### THE VALLEY SUNRISE



WINNER OF BEST NEWSLETTER OF THE YEAR

7/23/2020

#### 2020 - 2021

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### **IMPORTANT MEETINGS 2020**

8/11 Board Meeting 7 AM
Zoom
TBA Charitable Fund 5:30 PM
Zoom





# CONGRATULATIONS PAUL HARRIS PLUS FELLOWS





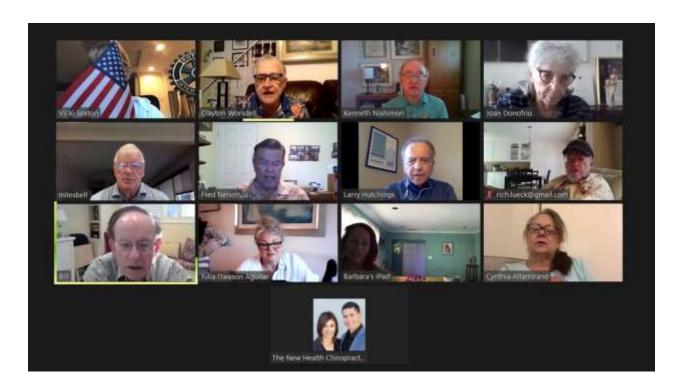


### **CONGRATULATIONS**

Although it was only a virtual presentation, today we applauded Clayton Worsdell and Jeff Rondini for their Paul Harris Plus contributions. Clayton received his ruby encrusted pin as he became a Paul Harris +8 and Jeff Rondini earned a sapphire encrusted pin for his Paul Harris +3. Ken Nishimori shows us what the pin looks like.

### "Will the Virtual Meeting Please Come to Order."

**President Vicki Sexton** called her third (17<sup>th</sup> actually) zoom meeting to order. One of these days we will be back at Oakhurst, but until then, please join us online.



### **THOUGHT FOR THE DAY:** Larry Hutchings

"If we lose love and self-respect for each other, this is how we finally die." – Maya Angelou



**TODAY'S GUEST** 



**CYNTHIA ALTAMIRANO** 

### A ROTARY MINUTE

## 00

### History of Rotary in 40 Minutes One Minute at a Time

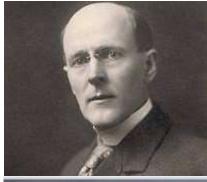
Clayton Worsdell presented the second minute this week of the Rotary Minute. Most Rotarians can tell you a little about the four businessmen who attended the very first meeting, at the invitation of Paul Harris, of the club that would soon become Rotary.



But few Rotarians know much of the man who is known as "the 5," Harry Ruggles who was a printer and sketched out the first Rotary wheel. but more importantly, Harry brought singing to Rotary meetings.

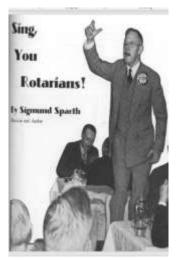
You see, Harry was a very moral man. Little more than a year after Rotary had been formed, at an evening meeting in 1906, the guest speaker began telling a story. Having heard it before, Harry also had heard the off-color ending that was to come and felt it was inappropriate for the club, so he jumped up in the middle of the joke and yelled:

"Come on boys, let's sing." He then led the club in the singing of "Let Me Call You Sweetheart."





**HARRY RUGLES** 



### ...and here is the song they sang

Let me call you "Sweetheart," I'm in love with you.

Let me hear you whisper that you love me too.

Keep the love-light glowing in your eyes so true.

Let me call you "Sweetheart," I'm in love with you Longing for you all the while, More and more;

Longing for the sunny smile, I adore;

Birds are singing far and near, Roses blooming ev'rywhere

You, alone, my heart can cheer; You, just you.

Let me call you "Sweetheart," I'm in love with you.

Let me hear you whisper that you love me too.

Keep the love-light glowing in your eyes so true.

Let me call you "Sweetheart," I'm in love with you

### **ANNOUNCEMENTS/NEWS**

### **SECRETARY'S REPORT**

**Secretary Fred Nelson** told us that Renee is now officially living in Tucson. While she is not the treasurer anymore, she will be maintaining the Charitable Fund books. He will send her the location of the Tucson Rotary, just in case she lives near it, so she can still join Rotary.



### **CARS 2<sup>ND</sup> CHANCE UPDATE**

**International Services Director Larry Hutchings** reported that we received \$3,000 from Copart, the auto salvage firm who accepts all the cars that we can't sell.



### **GREAT DAY FOR THE FOOD BANK**

M J Marggraff (James's Wife) donated a 1971 VW cabriolet show quality. Check it out below, It has only 50k miles and the approximate value is abbot \$10,000 to \$12,000. Not long ago MJ donated a Mazda Miata and we shared \$8,000.00.



### **MILESTONES: Happy Birthday**



Clayton and Carol Worsdell celebrated his birthday on the 21st by shopping at the Farmer's Market in Pleasant Hill, and then it was off to Napa where they dined at Gott's Roadside Restaurant. Gotts was founded in 1999 and features California-inspired dishes and seasonal specials using locally sourced ingredients. Check out the size of the burgers in front of Carol and Clayton. From the first bite to the last the burgers are suburb.

### **\$0 HAVE YOU PAID YOUR ANNUAL DUE\$—YET?**



Hey Dudes, it's time to pay up. Surely you all know that another year has gone by and it is Annual Dues Time. If you have already submitted your \$200, thanks. For those of you who haven't, here's all you have to do:

**To pay by check**: mail your payment to Clayton Valley Rotary PO Box 4, Clayton, CA 94517. Sure that requires an envelope and a stamp, so here's an easier way.

To pay by credit card: get our website www.claytonvalleyrotary.org up on your computer screen, then go to the upper left hand corner and click on the word 'Payment' and you

can then enter your credit card information.

Treasurer Julia Dawson
Aguilar will be nagging
those of you who still
haven't paid, next time
and it's not gonna be
Mr. Nice Guy anymore.

It was suggested that since we have not been paying the monthly \$75 breakfast fees at Oakhurst and thereby saving gobs of money, it would be a great idea if we could donate \$25 to PolioPlus or Paul Harris or just to the Charitable Fund quarterly. Contributions could

be four times a year (assuming we will still be on zoom). Talk to **Treasurer Julia Dawson Aguilar** and she will have more information about this suggestion.

### **ZOOM TIPS AND MANNERS**

- If you want to speak, physically raise your hand.
- Mute your mic (lower-left corner of screen) whenever you are not speaking.
- You can ask questions and make comments silently, if desired, by using the "Chat" feature
- If you are sitting in front of a window, you may be completely darkened by the light coming through the window.
- Stay in place as moving around the room is distracting to the group.



### **CARS 2<sup>NS</sup> CHANCE REPORT**

**Larry Hutchings** asked all members to think of contacts and relationships you may have with other non-profits, and let us know if they might be an organization that needs to fundraise. We can then contact them and make a presentation about the benefits of our partner program. This includes organizations you have championed in the past for donations by our Charitable Fund. We need to remind them that not only is it an easy way for them to fundraise, but it is a big source of the money we have donated to them.

### Here they are:

Alhambra High School	Karen Sloper	
Automotive Service Councils	Gloria Peterson	Admin
Bay Area Crisis Nursery	Tara Bartholomew	<b>Executive Director</b>
Blue Star Moms Contra Costa	Loretta Masnada	
Buttercup Farms Organization	Jorie Hanson	Manager
California Reentry Institute	Collette Carroll	<b>Executive Director</b>
California Vocations/Paradise	Bob Irving	Director
CCRIM Real Estate in Motion	Ryan Keller	CEO
Crohn's & Colitis Foundation	Derek Aitken, Esq.	
CVCHS # ROTARY Interact	Monica Fraga	
Delta Blues Festival Scholarship Fund	Frank Giovanni	
Diablo Choral Artists	Mark Tuning	
Dogs and Katz Rescue	Kathleen Stercks	
First Presbyterian Church	Clayton Worsdell	
Food Bank of Contra Costa and Solano Counties	Joel Sjostrom	CEO
Highlands Elementary	David Swider	President
HISTORICAL SOCIETY CONCORD	Vivian Boyd	
Historical Society Contra Costa	John Greitzer	President
Mobility Matters	Elaine Welch	
Monument Crisis Center	Sandra Scherer	<b>Executive Director</b>
Mt. Diablo Amateur Radio Club MDARC	Rich Lueck	Admin
North Creek Academy	Erin James	
Oakland Ritecare Childhood Language	Nan Busse	
POA Emergency Fund Concord	Ron Bruckert	President
RotaCare Concord	MELISSA ALLAN NP	Chair Rotacare
Solo Opera – San Frisco	Sylvia Amorino	
St. John's Episcopal Clayton	Rev. Audrey Miskelley	Vicar
St. Agnes School	Jill Lucia	Principal
Veteran's Affordable Home Ownership	Jim Etherington	President
White Elephant Woman's Museum Board	Lori Fogarty	Director & CEO
White Pony Express	Eve Birge	<b>Executive Director</b>
YGNACIO VALLEY MUSIC BOOSTERS	Music Boosters	Clarice Adams

### HAPPY/GRUMPY BUCKS



**LARRY HUTCHINGS** is grumpy because Dennis got summoned to jury duty. Watch out, Larry, you may be next. However, he and Dennis took a road trip to Napa where they picnicked with their friends in the middle of the vineyards. They then toured Gardens.





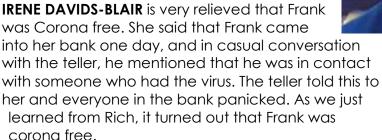


**VICKI SEXTON** had a truly happy time on her vacation where she helped out at a wine tasting, visited friends and family, and actually went river rafting. Best of all, she toilet trained her two-year-old granddaughter.

**KEN NISHIMORI** is happy that it wasn't his AC that had the problem, they found out it was the furnace. Plenty of time to get that corrected.



**RICH LUECK** reported that Frank Westphall did not test positive for Corona. Irene was also relieved and happy.





**FRED NELSON** is way happy as his glaucoma surgery was a success. He is grumpy, however, that it took gobs of hours to cancel their subscription to Adobe. He said he must have spoken to people in Texas. China, Taiwan, and so forth. It took several villages to get the subscription canceled—and a lot of patience.





### **TODAY'S SPEAKER**



Program Chair Miles Bell introduced us to our speaker, Cynthia Altamirano, who is a Community Fellow at the Family Justice Center in Concord where she engages in Civil Rights and Social Action. The Family Justice Center (FJC) provides a cost-free one-stop location for persons in need of assistance with issues of interpersonal violence and safety concerns. At FJC navigators walk with clients through every



step of their journey and remain a point of contact. They have a multitude of community partners, and many with personnel onsite, that includes the Concord Police Department and the District Attorney's office.

As a Community Fellow she engages with the community in disseminating information about the services and volunteer opportunities available at FJC. She mans tables at community events, meets with other non-profit and community organizations and potential partners, and shares with faith-based organizations the opportunity to partner with FJC as volunteers, donating goods and services, and event-planning and coordinating. This organization is a non-profit that accepts anyone in need and is proud to serve as one of the first wave of community fellows for FJC.

Every August, she coordinates a **Back to School Drive** where the Concord Community Fellows give away hundreds of backpacks filled with school supplies, thanks to the generous donations of the Cornerstone Fellowship, community residents, and organizations such as Rotary. This project was intended to address the disparity in the school supplies carried by rich and poor kids in her community. She filled up backpacks with school supplies for kids and teenagers at the start of the school year. The next backpacking event will take place August 1st and 2nd at the Cornerstone Fellowship Walnut Creek at 535 Walnut Ave, WC. Due to the Covid-19 lockdown, she said they are going to add Chrome Books to their donation list.

### **ABOUT THE AUTHOR**

**Cynthia Altamirano** received her BA in Women's Studies/Religious Studies/Justice and Community from Saint Mary's College; her AA in Social Ecology from Orange Coast College, and her Certificate of Completion in Cosmetology from Goldenwest Community College. At the age of 11, Cynthia drove around her family farm in southern Illinois around 3:30 a.m. checking on the well-being of the animals. By the time the sun was rising, she had been up for several hours, but it was time for her to rush back home and start getting ready for her school day. At the age of 32, she was diagnosed with multiple sclerosis, was bedridden, and confined to a wheelchair, but she began walking through sheer determination and has never looked back. While attending Saint Mary's College of California at the age of 40, she discovered her true calling, and for the past 10 years, she has been helping teenagers who have been trafficked and sexually exploited. It's more than a job to her. It's about helping teenagers recognize their self-worth, dignity and resilience.

### **LITERACY PROGRAM**

A book will be donated in **Cynthia's** honor to the Clayton Public Library as soon as the Pandemic is over and she has an opportunity to sign it.

### ON THE LIGHTER SIDE

YIKES! I thought it was a nasal swab!



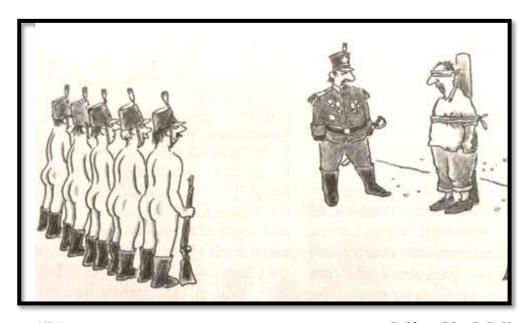


### **NEW DENTURES**

An old minister had all of his remaining teeth pulled out. New dentures were being made.

The first Sunday, using his new dentures, he only preached 10 minutes. The second Sunday, he preached only 20 minutes. On the third Sunday, he preached 1 hour 25 minutes.

When asked about this by some of the congregation, he responded this way: "The first Sunday, my gums were so sore it hurt to talk. The second Sunday, my new dentures were hurting me a lot. The third Sunday, I accidentally grabbed my wife's dentures and I couldn't shut up."



"You were smart to request a blindfold."

... That's All Folks