THE VALLEY SUNRISE



WINNER OF BEST NEWSLETTER OF THE YEAR

8/6/2020

2020 - 2021

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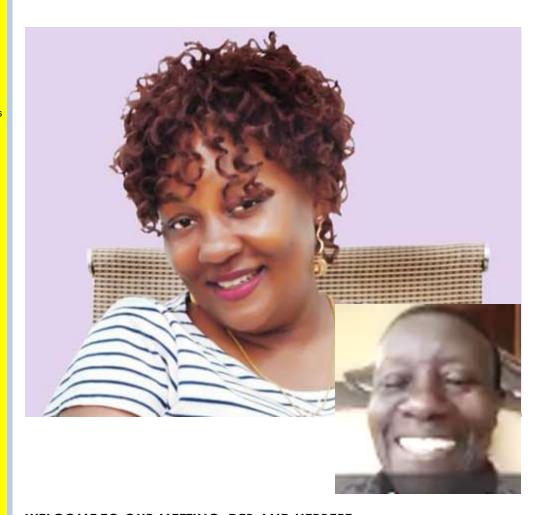
IMPORTANT MEETINGS 2020

9/08 Board Meeting 7 AM
Zoom
TBA Charitable Fund 5:30 PM
Zoom





FELLOW ROTARIANS ZOOMS IN FROM UGANDA



WELCOME TO OUR MEETING, DEB AND HERBERT.

Herbert Muying and **Sophie Deborah Luyiima Kulubya (A.K.A. Deb)**, of the Muyenga Rotary Club, joined us at our meeting today. Yes, all the way from Uganda. Deb is the International Services Director and Herbert is a Past President and District Governor. We are honored to meet with them.

"Will the Virtual Meeting Please Come to Order"

President Vicki Sexton called her fifth (19th actually) zoom meeting to order. Please join us online.



THOUGHT FOR THE DAY: Larry Hutchings

You can't go back and change the beginning, but you can start where you are and change the ending. --CS Lewis

Do what you feel in your heart to be right, for you'll be criticized anyway. --Eleanor Roosevelt

Those who can make you believe absurdities, can make you commit atrocities. --Voltaire

GUESTS FROM THE MUYENGA ROTARY CLUB



HERBERT MUYING
Former District Governor



NG SOPHIE DEBORAH LUYLIMA KULUBYA (Deb)
overnor International Services Director
Both from the Muyenga Rotary Club--Uganda

A ROTARY MINUTE

Clayton Worsdell brings you The History of Rotary in 40 Minutes, One Minute at a Time



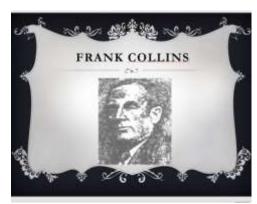
Rotary's first motto. "He who serves best, profits most."

Thank you and welcome to the History of Rotary one minute at a time.

Rotary's motto, Service Above Self, traces back to the 2nd convention of the National Association of Rotary Clubs of America held in Portland, OR, in 1910, and it was actually not on the agenda.

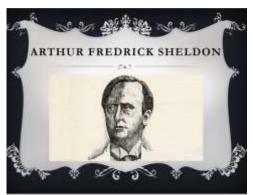
During a convention outing on the

Columbia River, **Frank Collins**, president of the Rotary Club of Minneapolis, Minnesota, talked with Seattle Rotarian **J.E. Pinkham** about the proper way to organize a Rotary club, offering the principle his club had adopted: **Service, Not Self**. Pinkham invited Paul P.



Harris, who also was on the boat trip, to join their conversation. Harris asked Collins to address the convention, and the phrase Service, Not Self was met with great enthusiasm.

During the very same convention, the first official motto was approved that was adapted from a speech

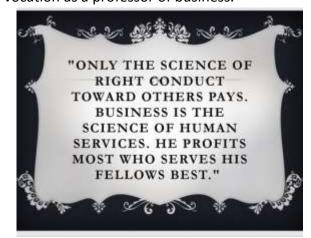


made by Rotarian **Arthur Frederick Sheldon** to the first convention, held in Chicago the previous year. The motto was: **He Profits Most Who Serves Best**. Both were used for many years and at the 1950 RI. Convention versions were both formally adopted by Rotary. The 1989 Council on Legislation established **Service Above Self** as the principal motto of Rotary, because it best conveys the philosophy of unselfish volunteer service. But Sheldon's version came with an important philosophy that he used in his vocation as a professor of business.

I'd like to ask PP **Greg Robinson** to read the basis of

Sheldon's motto: "Only the science of right conduct toward others pays. Business is the science of human services. He profits most who serves his fellows best."

Thank you. This has been the 3rd minute of the History of Rotary.



ANNOUNCEMENTS/NEWS

CHARITABLE FUND: LEADERHIP LINEUP

Secretary Steve Weir presents the 2020 – 2021 members of the Charitable Fund.



LARRY HUTCHINGS Chair



MARY KEMNITZ
Vice Chair



VICKI SEXTON Treasurer



STEVE WEIR Secretary



HUGH TOLOUI



BOB HOOY



JOHN WENDELL



BOB SUNDBERG

WELCOME FELLOW ROTARIANS

computer lab project, and Nsawo RCC Medical Centre.

Sophie Deborah Luylima Kulubya, known to us as Deb, is a member of the Rotary Club of Muyenga District 9211 since 2005, wants us to know that they are forever grateful for the sponsorship and partnership they receive from the Clayton Valley/Concord Rotary. Your generosity and love for humanity is immeasurable.

Deb completed two Global Health certification courses from Harvard and has been THE contact person since 2012 when our club first started the Adopt-A-Village project and our medical clinic in 2015. Larry Hutchings and Torsten Jacobsen said that Deb is extremely detailed in her work, and they could not have accomplished what our club has done without her.



Deb was born and raised in Kampala and her ancestral home is in the Nsawo Luweero District. She is married to Hood for 20 years. Hood is the charter president of the Rotary club of Wobulenzi District 9211. They have two sons Hakim and Hassan and one daughter Hessa. Deb was a Uganda Beauty Queen 14 times, has an IQ of 172, was president of the Underworld Bank, and the only female player on Uganda's Rugby team. She raises orphaned hyenas as house pets and when wearing a boa she prefers live ones.

THE FUNDRAISING COMMITTEE: Bill & Monica Show





The Fundraising Committee Chairs, Bill Selb and Monica Fraga, reported that they received suggestions from two of our members. In an effort to make up for the \$7,000 we did not bring in this year due to the cancelation of the Pancake Breakfast, Richard Lueck suggested a virtual auction and forwarded information he received from Steve Godfryd of Pacific Auction Co. LLC who has staged live auction events for our club in the past. Jeff Wilson suggested a 5K virtual race and emailed a couple of links to companies showing how to

promote such an event. However, with all the information, I am still clueless as to the logistics of how the race is run and how the winner(s) are declared. So please send us your ideas for money raising ideas.

SERVICE ABOVE SELF



Hugh Toloui announced that he and his wife, Flor, made a donation to the NGO when they learned about the situation in Nepal and the dire need to help Children Education Foundation. Hugh said, "We had the privilege of contributing \$5,000 and helped further fundraising for that cause." You can make a difference in a child's life by making a donation that will feed, educate, and house them. For more information: www.ChildrenEducationFoundation.Org

MILESTONES: LENGTH OF SERVICE

President Vicki Sexton marks her third year with our club. And look she is already president after serving two years as treasurer. Vicki was a member of the Brentwood Rotary for eight years which all add up to an 11 year anniversary. She has set up a recurring payment plan for Paul Harris.

Lisa Truesdell joined in 2006 making her a 14 year member. During that time, Lisa served as membership chair on the Board of Directors and also the Charitable Fund for many years.

CARS 2ND CHANCE

Mary Kemnitz reporting: Remember that orange Volkswagen? Well Mary said they sold it for \$12,500. And if that wasn't enough, she said they took in seven more cars and have about \$7,000 worth of metal for Copart. Mary also reported that they had a 2002 Ford Aerostar minivan in the Cars 2nd Chance pipeline. President Conrad Breece of the Lamorinda Rotary spotted it and knew it was a candidate for a donation to the Putnam Clubhouse, an organization that assists adults recovering from and coping with mental and emotional issues. Putnam Clubhouse now has a good-as-new minivan that will be a great help transporting the members. See, sometimes "it's not what you know, it's who you know" is a very, very good thing,

PARTNER LIST

Rich Lueck wants us all to contact the organizations below and see if we can convince them to parter with us to do some fundraising, both for them and us and make some really happy bucks.

	PARTNER	CONTACT	TITLE	PHONE
	Alhambra High School	Karen Sloper		925-335-5810
Mary Kemnitz	AUTOMOTIVE SERVICE COUNCILS	Gloria Peterson	Admin	916-290-5828
	Bay Area Crisis Nursery	Tara Bartholomew	Director	925-685-8052
	Blue Star Moms Contra Costa	Loretta Masnada		925-775-5084
	Buttercup Farms Organization	Jorie Hanson	Manager	925-963-4104
	California Reentry Institute	Collette Carroll,	Director	925-549-1416
	CALIFORNIA VOCATIONS/PARADISE	Bob Irving	Director	530-519-4146
	CCRIM Real Estate in Motion	Ryan Keller	CEO	925-295-9223
	Crohn's & Colitis Foundation	Derek Aitken, Esq		415-356-2232
Monica Fraga	CVCHS # ROTARY Interact	Monica Fraga		925-672-9840
Richard Lueck	Delta Blues Festival Scholarships	Frank Giovanni		209-603-7240
	DIABLO CHORAL ARTISTS	Mark Tuning		925-930-0516
	Dogs and Katz Rescue	Kathleen Stercks		925-852-1217
Clayton Worsdell	FIRST PRESBYTERIAN CHURCH CONCORD	Clayton Worsdell		925-207-2509
	Food Bank CC & Solano Counties	Joel Sjostrom	CEO	925-676-7543
	Highlands Elementary	David Swider	President	925-672-5252
	HISTORICAL SOCIETY CONCORD	Vivian Boyd		925-827-3380
	Historical Society Contra Costa	John Greitzer	President	925-229-1042
Vicki Sexton	MOBILITY MATTERS	Elaine Welch		925.284.2207
	MONUMENT CRISIS Center	Sandra Scherer	Director	925-222-6868
Richard Lueck	Mt. Diablo Amateur Radio Club MDARC	Rich Lueck	Admin	925-683-7865
	North Creek Academy	Erin James		925-954-6300
	OAKLAND RITECARE CHILDHOOD CENTER	Nan Busse		<u>510-839-1513</u>
	POA EMERGENCY FUND CONCORD	Ron Bruckert	President	925-676-8298
Richard Lueck	RotaCare Concord	MELISSA ALLAN NP	Chair	925-429-6409
	Solo Opera – San Francisco	Sylvia Amorino		925-685-4945
	ST JOHN'S EPISCOPAL Clayton	Rev. Audrey Miskelley	Vicar	925-672-8855
	St. Agnes School	Jill Lucia	Principal	925-689-3990
	Veteran's Affordable Home Ownership	Jim Etherington	President	530-662-2237
Mary Kemnitz	White Elephant Woman's Museum Board	Lori Fogarty	Director	510-839-5919
Mary Kemnitz	White Pony Express	Eve Birge	Director	925-322-0604
	YGNACIO VALLEY MUSIC BOOSTERS	Clarice Adams		925-685-8414

HAPPY/GRUMPY BUCKS

JEFF WILSON, real estate agent extraordinaire, is very happy about the listings he wanted us to know about. One is a \$300,000 property, another in Pleasant Hill going for \$515,000, acreage for approximately \$900,000 and a real eye-opener in Walnut Creek is listed at \$2.9 million. Yes, million.

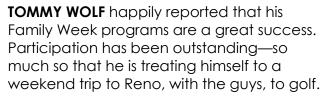


LARRY HUTCHINGS pledged \$10, which was immediately matched by Torsten, in honor of our Rotarians from Uganda sitting with us this morning. Larry met them nine years ago and developed a long-standing relationship. In fact, when Deb visited us here in the USA, she stayed at Torsten and Tineke's home.





HUGH TOLOOUI was \$25 happy for having the pleasure of seeing Deb and Herbert at our meeting. He is also very impressed with Torsten's presentation that drove home the amazing amount of incredible works our club is responsible for.









HERBERT and **DEB** both expressed their happiness, not only for being with us this morning. but for all we do. Herbert thanked Torsten for the great journey it has been and appreciation for our involvement. We thank them for laying the groundwork that makes it possible for our club to be able to help.





As for VICKI SEXTON and RICH LUECK,

I couldn't resist adding these two members who are just plain happy. And why shouldn't they be. Vicki runs a very active and well-organized meeting, and Rich put together some really cool photos for Torsten's presentation this morning. Way to go team

POLIO PLUS UPDATE

District 5160 Plus Plus News

July 29, 2020



GETTO ZERO PolioPlus News

Where is Polio in the World Today?

We are down to TWO countries in 2020 that have wild polio cases: Afghanistan and Pakistan.

Together, there are 94 cases.

This time last year there were 56.

Good news!

After a 4 month pause, Pakistan resumed polio vaccinations on July 20th. According to sources, strict protocol is being followed to protect workers and those in the communities.

Also, earlier this month, the African nation of Burkina Faso completed a 4 day polio immunization campaign, vaccinating 175,000 children, and Angola did the same, targeting one a quarter million children.

We must continue to vaccinate

Polio remains a global health threat. In 2019 400,000,000 children received the vaccine. We can't let up. While our efforts to vaccination have been hindered by COVID-19, efforts like those in Pakistan and Africa will continue as long as heath care workers can safely give the life-saving drops.

Want to know more about Rotary and polio? I am available to present a Zoom program about polio, our trip to India this year and how similar polio is to COVID-19. Let me know when



Your Calls to Action

- Set your club's PolioPlus goal in Rotary Club Central
- the minimum PolioPlus goal should be \$1,500

Here's how to set your goal:

my_rotary.org/

club central/

goal center/

rotary foundation giving/

edit/

polioplus fund contributions

Ask someone in your club to be a Polio Warrior

Help me keep your club up to speed on what Rotary is doing to GET TO ZERO. Please have a member reach out to me. I will include them in updates.

Mike Crosby

District 5160 PolioPlus Chair

MikePolioPlus@Rotary5160.org

phone: (562) 427-1098

\$0 HAVE YOU PAID YOUR ANNUAL DUE\$—YET?



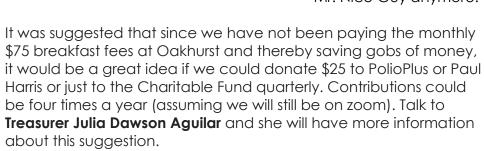
Hey Dudes, it's time to pay up. Surely you all know that another year has gone by and it is Annual Dues Time. If you have already submitted your \$200, thanks. For those of you who haven't, here's all you have to do:

To pay by check: mail your payment to Clayton Valley Rotary PO Box 4, Clayton, CA 94517. Sure that requires an envelope and a stamp, so here's an easier way.

To pay by credit card: get our website www.claytonvalleyrotary.org up on your computer screen, then go to the upper left hand corner and click on the word 'Payment' and you

can then enter your credit card information.

Treasurer Julia Dawson
Aguilar will be nagging
those of you who still
haven't paid, next time
and it's not gonna be
Mr. Nice Guy anymore.





SCOUT'S TICKET BOOTH UPDATE

Mathew Ware is going full steam ahead on his project to build a new Ticket Booth for the Concord High School's sport's field since the one they had burned down. This is his project to earn his Eagle Scout badge. Mathew has set up a construction schedule and hopes that anyone could bring tools or help with the actual work. He will be at Concord High on Saturday, August 15, Sunday, August 16, Saturday, August 22, and Sunday, August 23. Each day they will start at 8 am and end each day around 3 pm.



TODAY'S SPEAKER

International Projects



Today's speaker, **Torsten Jacobsen**, needed no introduction, but **Program Chair Miles Bell** introduced him anyway. Torsten got right to the point and said, "Rotary's mission is to foster goodwill and peace through worldwide united services, to raise living standards and assist people, to give hope and opportunity, and contribute to national and international peace. More than ever we realize that



we are truly the family of man and must work together if we and the planet are to survive-climate change. The corona virus makes that all abundantly

clear." **Rich Lueck** put together a beautiful photographic presentation to complement Torsten's review of our international projects.

Zambia Eye Clinic

Bud Tysinger started the clinic in 1993. The current clinic opened in 2001 and is supported with grants by our club, Brentwood, and Antioch. The clinic has performed thousands of procedures for those visually impaired. Our members and Rotarians from other districts have visited over the years and stayed for two weeks at a time in the guest residences. Chuck Graham went several times and Fred and Lois did too. After Fred's visit, he said, "Lois and I got a much deeper first-hand understanding of what critical needs Rotary fills in the world to people in need." It's also an exciting and beautiful country with much wild life.

Ethiopia: "The Cradle of Man"

Our club contributes toward the purchase of medical supplies, costs generated by sending 20 foot containers with hundreds of donated supplies to Baharat hospital in Eastern Ethiopia, and contribute to the purchase of Surgical Implants through the Generation Network (SIGN) in over 55 countries around the world. SIGN supplies implants and instruments for surgical injuries. Over 250,000 surgeries have been performed and many surgeons have been trained in these procedures. Trauma accounts for about 70% of all hospital admissions,



and currently six centers in Ethiopia (population 140,000) are equipped and trained and currently working on skin grafting projects. This is a fascinating country with a history going back thousands of years.



Uganda: "The Pearl of Africa"

This is where the Adopt-A-village project started in 2015 and included several villages comprising over 2,500 inhabitants. Other clubs have helped with grants that included Brentwood, Antioch, Vallejo, and local Uganda clubs Muyenga and Wobulenzi. Together with Deb it became possible to tackle water projects, livestock, crops, sewing machines, brick making, school supplies, mini loans education, and most recently our grant for the computer lab program. Since 2015 the women's medical clinic treated and educated thousands of women that included birth and reproduction classes as well as multiple diseases. Torsten's medical doctor daughter recently visited and treated, taught, and introduced the manufacture of soap how to make it and use it. They purchased

badly needed medical supplies and our club is now offering financial support to the club in the amount of \$250 a month. Uganda is a beautiful and safe jungle country where you will see all sorts of wild life and go on a Safari for \$60.

San Felipe

This is our twin club. They partner with us in many events and projects that included the new hospice center. They have an operating budget of \$40 thousand dollars. They raise funds through their annual Cancer Walk that brings in between \$10 to \$15 thousand. Local donors contribute \$12 thousand and \$9 thousand comes from the Tequila Pigs Motorcycle Club from Mexicali. They operate with four employees as all others are volunteers. Other clubs have focused on offering hearing and visual aid. We assist our partner club with \$5 thousand per year. Let us all go visit and have fun at the next cancer walk in February, 2021.

Thanks, Torsten and Rich for a very inspiring presentation.



ON THE LIGHTER SIDE

DRUNK? NOT ME

A drunk stumbled out the door of the bar. He stood on the corner waiting for the light.

His wife calls and asks if he is drunk. The man replies, "Of course not!"

Being suspicious that he is drunk, she says, "Okay then, tell me where you are and I will come and get you."

The drunk replies, "I am at the corner of WALK and DON'T WALK!"

SIGNS OF HUMOR

A SIGN IN A SHOE REPAIR STORE IN VANCOUVER READS:

We will heel you

We will save your sole

We will even dye for you.

A SIGN ON A BLINDS AND CURTAIN TRUCK: "Blind man driving."

SIGN ON A GYNECOLOGIST'S OFFICE DOOR: "Dr. Jones, at your cervix."

SIGN IN A PODIATRIST'S OFFICE: "Time wounds all heels."

SIGN ON A SEPTIC TANK TRUCK: "Yesterday's Meals on Wheels."

SIGN ON A PLUMBER'S TRUCK: "We repair what your husband fixed."

ON ANOTHER PLUMBER'S TRUCK: "Don't sleep with a drip. Call your plumber."

SIGN ON A MATERNITY ROOM DOOR: "Push. Push. Push."

SIGN AT A CAR DEALERSHIP: "The best way to get back on your feet - miss a car payment."

SIGN OUTSIDE A MUFFLER SHOP: "No appointment necessary. We hear you coming."

SIGN IN A VETERINARIAN'S ROOM: "Be back in 5 minutes. Sit! Stay!"

IN A RESTAURANT WINDOW: "Don't stand there and be hungry; come on in and get fed up."

SIGN IN FRONT YARD OF A FUNERAL HOME: "Drive carefully. We'll wait."

SIGN AT A PROPANE FILLING STATION: "Thank Heaven for little grills."

SIGN IN A CHICAGO RADIATOR SHOP: "Best place in town to take a leak."

SIGN AT AN OPTOMETRISTS'S OFFICE: "If you don't see what you're looking for, you've come to the right place."

COMPLAIN, COMPLAIN, COMPLAIN

The new minister stood at the church door greeting the members as they left the Sunday morning service. While most of the people told the minster how much they liked his message, one man seemingly had a different opinion.

"That was a very dull and boring sermon, Pastor," he said.

The pastor was a bit baffled by this, but he continued shaking hands.

A few minutes later, the same man again appeared in line and said, "I don't think you did much in the way of preparation for your message."

Once again, the man circled back and appeared in line, this time muttering, "You really blew it. You didn't have a thing to say, Pastor."

Finally, the minister could stand it no longer. He went to one of the deacons and inquired about the man.

"Oh, don't let that guy bother you," said the deacon. "He's a little slow. All he does is go around repeating whatever he hears other people saying."



"Do you think we should add a password?"

... That's All Folks