

THE VALLEY SUNRISE



11/18/2021

2021 - 2022

NEWSLETTER STAFF

Joan D'Onofrio: Editor
Clayton Worsdell: Photographer
Mary Kemnitz
Rich Lueck
Barbara Reifschneider
Bill Selb

ROTARY DISTRICT 5160

Kathy Suvia: District Governor
Dess Beneditto: Assistant DG

BOARD OF DIRECTORS

Monica Fraga: President
Mary Kemnitz: President-elect
Vicki Sexton: Treasurer
Joan D'Onofrio: Secretary
Bob Sundberg: Sergeant-at-Arms
Miles Bell: Vocational
Tommy Wolf: New Generations
Ken Nishimori: RI Foundation
Ben Wentling: Community Services
Tommy Wolf: Membership
Larry Hutchings: International
Barbara Reifschneider: Club Services

CHARITABLE BOARD

Larry Hutchings: Chair
Mary Kemnitz: Vice Chair
Vicki Sexton: Treasurer
Steve Weir: Secretary
Bob Hooy
Bob Sundberg
John Wenzel
Hugh Toloui

COMMITTEE CHAIRS

Miles Bell: Program Chair
John Wenzel: Webmaster
Bill Selb: Pancake Breakfast Chair

CONTENTS

Thought of the Day
Announcements / News
Milestones
International News
Happy Bucks
The Gallery

IMPORTANT MEETINGS 2020

12/14/21 Board Meeting 7 AM
Zoom
12/15/21 Charitable Fund 5:30 PM
Zoom



Thanksgiving in the United States has been observed on differing dates. From the time of the Founding Fathers until the time of Lincoln, the date of observance varied from state to state. The final Thursday in November had become the customary date in most U.S. states by the beginning of the 19th century, coinciding with, and eventually superseding the holiday of Evacuation Day which commemorated the day the British exited the United States after the Revolutionary War.

Sarah Josepha Hale wrote letters to politicians for approximately 40 years advocating an official Thanksgiving holiday observance. Modern Thanksgiving was proclaimed for all states in 1863 by Abraham Lincoln. Because of the ongoing Civil War, however, a nationwide Thanksgiving celebration was not realized until Reconstruction was completed in the 1870s.

On October 31, 1939, President Franklin D. Roosevelt signed a presidential proclamation changing the holiday to the next to last Thursday in November, for business reasons, but on December 26, 1941, he signed a joint resolution of Congress changing the national Thanksgiving Day to the fourth Thursday in November.

THE THOUGHT FOR THE DAY: *By Richard Lueck*



"For the first twenty years of my life, November 22nd has been a special day as it was my mother's birthday. In 1963, I was on my way to buy her flowers when the news that JFK was shot and that changed the meaning of that date for me forever. And as that date approaches, I thought it would be appropriate to share one of JFK's thoughts and how it applies to Rotary's 4-Way Test."

*"As we express our beliefs, we must never forget
that the highest form of appreciation
is not to utter words, but to live by them."
—John F. Kennedy*

Then Richard led us all in The Four Way Test

Of all the things we think, say and do:

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and better FRIENDSHIP?

Will it be BENEFICIAL to all concerned?

TODAY ON ZOOM



DEB



HERB



RICH



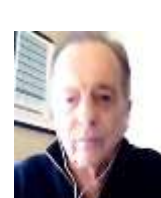
CLAYTON



JULIA



TOMMH



LARRY



DANIELLE JOHN

TODAY'S SPEAKER

COMMUNITY & CONNECTIONS



President elect Mary Kemnitz introduced us to today's speaker, **Danielle John**, Community Outreach Engagement Manager, who spoke to us about the needs of youth in foster care in the Youth Homes Inc. program. Danielle is responsible for connecting the volunteers' time, talent, and energy with the needs of the youths in their foster care and of those who have aged out of the care system.



Youth Homes provides shelter, food, safety, and structure in four homes as part of their Short-term Residential Therapeutic Program in which children and youth, ages 12 to 17, have stability and safety.

They also provide a Transition Age Youth Program for under-resourced and vulnerable Transition Age Youth (TAY) consisting of 17 to 21 year olds who shift into independent living and must deal with the unexpected realities of becoming an adult. Poverty, homelessness, unemployment, substance abuse, incarceration, and hospitalization are all real risks for the individuals who qualify for TAY services.

In essence, the Youth Homes program can be the difference between crafting a life filled with meaning and purpose or falling through the cracks of society. If you would like to volunteer or donate to the program, contact Danielle at: daniellej@youthhomes.org



ABOUT THE SPEAKER

DANIELLE JOHN, Community Outreach engagement Manager of Youth Homes, Inc., lives in Alamo with her husband, three children, her pets, and loves boating on the Delta, reading, and hiking in the Bay area.

[illegible]

IT TAKES A VILLAGE

Monica said, "I had so much fun shopping with Barbara and Susie. We had a laugh a minute trying to catch the run-away cans and boxes. Plus we have already shopped for 55 two-gallon containers of coffee! We filled three shopping carts but we are only half-way done. Wearing a mask in the store while we were hot was the hardest. Once outside we took off our masks and could finally breathe—what a relief. It was so much work, but we had a really great time."



IT WAS A TOUGH JOB BUT SOMEBODY HAD TO DO IT



MONETARY DONATIONS RECEIVED—SO FAR

Torsten Jacobsen, \$100; **Rich Lueck**, \$100; **Irene Davids-Blare**, \$100; **Bob Huck**, \$100; **John Hemm** and **Steve Weir**, \$500; Monica secured additional donations in the amount of \$1,000.00, \$500 and another \$550.00. It's not too late to make more monetary donations.

UGANDA REPORT

Herbert Muyinga and **Deb Luyiima** are so proud to show us photos of the equipment that is being installed in the beautiful Pediatric Clinic. Before showing the photos they reported that at least three people were killed and 33 others injured in twin suicide bombings in Kampala, Uganda's capital city. The attacks took place within three minutes of each other on Tuesday November 16 and were carried out by three suicide bombers. Herbert said, one of the explosions was on a street near the parliament building and the other was near a police station. Deb reassured us that they were not anywhere close to them and the pediatric clinic.

Here is the latest photographic update:



Toloui: Dawn Breakers.

Sadjed: One who prostrates to show humility, respect, and devotion to God.



HAPPY BUCKS

Barbara Reifschneider, Editor



LARRY HUTCHINGS gave a happy five buck because he is happy that the C2C is doing so well and that he will be distributing two checks in the amount of \$5,500 to Lamorinda and our club.

DANIELLE JOHN, our wonderful guest speaker, joined our Happy Bucks feature and gave a happy 20 bucks. Her mother-in-law flew in from England, she was very happy about that. Also happy and looking forward to travelling to England over the holidays and happy that everyone is vaccinated.



MONICA FRAGA gave a happy five bucks. Monica was happy for all of the donations from her friends that have been coming in. She pointed out how a lot can be done when everyone comes together



RICH LUECK had a happy five bucks, for meeting his milestone bike riding of 1000 miles.



TORSTEN JACOBSEN gave 10 happy bucks was for the fact that his daughter, an E.R. doctor in Bend, Oregon, is naturally vaccinated and thus healthy; however, that does not mean that another ill Patient/person cannot transfer "contamination" so that it is brought home to his 4-month-old infant grandson, who became ill enough that he had to be hospitalized and receive oxygen. Thankfully Torsten reported that his grandson has now fully recovered.

THE GALLERY



District Elect Suzanne Bragdonne wants to reassure us that these turkeys are still attending her dinner as guests ONLY.

ALWAYS LEAVE 'EM LAUGHING

Bill Selb, Editor



A REALLY POOR CHOICE OF WORDS

A man staggers into an emergency room with two black eyes and a five iron wrapped tightly around his throat. Naturally the doctor asks him what happened.

“Well, it was like this,” said the man, “I was having a quiet round of golf with my wife when she sliced her ball into a pasture of cows. We went to look for it and while I was rooting around, I noticed one of the cows had something white at its rear end.

I walked over and lifted up the tail and sure enough, there was my wife’s golf ball—stuck right in the middle of the cow’s butt. That’s when I made a truly horrible mistake.”

“What did you do?” asks the doctor.

“Well, I lifted the tail and yelled to my wife, ‘Hey honey, this looks like yours!’”

PLAY ON WORDS

From Rich Lueck



...That's all, folks.