

THE VALLEY SUNRISE



WINNER OF BEST NEWSLETTER OF THE YEAR

3/18/2021

2020 - 2021

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Rich Lueck
Barbara Reifschneider

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John Wenzel: Webmaster
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Bill Selb: Pancake Breakfast Chair

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IMPORTANT MEETINGS 2020

4/13/21 Board Meeting 7 AM
Zoom
4/12/21 Charitable Fund 5:30 PM
Zoom



GETTING READY FOR THE RAFFLE

Clayton Valley/Concord Sunrise
Rotary 

CHARITABLE Wine Drawing

DRAWING TO BE HELD ON
**THURSDAY
APRIL 15, 2021**

VIA A VIRTUAL ZOOM
EVENING MEETING AT
6:00 PM

FEATURING
**A LARGE SELECTION
POSSIBLY 60+ BOTTLES
OF FINE WINE**
NO INEXPENSIVE TABLE WINES HERE

FEATURING ► WINES FROM GRGICH HILLS,
STAGS LEAP, BELLE GLOS,
MUMM AND MORE...

COST ► \$25.00 PER TICKET
MAXIMUM OF 250 TICKETS FOR SALE

PURPOSE ► FUNDS FOR CLAYTON'S
CHILDREN'S PARK

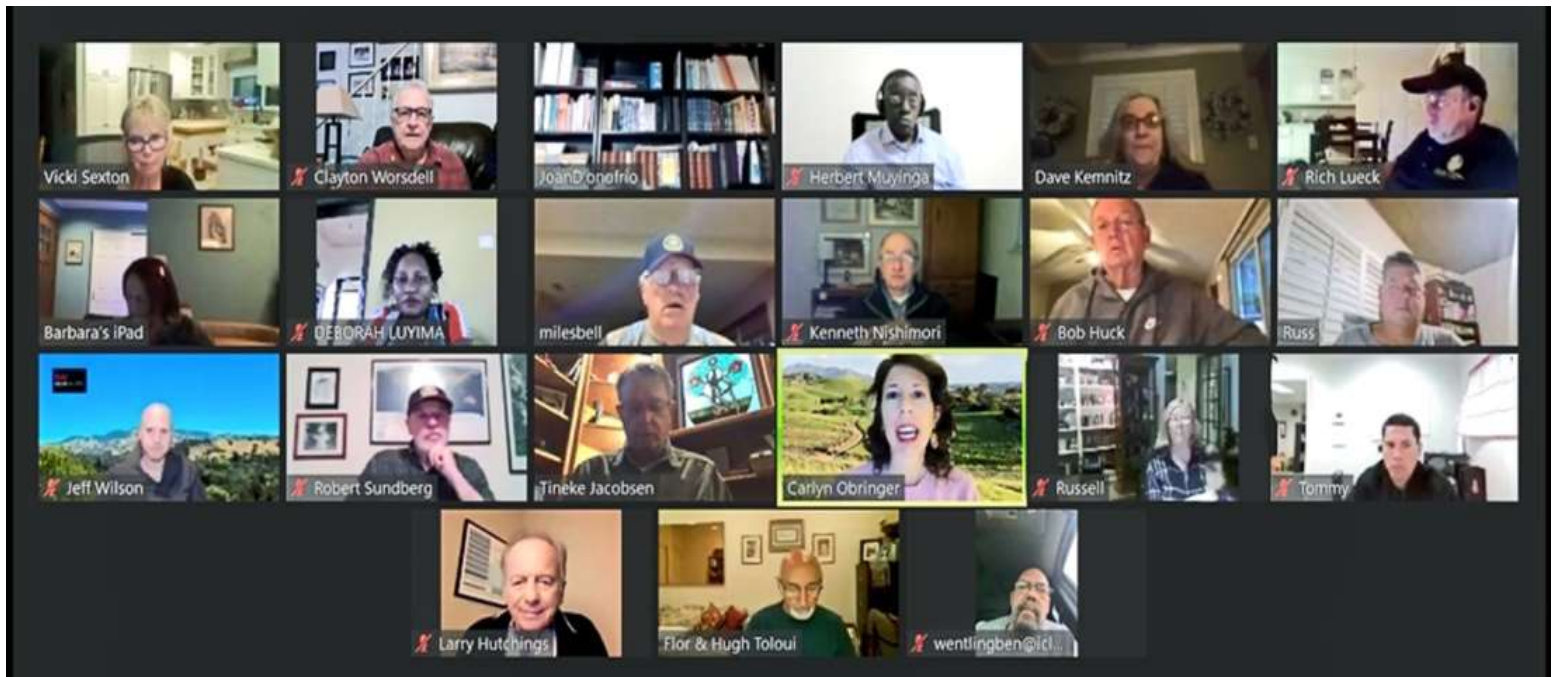
FOR MORE INFORMATION:
VICKI SEXTON
(925) 586-1286



Flyer designed by RockStar Marketing

Did you buy your tickets?

“The meeting will now come to order.”



THOUGHT FOR THE DAY: Miles Bell

*“Time is like a river. You cannot touch the same water twice
because the flow that passes
will never pass again.”*

Enjoy every moment in life.

TODAY'S GUESTS



DEB LUYIMA

Rotary Club of Muyenga Uganda



HERBERT MUYINGA



CARLYN OBRINGER

Concord City Council



SUZY LIM

A ROTARY MINUTE

Clayton Worsdell Brings You The History of Rotary in 40 Minutes—One Minute at a Time

END POLIO NOW

In 1978 Rotary launched its most comprehensive humanitarian service activity with the Health, Hunger and Humanity Program (3-H) Grants.

The following year, 1979, the first 3-H Grant funded a project to immunize 6 million Philippine children against polio. Well, the idea caught on and In

1985 RI launches PolioPlus and formed a partnership with the World Health Organization, UNICEF and others with the goal of immunizing every child in the world. **The motto, End Polio Now!**



Rotary members have contributed more than \$2.1 billion and countless volunteer hours to protect nearly 3 billion children in 122 countries from this paralyzing disease. Rotary's advocacy efforts have played a role in decisions by governments to contribute more than \$10 billion to the effort

As of 2014, India goes 3 full years without a new case caused by the wild poliovirus, and the World Health Organization certifies the South-East Asia region polio-free. Polio cases are down over 99% since 1988.



In 2019 Nigeria goes 3 full years without a new case caused by the wild poliovirus. 2020 The World Health Organization certifies the African region wild polio-free. Today, polio remains endemic only in Afghanistan and Pakistan.



January 22, 2020 Rotary International and the Bill & Melinda Gates Foundation have announced a joint commitment of up to \$450 million in support of global efforts to eradicate polio. As part of the commitment, which represents a three-year extension of an existing partnership, established more than a decade ago,

Rotary will work to raise \$50 million a year, with every dollar to be matched with two additional dollars from the Gates Foundation. As the first organization to envision a polio-free world, Rotary is more committed than ever to delivering on our promise that one day, no child will ever again be paralyzed by polio. And that, my friends, will be a truly historic moment.

This has been the 31st minute of the History of Rotary in (about) 40 Minutes.

LET'S GET THINGS STARTED

HOMELESSNESS IS CONCORD'S CHALLENGE

TODAY'S SPEAKER: **Carlyn Obringer**

Carlyn Obringer, today's speaker, was elected to the Concord City Council in November 2016. She served as Vice Mayor in 2018 and Mayor in 2019. During her time on the Council, she has overseen the planning and development of housing for Concord residents at all income levels, helped to create more jobs in Concord, protected the community's vision for a world-class project at the former Concord Naval Weapons Station, improved the condition of our roads and parks, preserved resources for seniors and public safety, and maintained a balanced budget. She talked to us today about her role in coordinating jurisdictions to provide services to end homelessness.



In 2019, as Concord's youngest-ever female mayor, Carlyn represented Concord at historic events and ceremonies, including the celebration of the land transfer from the Navy to the East Bay Regional Park District for the purpose of establishing a new regional park in Concord, and the memorial of the 75th Anniversary of the Port Chicago explosion. To learn more about Carlyn's accomplishments and future projects, contact her at: Carlyn.obringer@contracostacounty.com

ABOUT THE SPEAKER



Carlyn Obringer holds a Masters of Business Administration from the Monterey Institute of International Studies and is the former chair of the Contra Costa Commission on the Status of Women. She is a past President of Soroptimist International of Diablo Vista, and has been active in many local organizations including the American Association of University Women-Concord Branch, the Concord Ambassadors, the Concord Historical Society, and the Greater Concord Chamber of Commerce. For more than a decade, she has worked to make Concord an even better place to live, work, raise a family, do business, and retire by serving in the following roles: Chair of the Concord 4th of July Parade, the Blue Ribbon Committee to establish a public institution of higher learning at the former Concord Naval Weapons Station, and chair of TRANSPAC, regional transportation planning committee for central Contra Costa County. She was also the Vice Chair of the East Bay Regional Parks District Parks

Advisory Committee, overseeing the naming and development of the new Concord Hills Regional Park, a member of the East Bay Economic Development Alliance Executive Committee, and Founder/Past Chair of the Concord Art, Wine (and Beer!) Walk; proceeds fund scholarships for local women and girls. She and husband, Justine, resides near downtown Concord along with their dog Coco.

ANNOUNCEMENTS

CARS 2ND CHANCE: Service above Self



THE TREAM: Mary Kemnitz, Dave Kemnitz, David Wahl, Larry Hutchins, Vicki Sexton, Pat Flaharty, Rich Lueck, Bill Arena, Paul Bettelheim, Tom Guyette, Alex Arnold

Mary Kemnitz reported that they have access to a 1985 Rolls Royce, a Mercedes, a Toyota that came up due to an estate sale reported by the Lamorinda Club. Mary and Dave will check out the cars this weekend. **Larry Hutchings** told us that **Pat Flaharty** of Lamorinda is approaching auto repair shops looking for cars that can be donated. **Bill Arena** is also making the rounds at auto repair shops as well.



FUNDRAISER NEWS: Wine Barrel Raffle Update



President Vicki reported that 61 bottles of fine wines have been collected so far, and she has been selling tickets at a super speedy clip. She sold 28 so far. **Tommy Wolf** sold all 25 tickets he had and has requested 15 more. **John Wenzel** sold 10 and it looks like we could actually sell the whole 250 tickets. Remember, the funds we collect will go toward the Children's Playground in Clayton, so it is with great joy that we announce that **Eric Rehn** bought \$200 worth of tickets. Thank you, Eric. Only 27 tickets are left. Thanks to Mary's

connection with the **Rock Star Marketing** group, a stunning flyer was created.



Some of the buyers are finding that paying via our website is easy, so don't hesitate to do this. **Ken Nishimori** will be able to identify who made the payments. Just remember that we need the ticket stub(s). Without those, we won't be able to draw the winning ticket. **IF YOU DON'T HAVE TICKETS YET, LET VICKI KNOW. SHE WIL PERSONALLY DELIVER THEM TO YOU.**

“ALL ABOARD” District Conference Sign Up

District Governor Mark Roberts wants us to know that: This year's event will be different. In the spirit of the theme “**All Aboard**,” the conference will kick off with a dynamic program led by the JARS (Junior Active Rotarians) and Rotaractors of Chico. The topic is bridging the gap between generations, and their approach is both fresh and highly engaging. It's been a hot topic and one you won't want to miss. Sign up now for the **Spring District Conference, to be held Friday, April 30 - Sunday May 2.**



GET YOUR COVID VACCINE SHOTS

You can sign up at [Myturn.ca.gov](https://myturn.ca.gov) to get notification of when you can schedule an appointment, and here's a volunteer-run site that posts places that have the vaccine:

<https://www.vaccinateca.com/>.



UGANDA: COVID UPDATE.

Reported by Herbert Muyinga & Deb Luyima



The AstraZeneca vaccine (about 450,000 doses) were imported into Uganda to initially cater to those persons at higher risk levels: medical workers, school and college teachers, security personnel, elderly people, and those with underlying health issues. Not many people have been covered or been enthused to go for the jabs, because of varied reasons including pessimism on after effects, proper publicity, Heads of state adamant to go and publicly announced it,

Un(fortunately) the president of Tanzania, our neighboring country, died on March 17th purportedly due to effects of COVID which he has always declined to accept existed. Now, hopefully, our people will wake up to reality and go for the vaccination. The country plans to import more vaccines.

Because the President of Uganda Museveni has not taken the Covid Vaccine, yet, saying that he still wanted to be sure it was the right Vaccine for him. As a result, very few people have gotten on board to take the Vaccine.

As mentioned, the death of the Tanzanian President John Magufuli (also denied the existence of Covid 19 in his country. Many people in the East African region and Africa at large who have been in denial have gotten a wakeup call and will go for the vaccine when the opportunity arises.

Also noted, our Rotary meetings are physical now because we have enough space for social distancing.

HAPPY/GRUMPY BUCKS

Compiled by Director Barbara Reifschneider



LARRY HUTCHINGS gave one happy buck and was very happy because Dennis has finally been able to get his Covid appointment for next week.

MARY KEMNITZ gave a happy buck because she has had three colonoscopies in the past year, but that's not what she's happy about. She is happy because they only found one teeny tiny polyp instead of a lesion.

BOB SUNDBRG had one happy buck. Bob is happy because he has completed his Covid vaccinations. Now he can be on the road and driving around visiting his family in his new wheels. By the way, Mark and I bought Bob's old wheels!

THE RAFFLE



Monica Fraga is still in Mexico so **President Vicki** did the honors today. She pulled **Bob Sundberg's** name. He chose a bottle of red and none of the jewels in the treasure chest. Doesn't anyone want those pearls?



Don't forget, you have to attend a meeting to be eligible for this drawing.

ALWAYS LEAVE 'EM LAUGHING ...

OH, NO, I CAN'T SEE

This happened yesterday at the hospital where I work and is an important lesson for our age group.

A friend had his 2nd dose of the vaccine at the vaccination center. Afterwards he began to have blurred vision on the way home.

When he got home, he called the vaccination center for advice and to ask if he should go see a doctor or be hospitalized.

"No," we told him." Do not go to a doctor or a hospital. Just come back here and pick up your glasses."

SPEEDING FARMER

A farmer got pulled over by a state trooper for speeding, and the trooper started to lecture the farmer about his speed, and in general began to throw his weight around to try to make the farmer uncomfortable. Finally, the trooper got around to writing out the ticket, and as he was doing that he kept swatting at some flies that were buzzing around his head.

The farmer said, "Having some problems with circle flies there, are ya?" The trooper stopped writing the ticket and said, "Well yeah, if that's what they are, but I never heard of circle flies."

So the farmer says, "Well, circle flies are common on farms. See, they're called circle flies because they're almost always found circling around the back end of a horse."

The trooper says, "Oh," and goes back to writing the ticket. Then after a minute he stops and says, "Hey, wait a minute, are you trying to call me a horse's arse?"

The farmer says, "Oh no, officer. I have too much respect for law enforcement and police officers to even think about calling you that."

The trooper says, "Well, that's a good thing," and goes back to writing the ticket.

After a brief pause, the farmer ads, "Hard to fool them flies though..."

BIRD DOG

An avid duck hunter was in the market for a new bird dog. His search ended when he found a dog that could actually walk on water to retrieve a duck. Shocked by his find, he was sure none of his friends would ever believe him.

He decided to try to break the news to a friend of his, the eternal pessimist who refused to be impressed with anything. This, surely, would impress him. He invited him to hunt with him and his new dog.

As they waited by the shore, a flock of ducks flew by. they fired, and a duck fell. The dog responded and jumped into the water. The dog, however, did not sink but instead walked across the water to retrieve the bird, never getting more than his paws wet. This continued all day long; each time a duck fell, the dog walked across the surface of the water to retrieve it.

The pessimist watched carefully, saw everything, but did not say a single word. On the drive home the hunter asked his friend, "Did you notice anything unusual about my new dog?"

"I sure did," responded the pessimist. "He can't swim."

. . . That's all folks.

