THE VALLEY SUNRISE



2/6/2020

2019 - 2020

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ROTARY DISTRICT 5160

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IMPORTANT MEETINGS 2020

2/11 Board Meeting 7 AM

 Buttercup Restaurant

 2/10 Charitable Fund 5:30 PM

 US Bank





WE TREASURE OUR TREASURERS



...and this week's Service Medal goes to **Treasurer Vicki Sexton** and **Treasurer-elect Ewa Sobilo** who week after week greet us at each meeting and collect our funds. **President Julia Dawson** presented them with service pins and thanked them for all they do.

"WILL THE MEETING PLEASE COME TO ORDER"



THOUGHT OF THE DAY: *Tommy Wolf*





TODAY'S GUESTS



JOEL HARRIS & SEAN WERNER Law Offices of Joel A. Harris

ANNOUNCEMENTS & NEWS

Save the Date: Local Art Expo April 16



Newsletter Editor Joan D'Onofrio reported that the Clayton Valley Charter High School is fast at work assembling the details for their annual art competition. It will take place in the Multi-use room at the high school on April 16. Over 200 people attend the awards ceremony and applaud the 27 winners. Our club is co-sponsoring the event along with Joan's arts foundation.

President Julia Dawson will be center stage and will adorn each winner with a beautiful medal. Monetary prizes include \$100 for first prize, \$50 second; \$25 for third, and honorable mention certificated will also be awarded. Two middle schools also participate in the competition.

A \$500 scholarship is also awarded to an art student who has been accepted to and will attend a college to pursue a career in art.

The New 2020 - 2021 Logo & Theme



Rotary International President-Elect Holger Knaack announced and presented the new Rotary theme and logo for the 2020-2021 term. Speaking at the International Assembly in San Diego, he revealed the theme in a speech to 529 District Governors-Elect who will lead Rotary's 1.2 million members worldwide. "Rotary isn't just a club for people to join, but rather an invitation to endless opportunities," said Holger, who becomes president on July 1. He emphasized that Rotary creates pathways for members to improve their lives and the lives of those they help through service projects. Holger is a member of the Rotary Club of Herzogtum Lauenburg-Mölln, Germany, has been selected to serve as president of Rotary International in 2020-21. The Nominating Committee's decision follows the resignation last month of President-nominee Sushil Gupta due to health reasons. Knaack will officially become president-nominee if no other candidates challenge him by 31 May.

Clunkers Keeps on Giving

What a way to begin 2020. On Friday, January 31 **Clayton Worsdell, Miles Bell,** and **Dave Kemnitz** attended the Lamorinda Rotary Club's meeting and presented a \$6,900.00 check for their partner share of the 2007 Corvette sale that was donated by a member of their club.





Milestones



February 14 is a day that will live in infamy---at least for **Rich Lueck**. Rich told us that Valentine's Day is very special for him because it was the day his divorce was final.

Barbara Reifschneider celebrates her birthday on February 10. That just happens to be the second Monday of the month of February and is also National Clean out Your Closet Day.

MEETINGS & CONFERENCES

Spring Training Assemblies

District Governor-Elect Mark Roberts of the Rotary Club of Lamorinda Sunrise announces the Spring Assemblies are planned for multiple dates and locations for your convenience. Both of these Assemblies have great breakout sessions...and free lite breakfast and free lunch! Just choose the Assembly you prefer, and register NOW. Feedback from prior Assemblies helped us choose topics that you said you most want and need. The agenda is posted on the District calendar and is guaranteed to include topics for everyone.



- Taking Your Club to the Next Level
- Personal skills-development including
- Giving effective presentations and effectively introducing a speakers
- Club focused sessions on fundraising
- Building your Club's 3-legged stool (Branding, Membership and Foundation)
- Learn more about what Rotary is about.
- Navigating Rotary Online tools including strengthening your Clubs communications

Of course, the best part is the fun of hanging out with Rotarians from other clubs and communities, and learning from one another! Looking forward to seeing you at the Spring Training Assemblies!

Northern Spring Training Assembly - Red Bluff
Saturday March 21st Tehama County Department of Education, Red Bluff Register NOW

Southern Spring Training Assembly - Fairfield
Saturday, April 4th Fairfield High School, Fairfield Register NOW

Passport to Adventure



Our District Governor **Tina Akins** reminds us that the biggest Rotary event of the year is the Passport to Adventure May 1 - 3 at the Sheraton Redding Hotel at the Sundial Bridge, Redding CA.

It's a weekend you won't want to miss, and it lives up to the Four Way test:

Is it the TRUTH? Yes, because we have an exceptional list of fun pre-conference activities **Is it FAIR to all concerned?** Yes. Unless your golf game is one club short of a full set. We can only do so much. Tours range from free to private and everything in-between and an e-bike that requires no pedaling

Will it build GOODWILL AND BETTER FRIENDSHIPS? Yes, yes, yes, and yes Will it be FUN for all concerned? We're Rotarians. Fun is our middle name!

Register Now!

HAPPY BUCKS

Tommy Wolf is the epitome of a stress-less person. His chiropractic center is in the process of educating the community on the hidden stressors in life and how it impacts the central nervous system. His presentation to the Benicia High School caught the attention of the Board of Education and the NAMI (National Alliance on Mental Illness). Way to go, Tommy



Fred Nelson survived 20 degree temperatures on his recent visit to Bodego Bay where he and Lois observed some beautiful sunsets in their camper. They discovered that their propane tank was empty.



Renee Rushworth sadly told us they are closing their company and moving to Arizona. She and Bill will be very much missed.

Miles Bell was happy to tell us that he took a tour of his daughter's new home in Oakland. It passed his approval and he was happy with what he saw.





Vicki Sexton had one fantastic birthday gift that her 'boyfriend' John gave her. He purchased front row center tickets to the *Hamilton* musical, and Vicki was accompanied

by her two daughters.

Jeff Wilson did it again. Once again he closed on a house in San Francisco, but the best part is his client just happened to be his best friend for 31 years.



TODAY'S SPEAKER

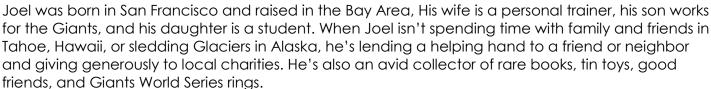


Program Chair Miles Bell introduced today's speaker, attorney Joel Harris, who spoke to us about estate planning and how to avoid probate. Joel earned his undergraduate degree at the University of the Pacific before going on to law and business school at Santa Clara University where he earned both an MBA and a JD. In 1993, Joel opened his practice specializing in estate planning. His mission was – and still is – to do things the

way his clients want to do them and to provide good service for a reasonable price in a friendly, non-confrontational atmosphere. Since then he's opened satellite offices in Walnut Creek and Clayton.

With 30-years of experience specializing in estate planning and estate administration, Joel is both a State Bar Certified Specialist in

Estate Planning, Trust & Probate Law and is also a perennial California Super Lawyer recognized by an independent firm to be among the top 5% in his field for skills and service

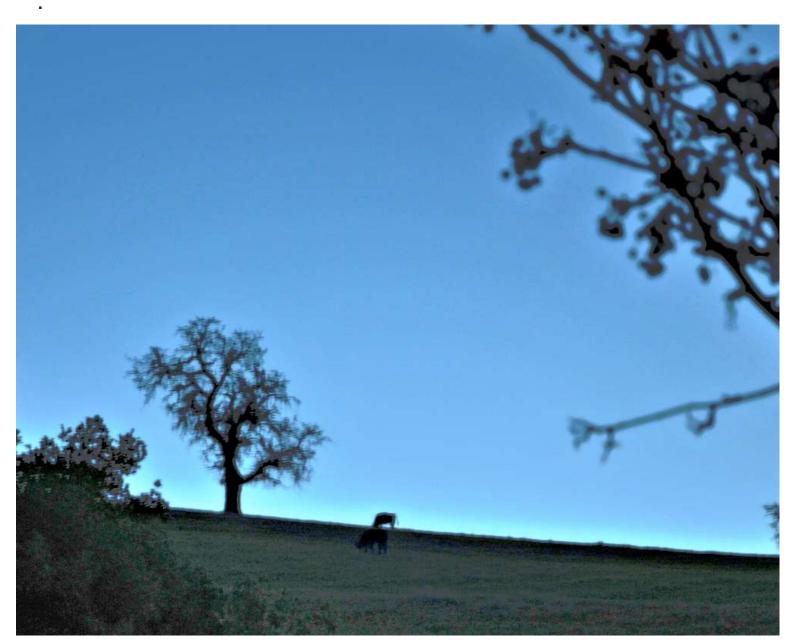




Joel happily signed this week's book titles: The New Children's Encyclopedia that will be donated to the Clayton Public Library in honor of our Literacy Program.



THE GALLERY



From the lens of Clayton Worsdell

ALWAYS LEAVE 'EM LAUGHING

Vacation Plans

Billy Bob and Luther were talking one afternoon when Billy Bob tells Luther, "Ya know, I reckon I'm 'bout ready for a vacation... only this year I'm gonna do it different.

The last few years, I have been takin' your advice 'bout where to go. Three years ago you said to go to Hawaii. I went to Hawaii and Earlene got pregnant.

Then two years ago, you told me to go to the Bahamas, and Earlene got pregnant again.

Last year you suggested Tahiti and darned if Earlene didn't get pregnant again."

Luther asks Billy Bob, "So, what you gonna do this year that's different?"

"I'm taking Earlene with me."

Couples' Counseling

A married couple is having problems so they go to counseling.

They sit down with the specialist and the wife points out the numerous problems with their marriage.

After about 10 minutes, the specialist gets up, walks over to the wife and kisses her passionately. Then he tells the husband "now sir, if this happens 3 times a week your wife will feel much better about herself and your relationship."

The man says: "well, I can drop her off here on Mondays and Wednesdays, but I go out drinking on Fridays.

Sleep Aid

The doctor, who had been seeing an 80-year-old woman for most of her life, finally retired. At her next checkup, the new doctor told her to bring a list of all the medicines that had been prescribed for her.

As the young doctor was looking through these, his eyes grew wide as he realized she has a prescription for birth control pills.

"Mrs. Smith, do you realize these are birth control pills?!?"

"Yes, they help me sleep at night."

"Mrs. Smith, I assure you there is absolutely nothing in these that could possibly help you sleep!"

She reached out and patted the young Doctor's knee. "Yes, dear, I know that. But every morning, I grind one up and mix it in the glass of orange juice that my 16 year old granddaughter drinks, and believe me, it helps me sleep at night!"

God's Creation

A little girl was sitting on her grandfather's lap as he read her a bedtime story. From time to time, she would take her eyes off the book and reach up to touch his wrinkled cheek. She was alternately stroking her own cheek, then his again. Finally she spoke up,

"Grandpa, did God make you?"

"Yes, sweetheart," he answered. "God made me a long time ago."

"Oh," she said. "Grandpa, did God make me, too?"

"Yes, indeed, honey," he said. "God made you just a little while ago."

Feeling their respective faces again, she observed, "God's getting better at it, isn't he?"