

THE VALLEY SUNRISE



ZOOM EDITION

4/23/2020

2019 - 2020

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IMPORTANT MEETINGS 2020

TBA Board Meeting 7 AM
Buttercup Restaurant
TBA Charitable Fund 5:30 PM
US Bank



STAY WELL . STAY APART . WORK TOGETHER

WE'RE ALL IN THIS TOGETHER

CELEBRATING THE 50th ANNIVERSARY OF EARTH DAY



On April 22, 1970, twenty million Americans took to the streets on college campuses and in hundreds of cities throughout the nation to protest environmental ignorance and demand a new way forward for our planet. The first Earth Day is credited with launching the modern environmental movement and is now recognized as the planet's largest civic event. This year marks the 50th anniversary of Earth Day. While we can't all go outside and make a stand for climate action now, we can take a moment to reflect on the lessons of the past few months. The COVID-19 virus is wreaking havoc on populations around the world and causing major disruption to businesses. The truth is people are incredibly adaptive and so is the earth and our environment. It is up to all of us to recognize that the quality of life for people around the world is directly related to environmental health.

Zooming Into the Future

President **Julia Dawson** called the fifth **Zoom** meeting to order and took attendance. Here are the members who tuned in today: **Clayton Worsdell, Vicki Sexton, Bob Huck, Fred Nelson, Rich Lueck, Bob Rogers, Miles Bell, Irene Davids-Blair, Bob Sundberg, and Mike Crosby.**



THOUGHT OF THE DAY

*"Give time to love, give time to speak and give time to share the precious thoughts in your mind.
And always remember, life is not measured by the number of breaths we take,
but by those moments that take our breath away."*

—George Carlin



BOB ROGERS



MIKE & MARCIA CROSBY

All are members from the Rotary Club of Brentwood and today's speakers.

ANNOUNCEMENTS & NEWS

SAN FELIPE SCHOLARSHIP

Tina Sweeney is the Scholarship Coordinator of the **Gracie/Kuchy Sanchez Youth Education Program** representing the Rotary Club of San Felipe.

Tina writes: *"The Rotary Club of San Felipe's Youth Development Committee would like to thank your club members for helping the students in San Felipe."* They are:



Clayton and Carol Worsdell
Richard and Pam Lueck
Torsten and Tienke Jacobsen
Fred and Lois Nelson
Irene Davids-Blair
Ken Nishimori
Monica Fraga
Russell and Annette Anderson
Steve Weir
Dave and Mary Kemnitz
Hugh and Flor Toloui
Ewa Sobilo
Frank and Barbara Westphall

"Every member of your club that sponsors a student your club graciously pays for the sponsors to have a second student. All the above names have two students except for Hugh and Flor. They have six. That makes a total of 25 students. With the COVID-19 virus, the families of San Felipe need the help more than ever so THANK YOU. I know some of the members have been to San Felipe and have met their students. I hope another trip is in the future. The students would love to meet their sponsors."

SAN FELIPE ART COMPETITION

Tineke Jacobsen brought back the artwork created by the students at COBASH High School for the first art competition under the direction of Tina Sweeney and Anna McCloud from the San Felipe club. The entries have all been photographed and emailed to the judges who will pick the winners that will be announced next week. This is a great opportunity to focus on the Power of Art and know that the competition will continue into the 2020 – 2021 fall term. Here are the judges:



THE WORLD IS WATCHING

Governor Tina Akins said: "Yes, the world is watching, and we, as Rotarians, people of action, are now truly defined by our actions in this crisis." I am making an extraordinary request of you, and all members in our district, to join the fight against COVID-9. It's called **Volunteer Surge**. Our district is one of two leading in the Volunteer Surge program and your immediate participation is critical to its success. Two weeks ago, Rotarians in a local club engaged Rotary International to recruit **1 million volunteers** in two weeks to sign up with Volunteer Surge, a new program that allows us to train online, for free, to become a Telehealth Worker, or a Community Health Worker. These volunteers will provide basic assistance, and will reduce suffering and save lives, locally and across the nation. How? By helping our health care providers to focus more of their attention where it is most needed.



FRONTLINE DEFENDERS



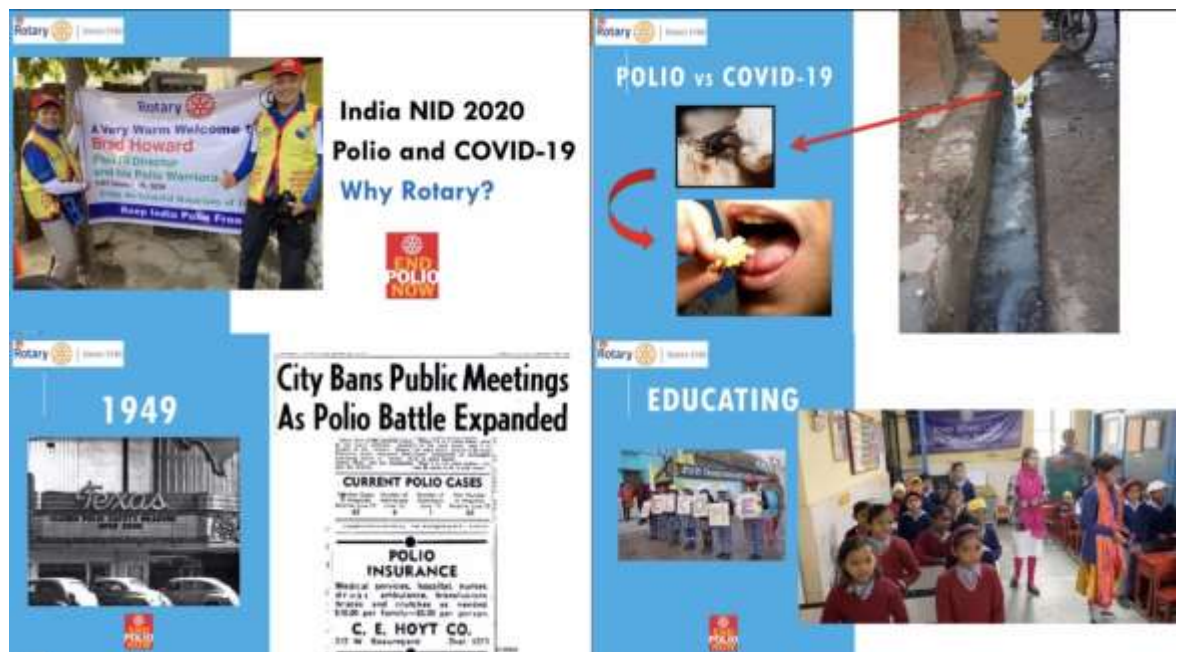
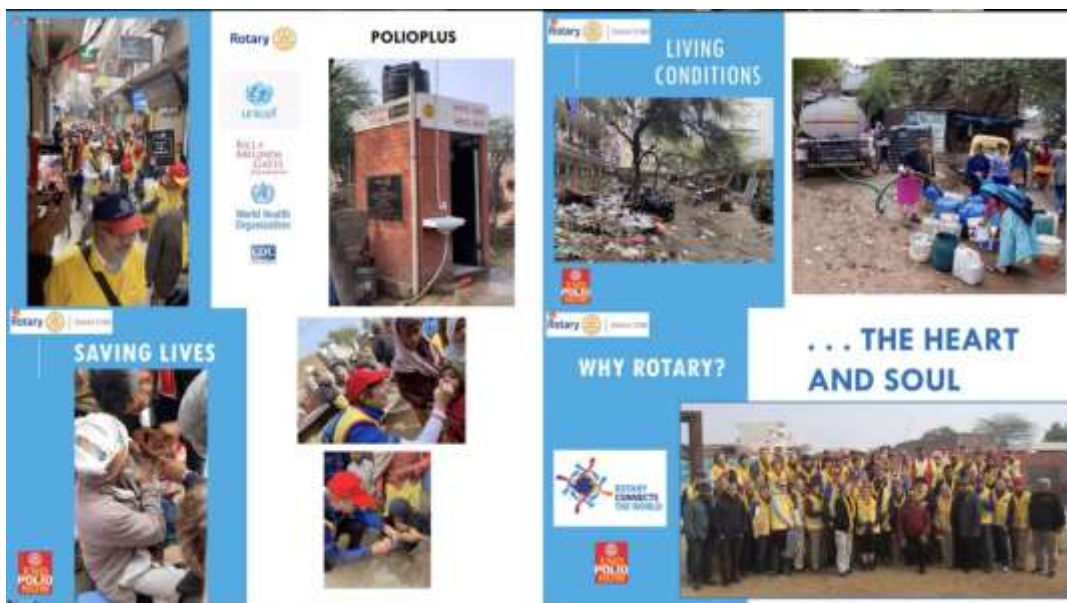
The world is fighting a powerful enemy: COVID-19. Our frontline medical defenders are not soldiers; they are health workers. They have no guns or war tanks or military planes or military boats. They have themselves, their selflessness, their generosity, their technical knowledge, their dedication, and commitment. They put their lives at risk every minute of the day. Why? Why do they do this? We put this question to **Torsten Jacobsen** and this is his response:

"What drives health care workers, i.e., nurses and doctors of medicine to do what they do regardless of personal risk factors? There are certain occupations that require dedication to the point of putting oneself at risk to meet the obligations. Think of the firefighter who enters a burning building to rescue someone or the marine who is sworn to risk his own life to save his wounded, endangered buddy and does so without hesitation because he could not live with himself if he did not at least try. Nurses and doctors know what is driving them when they start training and if that is not strong, they will drop out or side track into a safe and less meaningful branch and most totally underestimate the stresses from multiple sources that they will be subjected too including the length and intensity of training."

Many specialties require as much as 13 years of higher education—orthopedic surgery for example. When I have been called upon at times, such as the disastrous earthquake in Haiti, with hundreds of thousands injured and no facilities left, the thought of not going never entered my mind, and no credit would be appropriate or sought. The Hippocratic Oath states among other things: "I will apply for the benefit of the sick all measures that are required." It also states, which is all the more pertinent today, that: "I will protect the environment which sustains us, in the knowledge that the continued health of ourselves and our society is dependent on a healthy planet."

TODAY'S SPEAKERS

Three guests from the Brentwood Rotary Club, **Bob Rogers, Mike** and **Marcia Crosby**, joined us this morning, via Zoom. They showed us a video and spoke to us about the work they are doing in India to eradicate Polio, and how the COVID-19 is directly affecting the work they are doing. They traveled to India and vaccinated a lot of the children. They pointed out how Polio was a frightful virus that swept the globe many years ago and was conquered with the creation of a vaccine with much help from the Rotary clubs all over the world and the Bill and Melinda Gates Foundation. We are in the same situation today due to COVID-19. This is truly **Service above Self** and we thank them for their efforts .



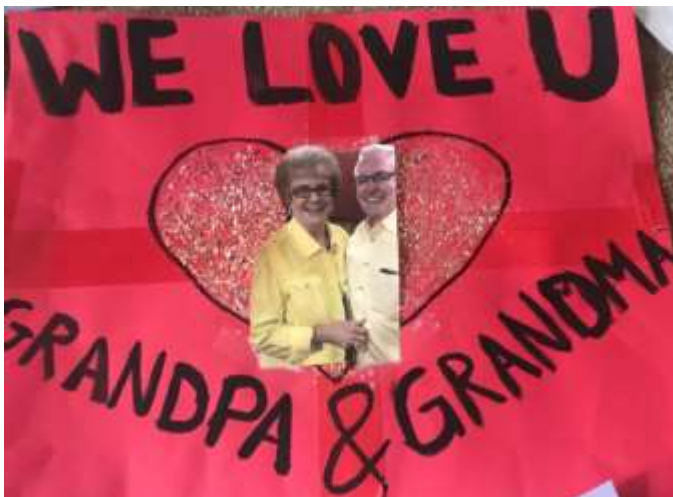
STAYING CONNECTED

DON OUMET IS DOING FINE

Don Ouimet, a Rotarian for the past 33 years, had a heart procedure Tuesday. According to his daughter-in-law Kristi, he went home the next day where he is recuperating and doing well. She told us that that they thought he might have needed a stent, or possibly a bypass, but after ballooning the artery, everything worked out fine. Kristi said: "We were all worried about his having a procedure during these times of pandemic, but he had an incredible team of medical professionals who knew this was the right time and the right procedure." Cheers to Don.



Last week Don's granddaughters, triplets Shelley, Sidney, and Sierra made these signs and taped them onto their cars which they drove up and down Don's neighborhood to demonstrate their love and admiration for Grandpa Don and Grandma Bea.



YEAH, DADDY IS HOME

John, Ian, and Emily Wenzel



According to **John Wenzel**, this quarantine thing is a mixed blessing, and he had this to say: "I love that I can be home, but unfortunately I'm finding that I'm less present with the kids as my workload has increased quite a bit. I'm finding that I'm consistently working 10-12 hour days and then at least another 2-4 hours over the weekend—definitely not a long-term sustainable approach. I'm hoping to get ahead and I am seeing a light at the end of this tunnel which will allow me to get a better work/ life balance. That's keeping me motivated to work as hard as I am in light of all of this. Of course, the longer we stay in quarantine, the harder this will be on the economy and the longer lasting the affects will be. I've attached a photo as today I wanted to enjoy the weather outside so I relocated my "office" to the garage to get a little change of pace. I'm just trying to enjoy some of the simple things in life. My desk is the water table I recently made for my kids out of PVC pipe."

WE'RE ALL AFFECTED



Ben Wentling said: "As you can imagine, my business has taken a huge hit thanks to COVID-19. Clients are canceling jobs or postponing. And the phone has stopped ringing. So I'm in a rough spot right now. I have spent most of this week on the phone with creditors trying to make arrangements. For the most part, they are understanding. We'll see how long that lasts. My daughters are doing okay. **Liz Wentling** is in London and in lockdown mode, but she has work she can do online to keep her busy. **Ashley Wentling** is still in Dubai and is also in lockdown, but she has been posting cooking videos and filling pastry orders for local businesses."

ART EXPO CANCELED...

But Nothing's Going to Stop Us Now



Newsletter Editor Joan D'Onofrio reported that the Clayton Valley Charter High School's annual Eagle Art Expo, scheduled to take place April 16, had to be canceled. This happens to be one of the most eagerly awaited art awards program held every April at the CVCHS where over 200 people attend and 27 students receive awards in the form of cash and medals. Our Rotary club co-sponsors the event along with the Michelangelo D'Onofrio Arts Foundation.

Due to the COVID-19 school closures, the seniors at the school are being deprived of their senior prom and graduation ceremonies. Consequently, it was a triple whammy to be deprived of the art competition event as were the students at two participating middle schools that wait all year for. So,

Art Department Chair, Katie Nolan, and all the teachers in the art department, came to the rescue. They decided to photograph over 400 pieces of artwork and create a website on which to display them. The Michelangelo Arts Foundation and our Club's co-sponsorship will announce the winners on the website, demonstrate the art, and the awards will be sent to the winners via mail.

Sadly **President Julia Dawson** won't be center stage to adorn each winner with a beautiful medal or hand out the prizes. The \$500 scholarship that is awarded to an art student who has been accepted to and will attend a college to pursue a career in art will still be awarded.

DONATE!

and help create
and provide
ART SUPPLY KITS
to the kids
STAYING-SAFE by
STAYING-HOME



The **Michelangelo D'Onofrio Arts Foundation** is requesting donations to build and supply art-kits for school children grades 6-12, who are **staying-safe** by **staying-home**.

When the foundation reaches its goal, further instructions on how to acquire the art-kits will be published here and on the foundation's website.

WATCH THIS SPACE!

Children will be encouraged to create and submit their **works-of-art**, too. Their projects will be published here—in the newsletter—and on the foundation's website.

To donate go to:
www.MDArtsFoundation.org
or visit **Go-Fund-Me** and search for **Art Supplies for Kids** and look for the MDAF logo!



THE POWER OF ART: PORTRAITS

Photography • Mixed Media • Sculpture

Please send us artwork so we can keep our Virtual Art Exhibit going.

WATERCOLOR
PORTRAIT OF
WILLIE NELSON

ARTIST: TINEKE ACOBSEN



CHARCOAL
STUDIO PORTRAIT

ARTIST: JOAN D'ONOFRIO



COLOR PENCIL
 PORTRAIT OF VICKI SEXTON
 BY HER LATE HUSBAND

ARTIST: BOB SEXTON



OIL
 'FEEL'
 CVCHS STUDENT
 ARTIST: ISABELLA MAJIA STUDENT



OIL
 'JACK SPARROW AS MONA LIZA'
 CVCHS STUDENT

ARTIST: KAILEE TIZEN

PHOTOGRAPHY
 'ANGEL EYES'
 CVCHS STUDENT

PHOTOGRAPER: MACANZIE BELL





ANIMATION
UNTITLED
CVCHS STUDENT



WATERCOLOR
UNTITLED
CVCHS STUDENT

LAUGHTER IS THE BEST MEDICINE

VIRUS ALERT

There is a dangerous virus being passed electronically, orally and by hand. This virus is called Worm-Overload-Recreational-Killer (WORK). If you receive WORK from any of your colleagues, your boss or anyone else via any means DO NOT TOUCH IT. This virus will wipe out your private life completely.

If you should come into contact with WORK, put your jacket on and take two good friends to the nearest bar. Purchase the antidote known as Work-Isolator-Neutralizer-Extractor (WINE) or Bothersome-Employer-Eliminator-Rebooter (BEER). Take the antidote repeatedly until WORK has been completely eliminated from your system.

You should pass on this warning to 5 friends. If you do not have 5 friends, you have already been infected and WORK is controlling your life.

BEST FACE MASKS ON THE MARKET



DIRECTIONS: Prepare as usual but use thicker sliced strips for the guys.

WHEN DOES LIFE BEGIN

A Catholic priest, a Protestant minister, and a Jewish rabbi were discussing when life begins.

“Life begins,” said the priest, “at the moment of fertilization. That is when God instills the spark of life into the fetus.”

“I believe,” said the minister, “that life begins at birth, because that is when the baby becomes an individual and is capable of making its own decisions and must learn about sin.”

“You’ve both got it wrong,” said the rabbi. “Life begins when the children have graduated from college and moved out of the house!”

