THE VALLEY SUNRISE



BEST NEWSLETTER OF THE YEAR AWARD

7/9/2020

2020 - 2021

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IMPORTANT MEETINGS 2020

7/14 Board Meeting 7 AM
Zoom
TBA Charitable Fund 5:30 PM
Zoom





WILL THE FIRST 2020-2021 (ZOOM) MEETING COME TO ORDER



President Vicki Sexton banged the gavel and the meeting came to order. She was our featured speaker with a collection of ideas we will be working on during her tour of duty and beyond.

(Continued on the Speaker's Page)

MEET THE 2020 - 2021 BOARD OF DIRECTORS

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BILL KINSEY
Public Relations



MILES BELL Program Chair



JOAN D'ONOFRIO Newsletter Editor

Zooming Into the Future

President Vicki Sexton called the first 2020 -2021 zoom meeting to order. While we would all rather be meeting at Oakhurst, that's not going to be possible yet, so we hope more of you will join us online.



THOUGHT FOR THE NEW TERM: Rich Lueck

"The clock of life is wound but once, and no man has the power to tell just when the hands will stop, At late or early hour.

To lose one's wealth is sad indeed, to lose one's health is more to lose one's soul is such a loss that no man can restore.

The present only is our own, so live, love, toil with a will Place no faith in "Tomorrow," for the Clock may then be still."

- Robert H. Smith

TODAY'S GUEST



MILT SMITH
Assistant District Governor

ANNOUNCEMENTS/NEWS



An Opportunity to Serve

Treasurer Julia Dawson Aguilar wants us to know that the need for blood has significantly increased because previously postponed elective surgeries are now being rescheduled, and shelter-in-place requirements are relaxing across the country. Patients continue to require blood products for childbirth, cancer treatments, essential medical procedures, and everyday emergencies.

During the past few weeks, demand for blood components for hospital patients has increased by 25%, and there's currently a critical need for all blood types, especially type O, A-negative and B-negative.

All Donors should review Blood Donor Qualifications prior to making an appointment. for donor eligibility information please call 1-800-289-4923 or email eligiable2donate@vitalant.org

BUSMAN'S HOLIDAY & SERVICE ABOVE SELF



Here are the results of **Torsten Jacobsen** and **Hugh Toloui's** adventures of food collections while they were visiting in Baha. The food will be distributed to the poor people in Poplado south of San Felipe. It will get the villagers through the summer. Hugh, as you all know, is a veteran in the world of food collections who worked many years as a volunteer worker at the Contra Costa and Solano County Food Banks. He stayed with Torsten, and not only helped collected the food, but brought it to the local police station in a truck for distribution by volunteers in the town.

COVID-19 TESTING

The County testing sites are now using the lower nasal swab test because they are more comfortable than the previous swabs. To find a testing site: coronavirus.cchealth.org/get-tested is the website.

MILESTONES



Don and Bea Ouimet were married 55 years ago on June 26 in a place called Huntingdon which is a very small town in the province of Quebec, 9 miles from the New York State border. The town is so small that the entire population showed up for their wedding—even several dogs attended. They were going to spend their honeymoon in the Pocono Mountains in northeastern Pennsylvania but decided to stay in Canada and rent a cottage on a little private lake called Lac Ouimet. Yes, it's an ancestor thing.



Torsten and Tineke Jacobsen met Tineke when he crashed a party in Oslo where she was a cultural exchange student from Holland. They were married in the traditional manner complete with horse carriages. They honeymooned along the Dalmatian coast in Yugoslavia on motorcycles. when asked how long they have been married, Torsten said it has been an eternity then quoted John McCain who said: I'm older than dirt" and Tineke is as young as a rose."

Length of Service



Fred Nelson is a 33-year member, Secretary, Past President, Paul Harris Fellow and three-time Rotarian of the Year.



Don Ouimet is a 33-year member, Paul Harris Fellow, and was Rotarian of the Year in 1991.



Bill Selb, Mr. Pancake, is a 33-year member, Past President, and was 1990 Rotarian of the Year.



Ewa Sobilo hit the 2-year mark but was a member from 1993-2003 making her an 11-year Rotarian.

Birthdays



Renee Rushworth
celebrates on the 8th was
Treasurer on the
Charitable Fund and was
Rotarian of the year 2019.



Jeff Rondini
celebrates on the 9th was
our club Treasurer for
many years and is a Paul
Harris Fellow



Tommy Wolf will celebrate on the 12th is a Past President, Paul Harris Society, served on Charitable Fund and is the Membership Chair.

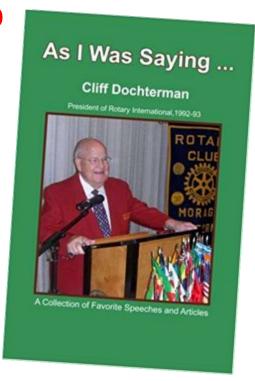


Clayton Worsdell
celebrates on the 21st was
a Past President, Paul
Harris Society, was
Rotarian of the Year 2013
and is staff photographer.

WHAT GOES AROUND COMES AROUND

The strangest thing happened when **President Vicki** ordered a used copy of **Cliff Dochterman's** book titled "AS I Was Saying" through Amazon. To her utter amazement when the book arrived, it had a message inside that thanked Ken Nishimori for giving him the book and welcoming him to Rotary as a new member. Guess who that new member was? None other than Tommy Wolf

Cliff Dochterman's wrote this book intended to motivate fellow Rotary Club members to achieve their best and to serve the communities in which they live. As a former worldwide president of Rotary International, he tells us what life is like behind the podium and shares a number of stories of the humanitarian experiences he had as he traveled the world as Rotary International president, members come to realize that, while there is suffering in the world and poverty in their own backyard, by opening up discussions, learning to speak, listen, and serve the world, inherently becomes a better place.



FROM OUR FRIENDS AT THE WINTER NIGHTS FAMILY SHELTER

The GOOD NEWS Letter

Winter Nights Family Shelter - June 2020

It is the end of the 16th season of Winter Nights. A busy season, a successful season, and an unusual season, to say the least. There is a lot of good news about the families and individuals we served in both the Shelter Program and the Parking Lot Program. And, there is the beginning of a new program we are calling Continued Success.

At this time of year, all we can say is "Thank You." Your support makes all the difference.

We are truly grateful to almost 50 faith communities for their generosity and flexibility. The donation of your facilities, meals and hours of volunteer time is at the heart of this mission. We also want to thank our other donors and partners. Winter Nights is a remarkable program for helping homeless families return to housing. Thank you for your support in making it possible.

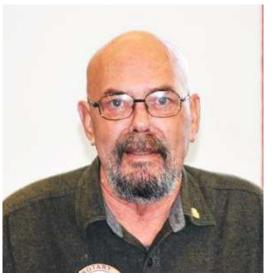
Gratefully,
Ann Lawrence
Winter Nights Executive Team

HAPPY/GRUMPY BUCKS

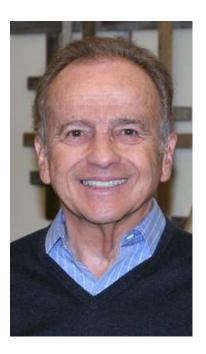
Tommy Wolf happily thanked **Barbara Reifschneider** who is their au pair or is it nanny. Whatever, she and Stryker get along famously.

Torsten Jacobsen wasn't at all happy

that his car goes limp at the worst possible times.
Apparently there is a feature in all these newfangled computerized cars that cause it to stop when a 15 wheeler is tailgating during a rain storm.



Larry Hutchings and Dennis took a road trip to their home in Palm Springs during the 4th of July holiday and had to spend a lot of time inside the house as the temperature reached to 113 degrees.



Ben Wentling is totally not happy. This Corona-19 pandemic has severely hurt his business. He asked us to refer potential clients to him and also to be

on the lookout for a place he can move to. He said his blood pressure is okay but we don't see how it could be with all this negative news.

TODAY'S SPEAKER

SHE HIT THE GROUND RUNNING

Program Chair Miles Bell was on hand but he knew our new president needed no introduction, so here she is, **President Vicki Sexton**.

When Vicki joined the Brentwood Club many years ago she joined the Community Services program and worked on the dictionary project. After three years, when it was her turn to present at the dictionary distribution assembly, is when she became a true Rotarian. Ever since, Vicki hasn't slowed down in her voluntary endeavors even while running a family consisting of a husband, four children, nine grandchildren, managed banks, drives seniors to doctor appointments and food shopping through Mobility Matters, works at the American Cancer Society Discovery Store, and is now taking up the lead and helping our club grow and serve.

Living up to the Four-Way Test: Of all the things we think, say, and do. That was the substance of Thursday's meeting. Vicki brought ideas and suggestions that she leaned at PETS and meetings she had with other members and pulled together an outline for our club to guide and inspire us.



The Questionnaire. Here are some of the ideas it generated:

- Return of the 50/50 raffle: that can't happen unless it is a 90/10 version where 90% goes to a charitable organization, e.g., Paul Harris Fund, scholarships, PolioPlus, etc.
- Start at 7:00 am
- Develop a three- to five-year plan
- Make the meetings fun

Membership Chair Tommy Wolf. He will form a committee but here are a few ideas:

- Have corporate memberships
- Vary meetings times and days
- Invite city leaders, council members, the police chief, and school principals to our meetings
- Lower the costs
- •Have one meeting a month in the evening
- Understand what Rotary is all about
- Touch basis with former members

Fundraising Chair Bill Self. He will be working on and brainstorming the following:

- Virtual 5K walk/run-a-thon
- Virtual cocktail parties to raise funds for various charities
- Crab feed
- Garage sale both live and virtual
- •Have virtual wine tasting parties
- Have a beer tasting parties both live or virtual (Chris Ruzicka had some and made some serious bucks)

General ideas and suggestions: Generated via PETS, members, and our Thursday meeting:

- Develop "A Rotary Minute." (This is being worked on by Clayton Worsdell)
- Record the speakers and post it on our website
- Develop programs for Veterans
- Reach out to the children by linking up with our schools and provide tutoring or help slow readers.
- Get the Interactors to participate in tutoring project.
- Name tags for visitors at onsite meetings
- Discourage sitting in the same place at each meeting
- Learn Pmail on dacbd
- Advertise on back of public busses
- Provide art supplies to homeless children

Vicki reported that all previous President Elects were excited to arrive at PETS and see so many members and leaders of Rotary. Her primary breakout sessions revolved around growing and reengaging club members. The first breakout session was "Increase Our Impact" noting that the keys to our success were:

- Attitude Leaders
- Active Participation All members
- Adaptability All members
- Application Club Board

Active Participation creates service projects that all members can participate in such as "Reading Pals" a service project that works with children who have lower reading skills. The school/teachers pair a rotary member with a particular child and they get together and read. The nice part of this is that even Interact kids can be tutors.

Also, Vicki would like a member to join the **Clayton Business Community Association** and be our club liaison because the CBCA is a huge and active club in the Clayton area. They are primarily responsible for most of the community events in Clayton and provide much money to scholarships and community needs. Vicki said: "This could be an opportunity to get some of their members to join our club as well. They only meet once a month."

Vicki said: "My primary goal for our new and interesting year is membership and marketing. I think we stand a better chance of both if we can come up with some compelling fund raisers. Sometimes I find it difficult to think outside of the box. Many of you may have this problem too, so this is why it is imperative that we brain-storm with everyone, and not discount any ideas. Remember, we want to build goodwill and better friendships throughout our community which will be beneficial to all concerned."

LITERACY PROGRAM

A book will be donated in **President Vicki's** honor to the Clayton Public Library as soon as the Pandemic is over and she has an opportunity to sign it.

THE GALLERY

NATIONAL FOREST WEEK: JULY 13 - 19

Join us in celebrating the importance of our forests and grasslands. Through a growing movement of passionate voices, they are highlighting how special and vital these lands are for our freedom and quality of life during National Forest Week. We look forward to celebrating National Forests virtually and encouraging Americans to connect with their forests online and in the future. Here is a photo captured by Clayton Worsdell to help us celebrate.



ON THE LIGHTER SIDE



"...and I still managed to gain 15 pounds."

COVID-19 TRUISMS

Thanks Bill Selb

Since they are opening up our cities, I hope they give us 2 weeks' notice before sending us back out into the real world. I think we'll all need the time to become ourselves again. And by "ourselves" I mean lose 10 pounds, cut our hair and get used to not drinking at 9 AM.

Previous monthly budget: Gas \$0, Entertainment \$0, Clothes \$0, Groceries \$2,799

When this quarantine is over, let's not tell some people!

Not to brag, but I haven't been late to anything in over 6 weeks.

It may take a village to raise a child, but I swear it's going to take a vineyard to home school one.

I wanted zombies and anarchy. Instead I got working from home and toilet paper shortage. Worst Apocalypse Ever.

They can open things up next month; I'm staying in until July to see what happens to y'all first.

Day 37: The garbage man placed an AA flyer on my recycling bin.

Never in a million years could I have imagined I would go up to a bank teller wearing a mask and ask for money.

Home school Day 2: I'm trying to figure out how I can get this kid transferred out of my class.

Okay, the schools are closed. So do we drop the kids off at the teacher's house or what?

A young man came from the parking lot and tried to cut in at the front of the line, but an old lady beat him back with her cane. He returned and tried to cut in again, but an old man punched him in the gut, then kicked him to the ground and rolled him away. As he approached the line for the 3rd time he said, "If you don't let me unlock the door, you'll never get in there."

2020 is a unique Leap Year. It has 29 days in February, 300 days in March and 5 years in April.

I just asked a 6-year-old if he understands why there is no school. He said yes because they are out of toilet paper.

After years of wanting to thoroughly clean my house but lacking the time, this week I discovered that wasn't the reason

If you thought toilet paper was crazy ... just wait until 300 million people all want a haircut appointment

If you keep a glass of wine in each hand, you can't accidentally touch your face.

Does anyone know if we can take showers yet or should we just keep washing our hands?

You think it's bad now? In 20 years our country will be run by people home schooled by day drinkers.

Whoever owes you money, go to their house now! They should be home.

Enjoy your day. You don't have anything else to do.

CAN'T TAKE HIM ANYWHERE

On our commute to work, my husband stopped at a convenience store for coffee. As he got back into the car, I noticed something odd.

"Turn your head and look at me," I said. "You have a Q-tip sticking out of your ear."

As he pulled it out, he replied, "No wonder the guy in there asked me if I was getting good reception."

WORDS

I've been reading up on the thesaurus lately because a mind is a terrible thing to garbage.

THE WRITTEN TEST

My sister didn't do as well on her Driver's-Ed test as she'd hoped. It might have had something to do with how she completed this sentence: "When the _____ is dead, the car won't start." She wrote: "Driver."

HOW DO YOU SPELL THAT?

I was working in Army security when a VIP from another base called to ask to whom he should address an important letter.

Knowing my tough-to-spell last name would give him fits, I said, "Just put down Sergeant Gary, as my last name is too hard."

The next day, I received a letter addressed to Sgt. Gary Toohard.



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