and voila, all of a sudden, like magic, it was fixed. They don't call John the Webmaster for nothing.



**Monica Fraga** had a happy 10 bucks. Monica was happy that Ken and Vicki came to her rescue. Ken and Vicki helped Monica with the request for the grant. Monica then made sure the request for the grant was submitted.

# THE RAFFLE



**Monica Fraga** did the honors today today and picked **Miles Bell**—a wine afficanodo—who selected red wine as his prize.



Don't forget,  
you have to attend  
a meeting  
to be eligible  
for this drawing.



# THE GALLERY



**Bo Morse, our Rotary friend 'down under' sent us this true museum quality work of art.**

**She also sent this**



**this photo of an Australian Eastern Rosella that appeared in her backyard.**

# “ALWAYS LEAVE ‘EM LAUGHING”

## DISCIPLINE ON A PLANE

As a crowded airliner is about to take off, the peace is shattered by a 5-year-old boy who picks that moment to throw a wild temper tantrum. No matter what his frustrated, embarrassed mother does to try to calm him down, the boy continues to scream furiously and kick the seats around him.

Suddenly, from the rear of the plane, an elderly man in the uniform of an Air Force General is seen slowly walking forward up the aisle. Stopping the flustered mother with an upraised hand, the white-haired, courtly, soft-spoken General leans down and, motioning toward his chest, whispers something into the boy's ear.

Instantly, the boy calms down, gently takes his mother's hand, and quietly fastens his seat belt. All the other passengers burst into spontaneous applause.

As the General slowly makes his way back to his seat, one of the cabin attendants touches his sleeve. "Excuse me, General," she asks quietly, "but could I ask you what magic words you used on that little boy?"

The old man smiles serenely and gently confides, "I showed him my pilot's wings, service stars, and battle ribbons, and explained that they entitle me to throw one passenger out the plane door on any flight I choose."

## THE RIGHT NUTRITION

Here is the final word on nutrition and health. It's a relief to know the truth after all those conflicting medical studies.

The Japanese eat very little fat and suffer fewer heart attacks than do the British or Americans.

The French eat a lot of fat and also suffer fewer heart attacks than the British or Americans.

The Japanese drink very little red wine and suffer fewer heart attacks than the British or Americans.

The Italians drink excessive amounts of red wine and also suffer fewer heart attacks than the British or Americans.

The Germans drink a lot of beer and eat lots of sausages and fats and suffer fewer heart attacks than the British or Americans.

## CONCLUSION

Eat and drink what you like. Speaking English is apparently what could kill you.

# FROG SOUNDS

There were three little boys visiting their grandparents.

The oldest came out and asked his grandpa, "Can you make a sound like a frog, Grandpa? Grandpa, being in a kind of ill mood, responds, "No, I don't really want to make the sound of a frog now."

So, the second little boy comes out and asks his grandfather, "Will you please make a sound like a frog?" Grandpa again says, "No, not now. I don't really want to do that. I'm in a grumpy mood. Maybe later."

Then the third little boy comes out and says, "Grandpa, oh please... Please, please will you make a sound like a frog?"

"Why do all of you boys want me to make a sound like a frog?" Grandpa asked.

The little boy replied with a hopeful face, "Well, Mom said that when you croak we get to go to Disney World!"

*. . . That's all folks.*

