

2019 - 2020

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ROTARY DISTRICT 5160

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John Wenzel: Webmaster
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Bill Selb: Pancake Breakfast Chair
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IMPORTANT MEETINGS 2020

3/10 Board Meeting 7 AM
Buttercup Restaurant
4/13 Charitable Fund 5:30 PM
US Bank



IRENE DAVIDS-BLAIR RECEIVES BLUE MEDAL SERVICE AWARD



President Julia Dawson presented **Irene Davids-Blair** with the Blue Medal Service award for creating positive change through her generous donation of time and money with the goal of making our club stronger, our community better, and peace possible.

“WILL THE MEETING PLEASE COME TO ORDER”



THOUGHT OF THE DAY: *Irene Davids-Blair*



Be bold when you lose,
Be calm when you win.
Changing the face can change nothing,
But, facing the change can change everything.--Amupam Kher

Birth is the “Start of life.”
Beauty is the “Art of life.”
Love is the “Part of life.”
Death is the “Last of life,” but
Friendship is the “Heart of life.” —Manish Kesharwani

TODAY’S GUESTS



MAJOR CLAY GARDNER
Salvation Army



ELIZABETH ANDERSON & MELISSA ALLAN
RotaCare Bay Area Free Medical Clinic

ANNOUNCEMENTS & NEWS

MILESTONES: Wedding Anniversaries



Irene Davids-Blair and **Max** were married 32 years today. Irene is a past president, Rotarian of the Year 2012, is a 12-year member of Rotary, and serves on the Board of Directors Nominating Committee. She and Max are also both Paul Harris Fellows.

Chris Ruzicka and **Laura** were married 30 years on February 17. Chris is a past president, a 21-year member and a Paul Harris Fellow. He also serves on the Charitable Board.

Save the Date



Mary Kemnitz found out that the Danville/Sycamore Valley Rotary is celebrating their 30th Annual Blackhawk Food, Wine & Film Festival fundraiser Thursday, April 23, from 5:30 to 8:30 at the Blackhawk Auto Museum and they would love it if we all attended. Tickets are \$75 each

MEETINGS & CONFERENCES

Spring Training Assemblies

District Governor-Elect Mark Roberts of the Rotary Club of Lamorinda Sunrise announces the Spring Assemblies are planned for multiple dates and locations for your convenience. Both of these Assemblies have great breakout sessions...and free lite breakfast and free lunch! Just choose the Assembly you prefer, and register NOW. Feedback from prior Assemblies helped us choose topics that you said you most want and need. The agenda is posted on the District calendar and is guaranteed to include topics for everyone.



- Taking Your Club to the Next Level
- Personal skills-development including
- Giving effective presentations and effectively introducing a speakers
- Club focused sessions on fundraising
- Building your Club's 3-legged stool (Branding, Membership and Foundation)
- Learn more about what Rotary is about.
- Navigating Rotary Online tools including strengthening your Clubs communications

Of course, the best part is the fun of hanging out with Rotarians from other clubs and communities, and learning from one another! Looking forward to seeing you at the Spring Training Assemblies!

Northern Spring Training Assembly - Red Bluff

Saturday March 21st Tehama County Department of Education, Red Bluff **Register NOW**

Southern Spring Training Assembly - Fairfield

Saturday, April 4th Fairfield High School, Fairfield **Register NOW**

Passport to Adventure



Our District Governor **Tina Akins** reminds us that the biggest Rotary event of the year is the Passport to Adventure May 1 - 3 at the Sheraton Redding Hotel at the Sundial Bridge, Redding CA.

It's a weekend you won't want to miss, and it lives up to the **Four Way test**:

- Is it the TRUTH?** Yes, because we have an exceptional list of fun pre-conference activities
Is it FAIR to all concerned? Yes. Unless your golf game is one club short of a full set. We can only do so much. Tours range from free to private and everything in-between and an e-bike that requires no pedaling
Will it build GOODWILL AND BETTER FRIENDSHIPS? Yes, yes, yes, and yes
Will it be FUN for all concerned? We're Rotarians. Fun is our middle name!

Register Now!

HAPPY BUCKS



Clay Gardner donated \$5 as thanks for the truck purchase, \$5 for Irene Davids-Blair's financial help, and \$10 to Rich Lueck for the use of his driveway where he parked his camper.



*It's friendship, friendship, just a perfect blendship.
When other friendships are soon forgot, ours will still be hot.*

Then there's **Monica Fraga** living the high life at her friend's villa in Sayulita, Mexico for a much needed and well-deserved vacation.



Miles Bell was well-advised to get rid of his pickup truck. Why, because last week he moved his daughter and her belongings into her new house in Oakland. Miles said he did this for the fifth time in three years. On top of that, he also made stops at the Salvation Army and Goodwill to deposit 'stuff' she no longer needed. Well, what are dads for?

Jeff Wilson told us that he joined Meals on Wheels some time ago and regularly delivers food to a lonely woman who recently had a stroke. On his most recent visit he said that the woman told him she loved him—of course it was after she took her meds.



Julia Dawson happily thanked Irene Davids-Blair for being her personal banker and for all she does.



TODAY'S SPEAKERS

RotaCare Bay Area Free Medical Clinics



Program Chair Miles Bell introduced today's speakers, **Director Melissa Allen** and **Clinic Administrator Elizabeth Anderson** from the RotaCare Bay Area Free Medical Clinics.

Established in 1989, the Clinic is comprised of a group of medical professionals and community volunteers that provides free healthcare services to the uninsured. It was formed when a local Rotary Club recognized that many residents in their neighborhood had limited access to primary health care services. They resolved to meet this critical need, beginning with one clinic in Santa Clara.

Since then, there are now ten clinics based in six counties that attended to over 10,000 patient throughout the Bay Area.



RotaCare keeps thousands of people—many of whom suffer from disabling conditions such as diabetes, hypertension, high cholesterol and asthma—from using the ER for their primary care visits. RotaCare's mission is to bring free medical care to those who have the most need and the least access to it and provide free primary quality healthcare services to uninsured families and individuals with limited ability to pay for medical care. Their program is entirely volunteer-driven and supported solely through locally based philanthropic organizations, individuals, and grants. Check out www.rotacarebayarea.org if you would like to make a donation or serve as a volunteer in their program.

Literacy Program



Melissa and **Elizabeth** happily signed this week's book that will be donated to the Clayton Public Library in honor of our Literacy Program.

ALWAYS LEAVE 'EM LAUGHING

A Day at the Races

A jockey is about to enter a race on a new horse. The horse's trainer meets him before the race and says, "All you have to remember with this horse is that every time you approach a jump, you have to shout, 'ALLLLEEE OOOP!' really loudly in the horse's ear. Providing you do that, you'll be fine."

The jockey thinks the trainer is mad but promises to shout the command. The race begins and they approach the first hurdle. The jockey ignores the trainer's ridiculous advice and the horse crashes straight through the center of the jump.

They carry on and approach the second hurdle. The jockey, somewhat embarrassed, whispers "Aleeee ooop" in the horse's ear. The same thing happens – the horse crashes straight through the center of the jump.

At the third hurdle, the jockey thinks, "It's no good, I'll have to do it," and yells, "ALLLEEE OOOP!" really loudly. Sure enough, the horse sails over the jump with no problems. This continues for the rest of the race, but due to the earlier problems the horse only finishes third.

The trainer is fuming and asks the jockey what went wrong. The jockey replies, "Nothing is wrong with me – it's this bloody horse. What is he – deaf or something?"

The trainer replies, "Deaf? Deaf?! He's not deaf. He's blind!"

Three Drunks

Three drunken guys got in a taxi. The taxi driver saw that they were drunk so he started the engine and turned it off again. Then said, "We have reached your destination".

The first guy gave him money and got out. The second guy said "Thank you" and got out. The third guy slapped the driver.

The driver was shocked thinking the third drunk knew what he was up to. With an offended tone, he asked "What was that for?"

The third guy replied, "Control your speed next time, you nearly killed us!"

Advice from Mom

A young lady came home and told her mother that her boyfriend had proposed but she had turned him down because she found out he was an atheist, and didn't believe in God, nor Heaven or Hell.

"Marry him anyway dear," the Mother said. "Between the two of us, we'll show him just how wrong he is."

...that's all folks.