



2019 - 2020

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IMPORTANT MEETINGS 2020 6/09 Board Meeting 7 AM Zoom TBA Charitable Fund 5:30 PM Zoom



STAY WELLL . STAY APART . WORK TOGETHER HONORING OUR SOLDIERS & VETS



Monday is Memorial Day—a national holiday intended to remember those who died serving in the United States military. Our county honors our Vets through an art program sponsored by the Arts & Culture Commission of Contra Costa County by offering a painting workshop to all Vets. It is a program titled ABOUT FACE where any and all Vets are invited to participate. It's free and consists of six weekly 3-hour sessions at Cal State University, East Bay, where they create portraits of themselves and all finished portraits are exhibited at a local gallery at the end of the program.

Zooming Into the Future

President Julia Dawson Aguliar called the NINTH Zoom meeting to order and took attendance. Here are the members who Zoomed in today: Clayton Worsdell, Vicki Sexton, Fred Nelson, Rich Lueck, Torsten Jacobsen, Bill Selb, Ewa Sobilo, Barbara Reifschneider, Johnny Morgan, Tommy Wolf, Joan D'Onofrio, Ben Wentling, and Miles Bell.



THOUGHT OF THE DAY: Paul Harris

"Whatever Rotary may mean to us, to the world it will be known by its results."

FOUR WAY TEST: Johnny Morgan

Of the things we think, say, or do Is it the TRUTH? Is it FAIR to all concerned? Will it build GOODWILL and BETTER friendship? Will it be BENEFICIAL to all concerned?

Well done, Johnny.



JOHNNY MORGAN Member since 2003

ANNOUNCEMENTS/NEWS

NEWS FROM NSAWO VILLAGE



DEB'S CERTIFICATE



DEB LUYIMA

During the "global lock down" **Deb Luyima** enrolled in and completed an online course on "Strengthening Community Health Care Programs" which she said was a very interesting experience and very important in her work.

Deb said: "After this course. I am excited to be able to make a difference in the Nsawo community and beyond. I know we can promote community health from a family level and be able to save many lives. Thanks for your support always."

On behalf of our club members, **Larry Hutchings** responded to Deb's message to us with, "Congratulations to Deb on her completion of the Harvard "Strengthening Community Health Care Programs" course. What a great accomplishment. We are so proud to be associated with such a dedicated Rotarian and her commitment to improving the lives of the residents of Nsawo Village."

PRESIDENT ELECT REPORTS



Vicki Sexton shown here reviewing the scholarship application and letters of recommendation submitted by a student at CVCHS to the scholarship program that our club is sponsoring. When one is chosen, it is hoped that he/she will speak at one of our meetings in June.

SUPERVISOR KAREN MITCHOFF

Supervisor Karen Mitchoff reported that as of May 18, progress has been made in containing the spread of COVID-19 and Contra Costa County will relax restrictions in its shelter-in-place order to allow retail stores and their suppliers to reopen.

On Tuesday, May 19 at 6 a.m., retail stores in Contra Costa County may offer the following:

- Curbside sales or other outdoor pickups of orders are being allowed as long as they abide by specific safety measures.
- Stores may not display merchandise for sale on tables or otherwise outside the stores.
- Customers may not enter the store or interior of any indoor shopping mall.
- Stores must employ reasonable measures to require customers to comply with social distancing requirements at the pickup areas, including marking locations at six-foot intervals for customers to stand while waiting in line.
- Businesses that manufacture retail goods and provide warehousing or logistical support to retail stores will be allowed to operate, but must limit the number of staff in enclosed areas so that personnel can comply with social distancing requirements.
- Residents are still required to stay home as much as possible, wear face coverings when they leave home, wash their hands regularly and maintain social distancing.

Dr. Chris Farnitano, Contra Costa County's health officer, said: "While this is not a return to normal, it is one step in that direction and we will be closely monitoring these new rules."

COVID-19 TESTING

Testing is available to any resident who believes they need a Covid-19 test regardless of insurance, ability to pay or whether they have symptoms or not. Call **1-844-421-0804** from 8 a.m. to 3:30 p.m. to schedule an appointment. For more information <u>coronavirus.cchealth.org/testing</u>.

2020 ROTARY VIRTUAL CONVENTION

As you all know, the 2020 District 5495 Conference has been cancelled in favor of the first-ever **Rotary International Virtual Convention** and will take place June 20-26. Now, more than ever, *Rotary Connects the World* is spot on.

This year's virtual convention will be a great opportunity to connect with Rotary participants from around the world to experience the spirit of Rotary, find inspiration through innovation, celebrate our resilience and ability to adapt, exchange ideas, explore how clubs are addressing COVID-19 around the world—all without having to leave your own home!

The virtual convention will be a great opportunity to expand our reach. Rotarians will have the opportunity to share the virtual convention with their community, club, family, and friends and invite them to experience the best of Rotary. Check the convention website (<u>riconvention.org</u>) for program updates and information.



CARS 2ND CHANCE UPDATE



Rich Lueck reported that six cars have been donated for application to the Food Banks. Let's keep this incredible momentum going! Rich also told us that two other cars have been donated and will be directed to the regular Cars 2nd Chance program.

Cars 2nd Chance was featured on KPIX "Better Together" segment, where **Dave** and **Mary Kemnitz** shared their reason and mission to achieve the goal of raising \$100,000 in vehicle and cash donations for the purpose of supporting the Food Banks of Contra Costa and Solano.



CELEBRATIONS

Chris Ruzicka is celebrating his birthday Saturday, May 23. Happy Birthday

Johnny Morgan is celebrating Memorial Day on his boat this weekend.





MONTHLY THEMES

This month the theme is Youth. Next month it will be Fellowship. The monthly themes are meant to highlight the wide range of Rotary's good work and give clubs some suggestions, timing, and guidance for their programs and activities. Here's the list:

January – Vocational Service February – Peacebuilding and Conflict Prevention March – Water, Sanitation and Hygiene April – Maternal and Child Health **May – Youth Service** June – Rotary Fellowships July – (no theme because it's a new Rotary Year) August – Membership and New Club Development September – Basic Education and Literacy October – Community Economic Development November – Rotary Foundation December – Disease Prevention and Treatment

CVCHS ART WINNERS

Joan D'Onofrio presents these photos of the winners of the Annual Art Expo at Clayton Valley Charter High School that our Rotary club co-sponsors along with the Michelangelo D'Onofrio Arts Foundation. This popular awards ceremony that they hold during the month of April was cancelled this year due to COVID-19, but because 350 students submitted their entries, it was determined that the "show must go on." While no ceremony—one of the biggest in the county—was not held, prizes were still awarded. The photos here are only of the first prize winners in six artistic venues.

Art Department Chair Katie Nolan photographed all 350 entries and created a website that allowed the art department teachers to judge the winners. Checks for \$100 were given to the first prize winners, \$50 to second prizes winners, and \$25 to those who came in third. There were also nine honorable mention winners. Since the seniors didn't have a prom or regular graduation ceremony this year, this gesture was greatly appreciated by the school, the teachers, the families and especially the students themselves.



PAINTING & DRAWING: NINA WILLIAMS MIDDLE SCHOOL SUBMISSION: FRANCISCO NGUYN

PHOTOGRAPHY: RICHARD RENWICK







SCULPTURE: ZOE ZACHARAKIS





VIDEO: ANDREI GESMUNCO

HAPPY BUCKS

BILL SELB is happy that he got his stimulus check. **VICKI SEXTON** is happy to tell us that she and John hiked up Mt. Diablo which is a total of 1,824 feet that covered 6.2 miles. She was pretty sore the next day. **JULIA DAWSON AGULIAR** is totally thrilled that she applied for unemployment insurance and actually got it. She won't uncross her fingers until she is confident that she won't have to give it back. **TORSTEN JACOBSEN** told us about the Roadrunners he observed at his Baha home. Roadrunners are two species of fast-running cuckoos found in the southwestern and south-central United States and Mexico—right in Torsten's neck of the woods. He told us roadrunners can run at speeds of up to 20 miles per hour and generally prefer sprinting to flying, though it will fly to escape predators and will jump up to attack birds.



TODAY'S SPEAKER

BETTER TOGETHER

Rich Lueck took us down memory lane with a beautiful presentation of our Twin Club the Rotary Club of San Felipe. Some of us have never visited the club but many have. Over the years, Fred, Clayton, Torsten, and their wives made several trips and even two of our Foreign Exchange students participated. Rich talked about all the events they attended and participated in and included many photos.

Our clubs have been partners with the club since 2003 and have delivered eye glasses, computer monitor, sports





equipment, wheelchairs, books most of which were personally driven down by Rich who also had to deal with border guards and customs. Our members participated in their Cancer Walk yearly and helped install their first mammography machine.

Every year they hold a ceremony at the end of each Cancer Walk at which time our club presents them with a check for \$1,000.

We sponsor their Scholarship Program, installed playground equipment at the school, added a handicap ramp for access into the clinic for those who were in wheelchairs, and, in fact, we even donated 20 wheelchairs.

Let's not forget that we even donated a working van. Hopefully, next year many of us will attend their Cancer Walk of 2021.





up & donated 20 Wheelchairs







Torsten provided these two photos taken in 2018 at the opening of the new Cancer Center facility. It that shows 9,664 patients had been examined. Since then, over 40,000 procedures have taken place.



... And here are the young student "troopers" who participated in that 2018 Cancer Walk.



Clearly, our Rotary Club truly connects the world.

...The world will little note, nor long remember what we say here, but it can never forget what they did here—Abraham Lincoln



"In Flanders Fields" is a poem written during the First World War and became one of the most quoted war poems ever. It references the red poppies that grew over the graves of fallen soldiers resulting in the poppy becoming one of the world's most recognized memorial symbols for soldiers who died in conflict.

IN FLANDERS FIELDS

In Flanders fields the poppies blow Between the crosses, row on row, That mark our place; and in the sky The larks, still bravely singing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago We lived, felt dawn, saw sunset glow, Loved and were loved, and now we lie In Flanders fields.

Take up our quarrel with the foe: To you from failing hands we throw The torch; be yours to hold it high. If ye break faith with us who die We shall not sleep, though poppies grow In Flanders fields.

ON THE LIGHTER SIDE

OH REALLY?







LET THE PUNISHMENT FIT THE CRIME

The lady defiantly replied, "Just a stupid can of peaches."

The judge then asked why she had done it. She replied, "I was hungry and forgot to bring any cash to the store."

The judge asked how many peaches were in the can.

She replied, "Nine, but what do you care about that?"

The judge patiently said, "Well, ma'am, because I'm going to give you nine days in jail -- one day for each peach."

As the judge was about to drop the gavel, the lady's long suffering husband raised his hand and asked if he might speak.

The judge said, "Yes, what do you have to add?"

The husband said, "Your Honor, she also stole a can of peas."



Never in a million years could I have imagined I would go up to a bank teller wearing a mask and ask for money.

HEY, WAIT A MINUTE

I was in a long line at 7:45 am today at the grocery store that opened at 8:00 am for *seniors only.*

A young man came from the parking lot and tried to cut in at the front of the line, but an old lady beat him back into the parking lot with her cane.

He returned and tried to cut in again, but an old man punched him in the gut, then kicked him to the ground and rolled him away.

As he approached the line for the third time he said, "If you people don't let me unlock the door, none of you will ever get in to shop."

WE'RE JUST SHOPPING

A couple of blonde men in a pickup truck drove into a lumberyard. One of the blonde men walked in the office and said, "We need some four-by-twos."

The clerk said, "You mean two-by-fours, don't you?"

The man said, "I'll go check," and went back to the truck. He returned a minute later and said, "Yeah, I meant two-by-fours."

"All right. How long do you need them?"

The customer paused for a minute and said, "I'd better go check."

After a while, the customer returned to the office and said, "A long time. We're gonna build a house."

. . . That's all folks.