

2019 - 2020

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Bill Selb: Pancake Breakfast Chair  
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## CONTENTS

Call to Order  
Thought of the Day  
Guests  
Club Announcements / News  
Milestones  
International News  
Happy Bucks  
Service Above Self  
Guest Speaker  
The Gallery

## IMPORTANT MEETINGS 2020

3/10 Board Meeting 7 AM  
Buttercup Restaurant  
4/13 Charitable Fund 5:30 PM  
US Bank



# INTERNATIONAL WOMEN'S DAY



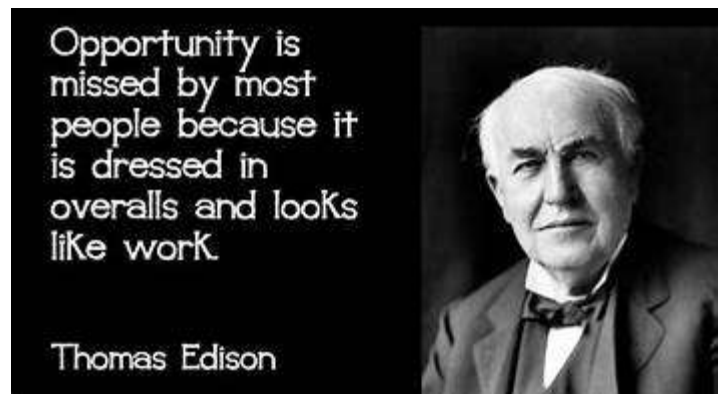
## Rotary International Celebrates International Women's Day March 8, 2020.

The Rotary Foundation is filled with inspiring women. For International Women's Day, March 8, Rotary is celebrating all of the women who are making a difference in our world and extends thanks to all of the women in Rotary who make Doing Good in the World possible. These are the women in our Club who contribute: **Julia Dawson, Vicki Sexton, Barbara Reifschneider, Irene Davids-Blair, Monica Fraga, Joan D'Onofrio, Lisa Truesdell, Renee Rushworth, Ewa Sobilo, Mary Kemnitz and Carrie Kroeger.**

**“WILL THE MEETING PLEASE COME TO ORDER”**



**THOUGHT OF THE DAY: *Jeff Wilson***



**TODAY'S GUEST & SPEAKER**



**DAVID BENET**  
**Mobility Matters**  
**Volunteer Recruitment Coordinator**

# ANNOUNCEMENTS & NEWS

## CLUB SERVICES

**Director Barbara Reifschneider** reminds us that **Friday Night Live** will be held at **President Julia Dawson's** house, March 13, in celebration of St. Patrick's Day. Corned Beef and Cabbage and Bailey's Irish Cream Cake is on the menu at 440 Grenache Circle, Clayton.



## CORRESPONDENCE CORNER



**President Julia Dawson** read letters from the Food Bank and the University of California Agriculture and Natural Resources. The Food Bank thanked our Club for donations totaling \$230. They also said our help is needed now more than ever as they are anticipating an increased need for food this year especially now that they are facing significant cuts to the Federal food assistance programs.

On behalf of the Contra Costa County 4-H Ambassadors, the University of California Agriculture/Natural Resources is asking our Club to consider becoming a sponsor, donor, or participant in their Clover Fun Run, March 14, at Heather Farm Park to raise funds for their Contra Costa County 4-H organization. Contact them at [www.ccc4hambassadors@gmail.com](mailto:www.ccc4hambassadors@gmail.com) for more information

## PAUL HARRIS RECOGNITION



**Rotary Foundation Director Ken Nishimori** and **Irene Davids-Blair** honored and presented pins to two members. Our **President-elect Vicki Sexton** received her Paul Harris + 2 sapphire pin, while **Sergeant-At-Arms-elect Russ Anderson** received his Paul Harris + 5 ruby pin.



# SAN FELIPE: Summary of Our Sister Club

Reported by Torsten Jacobsen



## The Club

**Torsten Jacobsen** tells us that our sister club was started in the mid-90s. It currently has 40 members equally divided between the sexes. **Eric Zorr** is the current president and was president of the San Francisco Club districts. **President-elect Odeon Groff** is in home construction and builds homes for single moms as a volunteer. The club is dark during the summer months, yet despite that, it is an extremely active club and all members are expected to be actively contributing. Mr. Goff constructed this novel house built entirely with tires. It offers great insulation, is very strong, environmentally brilliant, and a tribute to the critical necessity of recycling.



## Student Education Programs

Currently there are 157 students in the program. There are 119 students in high school, six in junior high, 10 in Special Ed, and 22 in university. This year 40 students will graduate and two will go off to university where one will work toward his engineering degree, and the other student has a job waiting at Honeywell in Mexicali once

he gets his accounting degree. Currently our club is sponsoring 25 students of which 12 will graduate this year. The club also supports cultural programs in music and art. In fact, an art competition is being conducted this month at COBASH High School. Our club contributed \$200 for the school to purchase art supplies as shown above. We will pick the winners and awards will be sent to the students.

## The Cancer Center

The biggest project to date is the Cancer Center which we supported greatly from its inception with much help from **Bob** and **Michelle McDonald**. To date, there have been 40,000 examinations plus extensive education for all age groups dealing with reproduction and cancer detection.



The San Felipe club has been the driving force behind the remodeling of the Clinic that includes the first hospice center in the region. It has inspired other Rotary clubs to follow our lead and they are even adding visual and hearing programs to their projects. **Dr. Rob Waldman** is assembling and donating give-away packets filled with dental supplies.

And it doesn't stop there. The club supports seniors in need, the local Red Cross, and the local fire department where they supplied a new ambulance and sent personnel to EMT school.



**Torsten and additional supplies we donated**



**This is the entrance to the hospice annex of the new Cancer Center**



# HAPPY BUCKS



**Miles Bell** learned that there is no end to what we do for our children. While his daughter is finally all moved in to her new house, there is now little odd jobs that need to be done and who better to do them than good old dad. Miles confessed that, while he has a great son-in-law, he is totally inept in the handyman department.

**Bill Selb** passed along the Rules for a Happy Marriage. He said rule number 1: accept the fact that women are always right. Rule number 2: always refer to rule number 1. Bill put this rule to use regarding the cruise they did not take. Their plans were made, but thanks to the Coronavirus, Emily decided to cancel it. Bill, on the other hand, thought the odds were not so bad, and wanted to go, but he

remembered his Rules for a Happy Marriage and you can guess the outcome.



**Fred Nelson** is also another victim of a cancelled cruise. In this situation not only was Lois's decision to cancel, but Fred's doctor advised against it too. They took a relaxing vacation along the Coast of the Russian River but they drove and stayed at a hotel.

**Vicki Sexton** wasn't on any cruises, but she sure did have a great vacation. She and John spent eight days in subzero weather in Fairbanks. Not only was she layered in tons of clothing, but she endured the emails her daughter taunted her with telling her the weather here in Clayton was in the 70s. They saw

the Northern lights and were in awe of the Fairbanks ice sculpting contest that actually had a sculpture of Kobe Bryant throwing a ball.



**Ben Wentling** loves his work as a handyman but was not thrilled with the slowdown in January. However, things are picking up, and work is flowing in.



Here's the ship the Selb's were supposed to take. Now it sits in the Bay with about 100 tourists in quarantine—so near, and yet so far.

# TODAY'S SPEAKERS



**Program Chair Miles Bell** introduced today's speaker, **David Benet**, the Coordinator of the Volunteer Recruitment Program. David explained that Mobility Matters is a comprehensive program that provides cost effective services to seniors needing transportation to locations throughout Contra Costa County.



In January 2015, Mobility Matters (formerly known as Senior Helpline Services) began to implement the Contra Costa County Mobility Management Plan as a non-profit organization that provides free rides for seniors with disabilities, and low-income individuals with one-on-one escorted door-through-door service. It is staffed by, volunteer drivers for County residents who are unable to drive or access other forms of transportation. Volunteer drivers provide transportation in their own cars to enrolled seniors. Some have infrequent rides during the year while

others need rides weekly. These rides are primarily for medically related services and basic necessities, like grocery shopping. David said, *"Our overall goal is to see that the programs and services we offer contribute to our clients' primary goal, which is to age in their own homes with the support they need. We are significantly increasing our clients' opportunities for healthy aging by providing our services to them—especially escorted rides to obtain the clinical care they need, as well as the basic necessities of life."* He pointed out that our **President elect Vicki Sexton** is one of their volunteer drivers. You can help too: [www.mobilitymatterscc.com](http://www.mobilitymatterscc.com).

David earned his BA in History from California State University, Fullerton. He met his wife while vacationing in Peru after which they settled in the Bay Area. He started his job with Mobility Matters in 2018 and is currently involved in four different Chambers of Commerce. David is a Rotarian from the Diablo View Club in Walnut Creek.



## **Literacy Program**

**David** signed this week's book that will be donated to the Clayton Public Library in honor of our Literacy Program.

# ALWAYS LEAVE 'EM LAUGHING

## Vampire Bats

Two vampire bats wake up in the middle of the night, thirsty for blood. One says, "Let's fly out of the cave and get some blood."

"We're new here," says the second one. "It's dark out, and we don't know where to look. We'd better wait until the other bats go with us."

The first bat replies, "Who needs them? I can find some blood somewhere." He flies out of the cave.

When he returns, he is covered with blood.

The second bat says excitedly, "Where did you get the blood?"

The first bat takes his buddy to the mouth of the cave. Pointing into the night, he asks, "See that black building over there?"

"Yes," the other bat answers.

"Well," says the first bat, "I didn't."

## Following Directions

The new family in the neighborhood overslept, and their six-year-old daughter missed her school bus.

The father, though late for work himself, had to drive her. In a rush, he forgot his phone and since he didn't know how to get to school he asked if his daughter could direct him. She was excited to know the way.

They rode several blocks before she told him to turn the first time, several more before she indicated another turn. This went on for 20 minutes – but when they finally reached the school, it proved to be only a short distance from their home.

The father, much annoyed, asked his daughter why she'd led him around in such a circle.

The child explained, "That's the way the school bus goes, Daddy."

## Bet You Didn't Know That. . .

President Thomas Jefferson first ate macaroni and cheese on a trip to France. He loved the dish so much that he later served it a state dinner in 1802. --Smithsonian

For his last public party in the White House, President Andrew Jackson served his guests a 1,400-pound wheel of cheese. It was gone within two hours, --The Atlantic



# Counter Fitting

Several years ago, Andy was sentenced to prison. During his stay, he got along well with the guards and all his fellow inmates. The warden saw that deep down, Andy was a good person and made arrangements for Andy to learn a trade while doing his time.

After 3 years, Andy was recognized as one of the best carpenters in the local area. Often he would be given a weekend pass to do odd jobs for the citizens of the community and he always reported back to prison before Sunday night was over.

The warden was thinking of remodeling his kitchen and in fact had done much of the work himself. But he lacked the skills to build a set of kitchen cupboards and a large counter top which he had promised his wife. So he called Andy into his office and asked him to complete the job for him.

But, alas, Andy refused. He told the warden, "Gosh, I'd really like to help you but counter fitting is what got me into prison in the first place."

*...and that's all folks.*