THE VALLEY SUNRISE



2021 - 2022

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CONTENTS

Thought of the Day Announcements / News Milestones International News Happy Bucks The Gallery

IMPORTANT MEETINGS 2020 8/10/21 Board Meeting 7 AM Buttercup Restaurant 9/13/21 Charitable Fund 5:30 PM Zoom



BACKPACKS NEEDED



Rich Lueck reports that this is the time of year we help **Cynthia Altamirano** of the **Family Justice Center** collect backpacks and school supplies for students recovering from domestic and interpersonal violence. Backpacks can be dropped off at the Cornerstone Campus in Walnut Creek, or you can bring them to the Promo Demo party on Saturday, but remember no blue or red Backpacks.

Cynthia hopes that our club has done well over the past year of COVID-19. She said that if she knows anything about Rotarians, she knows that we have been actively helping to alleviate the suffering of our communities in Contra Costa County and wants to thank us for all our support over the past few years. She reported that they successfully supplied nearly 1,500 students with Backpacks and school supplies.

The packing event is on Sunday August 1st at 12:30 pm at the Cornerstone WC campus. They will deliver the filled backpacks the following Monday, Tuesday, and Wednesday at three FJC locations. In the meantime, they are accepting donations throughout the week and on Sunday mornings. If you order backpacks online, have them sent to: Cornerstone Fellowship WC, 535 Walnut Ave, Walnut Creek CA 94598

"The 5th zoom meeting will now come to order."



THOUGHT FOR THE DAY

"Don't be afraid to fail. Be afraid not to try."

THE FOUR-WAY TEST

Is it the TRUTH? Is it FAIR to all concerned? Will it build GOODWILL and BETTER FRENDSHIP? Will it be BENEFICIAL to all concerned?



GUESTS



HERBERT MUYINGA Past Assistant Governor Rotary Club of Muyenga, Uganda

SUSIE LIM About to be our 34th member

TODAY'S SPEAKER

When this week's speaker had to cancel, our **President, Monica Fraga**, rose to the occasion and took on the assignment and spoke to us about the current state of travel due to Covid. She told us that she has been the owner of Travel-To-Go, Inc. for the past 10 years and that it has been a family-owned and operated agency in the Clayton and Concord area since 1985. Monica was the 2018 President of The Western Association of Travel Agencies (WESTA) that is a member-owned travel consortium comprised of 180 agencies of which three closed due to Covid. It appears that it is a new ballgame getting travel back on track and Monica noted that travel now consists primarily of domestic locations.



Monica's true passion is to travel and create memories with her family and friends and the hundreds of people she makes travel plans for. With the industry constantly changing, their agents pursue on-going training and maintain destination/supplier certifications. They do ship and hotel site inspections, and have developed relationships with leading tour operators around the world who share their commitment to service and quality. Their affiliation with WESTA gives them the ability to offer exclusive extras (like upgrades and ship/resort credits) and the best values on cruises, tours, hotels, car rentals and travel insurance.

Monica said that they travel the world, researching and staying on top of changes in international travel. They continue to visit new places in order to keep their firsthand knowledge up-to-date. Using their personal experience and extensive industry contacts, they go beyond the internet and guidebooks to answer your questions and customize your vacation. They pay attention to the small details that can make a big difference in your overall travel experience.

ABOUT OUR SPEAKER



MONICA FRAGA is looking forward to serving our club this year. Her focus will be on the health and well-being of our members while trying to bring us together again. She became a member of rotary on October 20, 2011, and is a member Polio Plus and the Paul Harris Society. She was the 2015 Rotarian of the Year and served on the Board as the Director of Youth Services for many years. Monica was born and raised in Clayton and has been happily married to Matt for the past 20 years. They are preparing themselves for "empty nesting" because their son, Richie, is moving to Texas for school.

ANNOUNCEMENTS

DISTRICT CONFERENCE: Good News

Larry Hutchings wants us to know that it has been confirmed that C2C will definitely have a booth at the conference. Be prepared to help out and let Larry or Mary know that you will.

President Monica reminded us to be sure and register for the October 29 - 31 District Conference that will take place at Squaw Creek. It promises to be a fun weekend. So far, Monica, Mary and Dave, Barbara, Bob Sundberg, and Irene, will be attending.

C2C

President-elect Mary Kemnitz told us that Rich brought in his son's 2001 Cadillac Seville loaded with bells and whistles but no battery, so off it goes to Copart.

IN-PERSON MEETINGS

President Monica reported that it is official. There will not be any in-person meetings during the month of August. We are still in the process of checking

out other venues in which to hold our in-person meetings with the intention of making them hybrid meetings. She checked out Buttercup Restaurant but they don't have internet; La Veranda does but doesn't serve breakfast; and Oakhurst.—our old stomping grounds—they don't have internet either. It seems having access to the internet is a must if we are to hold hybrid meetings. She and **Bob** Sundberg, Tommy Wolf, and Larry Hutchings have visited other clubs, that have gone hybrid, and reported on their findings. If anyone has other venue ideas or suggestions, let President Monica know.

COMMUNITY SERVICES

Community Services Chair Ben Wentling reported that the Home Team will be up and running as will the Adopt-A-Street program. He will have dates soon.

MILESTONES

Let's wish a Happy Anniversary to Tineke and Torsten Jacobsen. They had a multiyear anniversary on July 25. We can congratulate them at Promo Demo.

Let's hear it also for **Ewa Sobilo** who marks 13 years as a Rotarian.









UGANDA: Update Uganda Pediatric Clinic

Herbert said that the more delicate finishes is ongoing. The plastering is almost dome, electrical wiring underwayl, door frames arrived, and it was agreed to paint the walls white.

As of July 22







The work goes on.





HAPPY BUCKS

Ben Wentling gave 10 bucks, buy it was a mix of happy and grumpy. First of all he was very happy that D&H Automotive came to his rescue. Ben was a bit grumpy when he found out that someone had put something in the gas tank that made it act that way.

Mary Kemnitz was so happy with Russ Anderson. She was so happy that she is going to give him \$100 to his Paul Harris. Apparently she had ordered a truck eight months ago and it finally came in. Only one problem, the truck is so tall that she says she has to jump into it.

Susie Lim is happy because she is going to become our newest member. In fact, Susie is going to be member number 34, so she found it only fitting that she should give 34 happy bucks.



Monica Fraga had a grumpy five bucks. Long story short, it was a funny story actually. Seems she had car trouble on the way up to her cabin after having a total check-up of her vehicle to make sure it was safe to take Richie to Texas. It took four days to get the part for the vehicle. She called her daughter who just got home from Placerville and said I need you.... Her daughter came through for them.

Tommy Wolf had a grumpy five bucks but I think it was sadder than anything else. He and Vanessa are going to miss the promo demo party because they are looking forward to the two-day seminar being held at his office.

Julia Dawson had a happy 2 bucks. First she was very happy with the work that Ben did on fixing the boards on the deck in front of her house. She also had another buck because she referred a friend to D& H and they were able to help her out.

COMPILED BY BARBARA REIFSCHNEIDER









LAST, BUT NOT LEAST, CLAYTON CAPTUED THIS PHOTO OF **MILES BELL** THAT GAVE US ALL A CHUCKLE AND MADE US ALL HAPPY.



THE RAFFLE: Closed for repairs.



President Monica Fraga and President-elect Mary Kemnitz decided the current raffle was getting boring. So they decided to brainstorm and come up with a new raffle format and hopefully more prizes. Any suggestions? Let Monica and Mary hear your ideas.

Don't forget, you have to attend a meeting to be eligible for this drawing.



"ALWAYS LEAVE 'EM LAUGHING"

Compiled and Edited by Bill Selb



LETHAL DIET

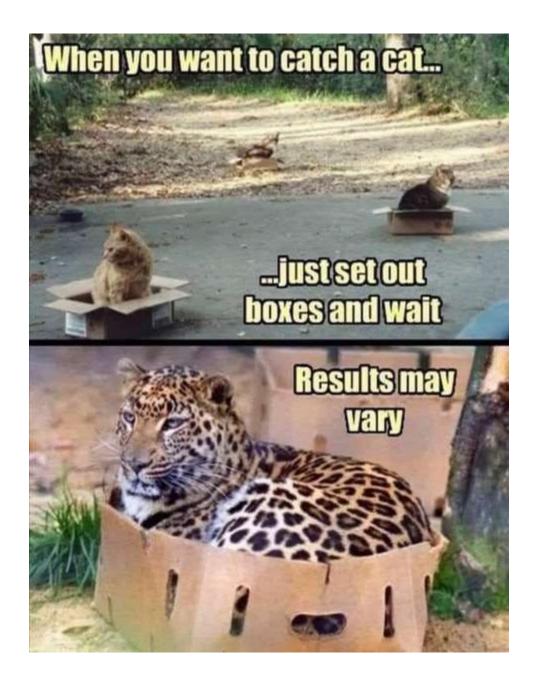
A dietitian was addressing a large audience in Chicago.

"The material we put into our stomachs," he said, "is enough to have killed most of us sitting here, years ago. Red meat is awful. Some vegetables can be disastrous, and none of us realizes the chemicals in our drinking water. But there is one thing that is the most dangerous of all and we all eat it.

Can anyone here tell me what lethal product I'm referring to is?"

He scans the audience quickly and points to a man in the front row, "You, sir, why don't you give us your guess?"

The man in the front row lowered his head and said, "Wedding cake?"



. . . That's all folks.